

Rotary

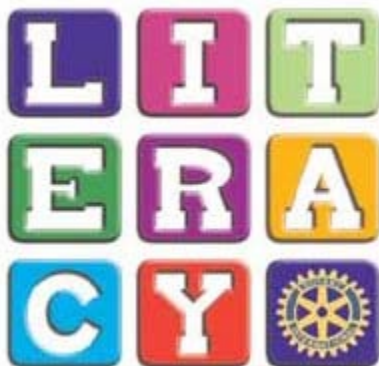


Club of Gastonia-Evening

Books For Kids, Promoting Literacy



Book Drive during the month of September. Gastonia Evening Rotary club is gathering books during the month of September. If you would like to participate in the book drive please contact us. We will be glad to pickup your new and gently used books and deliver them to a Title-1 school in Gaston County.



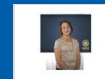
Club Meeting

Gastonia-Evening Meets at Please call Dennis Lee at 704-718-3213 for meeting location. Tentatively at Viva Tequis Mexican Restaurant upstairs 238 W. Main Ave Gastonia NC 28052 # 704 2156722 Come visit us! Viva Tequis Mexican Restaurant upstairs 238 W. Main Ave Tuesday's at 5:30 sharp Gastonia, NC 28052 Time: Tuesday at 05:30 PM

Club Leaders



Ann Sikorski
President



Jaclyn S. Gonzalez
President-Elect



Karen Diane Guffey
Attendance Secretary Club Executive Secretary Secretary



Pat Wannamaker
Executive Club Treasurer Treasurer



Dennis J. Lee
Public Relations Chair



Jimmy Dale
Sergeant-at-Arms

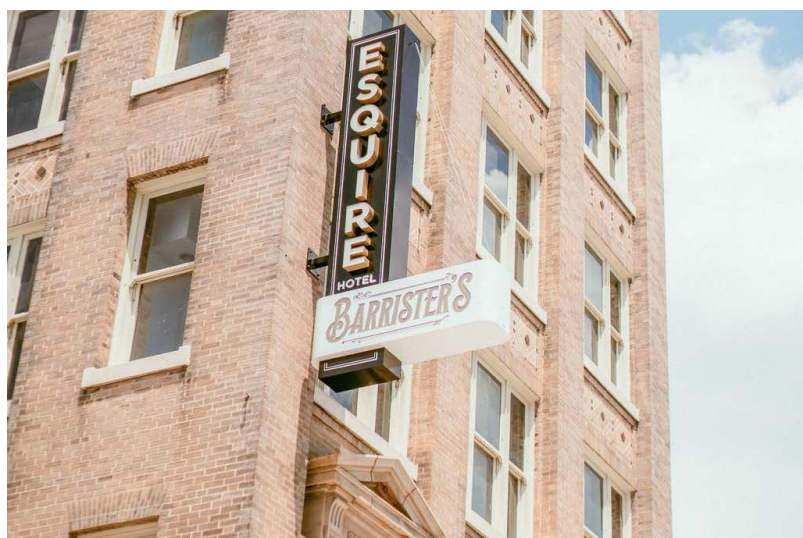


Lisa Dale
Sergeant-at-Arms

Stephanie

September 10 - Club Social at Esquire

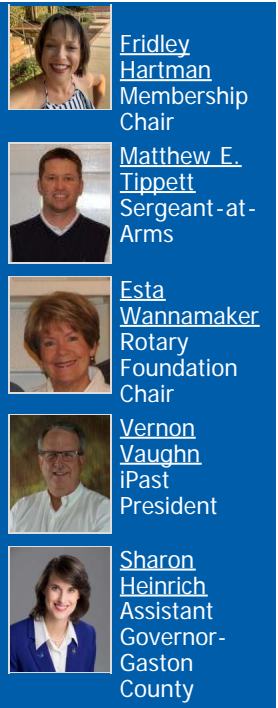
Club Social at Esquire. Starts at 5:30 pm.



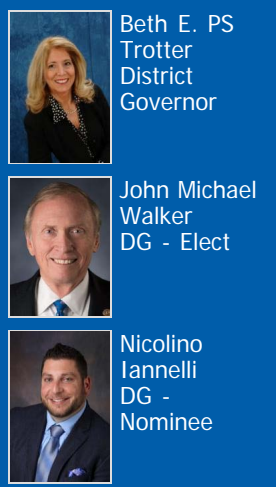
168 West Main Avenue, Gastonia, NC 28052 Join the Gastonia Evening Rotary club for a relaxing evening. We will be enjoying the newly renovated hotel in downtown Gastonia. Please come out and join us for a great evening.

9-11 Rotary Means Business meeting at TeachWorks

Rotary Means Business meeting.



