

Milford Rotary Chat February 15, 2024



Meeting Minutes: 2/8/23
Kimberly



CREATE HOPE
in the **WORLD**

Welcome:

Don got us started with the Pledge of Allegiance
Shaileen (that's correct Shaileen) did a flawless 4-Way-Test
Paul did a nice Prayer

Guests:

Visiting Rotarian Dick Popolowski from the New Haven Rotary. He has a new job at Beth El and he will be rejoining our club.
Shaileen was back for a short visit and is doing great.

Do Good:

Carrie told us her granddaughter Harper is 4 years old at her recent birthday.
Tad said he is going on a trip out West. He is going to visit Uncle Dan then Phoenix and then San Francisco. He was glad to see his company matched a \$400 donation to Rotary he paid.
Don was at a North Haven PETS (President's Elect Training Seminar) meeting that he attended as the President Elect (for District Governor). He was also happy to see Dick Pop who is a good friend and they do work for the Burn Foundation.
Shaileen is happy to be here and to see everyone.
Phil said he had a great time at the PETS meeting(as Milford Rotary President Elect). He came away with some new ideas and he is eager to try them out. He also reminded us that that Rotary's Day of service is in May.
Carrie said she was at PETS meetings before Covid and they were great fun.
Win was happy to see Shaileen. Even though the past 3 or 4 years have been terrible for the Red Sox, they continue to do nothing to improve themselves in the off season. Next week he is going to Florida, so Rotary will be Smith-less this week.
Carrie said this Tuesday she and Lise will be doing an interview with Ann Nyberg of channel 8 where they will discuss the 100 Year Anniversary of Rotary in Milford and the many accomplishments of Rotary over the years.

Speaker:

Cat Mortimer was our speaker and she told us of her life experiences with mental illness and about the Mental Health Fair she is sponsoring on 5/25/2024 from 10-4 at Jonathan Law High School. Growing up Cat had a very dysfunctional family. Her mother was psychotic,

her brothers had various levels of mental illness as a result of early life trauma and her father had no parental instincts or abilities. With the help of friends and community she was able to keep some balance in her life but she has felt the shame one experiences with mental illness. She wants to see the shame taken out and be able to encourage those in need to seek help. She wrote a book titled "Material Things: Growing up around severe mental illness" which she wrote under the name S.C. Knight which tells her life story.

She is sponsoring the event on 5/25/24 herself at an estimated cost of \$2440. Any help would be greatly appreciated. She invites you to come and see how to enhance or improve your mental health. Practitioners will cover a wide range of therapies and disciplines.

Announcements:

- 2/20 Next Lobster Bake Meeting at United Way Office at 6:00. The bake is July 27th
- 2/21 next 100 year anniversary meeting at Win's office at 6:00. Will have pizza. Last week they had a meeting and got a lot done. Mark your Calenders, the event is 4/27 at Grassy Hill. The event will be \$110/ ticket and the meal will be surf and turf. There will be entertainment. See Carrie for tickets.
- 2/29 is the fifth Thursday. Details to follow.
- 3/7 our lunch will be at Platt Tech on Orange Ave at noon (Not at the Kimberly) Meal is still \$20. Come see what 89 million dollars can build
- 4/21 Next Shred Event from 9-12 (setup at 8:15) at Spectrum. We need sponsors. Business card ads are \$75 and full sponsor is \$250.
- 4/27 - 100th Anniversary Gala – Grassy Hill Country Club – 6-10PM. There will be a program with business card ads for \$75.
- 6/9 – 5K Run in the Park at Eisenhower Park
- 6/27 is the installation of Officers. I think venue will be Grassy Hill
- 7/27 – Milford Rotary’s Annual Lobster Bake

Greg Schmitt

Board Meeting the second Thursday, 5:30 PM social, 6 PM meeting – every month unless noted otherwise

Who’s Who for the July 1, 2023- June 30, 2024 Rotary Year

Officers:	Sergeant-At-Arms: Carrie Reed	1 st Year Board of Dir:	2nd Year Board of Dir:
President – Tad Smith	Assistant Sergeant-At-Arms: Mike Granata	BJ Frazier	Gary Johnson
President-Elect – Phil Ucci III	Treasurer: Adam Kasowitz	Mike Granata	Dracy Lapp-Rabinowitz
Vice President – Lorna Sura	Asst Treasurer: Tracy O’Brien	Jill McGoldrick	Bill Parry
Secretary – Bill Parry	Don Wetmore (Immediate Past President)		Frank Perry
Club Historian- Ken Hawkins	Beth-El meal leaders- Shaileen Landsberg and Lorna Sura		Don Wetmore (IPP)

Your Rotary Chat Team: Scribes: Greg Schmitt & Win Smith, Jr Setting/Editing/Circulation: Tom Margius

Milford Rotary, PO Box 381, Milford, CT www.milfordrotary.org

When the Power of Love overcomes the Love of Power, the world will know Peace.

-Jimi Hendrix