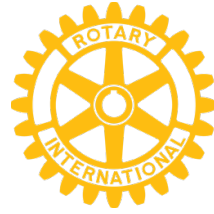


Rotary

Club of Spring Valley (Columbia)



Club Meeting

Spring Valley (Columbia)
Meets at Northeast Presbyterian Church
601 Polo Road
Columbia, SC 29223
Time: Thursday at 01:00 PM

Club Leaders



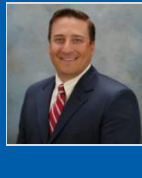
Brian P. Dunphy
President



Ted Rausch
President-Elect



Holly Swan
Secretary



William Keith
Chichester
Treasurer



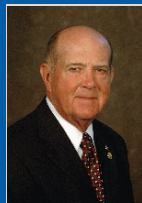
Anna Paige DuRant
Club Director / Board Member



Diane Wood Junis
Club Public Image Chair



Michael J. Burney
Membership Chair



John S. Luallin
Sergeant-at-Arms



Phillip F. Newsom
Sergeant-at-Arms



Lachaska Salmond
Service Projects Chair



Peter J. Stahl
Club Foundation Chair
iPast President



Emma Mitchell
International Service Chair

Wednesday, February 28, 2024

Meeting agenda 2.29.2024

Lunch Menu: Pulled chicken and BBQ, buns, beans, slaw, mac and cheese, salad and dessert

Invocation and Pledge: Lee Roberts

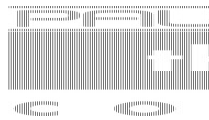
Health and Happiness: Holly Swan

Today's Program - Hosted by John Walko (video introduction)

Scott Billings, Paul Mitchell The School Columbia

Scott moved to Columbia at the beginning of 2008 to start the Paul Mitchell business. He feels like the south should always have been his home. He's learned what real BBQ is and has spent far too long getting good at it along with various other hobbies. He was born and raised just north of Salt Lake City, and earned a Business Management degree from the University of Utah. His career took his family to Phoenix, AZ, then to the Chicago Suburbs. He's been married 32+ years and he and his wife have three children.

Long known for its hospitality, affordability, and abundant recreational activities, South Carolina's capital and largest city is an up-and-coming center for business and career opportunities. This makes Paul Mitchell Beauty School Columbia a great place to grow as a stylist and launch your dream career. Our 17,000-square-foot cosmetology school campus enjoys a prime location just over the Congaree river in West Columbia with plenty of parking and easy access. A mile up the road from the Riverwalk and another mile to Columbia's trendy Vista downtown arts and entertainment district.



<https://paulmitchell.edu/columbia/about>

2024 Community Grants





Lindsay B
Agostini
Youth
Services
Chair

Speakers

February 29, 2024

Scott Billings, Paul Mitchell The School-Columbia

March 07, 2024

Nell Killoy, Director of Programs, Midlands and Upstate - Palmetto Project

March 14, 2024

Traci Cooper/Paula Matthews - Urban Garden Project Update

March 28, 2024

RCSD - Sheriff Leon Lott
RCSD Update Mental wellness

Events

March 12th

Table Talkers at Conder Elementary School

March 18th

Transitions Service Opportunity

March 21st

SV Rotary Board Meeting

March 26th

Rotary Readers at Lonnie B. Nelson Elementary School

April 15th

Transitions Service Opportunity

April 16th

Rotary Readers at Lonnie B. Nelson Elementary School

April 18th

SV Rotary Board Meeting

April 29th

Transitions Service Opportunity



Time to celebrate the success of our Nut Campaign!

We will accept 2024 Community Grant applications from Monday, February 26 through Thursday, March 14. (Three weeks) **Grants must be submitted on the grant application by email** to LaChaska Salmond at lachaska.salmond@firstcitizens.com or given to her in person at a meeting. LaChaska will acknowledge receipt of your application via email. The sponsoring Rotarian must submit the grant application, not the organization or program for which the funds are requested.

