

Rotary

Club of Spring Valley (Columbia)



Tuesday, December 10, 2024

Meeting agenda 12.12.2024

Club Meeting

Spring Valley (Columbia)
Meets at Northeast Presbyterian Church
601 Polo Road
Columbia, SC 29223
Time: Thursday at 01:00 PM

Club Leaders



Ted Rausch
President



Denise LaRue
Ruben Satellite Club Chair



Lachaska Salmond
President-Elect
Vice President



Holly Swan
Secretary



William Keith Chichester
Treasurer



Patricia A. Barclay
Club Service Chair



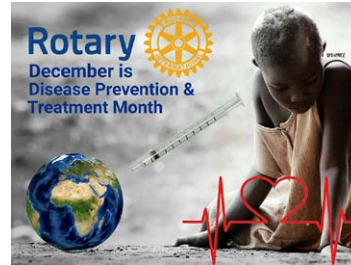
Diane Wood Junis
Club Public Image Chair



Brian P. Dunphy
iPast President
Membership Chair

Peter J. Stahl
Club

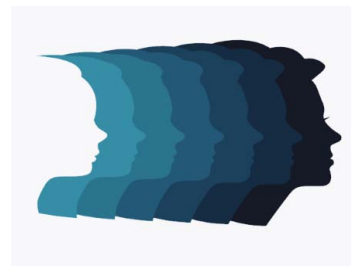
John Walko
Community Service



Menu: Lasagna, sautéed squash, house salad, bread, dessert and tea
Invocation and Pledge: Lee Roberts
Health and Happiness: Keith Chichester
New Member Induction: Brian Dunphy
Welcome John Runy
Announcements - President Ted Rausch
Today's Program: Introduced by Phil Midden
Cara Vandergriff, USC School of Public Health
"Aging 'Happily Ever After': The Cognitive Benefits of Lifelong Reading,"

Speaker Contact:

Cara Vandergriff MA, MS, CCC-SLP
Doctoral Candidate and Research Assistant
USC School of Public Health
CHV@email.sc.edu | cell
423.889.1026
Aging Gracefully Lab
Close-Hipp 217
1705 College Street
Columbia, SC 28208



Arnold School of Public Health

UNIVERSITY OF SOUTH CAROLINA



Foundation
Chair



Chair



Michele L.
Dunphy
Youth
Services
Director

UPCOMING PROGRAMS:

December 19, 2024

Brad Fleming, Harvest Pack

January 09, 2025

Edward Moore, Friends of Sesqui

January 16, 2025

Jaime Moore

Whiskey DRAM, Whiskey Drinking Rotarians and
Members Fellowship

January 23, 2025

Sarah Hayes, Associate Commissioner, South
Carolina High School League

February 06, 2025

Sheila Foster, Lighthouse for Life

February 27, 2025

Rona Stuart, Richland District Two Teacher of the
Year

Events

December 16th

Transitions Service Opportunity

December 17th

**Rotary Readers at Lonnie B. Nelson
Elementary School**

December 19th

SV Rotary Board Meeting

December 21st

Salvation Army Belling Ringing 2024

December 30th

Transitions Service Opportunity

January 14th

**Rotary Readers at Lonnie B. Nelson
Elementary School**

January 16th

SV Rotary Board Meeting

January 20th

Transitions Service Opportunity

February 11th

Youth Exchange Update

Iina has been busy.....special thanks to Abdul and Anita Ghaffar for taking her to Riverbanks Zoo on Sunday, December 1st. She will be out of school the weeks of Dec 23 and 30...School resumes on Tuesday, Jan. 7th so if you have an event that you'd like to take Iina to over the holidays, just call Diane.



She joined "Team Junis" at Harvest Hope Food Bank on Tuesday night Dec. 10th for a holiday packing event:



AND, her trip to Universal Studios with all the Youth Exchange Students in District 7770 was wonderful!

**Rotary Readers at Lonnie B. Nelson
Elementary School**

February 17th

Transitions Service Opportunity

February 20th

SV Rotary Board Meeting



Holiday Party Update

Please note that our annual "Holiday" party will this year be a "Welcome 2025" New Year's Celebration.



