



## Milford Rotary Chat

### For 1/20/21 Lunch Meeting

Next week (1/27/21) is a breakfast meeting only!

#### 1/6/21 Meeting Minutes:

**Guests:** Our guest and speaker for the day was Art Stowe from the Milford Historical Society.

#### **Happy Fines:**

Sam- Came back from Disney and spent 31/2 hours stuck in Virginia snow. At his Dad's house, an alarm was going off where someone drove through the front door.

Lorna- Lost her phone :( . There was a service at Beth El last Sunday, pasta and meatballs were served. Thanks to those who helped.

Carrie- Gave a \$20 fine. missed last week's meeting, has to leave early today and next week will be in Florida. Just found out she has Graves Disease which is hyperthyroidism. She reminded us that this month's board meeting was the 6th and it was at Chris Cody's office.

Frosty- He was happy to see Art.

Don- He unsuccessfully tried to get his grand daughter to stop from using the word ".like" so much, not even for a \$5 incentive.

Win III- went to Romania to visit family. It was a total of 30 hours of travel time and with 4 hours to go their 3 year old jumped up and yelled no more airplane! It was not a pleasant 4 hours.

Gary- Was happy to see Art. Also he noted a high school basketball game with a final score of 94-4. Not good.

Phil- Wished every one a happy new year.

#### **Announcements:**

The CPR class Carrie was organizing is postponed until the Spring due to Covid concerns.

Next Tuesday the 16th will be the next lobster bake meeting.

The Yale basketball game that Frosty is organizing for our group is January 29th. See him if you are interested.

#### **Speaker: Art Stowe**

Art gave a slide show of pictures from old Milford (many of which came from the book Frosty had produced). Very interesting talk about our town and how it developed through the years. It was pointed out that the memorial bridge (over by Stonebridge) was built in 1889 to celebrate the 250th anniversary of the founding of Milford. The old town hall burned down in 1915. Milford was established in 1639 which is the same time the Taj Mahal was being built.

#### 1/13/21 Meeting Minutes:

**Guests:** Guest and speaker today was Mike Papale who is Fairfield Prep's basketball coach who is in his 4th year. He is also a Wallingford Rotarian.

#### **Happy Fines:**

Youseff- Today he was first in the door! Always good to see you Youseff.

Frosty - Happy to see the dreadful football season is over for the Giants and Jets.

Phil- His son's first year of wrestling is over.

Ray- He is taking care of Carrie's dogs while she is in Florida.

Lorna- Had a good week. Beth El served 35 this week.

Win III- Coco fell and got a large cut above her eye. Thinking about suing the negligent homeowner (Win Jr).

Dave- Fairfield prep is 5-1 so far this year. Great game vs Wilbur Cross.

had a bit of trash talking between Notre Dame and Fairfield Prep Alum.

**Announcements:**

Carrie is in Florida!

There was a lobster bake organizational meeting this week. Hopefully Lisman's Landing will be this years site. Win brought up the idea of holding the lobster bake raffle in February so we don't try to hit up people twice at the same time. Just a thought. Let's talk.

Frank reminded us of our past Blues, Brews and BBQ events. One of the people who helped us back then was Ron Lawrence who played with Jay Rowe. His family had a go fund me page to help with funeral arrangements. We sent \$300 for which the family thanked us. He was waked at Toads.

**Speaker:**

Speaker today is a guest of Dave who has been the announcer for Fairfield for 17 years. Mike Papale is Fairfield prep's basketball but he also the sponsor of a non-profit "In a Heart Beat" which was brought about by personal experience. As a young man in his early 20's he experienced sudden cardiac arrest which he was lucky enough to survive. Those with sudden cardiac arrest need CPR and an AED to shock the heart back in to normal heart beat. He had that and then a defibrillator was implanted. The non profit that he started buys and distributes AED units. Also they support research for Hypertrophic cardiac myopathy which is a disease where the heart stops beating and just flutters. They also launched a cardiac screening program for teens where the kids get an ECG which is read by professionals and a diagnosis is made. They also partner with colleges to screen athletes.

