



September 11, 2022

Events

September 13th
The Reedy
River
Greenville Club
Meeting - CART
Explained

Speaker: Tiffany

Ervin

Subject: CART Explained

September 17th
The Reedy

River

Greenville -Comm. Svc.:

Comm. Svc.: Adopt A Road

September 21st
The Reedy
River
Greenville:
MOW Meal
Packing

September 24th
The Reedy
River
Greenville Comm. Svc.:
Mauldin
Miracle League

September 27th
The Reedy
River
Greenville Club
Meeting - Adult
Illiteracy

Speaker: Dr. Lisa Hall Subject: Adult Illiteracy

Years of Service

Laurie M. Rappl 09-01-2003 19 Years

Alan Stewart Calloway 09-22-2009 13 Years

Meghan A. Coffey

MEET US AT THE COMMERCE CLUB



The Reedy River Rotary Club meets at the Commerce Club, 55 Beattie Place, 17th floor of One Liberty Square.

Parking is available under or across the street from One Liberty Square. You'll want to enter the ground floor of the One Liberty Square building at 55 Beattie Place. The elevators will be straight ahead and you'll need to go to floor 17. The pricing for parking is below.

Daily Rate (1st hour): FREEDaily Rate (2nd hour): \$2.00

• Daily Rate (each additional hour): \$1

Max Daily Rate: \$7.00 (per entry)

Having a headcount for the meeting is important. Remember to RSVP for each meeting through one of the numerous ways available. Read More

Meeting Program/Speaker

By Ann H. Golden

9-13-22 - Regular Meeting - CART Explained, Tiffany Ervin, Executive Director, The CART Fund

9-27-22 - Regular Meeting - Adult Illiteracy, Dr. Lisa Hall, Greenville Literacy Association

10-11-22 - District Governor Visit - Dr. Joyce Morin, Governor, Rotary District 7750

10-25-22 - Regular Meeting - Diversity & Economic Inclusion, Natasha Pitts, VP, Diversity &

Economic Inclusion, Greenville Chamber of Commerce

11-8-22 - Regular Meeting - *The Rotary Foundation*, Beth Padgett, District Foundation Chair

11-15-22 - MOVED FROM 11/22 - Polio Plus, Doug Kauffman, District Polio Plus Chair

09-22-2015 7 Years

Birthdays

No Birthdays Found

Wedding Anniversaries

Theresa Marchi September 5th

Sep 13 - Tiffany Ervin - District CART Chair

Tiffany Ervin is an award-winning keynote speaker, commercial spokesperson, sideline reporter, and television personality who operates an online reselling boutique on Ebay & Facebook Marketplace. She resides in Spartanburg, SC. She is also the part-time Executive Director for The CART Fund.

She served Rotary District 7670 (WNC) as Public Image chair, district conference chair (five times), Membership Chair and Assistant Governor before becoming District Governor in 2019-2020. She is past president of the Four Seasons Rotary Club and a Paul Harris Fellow +2. Tiffany currently serves as District Secretary and District Conference Chair for 2023 and 2024. She has served on various Zone 33/34 committees, including Chair of the Emerging Leaders program in 2021 and as an Innovative Clubs Advocate.



Tiffany was selected to lead breakout sessions at the 2015 & 2017 Rotary International Conventions in Brazil and Atlanta, as well as more than 250 other Rotary clubs, district conferences, PETS, trainings and seminars around the United States.

FUN FACTS Tiffany says she has "OCD" – Obsessive Christmas Disorder. She puts up 16+ Christmas trees decorated in various themes each year.

Meetings Via Facebook Live

Members continue to have the option of attending meetings in person or virtually. Virtual meetings will be accessible via Facebook Live. Go to the Club's Facebook page, or click here, to access the Facebook stream. Please do continue to use the email from Club Secretary, Prudence Taylor, to sign up for each meeting using DACdb.

From our Rotary Board

As we have shared previously, your Board evaluated the state of the club, and we have been in a large financial loss for some time now. Your Board has had numerous meetings over the last 2 months to evaluate the changes needed to sustain this club. Our last dues adjustment was in 2015 when dues increased from \$160 to \$170 per quarter. Our club has survived financially over the past several years with carryover money and dues paid during COVID. However, we all see and feel inflation in our economy; unfortunately, nonprofits and Rotary Clubs are not immune.