The Grant Committee will determine recipients no later than **March 29th** and will notify the primary sponsoring Rotarian **by April 2, 2024**. Grant funding will be awarded on **April 18, 2024**. **The Sponsoring Rotarian will invite a representative from the organization to our April 18th lunch meeting to receive their community grant.**

NOTE: A member must have sold pecans in order to request a grant. Grant applications will be sent by email to all members and will also be available at our lunch meetings.

The Lacross season has started!

Pictured below are Elsa and Ana after their first real lacross game against Aiken on Feb. 20th.

They have a HOME game this Saturday, March 2nd at NOON at SVHS.

It would be great to have some Rotarians there to support our Youth Exchange Students!



Meals on Wheels Delivery

Signed up are:

2/29 - Diane Junis and Ramesh Yajnik

3/7 - Bev Ryan and ONE VOLUNTEER NEEDED

3/14 - Peter Stahl and ONE VOLUNTEER NEEDED

Please consider signing up for a **Thursday** Meals on Wheels delivery. This involves meeting at Spring Valley Presbyterian Church at 10:45 a.m. and delivering meals to 5-10 homes on our Northeast Route. Delivery takes about an hour.

Ideally, we want two members to sign up. A spouse or friend, non-member or potential member can deliver with you.

MEALS ON WHEELS SIGN UP

Thanks to Patricia Barclay for serving as our club's Meals on Wheels coordinator!
Patricia Barclay 386.449.9452 or email avatarpbj@yahoo.com



Pet Pals Food and Treat Drive

Would you give up your
own meal if it meant
your dog could eat?



We will be collecting cat and dog food during the following meetings:

Feb. 29
March 7
March 14

We are looking for small and medium bags or cans of food, so seniors can lift them.

Treats and toys would also be appreciated.

These items will be given to seniors served by Senior Resources Meals on Wheels program.

Thanks to Bev Ryan for coordinating this effort.

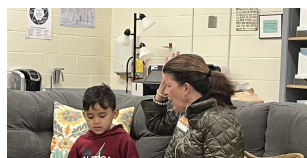
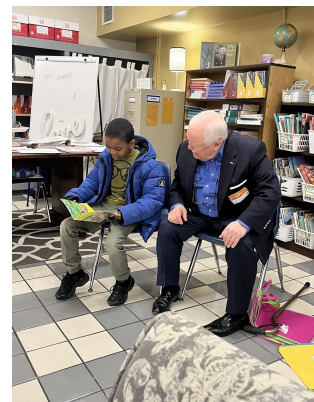
Contact Bev at (803) 477- 4100 or

bev@bevryansellshomes.com

Rotary Reads at Lonnie B. Nelson Elementary School

Thanks to Brian and Shelly Dunphy, Mike Long, Bev Ryan, Peggy Merrill and Lindsay Agostini for serving on Tuesday, February 27.

Remaining dates for 2024 - Tuesday, March 26 and Tuesday, April 16
8-9am





Hope you'll consider joining the group in March!
Sign up by contacting: Lindsay Agostini
lindsayagostini@outlook.com
text or call: (803) 530-5571

Serving at Transitions Monday, March 18

Thanks to James, Bev, Lindsay and Lee for serving in February...They served 156 meals!



Monday, March 18th is our next shift, 5-6 pm.

Transitions Sign Up Link

James Hooker is looking for 3 volunteers to join him.

Questions, call/text James at (803) 250-5514 or email: sportagent2004@hotmail.com

Taste of the Vine - TONIGHT!

Transitions is one of the organizations our club supports through our Community Grant program, and we're proud to be a partner with Transitions, serving dinner on the third and fifth Monday of every month. Greenâ€™s Beverages is once again proud to sponsor and host the â€œTaste of the Vine,â€ a wine event benefiting Transitions Homeless Center, February 29th at Central Energy from 5:30 to 8:30 p.m.



