

Rotary



Club of Gastonia-Evening

Agenda

Call to Order

Prayer and Pledge of Allegiance

Happy Dollars and Good News

Announcements, Birthdays, Anniversaries

Review of Upcoming Events

Introduction of Speaker

The Four Way Test:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

Will it be FUN?

Sept 3 - Beth E. PS Trotter, District Governor, will be addressing the Gaston Evening Rotary Club

Beth E. PS Trotter, District Governor, will be addressing the Gaston Evening Rotary Club.

Tuesday, September 3, 2019

Club Meeting

Gastonia-Evening

Meets at Please call Dennis Lee at 704-718-3213 for meeting location. Tentatively at Viva Tequis Mexican Restaurant upstairs 238 W. Main Ave Gastonia NC 28052 # 704 2156722 Come visit us!

Viva Tequis Mexican Restaurant upstairs 238 W. Main Ave

Tuesday's at 5:30 sharp

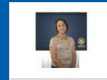
Gastonia, NC 28052

Time: Tuesday at 05:30 PM

Club Leaders



Ann Sikorski
President



Jaclyn S. Gonzalez
President-Elect



Karen Diane Guffey
Attendance Secretary
Club Executive Secretary
Secretary



Pat Wannamaker
Executive Club Treasurer
Treasurer



Dennis J. Lee
Public Relations Chair



Jimmy Dale
Sergeant-at-Arms



Lisa Dale
Sergeant-at-Arms



Stephanie Fridley Hartman
Membership Chair



Matthew E. Tippet
Sergeant-at-Arms



Esta Wannamaker
Rotary Foundation Chair

Vernon Vaughn



Beth E. PS Trotter
District Governor

September 10 - Speaker: Rebecca Hetherington - Restore Cryotherapy

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Launched in Austin, TX, Restore is expanding across the U.S. Restore is now the leading retail provider of Hyper Wellness services in the United States. We coined the phrase Hyper Wellness because it exemplifies our approach: offer cutting edge services that produce dramatic results, make people feel better every time they visit, and hyper stimulate the body's natural defense mechanisms. For us, Hyper Wellness is a lifestyle that we believe improves the lives of our customers.

September 24 - Dr. Tunis Hunt - Hunt for Wellness

Hunt for Wellness



iPast President



Sharon Heinrich
Assistant Governor- Gaston County

District Leaders



Beth E. PS Trotter
District Governor



John Michael Walker
DG - Elect



Nicolino Iannelli
DG - Nominee

Events/Speakers

September 3rd
DG Official Visit - Gastonia-Evening
Speaker: Beth E Trotter
Subject: DG Official Visit

September 10th
Field Trip!!!

September 17th
Speaker: Rebecca Hetherington - Restore Cryotherapy
Speaker: Rebecca Hetherington
Subject: Restore Cryotherapy

September 24th
Speaker: Dr. Tunis Hunt - Hunt for Wellness
Speaker: Dr. Tunis Hunt
Subject: Hunt for Wellness

October 15th
Field Trip!!!



Dr. Tunis Hunt Sr.

Your body is an amazing organism! You have trillions of cells, hundreds of organs and over a dozen systems all working together! In other words, you are more than just a Thyroid, a Gut, or a Heart. Unfortunately, this is how we are often treated by many of our health care professionals. Most of the time we are given a diagnosis, put in a treatment box, and told to just "live" with our condition.

What if instead of "chasing" symptoms, a comprehensive approach was taken to uncover the underlying "root" cause of your health concerns? Instead of simply taking another pill you were given answers and guidance on how you can NATURALLY improve upon your health? Our unique BioSpecific Wellness Program does just that!

Birthdays



Amanda G Hibberts
September 10th



Pennie Miller Thrower
September 20th



Beth Cobb
September 20th



Pat Wannamaker
September 27th



Chad Stedman Melvin IV
September 29th

Wedding Anniversaries

No Wedding Anniversaries Found

Club Member Anniversaries

No Years Of Service Found