Here are some contributing factors to this situation:

- Loss of membership is the major contributing factor to the state of our club and the current financial hardship we face, mainly because dues were not adjusted upwards due to loss in membership.
- · The increased cost of dues to Rotary International
- The increased cost of dues to District 7750

Your Board has worked tirelessly over the past 2 months to develop a sustainable plan to balance our budget while keeping the membership cost as minimal as possible. In addition to increasing dues, the Board has found opportunities in the budget to remove expenses entirely or move the cost over as a Charities expense.

The Board has taken a hard look at our operating costs and reduced them to what we believe is our absolute bottom line for costs.

Item Annual Per Member

RI Dues	\$96
District Dues	\$43
Meals	\$506
Pledge to Foundation**	\$100**
Club Admin	\$155
TOTAL	\$900

^{**}Optional donation to the Foundation

What are these items and why do we need them (in layman's terms)?

RI Dues: Required dues to Rotary International in order to be recognized as a legitimate club.

District Dues: Required by District 7750 to be a part of this district with access to the district's resources.

Meals: Meals at the Commerce Club negotiated in our annual contract.

Foundation Pledge: Our club has held the esteem of being part of EREY (Every Rotarian Every Year) in Foundation giving. This is a privilege to obtain this status and hold it within our district.

DacDb: The platform our district uses to manage clubs. This is also a required cost.

Domain: The cost of having a domain registered with DacDb. Our domain is reedyriverrotary.org.

Zoom: Being able to record meetings and meet virtually occasionally. This was a key tool in Duck Derby meetings.

Microsoft: Having Microsoft 360 on the computers for when a guest speaker brings a PPT to share.

PETS: President-Elect Training Session. This is a required training session for President-Elects and President-Nominees to prepare for their new roles.

RLI: Rotary Leadership Institute. This is a three-session Rotary/leadership preparation course encouraged to all members, but specifically upcoming leaders.

To cover the above costs, each member's dues must increase to \$800 per year, an increase of \$120 per year over what you are currently paying. A dues increase is not due solely to recent growth in meal costs and venue change. As mentioned previously, there are various contributing factors. The increased meal cost pushed us to re-evaluate our numbers, but this would have been an inevitable decision even if we had paid the same cost for meals.

Some Rotary clubs augment dues with fundraisers, others rely strictly on dues, and some may even support all operating costs and dues with fundraisers. We moved away from fundraisers in the past, wanting to prevent burnout. However, with the increased dues, we are also entertaining some small fundraising opportunities to help sustain this club until we can bring on more members. Anyone interested in supporting that effort should get in touch with Alan Calloway who is leading that charge.

Please feel free to contact a Board member if you have questions. We will happily answer questions at the Rotary meeting Tuesday night after our vocational talks.

Yours in Rotary Service,

The Rotary Club of the Reedy River Board

This Month is . . .

Basic Education and Literacy Month

As Rotarians, our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy. We support education

for all children and literacy for children and adults. Around 17% of the world's population is illiterate.

It's Important to RSVP



You may have seen President Theresa's recent email asking you to reply to the emails you receive for meeting reservations. There's also a REGRET option included in those emails, so take advantage of that if you are unable to attend.

Secretary Prudence has short, informative emails that are colorful and ask you to *please reply to the RSVP*. Help us turn in an accurate headcount for meetings/food. It will be beneficial to all concerned!

Meet New Member Jose Garcia

Jose Garcia will be inducted at our next meeting. He was born and raised in Charleston, SC. Having grown up in what is considered the heart of this state, he carries the ideals close to his heart. In the South Carolina state crest, there are two quotes in Latin. The first being, "Animis Opibusque Parati" meaning "Prepared in Mind and Resources." Through his upbringing as a child, he was constantly placed in environments that promoted giving back and helping build up his community. This led to volunteering with orphanages, environmental projects, and being a part of his schools' honor society. As the years progressed and through family tradition, he decided to be all he could be by joining the military. He served one contract on active duty and a second in the SC national guard. While in service he constantly found opportunities to help local organizations and promote a philanthropic ideal. Once he had finished his time in the service, he decided to attend The Citadel and went on to graduate from there with a business degree. Today he looks in retrospect and feels that he was prepared to take on many different endeavors due to the countless teachers and programs offered through the SC school system.

The second quote in Latin on the state seal is, "Dum Spiro Spero", which means "While I Breathe, I Hope." He has often hoped for more opportunities to give back and help a community that often helped him. He knows that we as a group can have a major impact on any initiative that may come into fruition. One person can make a change, but it takes a collective effort. He is grateful for the opportunity to become a member of our club and hopes to enhance it however we deem fit. While he is not the best at public speaking or writing, he does have the eagerness to learn from those around me and wants to help strengthen the initiatives already at play.

