

Rotary

Club of Asheville Breakfast



Bringing Hope to Others - Jennifer Maneely

By Cynthia K. Ireland on Friday, August 4, 2023



Jennifer Maneely has committed her work to support the loved ones of those who are going through substance challenges. She has lived experiences that give her the background to help those who just don't know where to turn!

She was drawn to this year's Rotary theme to Create Hope In the World. We need hope when we feel hopeless. Often the people she works with experience that feel of hopelessness. Jenn shared her story starting with the fact that she has been clean from drugs and alcohol for last 16 years. Prior to these 16 years she thought she would die the way she was living. She didn't eat or take care of herself. She weighed 107 lbs, and feared her body would just quit; less worried about overdose. She was okay with that because she lost hope of being able to change.

Her mom has a lot to do with her story, Jenn's mom very strong, highly success, intimidating, executive woman in a very large bank at the time when few women rose to that level. Her family was smart and successful family, but she felt pressure. Could she live up to some of those expectations? She had to call at 21 and tell her mom she needed to go to rehab, or be homeless. Mom immediately got into problem-solving mode, got into her car in a snowstorm and drove to help her solve the problem she had. She was glad to have her mom able to take the reins, at that



CREATE HOPE
in the WORLD

Club Meeting Place & Time

Asheville Breakfast
Meets at Four Points
by Sheraton Hotel
22 Woodfin Street
Asheville, NC 28801
Time: Wednesday at
07:30 AM

Club Officers



Cynthia K. Ireland
President



Henry Watson
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time it was what she needed. Mom had to make a call to a rehab and have the person on the other line walk her through what it was going to be like to help a person with the problems Jennifer was going to face. She went in rehab and stayed for a while, stayed in recovery for a time. Then she met a man and got married, had a job, and life getting back together. Left recovery and started drinking some and started back sliding. She was in Virginia and mom really didn't know what was happening, which is pretty common, family usually learns about the issue once it is so bad the person cannot hide it anymore.

This time mom had started getting some help through her corporate life and being honest and true to self circumstances. This was crucial because mom was ready to show up in a different more needed way. She paid for rehab but started to say no to some things and forced Jennifer to start showing up as an adult who could start to solve her own problems.

Things that are hard for Jennifer's clients is to learn how to show up for your loved one as your best self who is actually most helpful. It is very hard to find and get into rehab programs even today with all the internet resources available. Jennifer helps people navigate the myriad of Google resources when a person is ready for the next step in the process. Recovery doesn't end when rehab is over and Jennifer also helps families serving as a guide continuing to deliver hope and guidance post rehab. She has a website and podcast if you want to learn more.

Thank you, Jennifer, for sharing your story, experience and wisdom with us and those who need you.

Meeting Notes 08.03.2023

By Cynthia K. Ireland on Friday, August 4, 2023



Rod has returned from his trip to Guatemala and we will have a club program soon. We heard that Ruth's hip replacement surgery went well she is home and hopes to see us next month. Randy indicated that 25% of club paid their dues within the first 24 hours, that was exciting and include one of our members who sometimes forgets!!



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[David L. Hayes](#)
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PolioPlus
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[James Hylemon](#)
Youth
Services
Chair



[Frank Ungert](#)
iPast
President

[Cynthia K.](#)



Ireland
Assistant
Governor

August 12th there will another service project at Evergreen Community Charter School and needs a few more people to do some weed whacking. Meet at 10 am, if enough people sign up it will take about an hour. Will be great to get the school looking good for students to return.

Our August social is our annual Tourist Game on August 24th, gates open at 5:30. Please let Rod know this week if you wish to attend, remember you can bring your friends and family for some great fellowship, food, and fun!

The second annual club picnic will be September 10th at Carrier Park Rotary Pavilion. Prior to the picnic we could promote a 2 hour community drop off event of hygiene products for our signature project. Please see Cindy if you would like to help coordinate this, our Public Image team can help promote it.

Finally, thank you and congratulations to Don Swaby for his continued commitment to the Rotary International Foundation. He has earned his Paul Harris Plus 5 pin. Continuing to support the Rotary Internation Foundation helps people around the world and right here in our district. Way to Create Hope in the World Don!

Birthdays



[Stephanie Young](#)
August 6th



[Gwen G. Hughes](#)
August 8th



[Carl T Chesick](#)
August 13th



[Charles E. Killian](#)
August 15th



[William Taylor Biddle
Jr.](#)
August 19th

Speakers

August 9th
[Steve Demeranville](#)
ShelterBox Carroll Hughes Hat Duty

August 23rd
[Dr. John Plant](#)
Climate Migration Carla Hughson-Schmitt
Hat Duty

August 30th
[Phill Pratt](#)

Events

No Events found

Friday, August 4, 2023