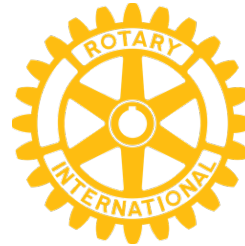


# Rotary

## Club of Spring Valley (Columbia)



Monday, September 2, 2024

### Meeting agenda 9.5.2024

**Menu: Chicken Tenders, Mac and Cheese, Mixed Vegetables, Salad, Dessert and Tea**  
**Invocation and Pledge: Brian Dunphy**  
**Health and Happiness: Happy Dollars for CART**  
**Vocational Talk: Carey Grady**  
**New Member Induction: Brian/Ted Angelica Bell**

**Today's Program-Introduction by Holly Swan**  
**Ramona Britt, CSA**  
**"Navigating the Maze of Senior Living"**



**Ramona Britt is a senior care specialist in Columbia who provides guidance and care to seniors and families. She is an expert on senior care options (assisted living, dementia care and other services) in the area. Her goal is to deliver high quality, compassionate service and to help families manage the transitions they are facing. She is also a member of the Forest Acres Rotary Club.**

Speaker Contact info:  
Ramona Britt  
Assisted Living Locators  
803-470-1011  
C: 803-319-4474  
PO Box 291239, Columbia, SC 29229  
[ramonab@assistedlivinglocators.com](mailto:ramonab@assistedlivinglocators.com)  
[assistedlivinglocators.com/midlands](http://assistedlivinglocators.com/midlands)

### Club Meeting

Spring Valley (Columbia)  
Meets at Northeast Presbyterian Church  
601 Polo Road  
Columbia, SC 29223  
Time: Thursday at 01:00 PM

### Club Leaders



Ted  
Rausch  
President



Denise  
LaRue  
Ruben  
Satellite  
Club Chair



Lachaska  
Salmond  
President-  
Elect  
Vice  
President



Holly Swan  
Secretary



William  
Keith  
Chichester  
Treasurer



Patricia A.  
Barclay  
Club  
Service  
Chair



Diane  
Wood  
Junis  
Club Public  
Image  
Chair



Brian P.  
Dunphy  
iPast  
President  
Membership  
Chair



Peter J.  
Stahl  
Club  
Foundation  
Chair



John Walko  
Community  
Service  
Chair



Michele L.  
Dunphy  
Youth  
Services  
Director

## Speakers

### September 05, 2024

Ramona Britt, CSA - Assisted Living Locators  
"Navigating the Maze of Senior Living"

### September 12, 2024

Melissa Payne, M.S. PAALS Executive Director  
Update on Palmetto Animal Assisted Life Services

### September 19, 2024

Angela Vandelay  
Peace Corps

### September 26, 2024

Jennifer Burgos-Carnes and Stephanie Harrell  
Richland Two's Elementary English-Language Arts Specialists

### October 03, 2024

David Hall, Midlands Orphan Relief

### October 10, 2024

2024 Nut Campaign Kick Off

## Events

September 16th

**Transitions Service Opportunity**

September 18th

**Satellite Club Meeting**

September 19th

**SV Rotary Board Meeting**

September 30th

**Transitions Service Opportunity**

October 17th

**SV Rotary Board Meeting**

## Club Leaders Needed

We have an immediate need for someone to take over as the **Health and Happiness coordinator**. This entails scheduling members to do the brief health and happiness portion of our meetings. If you are interested and want to know more, please contact :

Ted Rausch, President, (803) 351-5913,

[Ted.Rausch@colliers.com](mailto:Ted.Rausch@colliers.com),

or Patricia Barclay, Club Services Chair at (386) 449-9452,

[avatarpbj@yahoo.com](mailto:avatarpbj@yahoo.com)

We need someone to lead our efforts at **Transitions** where we serve a meal at dinner time the third and fifth Mondays of each month. If you are willing to coordinate this **service project**, please contact:

Ted Rausch, President, (803) 351-5913,

[Ted.Rausch@colliers.com](mailto:Ted.Rausch@colliers.com),

or John Walko, Club Community Service Chair at (704) 968-

4915, [john.walko@standoutwebsite.com](mailto:john.walko@standoutwebsite.com)

Want to get more involved with our Youth Exchange Program? Shelly Dunphy is looking for several members to serve on the **Youth Exchange Committee**. This committee will help to ensure that we offer the best experiences to our exchange student. Please contact Shelly at: [shellydunphy@icloud.com](mailto:shellydunphy@icloud.com) or call (803) 920-3709.

We're also looking to two members to serve as **"AT-LARGE" members of the board**. For more information, contact President Ted.



