



## The Rotary Club of the Torrington and Winsted Areas Tuesday's Today!

### Last Week's Program:

Owing to the snow, as you all know, last week's meeting was cancelled, and our speaker postponed for a date to be announced.

### This Week's Program:

We have opportunities in our workplace and our daily lives to recognize and respond to the health and mental health needs of others. We will hear from experts from Charlotte Hungerford Hospital / Hartford Healthcare and McCall Behavioral Health Network on the many programs available to our workplaces and community groups in the areas of CPR, Suicide Prevention and Mental Health First Aid. We will hear a brief overview of each with information on how to book the full presentations which are grant funded and have no cost to host. Presenters will include fellow Rotarian Donna Bielefield, Kevin Iglesias and Andrew Lyon from McCall and Fred Rosa from CHH.



As a Rotarian, it's easier to be involved than ever. We are an inclusive club and we're well positioned now for members to join in the meeting either by their direct attendance or by Zooming in. Feel free to participate either way... and know that not participating won't fulfill your requirement to attend at least 60% of the meetings of the Rotary Club of the Torrington and Winsted Areas. Being busy is not an excuse to not attend ... Being busy has been an attribute of active, involved, impactful Rotarians from the Northwest corner for more than 100 years.

Members have the option of attending the meeting in person or via Zoom:

Zoom Login:

Time: Tuesday January 23, 2023 12:10 PM

Join Zoom Meeting: <https://us02web.zoom.us/j/89424828923>

Meeting ID: 894 2482 8923

Passcode: 702744

## Scheduled Committee Meetings:

- Board meeting, Thursday, February 8, 2024, at 8am via Zoom. Board members have received an email with the contact info.

## Torrington/Winsted Rotary News and Reminders:

No new news this week!

## For Your Edification:

The Piano is a televised British music competition show that aired on Channel 4 since 15 February 2023 and is hosted by Claudia Winkleman with Lang Lang [https://en.wikipedia.org/wiki/Lang\\_Lang](https://en.wikipedia.org/wiki/Lang_Lang) and Mika [https://en.wikipedia.org/wiki/Mika\\_\(singer\)](https://en.wikipedia.org/wiki/Mika_(singer)) as judges.

Amateur musicians are invited to publicly perform on street pianos in the concourses of major UK railway stations. Performances cover a variety of genres, with some performers accompanying themselves with vocals. Performed pieces include classical standards, contemporary chart hits, and original compositions.

The competitive element is kept secret from the performers — the judges observe the performances from a nearby room, selecting one performer from each location to perform at an end-of-series concert at the Royal Festival Hall. On 14 July 2023, it was announced that the show was recommissioned for a second and third series alongside a Christmas special and a documentary on the first series winner Lucy Illingworth.

Lucy was diagnosed with a rare form of eye cancer called bilateral retinoblastoma when she was just nine months old. The toddler had tumours behind both of her eyes and underwent rounds of chemotherapy for two years before going into remission. However, the cancer meant that Lucy was left completely blind in both eyes. At the age of four, Lucy was named a 'Champion' by the Childhood Eye Cancer Trust for her courageous ordeal with the disease.

The Trust's CEO, Joy Felgate told Yorkshire Live in 2013, "Every child affected by retinoblastoma faces huge disruption and upset, distressing treatment and also many follow-on check-ups. "We are delighted to recognise the bravery and resilience Lucy has shown throughout treatment and beyond. She is a very deserving champion."

In addition to being a pediatric cancer survivor, Lucy has a chromosome 16 duplication, which is also carried by her mother, Candice. It is a rare condition which affects mental health, autism traits, and overall communication. Whilst Lucy reportedly loves to receive applause after her performances, she can often be seen covering her ears due to "sensory reasons". Sensory differences can affect some autistic people, and some neurodivergent musicians choose to wear noise-cancelling headphones on stage to account for this.