Habitat for Humanity Gets Our Help



Habitat for Humanity needed painters and Club Members recently answered the call. Alan Calloway, Ann Golden, and Eric Krichbaum painted various walls in a Habitat community in Simpsonville. This neighborhood is one of many that Habitat is working to complete for low-income home owners, vetted for the neighborhood, who have gone through financial training and contributed sweat equity to gain ownership of their new homes. It truly is a wonderful program and we hope you'll join us at the next Habitat for Humanity event!

Polio Perspective from Medical School in Colorado

Is polio making a comeback?

By Erin Emory, UC Health (University of Colorado School of Medicine, University of Colorado Hospital)

After the state of New York announced recently that the virus that causes polio had been detected in wastewater in multiple communities, many people are now asking themselves: "Have I gotten my polio vaccinations?"

It's a very good question. Polio can lead to permanent paralysis of the arms and legs, and even death in some cases. The chances of getting polio, however, are low. According to the U.S. Centers for Disease Control and Prevention, 11 cases of polio have been confirmed in the U.S. during the first seven months of 2022.

<u>Dr. Michelle Barron</u>, senior medical director of infection prevention and control for UCHealth, has been concerned that the United States will begin to see more diseases emerge because during the COVID-19 pandemic, people put off routine immunizations, preventative health procedures like mammograms and colonoscopies, and yearly checkups with doctors.

"Our vulnerable population now is higher than it has ever been. There is no argument about the safety and effectiveness of vaccines that we've been using over and over," Barron said. "You can have feelings about COVID, but there are a lot of other vaccines that are extremely important, and you need to make sure that you are up to date, whether it is your kids or the adults."

The CDC recommends the following vaccines for children and adults.

"While I am passionate about people getting their COVID vaccines, I want to take that out of the equation just a bit for now so people can refocus their energy and say, 'oh yeah, I haven't had a tetanus, I really need to get that shingles shot.'

"The beauty of this is that most of these are available almost anywhere – at your local grocery store pharmacy or through your provider, so you don't have to go to this great effort to get them. All you have to do is go to the store and put it on your list. While you are shopping, stop and say, 'I'd like to get a vaccine and you can get it done.'

"I think we have put these things off too long. We will suffer for it. We will see other things starting to pop up and people are saying, 'what, I've never seen that.' Yeah, we never saw it because everybody got vaccinated."

As for the polio vaccine, a glance at <u>Colorado's school and child care immunization data</u> for 2021 shows that 94.86 percent of school-aged children are vaccinated against polio, which is good news. Since the CDC began tracking polio again in 2014, 689 people have acquired polio, with an increase in cases among young children, some of whom have had to cope with lasting paralysis. Polio is also known as acute flaccid myelitis, or AFM.

Below, Dr. Barron answers questions about polio.

What is polio?

Polio is a highly infectious disease caused by a virus. Once inside the body, it can attack the nervous system and cause paralysis in only a few hours.

How is polio transmitted?

It's an enterovirus, so fecal/oral spread is the most common way that the virus is transmitted. Virus particles found in fecal matter can be spread to the mouth via unwashed hands, or through food or drinks that have been contaminated.

Where is it found?

This is a disease that exists throughout the world, but in the United States it is incredibly rare because of vaccine. As part of your early childhood immunizations, you receive four doses of an inactive polio vaccine (IPV) and this protects you from getting polio. It's a very good, very effective vaccine that has been around for a very long time.

Is polio a threat in Colorado?

Yes, and no. The answer is, it depends. For individuals who have completed their normal childhood vaccinations – and most people would have met those because it is a requirement by public schools – they will be protected if they are inadvertently exposed.

The man in New York City who contracted polio was unvaccinated, and some of the concern about spread is in communities where vaccination did not occur. There are individuals in Colorado who don't get their vaccines, and we know this because if you look at our public ranking in terms of how compliant we are with vaccines, Colorado is not at the top of the list. That doesn't mean we are at the bottom of the list, but there are certainly going to be pockets in Colorado that are at risk.

Are children more susceptible than adults to polio?

They are because most adults have been vaccinated. But polio can affect adults and children. It is not specific to children or adults, but the idea is that adults have been vaccinated so they have that long-term immunity. Whereas children, especially if you are in early age, may still be in the process of getting the vaccine series.

Do we currently have herd immunity with polio?

Polio works on the idea of herd immunity, so the fact that people are exposed and vaccinated, it

just keeps your immunity up. Because everyone else has been protected, it doesn't seem to spread. We're lucky that that works most of the time, but there are some viruses that you have to have 99% herd immunity to be protected.

