

Presidents Report Week 32

Hello everyone.

It has been another busy couple of weeks for our club.

On 05/02 we had our monthly board meeting at the Raw Sugar café.

On 05/02 we had a minutes' silence for our late Honorary member Herb Beer, a valued former member of our club, followed by a presentation and slide show of photos of our adventures with Herb. Then we welcomed our guest speaker, Kate Dunn from Midcoast Community Connectors. It was wonderful to hear of the work Kate is doing in ensuring newcomers and their families are welcomed, established, and settled in the Manning Valley.

On 06/02 we also visited the Gloucester club to hear their guest speaker, Brett Stibers, a Paralympic basketball gold medalist. Brett lost his leg in an automobile accident after a micro-sleep. His motto '*Don't trust your tired self*'.

On 12/02 we had Ivonne Brueling, a German backpacker who gave us a great talk about her Australian adventures. We also celebrated Brian Hole's 90th birthday with a cake and a small celebration. We also held a fashion parade of the men's ties in memory of the late Herb Beer.

Okayama Chuo visit - we are still waiting to have their visit dates confirmed. This is still fluid and has not been finalised at this stage.

Rotary Book Shed members have been helping to sort books and the bookshop will be open this Saturday.

Dr Grace is currently in the Philippines on a medical mission and is doing great work there.

Brennan and Kyra are in Japan and will soon be enjoying the Japanese hospitality with Okayama Chuo.

Kevin and May are also going for a holiday in New Zealand, and we trust that they will have an enjoyable time.

The District Conference in Mudgee and at this stage we have 4 members going, and it should be a good weekend.

The District Governors visit is trying to be arranged and at this stage it will be on the first Tuesday in April 02/02/2024, and it will be a combined cluster club meeting. **Ian and I** will be away between 01/03/2024 - 18/03/2024. We are having a short holiday in New Zealand and attending the District Conference in Mudgee.

Upcoming Calendar

19/02/2024 - Guest Speaker: Alyse Gray (Music Therapist) 26/02/2024 - Australia Day Golf proceeds distribution 04/03/2024 - Friends of Browns Creek (to be confirmed) 11/03/2024 - Guest Speaker: Tanja Curic (Little Blue Shed) 18/03/2024 - TBA 25/03/2024 - Guest: Tomomi (Japanese short exchange student)

See you next week for another exciting meeting.

Love Di

Club Meeting 12/02



Ivonne Brueling: Adventurous German Backpacker

Ivonne was our guest speaker last night and gave an outline of her round Australia adventures. She is currently working behind the bar at Manning Point Bowling Club and



Club Meeting

Taree Meets at Club RSL & Golf Club Taree Club RSL & Golf Club Taree 121 Wingham Road Taree, 2430 Time: Monday at 06:00 PM

Events

No Events found

Birthdays

Brian J. Hole February 16th

Wedding Anniversaries

Ivan Todorov Shandanski February 29th Grace Mejilla Maano February 29th

Years of Service

Ivan Todorov Shandanski 02-17-2020 4 Years Grace Mejilla Maano 02-17-2020 4 Years



also at Ironwood.

Ivonne has been in Australia for about 12 months and gave us a round Australia tour of her adventures and the variety of work that she has undertaken while doing the BIG lap in her Mitsubishi camper van.

Starting in Melbourne and then going over to WA and working on an Abalone farm, then up to Broome then across to a Central Australian cattle property, then across to Cairns, and then working her way down the coast until arriving here.

Her exploits were remarkable for getting bogged, breaking down, and the help she received along the way.

She enjoyed every minute of her time over here and found Australians to be very relaxed, helpful, and enjoyable to be with. Compared to Germany, where it is go go go all the time.

Her adventures included scuba diving, surfing, exploring, station hand, jack of all trades, and fruit picking.

Ivonne has seen more of Australia than most of us here.

Overall, it was a great talk and everybody was engrossed in what Ivonne had to say.

Thank You Ivonne.

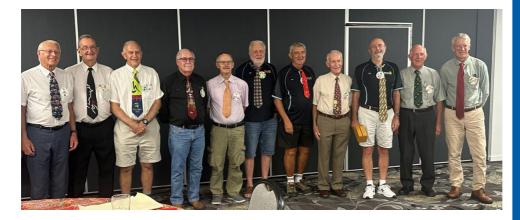


Herb Beer: Memorable Tie Evening

We also had a Herb Beer memorable tie evening in honor of the late Herb Beer.