SAVE THE DATE:

Saturday, January 11, 2025

Brunch 11 am - 1 pm

At the home of Anna Paige DuRant in Wildewood

Invitations will be available soon.

Members and a guest are welcome to attend.

Salvation Army Bell Ringing 2024



DOING THE
MOST GOOD™

We've got one more date for the 2024 Bell Ringing Campaign: Contact Bev Ryan to sign up at: bevryansellshomes.com or call/text Bev at 803-477-4100.

Saturday, Dec 21 (10 am - 6 pm)

Lowe's Foods - The Village at Sandhill

Signed up are:

10 am - Noon: Peter Stahl and **one volunteer needed**

Noon - 2 pm: John Walko and daughter

2 - 4 pm: Sharon Hodge and Iina Linna

4 - 6 pm: John Ryan and Craig Teller



Nut House Hours

ONLY THREE WEEKS LEFT!

9:30-11:30 am on Saturdays, Dec 7, 14 and 21

11:30 am-12:30 pm and 2-3 pm on Thursdays, before and after our lunch meeting - Dec. 5, 12 and 19

Extra Space Storage, 9700 Two Notch (Behind Tiffany's)

Gate code is: *3790254#

Call or text Steve Junis if you have any questions about accessing our storage unit. (803) 466-0427



Serving Dinner at Transitions





We're helping Transitions fulfill their mission of serving 3 meals a day, 365 days a year!

NEXT SERVICE OPPORTUNITIES ARE:

Monday, December 16

Signed up is Brian Dunphy

Monday, December 30

We really need 4-5 volunteers each night at Transitions.

[Transitions Sign Up Link](#)

We need a member to lead our monthly service project at Transitions. If you are interested, please contact President Ted or Community Service Chair, John Walko.

Meals on Wheels Delivery

Signed up are:

12/12 - Phil Newsom and friend

12/19 - Phil Newsom and Laura Meggs

1/2/25 - Peter Stahl and ONE VOLUNTEER NEEDED

1/9/2025 - TWO VOLUNTEERS NEEDED

Isn't it time YOU signed up?

[MEALS ON WHEELS SIGN UP](#) link



Please sign up for a **Thursday** Meals on Wheels delivery. This involves meeting at Spring Valley Presbyterian Church at 10:45 a.m. and delivering meals to 5–10 homes on our Northeast Route. Delivery takes about an hour. Ideally, we want two members to sign up. A spouse or friend, non-member or potential member can deliver with you.

Thanks to PHIL NEWSOM for serving as our club's Meals on Wheels coordinator!

Contact Phil with any questions. 803-315-0299 newsomp133@gmail.com

**Rotary Readers at Lonnie B. Nelson
Elementary School - Tuesday, Dec 17th**



**NEXT SERVICE
OPPORTUNITY IS:
Dec. 17 (third
Tuesday);**



**Lonnie B. Nelson Elementary School
225 N. Brickyard Rd
Second Tuesday of the month, except for
December, from 8-9 am:
Jan. 14, 2025; Feb. 11; March 11; April 8
You'll spend 15 minutes with four second-
graders.**

**Ideally, we need at least TWO MORE
volunteers...the more volunteers we have,
the more kids we can support with extra
reading help or a mentor.**

**Sign up by contacting: Lindsay Agostini
lindsayagostini@outlook.com, text or call:
(803) 530-5571**

**Save the date for Harvest Pack -
Saturday, Feb. 8, 2025**



**SPRING
VALLEY
BAPTIST
CHURCH**

HUNGER PROJECT
WWW.SPRINGVALLEYBAPTIST.COM

Join us on Saturday, Feb. 8th for the 2025

Harvest Pack Project at Spring Valley High School. More details to come. Brad Fleming from Harvest Pack will speak to the club on December 19. Please save this date on your calendar. It's usually a morning event and another way to serve jointly with our Interact Club!



Birthdays



William J. Campbell
December 12th

Wedding Anniversaries



William J. Campbell
December 12th



Holly Swan
December 14th

Matthew J. Morris
December 15th



Years of Service - None this week