



The Four Way Test

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?



THE WHEEL

August Program Calendar

- ♦ **August 1**—Club Assembly Reports
- ♦ **August 8**— Brad Swanson "The myth of doing well by doing good"
- ♦ **August 15**— Nicki Birch Classification Talk
- ♦ **August 22**- Aaron Moore VHC Medical Brigade
- ♦ **August 29**_ McLean/Centreville Rotary Membership Month

Up Coming Events

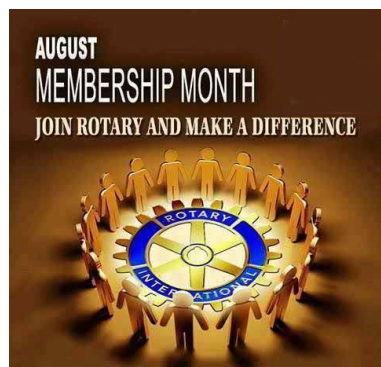
- ♦ **September 1** - No Meeting
- ♦ **September 9** - Membership Summit, Fredricksburg, VA.



New members Rose Risley & Nevin Boll Inducted . Sponsor Courtney Nuzzo

Club Leadership

- ♦ Carmen Wu,
President
- ♦ Savendra (Sam) Agarwal
Immediate Past President
- ♦ Vance Zavela,
Vice President,
- ♦ Cecilia Duran Closs,
President-Elect
- ♦ Janine Frank,
President-Nominee/Secretary
- ♦ Michael Arietti,
Treasurer
- ♦ Michael Falcone,
Club Services Director
- ♦ Deborah R Jackson,
Membership Director
- ♦ Robert F Jansen,
Youth & New Generation
- ♦ Carol A King,
Club Admin Director
- ♦ Matthew Melton,
Rotary Foundation Director
- ♦ Courtney Nuzzo & Cecilia Closs
Grants
- ♦ Lois Wilson,
International Service Director
- ♦ Barry Byer,
Club Committee Director
- ♦ Joann G Berkson,
Public Relations Director
- ♦ Paul M Sawtell, Paul
Kohlenberger, Paul Ward,
Sergeants-at-Arms
- ♦ Eugene Durman,
Club Program Chair
- ♦ Richard A Golden,
Webmaster



August is Membership Month

Rotary is an international service organization that focuses on community service, humanitarian efforts, and promoting goodwill and peace. It is a part of a global platform that currently includes 1.4 million members worldwide that address a wide range of societal challenges. Each month, the Rotary organization typically designates a theme to guide its clubs and members in their activities and initiatives. The theme for August is "Membership."

When the Rotary organization refers to "membership" as the theme, it means that during this month, they will emphasize efforts to grow and strengthen their membership base. This involves various activities and strategies aimed at:

1. Member Recruitment:

Encouraging existing members to reach out to potential new members, inviting them to join Rotary and be a part of the organization's service-oriented activities.

2. Member Retention: Focusing on the engagement and satisfaction of current

August 2023

Ed's father was in the automobile business, mostly Studebakers and Buicks and the business was always feast or famine. During one of the famine years, Ed's father accepted a saxophone as part payment for a car. He gave the saxophone to Ed to play in the Junior High School band .

In 1955 The Johnson City 5 began shedding members to Nashville and Vanderbilt University. First Ed, then Bill who was married to Janice – transferred from ETSC to VUI undergraduate school. After college Bill and Paul reconnected in the development office of Vanderbilt University and the Tennessee Mafia grew with the addition of a number of close friends from the Vanderbilt experience interest in the talents of Tom Cash. Paul did end with this, "Make and keep good friends as you go along in life. They will be with you forever."

Happy August Birthdays

Robert Frank	28
August	
Chester Gray	04
August	
Darren Hoffman-Marks	15
August	
Robert Nath	18
August	
Carmen Wu	17
August	

August Membership Anniversaries

Robert Jansen 08/27/13 10 yrs

Club No. 5817 - Founded 1965

McLean Rotary



Deborah Jackson Shakes the Hand of Paul Harris

In July of this year Deborah Jackson attended PETs Alliance at Rotary headquarters in Evanston Illinois. There, she met district trainers and chairs from all over the country. The speakers were all RI staff including the incoming president-elect Stephanie Urlich. Deb took lots of photos which she shared with the club.



District 7610



**Past President Paul Ward
Classification Talk
July 25, 2023**

Paul began his impromptu talk with a history lesson about his hometown, Johnson City Tennessee. Johnson City first named Johnson's Tank is located in Washington County Tennessee, the oldest and first settled city in the state of Tennessee. Over the years it has been described as "The City of Progress and Prosperity" and "The Gateway to the Appalachians". the "Switzerland of America". A small group of pioneers settled at the foothills of the Great Smokey Mountains in 1771 and became the first free and independent government in the state, the Watauga Association, named after the Watauga River. The Boone's creek section to the north of Johnson City was named for Daniel Boone. The area was heavily populated with Native Americans, mostly Cherokees.

