

# Rotary



## Club of Southern Frederick County (Urbana)

### Club Meeting

Southern Frederick County (Urbana)  
Meets at South County Family Y  
3481 Campus Drive  
J Jamesville, MD 21754  
Time: Thursday at 07:30 AM

### Events

No Events found

### Speakers

**October 10, 2024**

Del. Jesse Pippy  
Maryland Government Update

**October 17, 2024**

Talisha L. Rosen-Kellogg  
Rotary and Scouts

**October 24, 2024**

Rich Robertson  
Cyber Security

### Birthdays



Joseph Francis Richardson Jr.  
October 7th



Gerald Lee Miller Jr.  
November 1st

### Wedding Anniversaries



Joseph J Unangst  
October 19th

### Club Leaders



Mary Jo Anderson  
President



Gerald Lee Miller Jr.  
President-Elect



David G Longstaff  
President-Nominee  
Secretary



Richard Ohnmacht  
Treasurer



Missy Baker  
Board Member

## Welcome to the Rotary Club of Southern Frederick County

Rotary is an organization of business and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

Rotary club membership represents a cross-section of the community's business and professional men and women. The world's Rotary clubs meet weekly and are nonpolitical, nonreligious, and open to all cultures, races, and creeds. [More info.....](#)

Rotary membership provides the opportunity to: Become connected to your community. Work with others in addressing community needs. Interact with other professionals in your community; assist with RI's international humanitarian service efforts. Establish contacts with an international network of professionals. Develop leadership skills. Involve family in promoting service efforts. [More info.....](#)

## Message from District Governor Nomie Hamid



Do you have plans for the weekend? I know I do, and I'd love for you to be a part of them! We still have a few spots open for the exciting Joint District Conference happening right here in Washington D.C., and it's not too late to join us.

Hereâ€™s a sneak peek at what weâ€™ve lined up:

- **\*\*Friday Night:\*\*** Kick things off with live performances, complemented by complimentary food and drinks all night long!

- **\*\*Saturday Highlights:\*\***

- Hear from **\*\*Ambassador John Richmond\*\*** and **\*\*Mayor Muriel Bowser of D.C.\*\***

- Insights from the **\*\*CTO of Time\*\***, bringing perspectives from a leading global publication on AI

- A special reception for our major donors

- Explore D.C. with our 'Dine Around' experience

- **\*\*Sunday Morning:\*\*** Wrap up with a crucial panel on Mental Health, a topic close to all of our hearts.

*Special Guest Ed Futa Past Rotary International Executive Secretary!*

To see our full agenda and secure your spot, click on the link below.

Parking wonâ€™t be a hassle either, with valet service available at \$38. Additionally, youâ€™ll find several self-parking options around the hotel.

Donâ€™t miss out on a weekend that promises to be informative, inspiring, and just plain fun. Hope to see you there!

[DISCON 2425 | Rotary District 7620 \(rotary7620.org\)](#)

Best regards,  
Nomie Hamid  
District Governor 7620

## Prost to another successful Frederick's Oktoberfest!

We were thrilled to see so many Frederick neighbors join us for this beloved tradition. At the [Rotary Club of Southern Frederick](#), we





**Kristin LeDuc**  
Board Member  
Club Public Image Chair



**Benjamin R. Willens**  
iPast President



**Clifford Vernon Barr**  
Club Programs Chair



**Kay Brenner**  
Community Service Chair



**Jon A. Moles**  
Past President  
Club Foundation Chair



**Dave Sowers**  
Sergeant-at-Arms



**Kelly A McQuillen**  
Club Membership Chair

believe in fostering inclusion in everything we do. That's why we proudly led the non-alcoholic beverage stand again this year! From non-alcoholic beers to sodas, we made sure everyone could raise a glass and celebrate together no matter their drink of choice.

A huge thank you to the [Rotary Club of Carroll Creek](#) for allowing us to partner with you, and to [Wegmans](#) for donating countless water bottles to help keep attendees hydrated, and to everyone who braved the weather to make this event so much fun! We can't wait to serve you again next year.

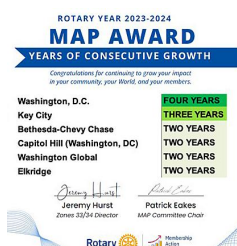


[Read More](#)

## Happening In October

## New Announcements

## Six Rotary District 7620 clubs received the Platinum Club Award



Platinum Clubs are the epitome of Rotary's Vision Statement: "Together, we see a world where people unite and take action to create lasting change" across the globe, in our communities, and in ourselves. The [Rotary Zones 33/34](#) Membership Action Plan (MAP) team gives this award to clubs that grow two or more years in a row.

