

Rotary



Rotary Club of West Raleigh

RCWR Weekly Bulletin 08.23.23

Wednesday, August 23, 2023

Join Zoom Meeting

<https://us06web.zoom.us/j/71532040548?pwd=DOMeo0xrY5mw6h17bb8aBgk88ffBC.1>

Meeting ID: 715 3204 0548

Passcode: 810120

1 301 715 8592 US (Washington DC)

Meeting ID: 715 3204 0548

Passcode: 810120

NOTE: There will not be a meeting next Friday, September 1 in celebration of Labor Day! The Next Board Meeting will be held September 15 in the conference room.

Invocation, Pledge, and Guest(s) Introductions: Lana Hall

We will welcome our USCRI family as guests this week – Bulongo and Neria. For all RCWR members that have provided such a wonderful impact in their lives, please come to greet them and be seated with them as space is available.

Introduction, Speaker, and Topic:

Introduction of Speaker: Sara Ann Hiatt

Speaker – Anjana Rathore – The Heath Benefits from Yoga

- **Contributions to Maui, HA Relief** – Thank you all members who dressed in tropical attire last Friday and donated to the Maui Relief. It's not too late to contribute if you feel led. Please consider donations to the Maui Relief Fund on August 25th. Checks can be made out to RCWR (with a note in the memo line for Rotary District/Maui Relief or cash contributions are accepted as well.
- **Rotary Club Polo Shirt Day – 8/25! – Please wear your RCWR Polo Shirt to our meeting on August 25. New colors galore!** *We'll be submitting a single order from RCWR. Please look at the available colors via the link below to select your color. Please look for the sign-up sheet with size and color with Dan on Friday, August 25th. Payment will be collected once we've determined the price based upon the number of shirts/colors/sizes requested.*

<https://www.bestclubsupplies.com/custom-RP97.asp>

- **Monthly Fellowship Outings** – Our next one will be held on September 12 from 5:00 – 7:00 at the Mordecai Beverage Company. The address is off Capital Blvd. at 2425 Crabtree Blvd, Raleigh. It is in the Gateway Plaza Shopping Center. There is plenty of parking and outdoor seating.

Please NOTE: I will be posting weekly reminders on our calendar in the future on the side-bar of this Weekly Bulletin. Same place as speakers, birthdays, and years of service.

- **RLI Upcoming Training Opportunities** – On-Line and In Person. If you have never attended a RLI training, you would begin with Part I. [Program and Courses | RLI Mid-Atlantic \(midatlanticrli.org\)](https://www.midatlanticrli.org)

SERVICE Opportunities:

- **Meals on Wheels** – Only a few slots remain for August and September. Awesome response

Club Meeting

West Raleigh
Meets at 4200 Hillsborough St,
Raleigh, NC 27606 AND virtually
via Zoom until further notice.

4200 Hillsborough Street
Raleigh, NC 27606

Time: Friday at 12:30 PM

Speakers

August 25, 2023

Anjana Rathore
Health Benefits of Yoga

September 01, 2023

No Rotary - Labor Day
Weekend

September 08, 2023

Jonathan Coulter
Home Energy Eff. - New Tech
and Best Bang for the Buck

September 08, 2023

Jonathan Coulter
Home Energy Eff. - New Tech
and Best Bang for the Buck

September 12, 2023

Austin Drum
Monthly Fellowship Outing: The
importance of fellowship to
building Rotary Service

September 15, 2023

Marianne Chanti-Ketterl
Healthy Living for your Brain

September 22, 2023

Kevin Cecil
West Raleigh Rotary Foundation

Birthdays

Geoffrey A Benson
August 31st

Adewale Ejire
September 2nd

Years of Service

Kevin M. Brice
08-25-2006
17 Years

Alan Winstead
08-24-2007
16 Years

Jose Trinidad Ascencio-Ibanez
08-28-2015
8 Years

Kevin N. Martin
09-08-2017
6 Years

last week.

The dates are listed below with the number of volunteers needed.

1. September 18 – Need 1.
2. October 2 – need 4.
3. November 16 – need 4.

[Rotary Club of West Raleigh: Volunteers for Meals on Wheels \(signupgenius.com\)](https://www.signupgenius.com)

- **ALL Slots remain open for the PLOW Garden** – Volunteers are needed for the month of August. 1 volunteer/per slot and it only takes about 30 minutes. Sign-Up: [RCWR: PLOW Community Garden \(signupgenius.com\)](https://www.signupgenius.com)
- **Pollinator Garden** is still in full swing! August slots are completed. There are open slots through the end of September. <https://www.signupgenius.com/go/5080D49A8A729A75-pollinator>

Everyone, please remember to take photos and share them expeditiously with Laurie as public image is key in our social awareness and growing our membership. If you are not aware of our FB, LinkedIn and Instagram access to review her posts, please reach out.

Muquarrab A. Qureshi
09-13-2019
4 Years
Daniel A Lindsey
09-13-2019
4 Years
Adewale Ejire
09-22-2021
2 Years