## Meals on Wheels Delivery

Signed up are:

**9/5 - Peter Stahl and ONE VOLUNTEER NEEDED**

**9/12 - TWO VOLUNTEERS NEEDED**

**9/19 - TWO VOLUNTEERS NEEDED**

**Isn't it time YOU signed up?**



Thanks Phil Newsom for being a regular Meals on Wheels volunteer!

Please consider signing up for a **Thursday** Meals on Wheels delivery. This involves meeting at Spring Valley Presbyterian Church at 10:45 a.m. and delivering meals to 5-10 homes on our Northeast Route. Delivery takes about an hour. Ideally, we want two members to sign up. A spouse or friend, non-member or potential member can deliver with you.

**MEALS ON WHEELS SIGN UP link**

**Thanks to PHIL NEWSOM for agreeing to serve as our club's Meals on Wheels coordinator! Contact Phil with any questions.**

803-315-0299

[newsomp133@gmail.com](mailto:newsomp133@gmail.com)

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## Youth Exchange Update - Volleyball Fundraiser



Come cheer on Iina and her SVHS Volleyball team:  
Tuesday, Sept 3rd @ 7 pm vs. Sumter at HOME at SVHS  
Thursday, Sept. 5th @ 7 pm vs. Blythewood - AWAY  
Saturday, Sept. 7th @ 9 am vs. Hillcrest at HOME at SVHS

Hey, Volleyball Fans! We're the spirited Volleyball team from Spring Valley High School. But here's the bump: to reach our full potential, we need your support. This fundraiser is all about securing some much-needed

equipment for our 2024 season. Join us in our quest for victory and let's spike for success together!

If you would like to support Iina's fundraising efforts and the Spring Valley High School Volleyball team, here is the contribution link: **The DEADLINE to contribute is Monday, September 9.** Thanks to all who have already contributed!

[Iina's Volleyball Fundraiser](#)



## Rotary Fellowships

**Rotary Fellowships are international groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession, and enhance your Rotary experience. Membership in a fellowship is open to any interested individual. You can contact a fellowship directly by using the link below:**

### **Rotary Fellowships**

Here's an example of one, founded by Terry and Jaime Moore of Summerville: Whiskey DRAM

Rumor has it that our own Paula Matthews might be a member!



Website: [www.whiskeydram.org](http://www.whiskeydram.org)

Facebook:

<https://www.facebook.com/WhiskeyDrinkingRotarians/>

Twitter: @WhiskeyDRAM

Email: [RotaryWhiskeyFellowship@gmail.com](mailto:RotaryWhiskeyFellowship@gmail.com)

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# High School Scholarship Thank You Letter



Frederick  
113 Baker's Point Rd.  
Columbia SC 29223  
8034140718

The Rotary Club of Spring Valley  
Dr. Marshalynn M. Franklin, Scholarship Committee Representative  
P. O. Box 24342  
Columbia SC 29224

Dear Dr. Franklin:

I am writing to convey my sincere gratitude for being selected as a recipient of Spring Valley Rotary Club Scholarship. I am honored to be a recipient of this scholarship. I want to extend my appreciation for your generous support.

By receiving the Spring Valley Rotary Club Scholarship, I was able to reduce the financial burden for my mom, while I pursue my education. Most importantly, receiving this scholarship has motivated me to strive for excellence in my academic endeavors.

I will be attending the University of South Carolina, pursuing a degree in Psychology and plan to future my education by attending graduate school.

Once again, thank you for awarding me this scholarship and investing in my educational future. I will continue to work diligently to prove worthy of your scholarship.

Sincerely

Harmonie J. Frederick  
Harmonie Jade Frederick



## Serving Dinner at Transitions



We're helping Transitions fulfill their mission of serving 3 meals a day, 365 days a year!

**Thanks to these members for serving on August 19:**  
**Brian Dunphy, Richard Hucks, Ted Rausch and Greg Seymour**

**NEXT Service opportunity is: Monday, September 16 from 5-6 pm**

**[Transitions Sign Up Link](#)**

We need a member to lead our monthly service project at Transitions. If you are interested, please contact President Ted or Community Service Chair, John Walko.

To learn more about the great work Transitions is doing in our community, visit: [Transitions website](#)

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## The Weekly Raffle: July-September 2024

Door prizes are always needed for our weekly raffles. Please consider contributing an item.

Any questions, contact Judy Gaskins, [jgaskins001@sc.rr.com](mailto:jgaskins001@sc.rr.com) or (803) 315-3723. Have items you can "re-gift?" A bottle of wine is always the coveted prize! Or maybe a gift card?

For the first quarter of this Rotary year (July-September) our weekly raffle proceeds will help fund our End Polio Now campaign.



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## Birthdays



Drew Painter  
September 5th

**Wedding Anniversaries - None This Week**

**Years of Service**



Eunika Simons  
1 Year - Plus  
previous years