

Rotary

Club of Asheville Breakfast



Meeting Notes 7.10.24



Deborah Medina, the inaugural Dr Bruce Elliston Foundation Scholarship recipient attended our meeting next weekend with her younger brother. Thank you to everyone who has participated in raising these funds in honor of our late member, and thank you to the foundation board members for their work finding a suitable recipient.

Sarah is interested in exploring how our club can support project SMART from our presenter a few weeks ago. If you are interested in supporting that cause, please reach out to her.

It was good to see Justin Arnall back in attendance last week.

Thank you to everyone who helped the Asheville Metro Club with their blood drive.



Club Meeting Place & Time

Asheville Breakfast Meets at Four Points by Sheraton Hotel
22 Woodfin Street
Asheville, NC 28801
Time: Wednesday at 07:30 AM

Club Officers



Henry Watson
Jordan II
President



Gary K. Bockhold
President-Elect



Ruth T. Summers
Vice President



Randy S. Lehman
Treasurer



Carl T. Chesick
Secretary



Richard Anderson
Club Admin Chair
Sergeant-at-Arms

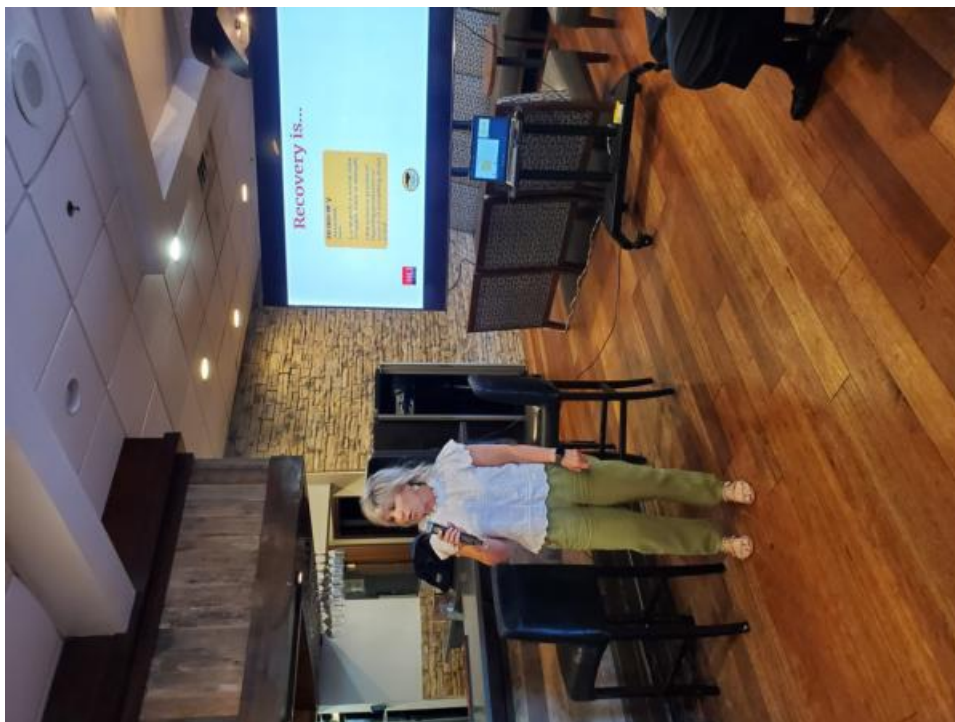


Boyce Allen Brasington, III
Membership Chair



David L. Hayes
Rotary Foundation Chair

Kit Roberts, Recovery Friendly Workplaces



Kit Roberts spoke to the club on Recovery Friendly Workplaces, and told the club a personal story of a prior employer offering support to recovery and how powerful that is to have the support of a company's leadership. It was then she decided she wanted to bring that experience to as many people as possible. There are 3 primary goals to the program.

1. Reduce the stigma of recovery.
2. Connect employers with community resources needed to support individuals in recovery or trying to get into recovery.
3. Decrease the financial burden associated with substance use disorder for employers, and employees.

The program began in New Hampshire in 2018. Western Carolina Industries is an employer association and who Kit works for. They were awarded a grant and WCI did some matching, leading to about \$500,000 to use to bring Recovery Friendly Workplaces to the 27 counties of Western North Carolina. The definition of recovery they use is the process of change where people improve their health and wellness, live self-directed lives, and strive to reach their full potential. As Kit put it, what more could you be looking for in an employee? 75% of people who use substances are employed either full-time or part-time. If an employer thinks this isn't an issue for your workplace, it likely is. The benefits to employers for this program are estimated at \$8500 per year per employee in recovery. There is less missed work, are fewer incidents, lower turnover, and the people in recovery you know have been through hard things. It costs nothing to join as the cost is covered by the grant.

The process for an employer to join the cause includes:

1. A letter of intent - Kit sends out an example for the employer to use.
2. Orientation and a training phase - Language to use is discussed, leadership is trained in "what if" scenarios, and they discuss with HR policies as relate to being a part of the program. They are not asking for policy changes but are asking HR departments to keep the program's intent in mind when making policies.
3. Implementation - They want to make sure employees are made aware that the employer is now a Recovery Friendly Workplace and what resources are out there because of the commitment of their employer. It is a big deal and they want to make sure it is made so.

Birthdays



[Nathan Patrick Moran](#)
CCO-Club
Comm.
Offcr



[William Taylor Biddle Jr.](#)
International
Service
Chair



[Donald R. Swaby](#)
Community
Service
Chair



[Linda J. Ruhland](#)
Club Public
Image Chair



[Rodney Douglas](#)
Club Social
Chair



[Henry P. Zaremba](#)
CART Fund
Chair



[James Hylemon](#)
Youth
Services
Chair



[Cynthia K. Ireland](#)
Club
PolioPlus
Chair
iPast
President



[James Walter Shelton](#)
RYLA Point
of Contact



[Jennifer L. Maneely](#)
Club
Programs
Chair



[Stephanie Young](#)
August 6th



[Gwen G. Hughes](#)
August 8th

Speakers

July 17th

[TBA](#)

David Hartman Hat duty

July 24th

[Cindy Ireland](#)

Polio Plus David Hayes Hat Duty

August 7th

[Bill Biddle](#)

Glenn Hughes Hat Duty

July 17th

[Blue Ridge Public Radio-Laura Lee](#)

July 31st

[Connie Molland](#)

Official DG Visit Trysh Hord-Heatherley
Hat Duty

Events

August 29th, 5:00-9:00 PM

[Asheville Tourists Game](#)

Saturday, July 13, 2024

