



## WEEKLY NEWSLETTER/MEETING NOTES

JANUARY 27, 2023



### Club Service, Birthdays and Anniversaries: Anniversaries:

#### Birthdays:

- Dr Mac - January 28
- Matt Smith - January 28
- Kevin Holbrook - February 1
- Ray Allen - February 1

#### Wedding Anniversaries:

### Weekly Program - Pamela Sullivan - Stanly County Senior Services

Pamela used a BINGO game to tell us all about the programs at the Stanly County Senior Services, which include:

- Legal Aid (help with wills, POA etc)
- Are you OK? (reassurance service)
- Transportation services thru SCUSA
- Blood pressure checks
- Basket weaving
- Information and Assistance
- SHIP plan assistance and navigation
- Medicare 101 classes
- Wellness classes
- BINGO games
- Food delivery services
- Alzheimer's support
- Veteran's Club (monthly breakfast)
- In-home services
- Exercise classes
- Card games
- Trips

#### Greeter:

#### Invocation:

**Song:** My Country Tis Of Thee

#### Announcements:

- Winter Social was a huge success - thanks to the committee
- Sign up online at [dacdb.com](http://dacdb.com) to join the Polio Plus Society (\$100 per year)
- Women in Rotary event Feb 16 in Charlotte
- Scouting For Food event - bring non-perishable food items to Rotary on Feb 2 to support Troop 191
- Chamber annual meeting February 2, 5:30pm Atrium Health Stanly
- Rotary Golf Tournament Wed May 10
- January Historical Society meeting January 30

**Health & Happiness:** Dr Johnsen - born on this day: Louis Silvie Zamperini was an American World War II veteran and an Olympic distance runner. He took up running in high school and qualified for the United States in the 5,000 m race for the 1936 Berlin Olympics, finishing 8th while setting a new lap record in the process.

#### CLUB INFO:

Albemarle Club #6051

web site: [albemarlencrotaryclub.org/](http://albemarlencrotaryclub.org/)

Facebook: [facebook.com/Albemarle-Rotary-Club-128519389623/](https://www.facebook.com/Albemarle-Rotary-Club-128519389623/)

Rotary District 7680 web site: [rotary7680.org](http://rotary7680.org)

#### Upcoming programs:

- February 2 - Paul Hoben, Railway
- February 9 - Mr Diggs, Prison Warden
- February 16 - Maya Hoon, NCDOT
- February 23 - Rebecca True -Daymark

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