District Leaders



Greetings Fellow Rotarians!

I hope you consider the benefits of attending these meetings and bringing a guest. RMB events will ABSOLUTELY help you INCREASE your Rotary Club membership and IMPROVE engagement, it's already been proven. RMB is the perfect tool for:

- Getting to know your fellow club members at a deeper level.
- Getting to know other Rotarians that you don't have the opportunity to meet with regularly.
- Representing your club and telling your story to those who may be curious about Rotary.
- Talking business! We don't talk much about what we do and how we can help each other during regular meetings so RMB creates that environment.

I hope you can join us next Wednesday, and more importantly, I hope you can bring a guest or two and introduce them to [RMB's Professional Relationship Building Event](#).

- FREE event at TeachWorks (52A Ervin St. Belmont)! Includes appetizers and cash bar.
- Registration: 4:30pm-5pm & structured networking: 5pm-6:30pm.
- Estimated 40+ in attendance, 25+ local Rotary Clubs invited.
- Build mutually beneficial relationships with fellow Rotarians.
- Introduce a guest to fellow Rotarians.

Events/Speakers

- September 10th **Club Social**
- September 17th **Speaker: Rebecca Hetherington - Restore Cryotherapy**
Speaker: Rebecca Hetherington
Subject: Restore Cryotherapy
- September 24th **Speaker: Dr. Tunis Hunt - Hunt for Wellness**
Speaker: Dr. Tunis Hunt
Subject: Hunt for Wellness
- October 1st **Speaker: Kristen Lucas - Herbalife**
Speaker: Kristen Lucas
Subject: Herbalife
- October 6th



Rotary District 7680



Serving North Carolina and the World

September 17 - Speaker: Rebecca Hetherington - Restore Cryotherapy

Speaker: Rebecca Hetherington - Restore Cryotherapy



Launched in Austin, TX, Restore is expanding across the U.S. Restore is now the leading retail provider of Hyper Wellness services in the United States. We coined the phrase Hyper Wellness because it exemplifies our approach: offer cutting edge services that produce dramatic results, make people feel better every time they visit, and hyper stimulate the body's natural defense mechanisms. For us, Hyper Wellness is a lifestyle that we believe improves the lives of our customers.

September 24 - Dr. Tunis Hunt - Hunt for Wellness

Hunt for Wellness



Dr. Tunis Hunt Sr.

Your body is an amazing organism! You have trillions of cells, hundreds of organs and over a dozen systems all working together! In other words, you are more than just a Thyroid, a Gut, or a Heart. Unfortunately, this is how we are often treated by many of our health care professionals. Most of the time we are given a diagnosis, put in a treatment box, and told to just "live" with our condition.

What if instead of "chasing" symptoms, a comprehensive approach was taken to uncover the underlying "root" cause of your health concerns? Instead of simply taking another pill you were given answers and guidance on how you can NATURALLY improve upon your health? Our unique BioSpecific Wellness Program does just that!

October 1 - Herbalife Nutrition



HERBALIFE.

**Pick the Rotary
Community Garden:
Sunday, October 6**

October 8th

**Pick the Rotary
Community Garden:
Tuesday, October 8**

October 8th
Club Social

Birthdays



Amanda G
Hibberts
September
10th



Pennie Miller
Thrower
September
20th



Beth Cobb
September
20th



Pat
Wannamaker
September
27th



Chad
Stedman
Melvin IV
September
29th

Wedding Anniversaries

No Wedding
Anniversaries Found

Club Member Anniversaries

No Years Of Service
Found



Kristen Lucas

Herbalife Nutrition is a global nutrition company whose purpose is to make the world healthier and happier. We have been on a mission for nutrition - changing people's lives with great nutrition products & programs - since 1980. Together with our Herbalife Nutrition independent distributors, we are committed to providing solutions to the worldwide problems of poor nutrition and obesity, an aging population, sky-rocketing public healthcare costs and a rise in entrepreneurs of all ages. We offer high-quality, science-backed products, most of which are produced in Company-operated facilities, one-on-one coaching with an Herbalife Nutrition independent distributor, and a supportive community approach that inspires customers to embrace a healthier, more active lifestyle. Our targeted nutrition, weight management, energy and fitness and personal care products are available exclusively to and through dedicated Herbalife Nutrition distributors in more than 90 countries. Through our corporate social responsibility efforts, Herbalife Nutrition supports the Herbalife Family Foundation (HFF) and our Casa Herbalife programs to help bring good nutrition to children in need. We are also proud to sponsor more than 190 world-class athletes, teams and events around the globe, including Cristiano Ronaldo, the LA Galaxy, and numerous Olympic teams.