Six [Rotary District 7620](#) clubs received the 2023-24 PLATINUM CLUB AWARD.

[BCC Rotary](#)  
[Rotary Club of Capitol Hill - Washington, DC](#)  
[DC Rotary Club](#)  
[Elkridge Rotary Club](#)  
[Key City Rotary Club](#)  
[Rotary Club of Washington Global](#)

[Read More](#)

## District 7620 to Host Youth Summit

District 7620 is hosting a youth summit as we celebrate 100 years of STEM. The aim of the summit, run by Rotaractors and Interactors, is to bring resources and engage students as we meet for the Rotary District Conference and the Environment summit in November. Contact Vijay at [kowtha@ieee.org](mailto:kowtha@ieee.org) for more information.

## Does Your Club Have an Environmental Chair?

If your Club does not have an Environmental Chair or your members have not yet chosen an environmental project, we have a growing list of 50+ projects available upon request. Contact [chuck@igc.org](mailto:chuck@igc.org). And if you have new ideas or questions about existing projects, please submit them to the same email.

## Our stories are what attract people to Rotary

Joe Otin used numbers and statistics to talk to people about his Rotary club in Kenya. But the past district governor had a revelation one day when he shared some personal stories about Rotary with a business journalist and colleague. That journalist became a member, and Otin became convinced that sharing our stories is crucial to attracting new members. [Read more on Rotary Voices](#) and stay tuned for other testimonies to the power of storytelling on the blog in August and September.



## Is your club providing an irresistible experience? (subhead: We have resources to support you!)



Dear Club Leaders,

We know that leading a club is a big job with many responsibilities. The Membership team at Rotary International is here to help by connecting you with resources specifically designed for the challenges you face.

The [Club Experience Concierge](#) is a quick, interactive resource that allows you to explore ways to improve the [five aspects of the club experience](#) that matter most to members. Start by identifying which element of the club experience you want to prioritize, then select a variety of recommendations and resources you can use to help make your club irresistible.

We hope you find this helpful in identifying available resources and implementing practical solutions to help attract, engage, and retain more members.

Sincerely,  
The Membership Team  
Rotary International

## Selection for 2026-27 Rotary International President

Sangkoo Yun, a member of the Rotary Club of Sae Hanyang, Seoul, Korea, is the selection of the Nominating Committee or President to become Rotary International's president for 2026-27. Yun will officially become the nominee on 15 September if no other candidates challenge him. [Read more about Yun.](#)



## The 2024 Interact Awards are here!



**The 2024 Interact Awards are here!**

Each year, over 15,000 Interact



# Interact Awards



clubs across the world are driving positive impacts within their communities. To celebrate their hard work, Rotary International hosts an annual campaign: the Interact Awards. Interact clubs are invited to submit a video, photo(s), and/or essay that showcases their club experience and service initiatives. By participating, Interact clubs have the opportunity for their submission to be named “Best Video,” “Best Photo,” or “Best Essay,” alongside receiving funds to support their next service project.

This year, Interact clubs are invited to **show us your favorite service project!** Submit a video,

photo(s), or essay that shows your service project from **start to finish**. Include your **planning stage**, your **service in action**, and demonstrate how your project **makes a difference** in your community.

Submissions due by 2 December 2024

[SUBMIT YOUR NOMINATION](#)

## September 2024 Membership Achievement Awards!

Congratulations to [Rotary District 7620's Hood College #Rotaract](#) and the [Rotaract Club of Washington, DC](#) for growing their membership base. Way to go! [#themagicofrotary](#)





## World Polio Day!

This [#WorldPolioDay](#), we hope you'll join Rotary members in our fight to [End Polio Now](#). Together, we can show the world that we can and will [#EndPolio](#) for good. Let's make this global health legacy a reality.

- \* World Polio Day 2024
- \* 24 October
- \* [on.rotary.org/3LeTqDk](https://on.rotary.org/3LeTqDk)



## Annual Hike in Observance of World Polio Day!



Join the DC Rotaract and DC Rotary Clubs for their Annual Hike in Observance of World Polio Day!

**When:** Saturday, October 12, 2024  
**Time:** 10am - 12:00pm  
**Where:** Rock Creek Park (Beach Drive, Washington, DC 20011)  
**Sign-up here:**

<https://registrations.dacdb.com/Register/index.cfm?EventID=77787382&NoCaptcha>

We will meet at and park at picnic area #6. From there, we will follow an easy path around the river.

Suggested donation of \$10 to Rotary International. Send payment to DC Rotaract Venmo at [@RCWDC](#).

