

# Rotary

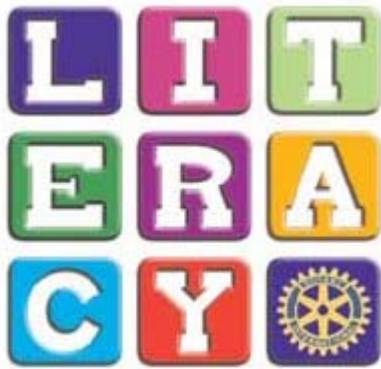


## Club of Gastonia-Evening

### Books For Kids, Promoting Literacy



Book Drive during the month of September. Gastonia Evening Rotary club is gathering books during the month of September. If you would like to participate in the book drive please contact us. We will be glad to pickup your new and gently used books and deliver them to a Title-1 school in Gaston County.



### Agenda

Call to Order

Prayer and Pledge of Allegiance

Happy Dollars and Good News

Announcements, Birthdays, Anniversaries

Review of Upcoming Events

Introduction of Speaker

The Four Way Test:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

Will it be FUN?

**September 17 - Speaker: Rebecca Hetherington - Restore Cryotherapy**

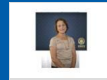
### Club Meeting

Gastonia-Evening  
Meets at Please call Dennis Lee at 704-718-3213 for meeting location. Tentatively at Viva Tequis Mexican Restaurant upstairs 238 W. Main Ave Gastonia NC 28052 # 704 2156722 Come visit us!  
Viva Tequis Mexican Restaurant upstairs 238 W. Main Ave  
Tuesday's at 5:30 sharp  
Gastonia, NC 28052  
Time: Tuesday at 05:30 PM

### Club Leaders



Ann Sikorski  
President



Jaclyn S. Gonzalez  
President-Elect



Karen Diane Guffey  
Attendance Secretary  
Club Executive Secretary  
Secretary



Pat Wannamaker  
Executive Club Treasurer  
Treasurer



Dennis J. Lee  
Public Relations Chair



Jimmy Dale  
Sergeant-at-Arms



Lisa Dale  
Sergeant-at-Arms



Stephanie Fridley Hartman  
Membership Chair



Matthew E. Tippet  
Sergeant-at-Arms



Esta Wannamaker  
Rotary Foundation Chair

Vernon Vaughn

Speaker: Rebecca Hetherington - Restore Cryotherapy



Launched in Austin, TX, Restore is expanding across the U.S. Restore is now the leading retail provider of Hyper Wellness services in the United States. We coined the phrase Hyper Wellness because it exemplifies our approach: offer cutting edge services that produce dramatic results, make people feel better every time they visit, and hyper stimulate the body's natural defense mechanisms. For us, Hyper Wellness is a lifestyle that we believe improves the lives of our customers.

## September 24 - Dr. Tunis Hunt - Hunt for Wellness

Hunt for Wellness



*Dr. Tunis Hunt Sr.*

Your body is an amazing organism! You have trillions of cells, hundreds of organs and over a dozen systems all working together! In other words, you are more than just a Thyroid, a Gut, or a Heart. Unfortunately, this is how we are often treated by many of our health care professionals. Most of the time we are given a diagnosis, put in a treatment box, and told to just "live" with our condition.

What if instead of "chasing" symptoms, a comprehensive approach was taken to uncover the underlying "root" cause of your health concerns? Instead of simply taking another pill you were given answers and guidance on how you can NATURALLY improve upon your health? Our unique BioSpecific Wellness Program does just that!

## October 1 - Herbalife Nutrition



iPast President



Sharon Heinrich  
Assistant Governor- Gaston County

### District Leaders



Beth E. PS Trotter  
District Governor



John Michael Walker  
DG - Elect



Nicolino Iannelli  
DG - Nominee

### Events/Speakers

September 17th

**Speaker: Rebecca Hetherington - Restore Cryotherapy**

**Speaker:** Rebecca Hetherington

**Subject:** Restore Cryotherapy

September 24th

**Speaker: Dr. Tunis Hunt - Hunt for Wellness**

**Speaker:** Dr. Tunis Hunt

**Subject:** Hunt for Wellness

October 1st

**Speaker: Kristen Lucas - Herbalife**

**Speaker:** Kristen Lucas

**Subject:** Herbalife

October 6th

**Pick the Rotary Community Garden: Sunday, October 6**

October 8th

**Pick the Rotary Community Garden: Tuesday, October 8**

October 8th

**Club Social**

October 10th

**Clone-Pick the Rotary Community Garden: Thursday, October 10**

### Birthdays



Pennie Miller Thrower  
September 20th



Beth Cobb  
September 20th



Pat Wannamaker  
September 27th



*Kristen Lucas*

Herbalife Nutrition is a global nutrition company whose purpose is to make the world healthier and happier. We have been on a mission for nutrition - changing people's lives with great nutrition products & programs - since 1980. Together with our Herbalife Nutrition independent distributors, we are committed to providing solutions to the worldwide problems of poor nutrition and obesity, an aging population, sky-rocketing public healthcare costs and a rise in entrepreneurs of all ages. We offer high-quality, science-backed products, most of which are produced in Company-operated facilities, one-on-one coaching with an Herbalife Nutrition independent distributor, and a supportive community approach that inspires customers to embrace a healthier, more active lifestyle.

Our targeted nutrition, weight management, energy and fitness and personal care products are available exclusively to and through dedicated Herbalife Nutrition distributors in more than 90 countries.

Through our corporate social responsibility efforts, Herbalife Nutrition supports the Herbalife Family Foundation (HFF) and our Casa Herbalife programs to help bring good nutrition to children in need. We are also proud to sponsor more than 190 world-class athletes, teams and events around the globe, including Cristiano Ronaldo, the LA Galaxy, and numerous Olympic teams.

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Chad Stedman Melvin IV  
September 29th

## Wedding Anniversaries

No Wedding Anniversaries Found

## Club Member Anniversaries



Chad Stedman Melvin IV  
10-16-2012  
7 Years