Most of the men dragged out their finest bad taste tie in memory of Herb.

It was a fun night with a wide variety of humorous ties as seen in the photo below.



Another good meeting.

Brian Holes 90th Birthday Celebration

Last night we had the pleasure of celebrating Brian Hole's 90th birthday at our meeting.

Brian was overjoyed with the party atmosphere along with the mandatory birthday cake and balloons and the beautiful rendition of Happy Birthday To You.

The cake was a very special creation (thank you, President Dianne for sharing your wonderful talent).

A most enjoyable evening and wonderful celebration.











Happy Birthday, Brian.

International Service Project in the Philippines part 1 completed

By Grace Mejilla Maano on Friday, February 9, 2024



Dear Fellow Club Members in Taree,

I am pleased to report that our club-supported International project in the Philippines in cooperation with Medical Mission of Mercy USA (MMOM) and the local Rotary Club of General Santos City had been in motion during the week of Feb 5-9th 2024 and part 1 is now completed!

Volunteers myself, GP-Obstetrician Dr Grace Maano and Registered Midwife Jane Wright provided Women's Health Service: 1. 102 free pap smear in 3 days 2 Training on Obsteric Emergencies (TOEs) for 20 midwives from 9 different low risk birthing facilities

These services are part of the bigger Medical/Dental/Optometry/Major/Minor Surgical

servuces provided by MMOMUSA - a total of 95 volunteer delegates, Feb 5-9, 2024 at Royeca Hospital and satellite mission venues with (preliminary) total of 2,559 lives served:

Major Surgery - 73 Minor Surgery - 115 Dental - 491 Optometry - 868 Adult medical consultation - 560 Pediatric medical consultation - 403 Women's Health - 122

The Australian volunteer team will now have a bit of R&R this weekend, but watch this space as we go onto the next adventure/mission next week.... at Lucena City, Quezon Province Philippines!

Follow us on our Club Facebook page: Click here



The local Women's health team led by the Family Planning coordinator Mrs Merchel gabonado (3rd from right)

receiving donated plastic speculums (for pap smear), sutiring equipment and IUD insertion instruments from Australia.



Pap smear services for free was well appreciated by women who were able to avail of them, saving \$44aud (usual cost of pap smear in the Philippines).



20 midwives from 9 local birthing facilities were able to participate in a 10-day training workshop on Obstetric emergencies





TOEs - Training in Obstetric Emergencies covered life saving strategies to address: severe bleeding during delivery, shoulder dystocia when babys shoulder is stuck at birth, imminent vaginal breech delivery (bum is presenting instead of baby's head) and newborn resuscitation. They all went home feeling confident to tackle the challenges of delivering women outside of the local maternity hospital (lying in clinic).

Thank you to our club for a donation of \$300 towards this project, rest of funds/support coming from personal donations and support from the local Rotary club of General Santos City Philippines.

Presidents Report Week 31

We have been frightfully busy over the last 2 weeks.

Our Australia Day Golf Day went ahead as planned albeit in a single morning tee off due to the extreme hot weather.

- 1. The player numbers are well down on last year;.
- The amount received so far is about \$7,700.00 with more payments expected. It is anticipated that we will have about \$9,000.00 to distribute, but at this stage we have earmarked \$2,500.00 for each recipient - Westpac Rescue Helicopter; Australian Childrens Music Foundation; and TareeEisteddfod Smile Program;
- 3. Thank you letters are available to give to all sponsors; and
- 4. Overall , a very happy day and played in good spirits despite the extreme heat wave.

Australia Day on the Riverstage

- 1. Our members helped erect the gazebos in the morning after the golfers had commenced play;
- 2. Bruce Moy and Anna Hutchinson were the MCâ€[™]s on the day, and we thank them sincerely for a job well done;
- 3. The award ceremony had worthy recipients:
- 4. Susie Ploder ran the face painting stall for the children's activities;
- 5. International dancers from India, Papua and New Guinea, and the Philippines entailed the crowd in the afternoon.
- 6. Rhonda collapsed from heat exhaustion and had to be treated at the hospital;
- 7. The sound system during the ceremony was not very loud;
- 8. Good entertainment for the night session;
- 9. Crowd numbers were well down due to the heat;
- 10. No funding for fireworks;
- 11. Allen Tickle was the only Midcoast councillor to be present on the day; and
- 12. Tanya Thompson MP was a welcome guest.