Please contact Suzan Al Shammari at [suzanalshammari@gmail.com](mailto:suzanalshammari@gmail.com) or Marilyn Nevy Cruz at [mncruz10@gmail.com](mailto:mncruz10@gmail.com) with any questions.

## Actions you can take to support #EndPolio



# WORLD POLIO DAY IS 24 OCTOBER



1. **Donate** to PolioPlus. The PolioPlus fundraising goal is US\$50 million for the 2024-25 Rotary year. Clubs are encouraged to give US\$1,500, and districts are encouraged to allocate 20% or more of their starting balance of District Designated Funds. Clubs and districts that meet these criteria will receive a certificate of appreciation. The Gates Foundation will match every dollar that Rotary commits to polio eradication 2-to-1, up to US\$50 million per year.
2. **Download a World Polio Day graphic**, and share it on social media.
3. **Visit** the improved website for the [Global Polio Eradication Initiative](#).
4. **Suggest** a breakout session related to PolioPlus for the 2025 Rotary International Convention in Calgary, Canada. Breakout sessions can empower attendees, help them polish their leadership skills, and give them new ideas for strengthening projects, fundraising, and more! The form will open in early August. Visit the [Breakout Sessions page](#) on the convention site. Write to [conventionbreakouts@rotary.org](mailto:conventionbreakouts@rotary.org) with questions

## Thanksgiving Day Turkey Chase

Take a look at how you could impact the community by being a part of the Turkey Chase. Please consider becoming a sponsor and joining in on the fun in the run!  
For more information, please email [Genette.Comfort@ymcadc.org](mailto:Genette.Comfort@ymcadc.org)



### Join The Tradition & Build Brand Recognition!



#### THANKSGIVING DAY AT YMCA BETHESDA-CHEVY CHASE

- The largest run for charity in Montgomery County, MD
- A 40-year history with nearly one million runners
- \$7 million raised for local children and families

*For you, an opportunity to reach new audiences while making an impact in your community!*

For more information, please email [Genette.Comfort@ymcadc.org](mailto:Genette.Comfort@ymcadc.org)



#### Title Sponsor \$50,000

- Recognized as title sponsor on front and back of race shirt
- Comprehensive partnership • discounted YMCA membership
- Corporate team day at YMCA Bethesda-Chevy Chase
- Opportunity to speak from the stage before the race
- Featured on our social media channels prior to race day
- 20 complimentary race entries
- Sponsored mile markers at start and finish lines
- Branding on ALL Turkey Chase collateral / website including:
  - Registration website and YMCA website

#### Youth Development \$10,000

- Featured on our social media channels prior to race day
- 10 complimentary race entries
- Two sponsored mile markers
- Branding on Turkey Chase collateral / website including:
  - Registration website and YMCA website
  - Branding on back of race shirt
  - Virtual save the date
  - RTRT app (remote racing app)
  - Race bib
  - And more!

#### Healthy Living Sponsor \$5,000

- Featured on our social media channels prior to race day
- 5 complimentary race entries
- One sponsored mile marker
- Branding on Turkey Chase collateral / website including:
  - Back of race shirt
  - Registration and YMCA website
  - RTRT app

#### Community Sponsor \$3,000

- Featured on our social media
- One complimentary race entry
- Branding on back of race shirt
- Branding on registration website and YMCA website
- And more!



- RTRT app (remote racing app)
- Virtual save the date card
- Race bib + completion certificate
- YMCA marquee and more!



## Butterfly Gardens to Wildlife Corridors -

**Matching Grant deadline very soon! Action needed ASAP.** If your Club is willing to commit a sum of funds (\$100 to \$2,000 or more) for a matching grant linking the establishment of butterfly gardens in schools, churches, or other plots of land with youth engineered "free mini library on a post"™ in each butterfly garden, Vijay is preparing to submit the proposal early next week. Please let Vijay know ASAP what your Club can commit to. Vijay (Vijayanand) Kowtha kowtha@ieee.org [www.airtigers.org](http://www.airtigers.org) FYI: The butterfly gardens are the gateway drug for turning lawns into native plant gardens, which can lead to the addiction of participating in creating wildlife corridors within neighborhoods to connect vital native animal species between city, county, and then state parks. Dwindling native insect species causes a multitude of problems for human food systems as well as native birds, amphibians, mammals, and fish populations.