Enjoy this video of Lucy's winning performance at the Royal Festival Hall:

<https://youtu.be/2b9eGZRLY5k?si=8hFGs2BHSws0FaMt>



## Birthdays:

Smith, Jeffrey .....05 January

DiCarlo, Brenda.....14 January

Rooke, Michae.....17 January

Christian, Thomas .....30 January

## Club Anniversaries:

Gargiulo, John..... 01/01/84.....40 years  
Logan, John .....01/01/84.....40 years  
King, Robert.....01/01/87.....37 years  
O'Connell, Douglas.....01/11/85.....39 years  
Ryan, William.....01/11/88.....36 years  
Tillotson, Ellen.....01/12/93.....31 years  
Rosenstein, Ronald.....01/12/85.....39 years  
Sullivan, Teresa.....01/17/17.....7 years  
Rooke, Michael.....01/23/23.....1 years  
Rovezzi, Guy.....01/30/07.....17 years

## Upcoming guest speaker responsibilities:

Maria Coutant Skinner & John Capobianco .....Tuesday, January 23, 2024  
McCormick, Brian.....Tuesday, January 30, 2024  
Mattiello, Brian .....Tuesday, February 6, 2024  
O'Connell, Douglas K. ....Tuesday, February 13, 2024  
Geddes, Jeff. ....Tuesday, February 20, 2024  
Pagano, Matt N. ....Tuesday, February 27, 2024  
Paradise, Peter .....Tuesday, March 5, 2024  
Ponte, Tony .....Tuesday, March 12, 2024  
Power, Patrick .....Tuesday, March 19, 2024  
John Capobianco- CPR .....Tuesday, March 26, 2024  
Ramsey, Frank .....Tuesday, April 2, 2024  
Rougeot, Paul .....Tuesday, April 9, 2024  
Rovezzi, Guy .....Tuesday, April 16, 2024  
Rovezzi, Robert .....Tuesday, April 23, 2024

OPEN .....Tuesday, April 30, 2024

Ryan, William .....Tuesday, May 7, 2024

Smith, Jeff .....Tuesday, May 14, 2024

Steck, Jim .....Tuesday, May 21, 2024

OPEN.....Tuesday, May 28, 2024

Sullivan, Kevin .....Tuesday, June 4, 2024

Sullivan, Teresa .....Tuesday, June 11, 2024

Tillotson, Ellen.....Tuesday, June 18, 2024

OPEN.....Tuesday, June 25, 2024

OPEN .....Tuesday, July 2, 2024

OPEN.....Tuesday, July 9, 2024

If you've scrolled down this far, you're one of my favorite people! Please remember to watch this space weekly so that you can appropriately plan for when it's your time to provide the club with a program/speaker. All of us working together in this regard makes for more interesting meetings and a better, more informed club!

If your presenter will require the projector and the screen to be set up, please let Matt know ASAP. Also, please let your presenter know that if there's any concerns about the functionality of their presentation, an option is for them to email any presentation they may have to Matt ahead of time who can install their presentation on his laptop to minimize potential complications.

It is your responsibility to introduce your speaker.

Please inform the speaker of the following guidelines of The Rotary Club of the Torrington & Winsted Areas:

- They will have at most ½ hour to do their presentation. Including time for questions.
- It is not the policy of the Club to donate funds raised from the Sergeant-at-Arms presentation to the organization represented by the speaker on the day of the presentation.
- Further, an invitation to make a presentation to The Rotary Club of the Torrington & Winsted Areas does not suggest that the Club endorses the presenter's views - political or otherwise.
- The Rotary Club of the Torrington & Winsted Areas does not provide an honorarium or reimburse a speaker in any way and a presentation to the Club should not be made with an expectation of financial support.

## Torrington/Winsted Rotary Links:

Website: <http://twrotary.org/>

Facebook: <https://www.facebook.com/TWRotary/>

Rotary Web-Photo Albums: [Web Photo Albums](#)

“Be more kind than necessary, for everyone you will meet today is fighting some sort of battle.”

-K. Purcell

Respectfully submitted, your temporary scribe,

Matt Pagano

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