Dr Grace called from the Philippines.

- 1. A Program of Scale for the Congo is planned for later this year along with Lucy Hopgood-Brown;
- 2. Consider a district grant for Early Connections playground equipment;
- 3. Womens Health Week to be conducted in September;
- 4. A fundraising fashion parade to be held when a suitable date can be found;
- 5. Tanja from Little Blue Shed will be our guest speaker in March;
- 6. The Rotary Club of Okayama Chuo is to visit in June. We need to get fundraising and plan for their visit;
- 7. Tomomi will visit in March
- 8. Brennan and Dr Grace will visit Okayama Chuo club in March. The members are planning to extend every hospitality to them and show them the city.

David Denning - Service Projects

1. A new project has been accepted for the upgrade of Peters Wharf;

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2. A grant to be obtained from NSW Fisheries;

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- 3. In conjunction with Friends of Browns Creek;
- 4. David to supervise;
- 5. Design and drawings available soon;
- 6. Cundletown Park council do not want us to erect any infrastructure, if so we would have to maintain it for 10 years. This is not feasible.
- 7. Rotary Park maintenance to be undertaken in April/May
- 8. David has been nominated for Chair of RAWCS Eastern Division subject to the District Governors acceptance.
- 9. Suggested that our guest speaker proceeds be split between RAWCS (includes Rotarians Against Malaria) and End Polio and this was accepted.
- 10. Bicentennial Gardens, 3 picnic shelters erected, 2 gas BBQs to be installed, front garden to be replanted, the boat-shaped gardens to be redone,
- 11. A cantilever deck to be constructed, and QR codes to be erected.
- 12. Ask council to consider installing solar lights between Sailo's and the park entrance.

Susie Ploder - Membership

- 1. Outlined the current state of our membership.
- 2. Several prospective members are being considered. More on this later.
- 3. Membership in general was discussed. We seem to be doing more work for Not-For-Profits than fundraising for our club. Each project should be considered carefully.

Other

- 1. Invitations have been sent to Okayama Chuo for their upcoming visit
- 2. Invitation to Tomomi inviting her to visit on a short student exchange
- 3. Letters of introduction have been provided to Brennan and Dr Grace for their upcoming visit to Okayama.
- 4. Book shed assistance has commenced. 2 helpers are required each Tuesday from 12:30 to 2:30 for book unpacking and sorting and 4 people each market day, say in 2 shifts. Roster to be circulated to all members.
- 5. A vocational visit to Westpac Rescue Service should be considered for our future vocational visits.

Club Meeting 05/02/2024



Our guest speaker last week was Kate Dunn from Midcoast Community Connections.

Kate's role is to connect newcomer health professionals and their families by supporting them with settling-in (including helping partners find suitable employment) and helping them build community connections quickly. Kate does this by drawing on and linking newcomers to local networks and support in a tailored way.

The Manning Valley is a great place to live and her role now includes attracting professionals looking for opportunities in the Mid Coast Region! Advertising a variety of job openings available across multiple organisations in Allied Health,

Nursing, Medical, Engineering, and Manufacturing.

Kate also showcases events for local professionals seeking to build their networks in the region. Attracting and retaining key workers is not just about people being placed in jobs, itâ \in TMs about fostering the lifestyle and connections that make them want to stay.

Kate's role includes current job opportunities for prospective newcomers and their partners. This includes introductions to different organizations and showcasing the opportunities available outside the workplace for them and their family.

A really excellent speaker for our meeting.

Gloucester Rotary Club: Speaker Brett Stibners 06/02/2024

Last Tuesday, Ian and I visited the Gloucester Club to hear their guest speaker, Brett Stibners.

The Rotary Club of Gloucester invited us to hear our speaker Brett, a Gold Medal winner from the 2008 summer Paralympics. We heard how Brett turned a devastating and seemingly catastrophic motor vehicle accident into a hugely positive outcome.

Brett is now a world champion sportsman focusing on his sports and engaging with people to make them aware of Work Health & Safety.

We heard his personal story, which inspired any person

young or old to strive to achieve more and beyond what you can now believe in.

BE INSPIRED.



Quote of Day 14/02

"The heart that laves is always gev g." Tuther mkyowy

leve, urbar naturale.com

Joke of the Day 14/02

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