

Rotary



Club of Gaithersburg

Club Meeting

January 22nd, 2023

Meets First and third Tuesdays at 12:15 p.m. at La Villa Restaurant
[18701 North Frederick Avenue, Gaithersburg, MD 20879](#)

Also, on Zoom the 1st, 3rd and 4th Tuesdays. For logon information, write to gaithersurrotaryclub@gmail.com

Club Leaders

Margaret Young
President
President-Elect

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President
President-Elect

Vacant
Secretary

Dan Dellon
Treasurer

Janet Greiner
iPast President

Sara R. Torrence
Club Foundation Chair

Hannah Katakam
Club Foundation Secretary

Frederick W. Cooksey
Sergeant-at-Arms

Kenneth D. Weiss
Area Governor

Events

January 24th, 12:15 p.m. on Zoom

Nourish Now Update

Speaker: Michael Bernstein

January 24th, 2:30 p.m. on Zoom

DACDB University: New Member Profile

Register on the district website.

January 31st 5:30 p.m.

Happy hour in the Bench Bar of the Marriott Hotel in Rio

Join club members for appetizers (courtesy of the club), drinks (you pay!) and chatting with your fellow Rotarians.

February 7th
Club Matters
Speaker: Tbs

What is Gaithersburg Help?



If you live in Gaithersburg or Montgomery Village and are hungry, Gaithersburg Help can help. It can also give you baby formula, money for eye examinations and glasses, transportation to medical visits, and referrals to organizations that can meet other needs. The transportation department provides about 100 round trips per month.

Our speaker on January 17th was **Margo Goldman**, Executive Director of "Help." She mentioned being 55 years old (not her, the organization), and staffed entirely by volunteers. Its Food department serves clients five nights a week from its "office" in the Festival Shopping Center. Clients sign up to go there and can do so nine times every six months. About 70% are Hispanic.

The COVID pandemic caused the number of clients to increase greatly, but "Help" was able to meet the need through donations and by cooperating with other organizations. Now, the crisis is largely over, but there is a new problem - the rapidly increasing cost of food products. The city of Gaithersburg helps with financing, but there is always a need for more money (and more volunteers).

Our Rotary club is pleased to volunteer in the food pantry one night a month, and our foundation gives "Help" a small grant each year. For more information, go to www.gaithersburghelp.org.

And Nourish Now Next Tuesday

On January 24th, the speaker in our virtual meeting will be Michael

NOURISH NOW



Michael Bernstein of Nourish Now. Michael is Director of its grants department; email Michael@NourishNow.org. He will give us information on this organization, which is very different from Gaithersburg Help. There are Rotary clubs that volunteer for it regularly.

Bret Meyers started Nourish Now in 2011 as a **food recovery** organization, and he is still its executive director. He has seen dynamic growth. As of May, 2022, this group had recovered more than 200,000 pounds of food and given it to more than 4,000 families. It receives food from other sources so that, up until May, it had donated more than 16 million pounds of nourishment. Also, it provides health snacks for MCPS students.

Do sign in on Tuesday and learn more about food recovery.

??????The Rotary Four-way Test

Of all that we think, say and do:
- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?



The AG Making His Rounds



Our Assistant Governor, Ken, has begun his Quarter 1, 2023 visits to the clubs with which he works. He has been to Rockville, has scheduled visits to Olney and Montgomery Village, and has a possible date to visit Gaithersburg ("visit," taken liberally, because he attends there every week). Potomac and Emory Grove have yet to be scheduled.

For these visits, Ken has prepared a *Fun Rotary Quiz for Old-timers and Newbies*. It can be adjusted to whatever amount of time he has available.

Tasks high on his list are to encourage each club to file its objectives with Rotary Club Central, to select its president for the 2023-24 Rotary year, and to urge that person to attend both the one-hour pre-training on Zoom and the two-day in-person training in Chantilly, VA.
