

Rotary



Club of Asheville THE COG

Monday, February 5, 2024



CREATE HOPE
in the WORLD

Club Meeting

Asheville
Meets at TUN HALL,
TRINITY EPISCOPAL
CHURCH. To request a
Zoom simulcast link email
avrotary1915@gmail.com.
60 Church St
Asheville, NC 28801
Time: Thursday at 12:30
PM

Speakers

February 08, 2024
[Joe Jakubielski](#)
Carolina Cyber Center at
Montreat College

February 15, 2024
[Bruce Carruthers](#)
Our VA

February 22, 2024
[TBD](#)

February 29, 2024
[Dr. Ashley Lucas, PHD](#)
[Weightloss](#)

Coming Events

February 6th
[Board Meeting](#)

February 8th
[Discover Rotary](#)

February 21st
[Third Wednesday at
the Watering HOle](#)

March 5th
[Board Meeting](#)

Club Leaders



[Patrick A. Snyder](#)
President



[Eva-Michelle G. Spicer](#)
President-Elect



[David Andrew Mans](#)
President-Nominee
Club Director
International
Service Chair



[Janet L. Whitworth](#)
Past President
Treasurer



[Betty A. Doll](#)
Secretary

CLUB ANNOUNCEMENTS

By Susan Harper

- The CART Buckets are generously matched today by **Nancy Brooks**.
- **Barbara Bowers** shared with the club that the first annual Hero's Hurray will be held at the Embassy Suites on Thursday, May 16th. This fundraiser will honor people in our community doing significant work in one of the 7 pillars of Rotary.
- **Carol Bornstein** announced that the group going to Guatemala to visit the Simple School is requesting educational toys and supplies suitable for children up to age 7. You may either give a contribution to Sharon LeDuc to help purchase supplies or bring supplies to the meetings this month.
- **Dan Rogers** reminded the club of the Blood Drive being held on February 22nd from 11-3:30 at Trinity. Sign up with the Red Cross.
- Dan also told the club about **2 volunteer opportunities** coming up:
 - --**Riverbend Assisted** Living Facility on February 20th at 1:30. Rotarians will be celebrating the birthdays of residents in that facility.
 - --**Big Brothers and Big Sisters** Bowl-a-thon is on March 9th. Talk to Dan if you are interested in supporting this fundraiser.
- **Al Davis** reminded the club that RYLA is scheduled on April 11-14 this year. Help spread the word to freshmen through seniors at the high school level. If you have questions, talk to Al.
- President Pat reminded the club that a celebration of life has been scheduled for April 6th at Highland Brewing for **Frank Smith**.

VISIT GUATAMALA NEW UPDATE

By Sharon Kay LeDuc

The March 8 visit by Rotary members (Carol Bornstein, Ross Sloan, Laura Uherka, Debbie Francis, Sharon LeDuc) to the David LaMotte Community School Esceulla Comunitaria, provides an opportunity to bring school supplies. A District Grant enabled the school to expand education to first grade and the members will observe the expansion. If you have school supplies that you would like to donate, please bring them to a Rotary meeting in February. If you would like to contribute funds for the purchase of the requested educational toys, please contact Sharon LeDuc by February 15: skleduc@prodigy.net. School supplies needed

Please click on the following link for a full list of preferred supplies:

[Read More](#)



THIS WEEK'S PROGRAM

By Sophia Stefanidis Ungert

Dr. Kimberly van Noort is UNC Asheville's Chancellor, bringing over three decades of higher education experience to the role. She previously served as Senior Vice President for Academic Affairs and Chief Academic Officer for the University of North Carolina System, which she joined in 2016. Prior to joining the UNC System, she was at the University of Texas at Arlington, where she served in various roles including Associate Vice Provost for Undergraduate Studies, Director of University College, Associate Dean of Liberal Arts, and tenured faculty member in the Department of Modern Languages.

Dr. van Noort received her bachelor's and master's degrees in French from the University of Nebraska-Lincoln and earned a Ph.D. in French at Boston University. She currently serves on the boards of the North Carolina Arboretum, the North Carolina Biotechnology Center, the Coastal Studies Institute, and the Triangle Universities Center for Advanced Studies. In her spare time, she enjoys gardening, cooking, and raising goats.