So far they have bought 195 units, raised \$35,000 and helped get kids together with doctors to treat those that were discovered. 2% of those tested have issues. It does run in families. There has been a recent law that says health clubs must have an AED. They get many requests for AEDs and they have made donations all over the country but mostly in Connecticut. Retail the units cost \$1600 but they can get them for about \$1000. Only 4 or 5 companies make them. The pads last about 2 years and the batteries last about 5 years.

The annual budget for the non profit is \$130,000. They raise money by running an annual 5K, look for donations and grants from foundations. The non profit has no employees.

Mike wrote a book of his story called " A Big Heart". He promised to donate an AED unit to a Milford location. Several hundred dollars were donated today by members of the club.

**Our Lunctime Speakers: Upcoming Milford Rotary Club Lunch/Breakfast Meetings:**

1/27 Breakfast meeting ONLY	
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**Upcoming Milford (and other) Rotary Club Events:**

1/20/22 Lisman Landing Lobster Bake walkthrough, 11:15AM

4/9/22 Rotary Day of Giving

6/5/22 Shred event

**Beth El Meals Schedule**

Leaders: Shaileen Landsberg and Lorna Sura

**2021**

Contact Shaileen for details

**Let Shaileen know** if you are helping: shaileenh@gmail.com or 203-258-0841. And **WEAR A HAT!** per Milford Heath Dept.

**Who's Who for the 2021-2022 Rotary Year**

<b>Officers:</b>	Sergeant-At-Arms: Bill Parry	<b>1<sup>st</sup> Year Board of Dir:</b>	<b>2nd Year Board of Dir:</b>
President – Carrie Reed	Assistant Sergeant-At-Arms: Curran Bishop	Lorna Sura	Lise Robinson
President-Elect – Don Wetmore	Treasurer: Tracy O’Brien	Ray Carissimi	Mike Granata
Vice President – Tad Smith	Asst Treasurer: Ray Carissimi	Jill McGoldrick	BJ Frazier
Secretary – Phil Ucci III	Gary Opin (Immediate Past Prez)	Sam Bergami III	Chris Cody

**Your Rotary Chat Team:** Scribe: Greg “Gregg-nogg” Schmitt Circulation: ~Raymond V.L. Carissimi~  
Board Meeting the second Thursday, 5:30 PM social, 6 PM meeting -- every month unless noted otherwise

**Milford Rotary, PO Box 381, Milford, CT 06460 <http://www.milfordrotary.org>**

 January Birthdays! 

Member	Birthday
Wilson, Jeffrey D. (JEFF)	05 January
Kasowitz, Adam Jeffrey (ADAM)	05 January
Hawkins, Kenneth B. (KEN)	07 January
Mangels, Marcia A. (MARCY)	09 January
Andreo, Joseph (JOE)	10 January
Barnes, Joseph B. (JOE)	12 January
Rascati, Al M. (AL)	27 January
Smith, Winthrop S. Jr. (WIN)	28 January

*Did you know:* On average, a cow produces 6.3 gallons of milk each day. With the average American consuming 17 gallons a year (down from 24 in 1996), that means a single cow can produce the daily milk for 135 people.

“Everyone’s reputation is made on a daily basis. There are little incremental things—worthwhile efforts, moments you were helpful to others—and after a lifetime, they can add up to something. You can feel as if you lived and it mattered.”

- Chesley B. Sullenberger, **Highest Duty: My Search for What Really Matters (2009)**

**Milford Rotary Proposed Slate 2022-2023**

<b>Officers:</b>		<b>1<sup>st</sup> Year Board of Dir:</b>	<b>2nd Year Board of Dir:</b>
President – Don Wetmore	Sergeant-At-Arms: Frank Perry	Gary Johnson	Dave Adams
President-Elect – Tad Smith	Assistant Sergeant-At-Arms: Mike Granata	Darci Lapp-Rabinovitz	Jill McGoldrick
Vice President – Phil Ucci III	Treasurer: Ray Carissimi	Bill Parry	Sam Bergami
Secretary – Lorna Sura	Asst Treasurer: Tracy O’Brien	Frank Perry	BJ Frazier
	Carrie Reed (Immediate Past Prez)		