



Club of Asheville THE COG

Tuesday, November 22, 2022



Club Meeting

Asheville Weets at TUTON HALL, TRINITY EPISCOPAL CHURCH--Proof of Covid-19 vaccination or recent (72 hrs) negative Covid-19 test required to attend in-person. To request a Zoom simulcast link email avirotary1915@gmail.com 60 Church St Asheville, NC 28801 Time: Thursday at 12:30 PM

Speakers

December 01, 2022 Andy Barnett Asheville Habitat for Humanity

December 08, 2022 Bill Sederburg Broadband Access in WNC

December 15, 2022 George Glackin Hatch AVL and Asheville's Entrepreneur Community

Coming Events

November 30th Board Meeting December 4th Holiday Party December 5th Community Service Monday

Club Leaders







Secretary





By Lisa Cutshaw



Wishing everyone a happy and peaceful Thanksgiving. We won't meet this week so that everyone can enjoy time with their loved ones for the holiday. We'll look forward to seeing everyone again at the meeting next week.

LAST WEEK'S PROGRAM

By Kristy Wilson

Yesterday, our club had the honor of hearing from 12 of our veterans in a round-table discussion led by Rick Devereaux. This discussion was spurred by our national holiday-Veterans Day. We heard from the likes of George Lycan, Pat Snyder, Bill Bass, Bob Haggard, Jim Davidson, John Matheson, Tom Cannon, Winn Payne & David McCartney. Remember, our veterans served to help promote peace, tame aggression, and provide conflict resolution.

We heard about their most memorable experiences, which spanned boarding an airplane bound for Okinawa, witnessing the Northridge earthquake in 1994, and investigating the 1973 Roseville Yard Disaster as a young attorney. Or, having to advise a 900 member unit after September 11 that all 900 members would be serving in different capacities all over the world to protect democratic principles for the greater good.

We were reminded to honor our veterans, especially our Vietnam veterans as they did not have the same experiences of other veterans who may have served in Operation Freedom or the Gulf War. Or, remembering most of these soldiers are SO young while protecting our democratic interests.

Don Reback ended the discussion by providing insight into his service and his career at the VA Hospital helping veterans overcome or manage their PTSD. Don expressed his respect and admiration for all of our veterans. We all do. We are so thankful for our veterans. We appreciate each and every one of YOU!







Collins Club Admin Chair Club Director



Tanva N.



Club Director Youth Protection Officer Youth Services Chair David T.

<u>Kaverman</u> Membership Chair



Club Director Kevin R. Montgomery Club Director



Linda Nelson Club Director Communication and Outreach

<u>Maxine O</u>



Parsons-Kogut Club Director Rotary Foundation Chair



Charles M Peabody III Attendance Secretary Sgt-at-Arms

Eva-Michelle G Spicer President-Nominee



<u>Kristy Wilson</u> Club Director Vocational Service Chair



Chair Richard T. <u>Devereaux</u>





Andrew <u>Mercurio</u> Club Fund Raising Chair



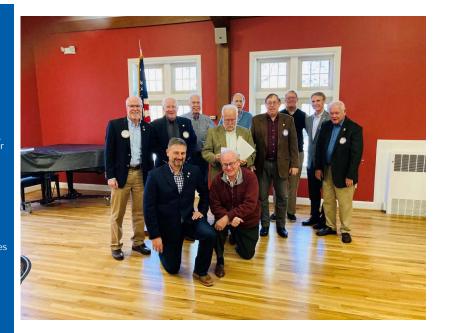
Daniel M. Crupi RYLA Point of Contact



<u>Katherine</u> <u>Morosani</u> Past President

Marcia Whitney

Diversity Equity & Inclusion



MANNA FOODBANK

By Linda Nelson

At last week's meeting, club president Ross Sloan was pleased to be able to present Mary Nesbitt from Manna FoodBank with a check for \$5,000 ahead of the Thanksgiving Holiday.



DISTRICT 7670 APPLICANT

By Sharon Kay LeDuc

Grace Colby has been awarded a highly competitive and prestigious Rotary Peace Fellowship. She received her first preference to study for a Master's degree at the Rotary Peace Center hosted by International Christian University in Japan. Ms. Colby worked with a committee in the Rotary Club of Asheville to obtain the Club's endorsement and with District 7670's Milton Butterworth in preparing her application. Candidates are required to demonstrate a unique combination of experiences over at least three years in order to be eligible for a fellowship.

