

DG Allen Quigley presents:



<https://rotary7730.org>

Events

April 8th
District Chair Meetings - 2nd Monday of Month at 4:00 pm

April 8th
AG Meeting - 2nd Monday of Month at 5:30 pm

April 15th
DG Meeting-1st, 3rd, 4th Monday at 10:00 am

April 19th
District Conference Sponsorship

April 19th
7730 District Conference- Now Closed! Contact Lin Kelly

April 19th
Unveiling the Impacts of Adverse Childhood Experiences

April 19th
New Member - Lunch and Learn - CANCELLED

April 22nd
DG Meeting-1st, 3rd, 4th Monday at 10:00 am

April 25th
South Brunswick Islands - Brunswick Interagency Program (BIP)

April 27th
District 7730 Day of Service - Save the Date! More to come!

May 1st
Wilmington Annual Leaders in Service Awards Banquet

May 6th
Articles Due for District 7730 Newsletter

May 6th
DG Meeting-1st, 3rd, 4th Monday at 10:00 am

May 6th
District DEI Committee Zoom Meeting

May 13th
District Chair Meetings - 2nd Monday of Month at 4:00 pm

May 13th
AG Meeting - 2nd Monday of Month at 5:30 pm

May 17th
New Member - Lunch and Learn - 3rd Friday of Month- 12 pm

**“What we know matters, but who we are matters more”
Brene Brown**

District Conference Friday Events

District Conference - Now that you're registered!

Over 160 have registered for the District Conference! It's going to be A LOT of un and we're all looking forward to learning, eating and networking!

These two District Conference Events are still open



Scotch Tasting - sponsored by Meineke Motors of Leland - over 35 have registered, but there are a couple of seats still available. Invite a friend and/or potential member. Tickets ar \$75.00. If you are still interested, contact Lin Kelly at lin@linkelly.com

Pre-Conference Workshop - "Unveiling the impact of Adverse Childhood Experiences" - is open to the public. Presented by our Ending Child Abuse Rotary Club and One Place. You don't need to be registered for the conference to attend. We would like an idea if you are coming so use the link below to register. It will be held at the Hotel Ballast on Friday, April 19th from 10:00 am to noon.CLICK HERE TO REGISTER****



May 18th
[Fore! Kids Golf Tournament Sponsorship Opportunities](#)

May 18th
[Fore! Kids Golf Tournament Foursome Opportunity](#)

May 20th
[DG Meeting-1st, 3rd, 4th Monday at 10:00 am](#)

May 27th
[DG Meeting-1st, 3rd, 4th Monday at 10:00 am](#)

May 31st
[Golf Tournament Wilmington Cape Fear](#)

June 3rd
[Articles Due for District 7730 Newsletter](#)

June 3rd
[DG Meeting-1st, 3rd, 4th Monday at 10:00 am](#)

June 3rd
[District DEI Committee Zoom Meeting](#)

June 10th
[District Chair Meetings - 2nd Monday of Month at 4:00 pm](#)

June 10th
[AG Meeting - 2nd Monday of Month at 5:30 pm](#)

June 21st
[New Member - Lunch and Learn - 3rd Friday of Month- 12 pm](#)

June 29th
[Club Awards and Installation-Save the Date](#)

3 Successful Mental Health Workshops Completed!



Over 40 members completed the Mental Health First Aid training in the district counties of Carteret, Brunswick and New Hanover.

Conducted by our partner, Veterans Services of the Carolinas, it provided attendees with education and awareness around the myriad of mental health situations that we may encounter.

The training doesn't make us qualified mental health practitioners, but it does give us the tools to implement a Mental Health First Aid Action Plan - Approach, Assess, Listen, Give, and Encourage. We also learn about services that are available to anyone in a Mental Health situation.

Don't suffer in silence - call 988 if you or a friend is in distress or considering suicide.



Paul Harris Proud!

Take advantage of matching points to be a Paul Harris Fellow. Talk with your president or club foundation chair to learn how easy it is to reach your next level of Paul Harris Fellow this year. Make your club a 100% PHF club!



Get Your Club Recognized - District Governor Award

Your club may already be there! The Award form has been sent to all club presidents. It's an easy entry in DACdb to keep track of progress. Go to the District Tab in DACdb, click on the Governor Awards Icon. Then click on Enter Activity on the left.

Let's see how many clubs will qualify this year and be recognized at the District Awards Ceremony on June 29th!

The Work Continues for Ukrainian Families

We continue to support families who have moved to our area, as well as those still trying to arrive.

You can donate through the District Disaster Relief 501c3, GoFundMe campaign, or donations through the Wilmington East Rotary Charitable Trust (WERCT).

- To make a donation through the District 501c3, contact iPDG Nancy Carr at nancycarr.rotary7730dg@gmail.com
- Wilmington East Rotary Charitable Trust (WERCT), PO Box 373, Wrightsville Beach, NC 28480
- Gofundme: <https://www.gofundme.com/f/nadiia-boitsova>

For questions or more details, contact Dan Parks, Wilmington East, parksd7272@gmail.com, or Pat Curley, pwcurley@gmail.com.

Incoming Public Image Chairs - Don't miss this!



TUESDAY, APRIL 23 @6PM EDT

Register now at elevatorotaryzones3334.org.

Fantastic News from CART

2024 Grants Set New Records!

Thanks to YOUR support of CART, we are pleased to announce FIVE research grants will be presented in 2024 totaling a record \$1.4 M!



Yours in Rotary Service,

DG Allen
District Governor 2023-24