What are signs and symptoms?

Some people don't have any symptoms and most people will develop flu-like symptoms. You might have a mild fever, you might have body aches, you might feel fatigued. You might have some nausea and vomiting, you might have a sore throat. Does all of this sound familiar? That sounds like COVID, that sounds like flu, that sounds like monkeypox. That's the way it is, your body doesn't have a dominant response. Where it starts to become problematic is when you start to have neurological symptoms. You can start having numbness and tingling and then you actually can have paralysis from polio. And that's obviously where it can become dangerous for the individual because once it is in your spinal cord or your central nervous system, you can have long-term impact. Paralysis usually occurs in your legs. It can also affect your lungs, too.

Is there a proven treatment for polio?

No, it's supportive care. That's it. Obviously, when there are neurological defects associated with this, it is a long haul to try to get muscles to function again.

What if you don't know if you've gotten your polio vaccinations or not? What should you do?

Ask one of your parents or your caregivers. The rule is that if you went to public school, you were vaccinated unless there was some exception – and most people know that. I guess the question would be for those who are home-schooled. For anyone who went to higher learning, they would have to present documentation of their vaccines, whether it is public schools or colleges. You can check with your physician, too.

How is a dose of vaccine delivered?

It's a shot. Adults receive three doses. The second dose is one to three months after the first dose; the third dose is six to 12 months after the second.

For children, the CDC recommends that children get four doses of polio vaccine. They should get one dose at each of the following ages: 2 months old, 4 months old, 6 through 18 months old, and 4 through 6 years old.

Is the polio vaccine controversial?

No. Generally, the one that people fight against is measles, mumps, and rubella (MMR) and the myth that it was associated with autism. If someone was going to opt out of a vaccine, it was MMR and not polio. And there are those people who have taken the approach of no vaccines at all.

What if you don't know what vaccines you have been given? What should you do?

The best way to keep adults and children free of polio is through safe and effective immunization.

The CDC recommends that children get polio vaccine to protect against polio, or poliomyelitis, as part of the series of routine childhood vaccines. Inactivated polio vaccine (IPV) is the only polio vaccine that has been given in the United States since 2000. IPV is given by shot in the leg or arm, depending on the patient's age. Oral polio vaccine (OPV) is used in other countries.

Most adults in the United States were vaccinated as children and are therefore likely to be protected from getting polio.

Adults who completed their polio vaccinations but who are at increased risk of coming in contact with poliovirus may receive one lifetime IPV booster. Some adults might not have received all recommended doses of either OPV or IPV and therefore might not be sufficiently protected against

polio. Adults who are incompletely vaccinated should get or complete their polio vaccinations with IPV.

Events Where WE Can Serve

Thanks to great work by the Community Service Committee, we have many opportunities to serve. Check out the events below and use DACdb to sign up.

RESCHEDULED - 9-17-22 - ADOPT-A-ROAD - 9am-Noon - Come join fellow Club Members as we clean our section of Conestee Lake Road. Wear clothes appropriate for picking up trash; bring a pair of gloves, water, and a hat/sunscreen if it is sunny. All other supplies will be provided including trash bags, work vests, and "picker" sticks. You're the only thing needed to complete the project which will start at 9am and go until Noon (or earlier if we finish sooner). Meet at the parking lot at **202 Conestee Road** (in front of Bosco Baby's Restaurant and Catering). This can be tricky even with a GPS so take your time to look for Bosco Baby's Restaurant near the intersection (less than 50 feet on your right if coming from Mauldin Road) of Conestee Lake Road and Conestee Road. Sign up at DACdb or through Eric Krichbaum's email on this topic.

9-21-22 - PACK MEALS FOR MEALS ON WHEELS - 8-10am - Club members will help Meals on Wheels pack meals supporting the daily meal delivery program on Wednesday, September 21st, from 8 to 10 am. MOW is located at 15 Oregon Street, Greenville.

MOW's current policies for meal packing are:

- 1. Volunteers must wear closed toe, rubber-soled shoes (tennis shoes are great)
- 2. Volunteers must wear shirts with sleeves (short sleeves are great but no sleeveless tops)
- 3. Volunteers are required to wear a face mask when in the kitchen.
- 4. Volunteers are required to wear a hair net (provided) or may bring a ball cap to wear instead
- 5. Please park in the upper parking lot upon arrival; to the left when facing the building
- 6. Please arrive 5-10 minutes before the 8am start time for a brief orientation

Don't forget to sign up for Meals on Wheels through DACdb or another source containing an RSVP.