Frankie L. Adkins
Club Director
Youth Protection Officer
Youth Services Chair



Celeste B. Collins
Club Admin Chair
Club Director



Michelle Daniels
Attendance Secretary
Sergeant-at-Arms



Catherine Jo Early
Club Director
Vocational Service Chair



Anthony D. Lynch
Attendance Secretary
Sergeant-at-Arms



Maxine O. Parsons-Koqut
Club Director
Rotary Foundation Chair



Alvin Ward Peacock Jr.
Club Director
Membership Chair



Richard T. Devereaux
Diversity Equity & Inclusion Webmaster



Linda Nelson
CCO-Club Comm. Offcr
Club Director
Club Public Image Chair



Alexander P. Pence
Club Director
Community Service Chair
Club Service Chair



Andrew Mercurio
Club Fund Raising Chair



Chris Werts
Diversity Equity & Inclusion



Marcia Whitney
Diversity Equity & Inclusion



Skyler Duncan
Environmental Service Chair



Daniel M. Crupi
RYLA Point of Contact



Timothy L. Owings
Club PolioPlus Chair



Mary J. Michael
Club Programs Chair

BLOOD DRIVE

By Linda Nelson

Give blood.

Every 2 seconds someone in the U.S. needs blood.

American Red Cross



Blood Drive **The Rotary Club of Asheville** **Trinity Episcopal Church**

Fellowship Hall
60 Church St
Asheville, NC 28801

Thursday, February 22, 2024
11:00 a.m. to 3:30 p.m.

To make an appointment, please visit RedCrossBlood.org and enter Sponsor Code "avrotary". You can also call 1-800 RED-CROSS.

Share your heart! Come give in Feb. for a \$20 Amazon.com Gift Card by email. See rcblood.org/heart

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

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<http://RedCrossBlood.org>

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Ross Sloan
iPast President

LAST WEEK'S PROGRAM

By Susan Harper

Young Lives Lost to Melanoma

Steve Fine presented an important program about melanoma, a deadly form of skin cancer. Steve's son Dansuccumbed to the disease at age 26 and Steve founded the [Melanoma Education Foundation \(MEF\)](#) in 1999 / 2000. A primary focus of the foundation is outreach to schools and, since its inception, the MEF has presented to 1700 schools.



Steve shared information about the 3 types of skin cancer and how to identify each. Melanoma is of particular concern because it is fatal if not found. Many skin cancers develop as we age, but melanoma can affect children and teens. Its incidence in the population is five times greater than HIV and yet most teens know about HIV and not melanoma.

Much of Steve's talk focused on our responsibility to check for and monitor moles on our bodies. Any change in a mole is sign that it might be melanoma - size, color,

shape, surface, or thickness. His recommendation is that we perform a self-examination every month. Check head to toes, front, back, sides, and scalp. If you find anything suspicious, schedule an appointment with a dermatologist. Photos can be found at www.skincheck.org. Steve also recommends an annual appointment with a dermatologist to have a baseline record.

Steve also shared information about proactive protection:

- Wear sunscreen that is a broad-spectrum SPF > 30 and follow the directions and suggested amounts
- Wear a wide-brimmed hat and protective sunglasses
- Wear sun protective swimwear and protect against reflected UVA



For more information - visit the **Melanoma Education Foundation** - <https://www.skincheck.org/>
There are resources for individuals and educators on the website.

Video Link:

Early Self Detection/Prevention - <https://bit.ly/3hipmFK>

Birthdays

John Davis Matheson
February 8th
Matthew Bacoate Jr.
February 10th
Donald P. Weidemann
February 11th
Kelly McCullough
February 11th
Steven Shreiber
February 11th
Harold Bradley Rouse
February 19th
Virginia McKee Lawrence
February 22nd
Marvin M. Thomas III
February 22nd
Jennifer Clarkson Soster
February 22nd
Winston C. Payne
February 22nd
Carter B. Webb
February 23rd
Millie J Farmer
February 23rd
Alexander P. Pence
February 23rd
Sophia Stefanidis Ungert
February 24th
Erin A White
February 25th
David R. McCartney
March 1st
Anthony D Lynch
March 6th

Wedding Anniversaries

Patrick A. Snyder
February 11th
Carol E Bornstein
February 13th
Alvin Ward Peacock Jr.
February 14th
Frank Harwell Rutland
February 26th
Michael E. Greene
March 4th

CART GIVING

By Linda Nelson



COINS FOR ALZHEIMER'S RESEARCH TRUST (CART)

Thank you Nancy Brooks for being our matching CART donor last week.

CART has a program wherein a club member volunteers to be a Matching Donor for the funds collected in the CART buckets on each table that week. To keep it sane, the top matching request is \$50.

The CART Fund is dedicated to raising funds to provide -seed- money for cutting edge, high-impact research in hopes of finding a cure/prevention for Alzheimer's disease. Learn more about CART here.

To sign up, email our club CART chair,
Kevin McRae at
kmcrae@k2irrigation.com

THE FOUR-WAY TEST

By Linda Nelson



THE FOUR-WAY TEST

Of the things we think, say or do:

first

Is it the **TRUTH**?

second

Is it **FAIR** to all concerned?

third

Will it build **GOODWILL** and
BETTER FRIENDSHIPS?

fourth

Will it be **BENEFICIAL** to
all concerned?