Ms. Colby spent two years in Zambia with U.S. Peace Corps as a Rural Aquaculture Promotion Extension Agent. She advised 12 rural farmers over a 20-kilometer radius catchment area regarding best practices of small scale fish farming, animal husbandry, and environmental conservation promoting food security. She also collaborated with Peace Corps Zambia staff/volunteers in programs related to gender based violence, HIV/AIDS, healthy relationships, continuing education, sexual reproductive health, coming of age ceremonies and other female issues. She counseled 60 Peace Corps volunteers in gender-related programs in their respective host communities, as well as data reporting. While in Zambia, Ms. Colby



Birthdays

William C. Rawlings Miles Mennell November 24th Michael E. Greene November 28th Lacy A. Hagan November 29th Skyler Duncan November 30th David A. Kozak November 30th Levonia B. Reese December 2nd Celeste B. Collins December 3rd Charles E. Reiley December 4th Zachary F. Lamb December 6th December 6th Steven B. Shechter December 7th John C. Palmer December 10th Margot Baron December 11th Glenn W. Wilcox December 11th Paul Hyler December 12th Paula Ann Hennon December 12th Carol C. Hensley December 13th Scott B. Carter December 13th David K Snider Sr December 13th Lawrence E. Thompson

December 14th Carol L. King December 16th Edward Broadwell Jr. December 17th Mark E Chase December 18th Robert C. Kendrick December 20th

Wedding Anniversaries

Oscar P. Wong November 25th Sharon Kay LeDuc November 28th Tanya N. Fletcher December 12th Bruce L Waller Jr. December 18th Philip W. Swyers Jr. December 21st learned that integration in the community is necessary to provide training and education where it is most needed. Providing technical training while authentically connecting with interested community members is an effective path to promote peace.

Ms. Colby was Travel and Research Coordinator for U of Wisconsin -Eau Claire's Domestic Intercultural Immersion Program. The program explores domestic inter-cultural dynamics by offering students opportunities to visit cities in the U.S. and dig into the local geography, social structures, and ways of life through Domestic Intercultural Immersion. Before travel, participants attend multiple sessions sensitizing them to the history of the local spaces. These experiences make clear that the more we know about our neighbors, the more empathetic we feel about our differences, and the more likely we are to help each other to develop stronger communities.

Presently, Ms. Colby is Volunteer Coordinator for Asheville Rotaract where members work to meet community needs and promote peace and development. They also work internationally and virtually with a Rotaract Club in Colombia to share and encourage international development opportunities, peace-building, and increase cultural understanding.

Ms. Colby's academic research interests in peace and development are in the sociopolitical and economic impact of supporting women in agriculture during the reconstruction process after facing disaster. She wants to explore ways to support involving technical training and entrepreneurial skills to create resilient communities. The world needs the skills and understanding Ms. Colby will enhance with her Peace Fellowship. Rotary Club of Asheville wishes her the best.



POLIO PLUS SOCIETY

By Keith Whitman Bell

Don't forget to join the Polio Plus Society, which is a great way to have an impact on polio research and eradication. For more information, you can download the <u>application form</u> and <u>brochure</u>, or email <u>Trudie</u> <u>Crawford</u>.



The PolioPlus Society

As a Rotarian and supporter of Polio Eradication, Rotary's Number One Priority, I wish to participate in the Countdown to History as a member of the



PolioPlus Society of District 7670

I hereby commit to making an annual donation to the PolioPlus Fund of The Rotary Foundation as follows

(Please select one):

 \square \$100 USD per year (minimum amount to become a society member)

□ A contribution of \$_____ per year to PolioPlus (if more than \$100)

I pledge to help Rotary make history by continuing to contribute the above amount each year until the World Health Organization certifies that polio has been fully eradicated because ...

Until the world is polio-free, every child is at risk.

Society members will receive a PolioPlus Society membership pin, certificate, and choice of: (Please select One):

End Polio Now T-shirt (Red, 100% cotton, pre-shrunk) Please select & circle size – S, M, L, XL, 2XL, 3XL, 4XL
End Polio Now Hat (Low profile, adjustable red twill, End Polio Now logo on front, Rotary logo on back)
End Polio Now Socks (Red with End Polio Now & Rotary wheel logos)

Your contribution qualifies for Paul Harris Recognition and Major Donor credit.

To make your tax-deductible donation go to my.rotary.org/donate and click on "Polio Fund".

You can choose a one-time donation of \$100 or more, or a recurring donation in the amount and frequency of your choice (We suggest \$10/month as the "easy way" to become a PolioPlus Society member.)

You can also donate by writing a check made out to "The Rotary Foundation" with "PolioPlus" in the memo section and submit it to your Rotary Club's Foundation Chair.

Name (please print)	Date
Email Address	
Mailing Address	
Club Name	District # 7670
Please email form to Trudie Crawford, D	listrict PolioPlus Chair <u>crawfordtrudie@gmail.com</u>
	io Now logo gift item, selected above, will be presented at a club and thanked for your commitment to polio eradication.
Please help Er	nd Polio by signing up today!