Come join in the fun! As you know, the Rotary Club of the Reedy River adds another line to the 4-Way test making our fifth tenet, "Will it be fun!?!!"

Remember that there are on-going service opportunities available that are listed on our DACdb calendar. When you perform service, be sure to let <u>Eric Krichbaum</u> know the date and time of your service so it can be logged into the Club's data.

Sep 19 - Health & Happiness



WE ARE THE HOSTS THIS MONTH!

Reedy River Rotary is the host Club for September's Health & Happiness taking place on Monday, August 19th at The Flat. Please RSVP to the Pmail you receive and come join us for a fun Happy Hour with a great menu and nice selection of draft and craft beers, along with a full bar. The event is from 5pm to 7pm. *If anyone can help Laurie Rappl get set up, please let Laurie or Meg Coffey know.* Set-up should take place around 4:30pm to be ready for the arrival of Rotarians from the Upstate. The Flat is located at 1606 Woodruff Road, Greenville.

The advantage to being the host Club is we receive the other half of the 50/50 raffle to put towards a charity of our choice. The more people that attend, the higher our earnings.

Each person needs to RSVP through DACdb or Suzy Tumblin - SuzyTumblin@KW.com
(so the restaurant can be prepared to accommodate the right size group) and bring \$5 CASH for entry.
Sign up at DACdb so you can be counted.

There will be a 50/50 drawing where half will go to the winner while the other half will go to Rotary Charities of the hosting club.

All Health and Happiness mixers are held on the 3rd Monday of the Month.

Healthy clubs are Happy clubs and Happy clubs are HEALTHY clubs!

Come Grow With Us! Potential Rotarians WELCOME! (Just bring your \$5)

Share this with those friends who you think would like to learn more about (and join)
Rotary!

Questions about this event: call Suzy Tumblin 864-275-6882

Sep 24 - Buddy Up at Mauldin Miracle League Baseball

The Mauldin Miracle League believes every child deserves a chance to play baseball. They are asking for the members of the Reedy River Rotary Club to join them as "Buddies" for the games on Saturday, September 24th. Participating members are to arrive between 8:30 and 8:45am for orientation and a determination for three, rather than the usual two games. If three games, the first will start at 9am. If only two games, the first one will start at 10am followed by another game starting at 11am. The games last until Noon and are played at Sunset Park, 211 Fowler Cir, Greenville, SC 29607. Sign up through DACdb.

Oct 8 - Duck Derby Inventory

Join fellow Club Members to help inventory current souvenirs. The event will be on Saturday, October 8th, from 9 am to noon. In case of rain, the date will be October 15th. The Shed is located at 1868 Woodruff Road (next to Lidl). The gate code is 1052*. We are in unit H6 (forward to last row and turn left). Many hands make light work so sign up through DADdb and join in the service.

Contribute to The Quacker

If you are unable to use EzStory in DACdb, submit something for *The Quacker* by emailing the information to megcoffey@yahoo.com. Submissions must be received by the Wednesday prior to the next meeting.

Club Mailing Address

Please use this address for all club correspondence, remitting dues (unless you pay online), and Duck Derby business.

Rotary Club of Reedy River Greenville Box # 500 325 Rocky Slope Rd, Suite 104 Greenville, SC 29607

Speakers

September 13th Tiffany Ervin CART Explained September 27th Dr. Lisa Hall Adult Illiteracy

Club Meeting

The Reedy River Greenville
Meets at The Commerce Club (2nd & 4th Tuesdays Only)
55 Beattie Place Floor 17
Greenville, SC 29601
Time: Tuesday at 05:30 PM

Club Leaders

Fund Raising Chair Club Executive Secretary

Rachel Rutkowski Theresa Marchi Alan Stewart Calloway Past President President-Elect President-Nominee President Sergeant-at-Arms Public Image/PR Chair Prudence Ann Taylor Laurie M. Rappl Meghan A. Coffey Club Admin Chair Treasurer **Bulletin Editor** RYLA Chair Secretary Edward F. Irick III Rami Elmarkiz-Sami Michael Sandy Wright Club Admin Chair Club Director Club Director Club Director

Mark William BaconEric Michael KrichbaumRotary Foundation ChairService Projects Chair

Melissa Michael Literacy Chair Ann H. Golden Program Chair Club Director Vocational Service Chair

Robert L Brown Jr. iPast President

<u>James T. Mullikin</u> Assistant District Governor