## Field Trip to India by Dr. Kuhu Maitra to Engage Rotarians Sexuality Education



### Introduction/Background:

Young people around the world are faced with increasing challenges given civil and family conflict, misleading social media, and communities that are not yet prepared to support their full development. Fortunately, several UN agencies and civil society organizations have compiled a learning tool (CSE) that responds to their needs with age-relevant message, evidence-based recommendations and in a fashion that is accessible through the internet in multiple languages at no cost to schools, families, or the users. Comprehensive sexuality education (CSE) is a curriculum-based process of teaching and learning about the cognitive, emotional, physical, and social aspects of sexuality. It aims to equip children and young people with the knowledge, skills, attitudes, and values that empowers them to realize their health, wellbeing, and dignity; develop respectful social and sexual relationships; consider how their choices affect their own wellbeing and that of

others; and understand and ensure the protection of their rights throughout their lives (WHO, 2024).

The Rotary Action Group (RAG) for Reproductive, Maternal and Child Health(RMCH) has been operating in good standing with Rotary International for more than 25 years. The purpose of the RMCH RAG is to improve human well-being and dignity, women's health and empowerment, adolescent, and child health, and to create a sustainable balance between population and the environment. [Read More](#)

## The Power of Rotary Peace Fellowships

Rotary District 7620's very own Mark Flanigan (Capitol Hill RC) tells his story as a 2010-11 Rotary Peace Fellows at International Christian University in Tokyo, Japan, which is one of Rotary International's Global Peace Centers.



Please read Mark's exciting [story here](#).



## Membership Action Plan (MAP) and Success Center Webinar! - Oct. 7



<https://www.dupontrotary.org/>

Chair, D7620 Bylaws Committee  
Member, D7620 Membership Committee  
RLI Graduate



**Marilyn Nevy Cruz**  
D7620 Lieutenant Governor  
Area 7 Assistant Governor  
President, Rotary Foundation of Washington, D.C.  
Past President, Rotary Club of Washington, D.C.,  
<https://rotaryclubdc.org/>  
Past President, Rotaract Club of Washington, D.C.,  
<https://rotaractdc.org/index.html>  
D7620 MAP Ambassador  
Member, D7620 Membership Committee

RLI Graduate



**Elizabeth 'Liz' Moody**  
Assistant Rotary Coordinator (Rotaract), Zone 33 Membership Committee  
Past Rotaract Representative (2022-2023)  
Past President, Rotaract Club of Washington, D.C.,  
<https://rotaractdc.org/index.html>

Dear Rotarians, and friends,

The District 7620 Membership Committee is pleased to host monthly educational opportunities where clubs can learn best practices for growing and retaining members.

On Monday, October 7th at 6:00 PM, a 20-minute presentation followed by time for questions will feature two speakers from District 7620 that will share important tools such as Membership Action Plan (MAP) and Success Center to grow membership.

[Click here to register!](#)

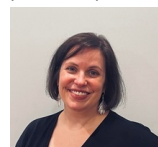
**Join Zoom Meeting**

[https://us02web.zoom.us/j/83242608572?](https://us02web.zoom.us/j/83242608572?pwd=bG9LYjB1T0FBdTkwWHZvbXJRQkxFTU09)

pwd=bG9LYjB1T0FBdTkwWHZvbXJRQkxFTU09

Meeting ID: 832 4260 8572  
Passcode: 12345

We are grateful to the panel of speakers representing our District:



**Mandy Warfield Granger**  
D7620  
Governor Elect  
Past President,  
Rotary Club of  
Dupont Circle,



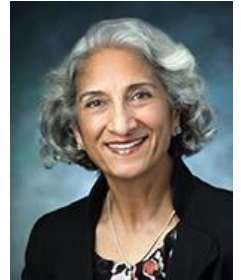


<https://rotary.org/magazine>  
Past Global Scholar (2016)  
D7620 DES  
Committee member, D7620 Membership Committee

Missed our August 24th Membership Summit? [Watch the recording here!](#)  
What topic would you like the District Membership Committee to focus on in their next webinar?  
[Submit your response here!](#)

## Dr. Geetha Jayaram's Article on Mental Illness in the September 2024 Rotary Magazine

Congratulations to PDG and Dr. Geetha Jayaram on her article about Project Maanasi in the September 2024 *Rotary Magazine*. A professor of psychiatry at Johns Hopkins University School of Medicine, Dr. Geetha is a member of the Rotary Club of Howard West in Ellicott City and co-founder of the Rotary Action Group on Mental Awareness.



## October is Rotary's Community Economic Development Month



**OCTOBER IS**

**ECONOMIC AND  
COMMUNITY DEVELOPMENT  
MONTH**

"To the world you may be one person; but to one person you may be the world."

Dr. Seuss

Rotary 

[www.rotary.org](http://www.rotary.org)