CLUB ANNOUNCEMENTS

Donations and Scholarships

Donations to our **Club Foundation** can now be made directly on our website. Couldn't make the fundraiser but want to contribute to our projects this year, owe happy dollars for birthdays and anniversaries, been fined for looking too good in the media – hit the EASY button by going to **RotaryAsheville.org**.

Please bring raffle items for our weekly drawing that benefits the **Tennent Scholarships**. Promote your business, your passion, or your creativity.

Cart Fund



The CART Fund is dedicated to raising funds to provide "seed" money for cutting edge, high impact research in hopes of finding a cure/prevention for Alzheimer's disease. Consider contributing \$1 a week per quarter; \$13.

For Birthday/Anniversary/Happy Dollars/CART Funds please mail your check to Rotary Club of Asheville Foundation P.O. Box 1954 Asheville, NC 28801

Additional Volunteer Opportunities :

*Please submit any volunteer opportunities you feel your fellow Rotarians would enjoy being a part of.



If you would like to add an announcement in an upcoming COG, please email <u>Lisa Cutshaw</u> no later than Saturday, prior to Tuesday publishing.

THE GREEN CORNER

By Christena Southwick

COFFEE

One might grouse that the environmental and sustainability issues are so prevalent in our conversations and everyday lives now that we can't even have acup of coffee without

thinking about it. "At least let me have my coffee and wake up first!" a pre-coffee brain might think.

Here's the rub: we can't be true to the serious environmental issues we face if we don't include how we make our coffee.



From fair trade and environmentally safe coffees produced around the

world, to a simple run to Starbucks--we have choices if we want to help fill the landfill, or refuse to use the products that add to our environmental crisis.

Each of us probably could look at how we are making our coffee and figure out pretty quickly something might be wrong with the picture. For me, it was the single-use coffee pods. A little research online scared me:

"Every minute about 39,000 single-use coffee capsules are made worldwide, while 29,000 are dumped in landfill sites." Source: Evergreen.com

The answer is simple: Amazon has re-usable coffee baskets for your single-use machine. Turn around time: one day. Impact time: forever. Cost to me: \$8.99. Savings to the world: priceless.

MARK YOUR CALENDARS

Rotary Hiking Group

The Downtown Rotary Club has a monthly hike on short routes in and around the city. It goes on the 1st Wednesday of every month at 5pm. We have a fun hike and then have a fun social-home for dinner.

If you are interested, please contact George Lycan at <u>glycan@kw.com</u>

Thirsty Third Thursday

Join us on the third Thursday of each month around 5 pm at Highland Brewery for Thirsty Third Thursday. Join with fellow Rotarians, spouses and partners, friends, guests and anyone else who is interested, sip a libation, and get to know each other a little better. Weather permitting, we'll be out on the Meadow at Highland--if not, we'll be inside.

MEMBERSHIP UPDATE

By David T. Kaverman

Our latest membership update for the Rotary year—added four new members with one resignation. Thank you to the sponsors and all who made our guests feel welcome.

We will update this list after each month during the Rotary year by adding the activity for the previous

month. After the Rotary year ends, we will start with a fresh list. Any feedback or suggestions are welcome. Send those to the Membership Chair, Dave Kaverman, at <u>dave@acuityma.com</u>. **Membership at a Glance: 154 Active & 6 Honorary**

New Active Members:

Margot Baron (July)—Google Cloud Certifications & Certifications Lead, Google, Sponsored by Barbara Bowers & Eva-Michelle Spicer

David McNamee (July)-- Professor of Leadership in the MS in Leadership program at the University of Arkansas Grantham, Sponsored by Keith Bell

Donald Cameron (August)—Retired High School Teacher, The Brooks School Andover, Massachusetts, Sponsored by Dave Kaverman

Jennifer Soster (August)—Higher Education, Warren Wilson College, Sponsored by Dave Kaverman

Sandra Smith (October)—Sales Training Consultant/Business Owner, Sandra K. Smith LLC, Sponsored by Jim Davidson

Chris Werte (October)—Development Manager, Asheville Community Theatre, Sponsored by Susan Harper

Jane Brody (October)—Commercial Real Estate Broker, NAI Beverly-Hanks, Sponsored by Kevin Montgomery

Paul Hatfield (October)—Food Service Manager, Brookdale Senior Living, Sponsored by Jim Deuel

Resignations: Dena Whalen (July)—Family Obligations Scott Hicks (September)—Not Available due to Travel Heinz Grohs (October)—Health Issues

FOUR WAY TEST

Rotary 🌾	THE FOUR-WAY TEST Of the things we think, say or do:
first	ls it the TRUTH ?
second	Is it FAIR to all concerned?
third	Will it build GOODWILL and BETTER FRIENDSHIPS ?
fourth	Will it be BENEFICIAL to all concerned?