â€œTaste of the Vineâ€ is an exclusive event designed to connect Columbiaâ€™s wine enthusiasts with vendors, providing an opportunity to sample wines from around the

enthusiasts with vendors, providing an opportunity to sample wines from around the world, all available locally. Green's generous donation directs 100% of the event's wine sales proceeds to Transitions Homeless Center. Further support comes from a silent auction, ticket sales, and external donations, all contributing to the center's cause.

The 'Taste of the Vine' Silent Auction is now live! You don't have to attend the event to bid. More items will be added soon! Sign up by clicking this link!

[Silent Auction LINK](#)

[Event Information link](#)

Save the Date - Friday, April 19th

Urban Garden Project
Earth Day 2024 Planting

More Details to come. Volunteers will be needed from tentatively 9 am - 1 pm at various locations for this HANDS ON, get in the dirt project!

Plan to attend our Thursday, March 14th lunch meeting for an update on our Urban Garden Project.



Conder Elementary Table Talkers



Thanks to Don Hogan and his wife Kathy, Brian Dunphy, Lindsay Agostini and Judy Gaskins for participating at Conder Elementary on Tuesday, Feb. 13th. Our next Table Talkers with Ms. Ross's 5th Grade class is on Tuesday, March 12th.

Lunch is from Noon-12:30. You can bring your lunch if a school lunch isn't your bag! Plan on arriving at Conder (8040 Hunt Club Road) by 11:40/11:45, so you have time to park and access the school. You will need to bring ID.

Thanks to Don Hogan for coordinating this program again this year. Please contact Don to sign up at: brushandfloss@hotmail.com or by text or phone at 803-920-6669.

How to best pay your quarterly invoice

Please consider automating your quarterly dues payment. One call to our Treasurer, Keith Chichester, and you will no longer need to worry about writing a check or paying your dues late. You can set it up so it auto drafts directly from your bank account.

To do this, please call Keith at his office: 803-788-2224

He will need:
the name of the account holder
the name of the bank
the routing number
the account number

Doing this will really help our club. Remember, we're a 100% VOLUNTEER organization. Please help make the job of the treasurer a little easier.
THANKS!



Partner Event-Senior Resources

March for Meals 5k run/walk - Saturday, March 9



Lace up your running shoes and join us for the 22nd March for Meals 5k benefitting Senior Resources and Meals on Wheels Richland County. March for Meals 5k starts and finishes at Strictly Running, taking you through beautiful Shandon and part of Historic Melrose. This is a mostly flat certified course, with one hill at the beginning to get your heart pumping.

New this year, will be a 5k Food Challenge sponsored by Devine Cinnamon Roll Deli. Returning, will be the 1-mile Senior Walk! Registration: **Register online at www.Strictlyrunning.com**

- \$30.00 - 5k Run/Walk with a t-shirt
- \$15.00 - 1 Mile Senior Walk (60 and up) with a t-shirt
- \$30.00 - 5k Run/Walk Food Challenge with a t-shirt

On March 1, prices will raise to \$35 and \$20 respectively. Race day registration will be \$40 and \$25.

Participants who register before February 18 will receive a T-shirt

Packet Pick up: Friday, March 8, 2024, 10am-6pm at Strictly Running Saturday, March 9, 2024, 7:45am-8:45am at Strictly Running

Race Day Schedule:

â€¢ 7:45am-8:45am: Same Day packet pickup and race day registration

â€¢ 8:00am: Vendors/Sponsors arrive to set up

â€¢ 8:50am: Start gathering runners and make an announcement to head to the start line- have senior walkers line up in the back behind the runners

â€¢ 8:55am: Thank everyone for coming o (National Anthem, Course Rundown, etc)

â€¢ 9am: **5k & 1 Mile Senior Walk Starts** â€¢ 10am: Awards Ceremony

Birthdays



[Belinda Portnall](#)

March 1st

Years of Service



[Robert F. Curtis](#)

32 Years



[Brian P. Dunphy](#)

27 Years