Washington County also became the home of Davy Crockett, Andrew Jackson, Andrew Johnson, John Sevier and Samuel Doak, who in 1780

founded Washington College, the first school established west of the Alleghenies, located about 10 miles from Johnson City. In 1860 the Science Hill High School was born out of The Science Hill Debating Society. The first school building was made with hewn logs and consisted of one room. By the time Paul attended Science Hill High School, it was in a high building located on top of Roan Hill in Downtown Johnson City. On the high terrace nearest the school an American flag was raised and lowered each day, accompanied by a bugle call through a megaphone which would project the sound into the city. Paul or his friend Bill Bain often sounding the bugle.

Paul began telling a series of stories from his teenage years growing up in Johnson City Tennessee. He filled the hour with wonderful stories of friendships that last throughout his life. In addition he became involved with church singing after participating in high school musicals. In Johnson City Junior High School Paul made friends with Bill Bain, Elia Dimitri, Ed Gildersleeve and Janice Denny. They were the Johnson City 5, the Tennessee Mafia. Also, in those Junior and High School years, Paul took ballet and tap lessons. At first Paul's mother had to bribe him with an autographed baseball from the Johnson City Cardinals in order to get him to take the tap and ballet lessons. Paul and his friend Bill rented coronets and played in the Junior and Senior high school bands. His friend Elia played the fiddle and his other friend Ed got a saxophone. The saxophone has it's own story.

members, ensuring they feel valued and involved in club activities, which can lead to higher retention rates.

3. Diversity and Inclusion:

Promoting diversity and inclusivity within the club to reflect the broader community and attract individuals from various backgrounds and professions.

4. Member Engagement: Creating a sense of belonging and purpose for all members, encouraging active participation in club projects and events.

5. Public Awareness: Raising awareness about Rotary and its impact in the community to attract potential new members who are interested in contributing to positive change.

6. Networking and Collaboration: Leveraging the power of the Rotary network to connect with like-minded individuals and organizations, fostering collaborations to expand the club's reach and impact.

Rotary's core values are rooted in the Four Way Test, which is simple guide for one to consider when assessing about one's personal and professional relationships. It asks four fundamental questions:

Is it the truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

A Rotary membership offers a unique opportunity for individuals to be part of a global network of service-oriented professionals committed to making the world a better place. The

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more hands we have in Rotary to do the work, the more service projects we can provide to the community locally and abroad. If you know of someone looking for a way to make a difference in the local community or beyond, they can learn more about the Rotary Club of McLean and their many projects and activities, by visiting our Club's website at www.mcleanrotary.org

**President Carmen Wu
Strategic Plan For MRC
July 11, 2023**



President Carmen Wu spoke on the need to plan ahead in order to insure that the Rotary Club of McLean continues to thrive and have a meaningful impact on our community, our country and our planet. She introduced the beginning of a five year strategic plan, from 2023 through 2028. Her goal is to enlist the help of club leaders and all members to give input and feedback to develop this plan. It must reflect the Rotary Vision Statement, and should align with Rotary's strategic priorities and Objectives, as well as Rotarian core values. She is asking every member to join a committee and lend a hand.

District 7610



Stephon Hill
Classification Talk
July 18, 2023

Our speaker today was Stephon Hill - one of our new members. He is in charge of community relations at Chesterbrook Residences. Born in Silver Spring, he is the 2nd youngest of 4 kids. Passionate about having an impact on people's lives, as well as traveling, sports, and cooking. And his favorite food is pizza!

Stephon spoke about the Pathway Forward - what happens when we all age? We are all aging gracefully! He told us about the different types of Senior Living Communities.

Independent Living: offered to individuals 55+; freedom and autonomy; no medical oversight. Maintenance free! Out of pocket - not subsidized. Typically, there is a buy-in. Designed to promote social gatherings and interactions.

- Assisted Living: what Chesterbrook is all about! Medication management, meet you halfway (designed to

promote independence), assistance with Activities of Daily Living (ADL) , transportation, housekeeping, onsite physicians.

Memory Care - specialized care for dementia and memory loss, 24-hour care and supervision, secured entrances and exits, memory enhancing therapies, unique layouts to prevent confusion.

Stephon went on to debunk myths about senior living communities! They are nothing like to old concept of a "Nursing Home". Instead, they offer the following:

- Maintenance free lifestyle; you do not lose your independence. If anything, it is enhancing it!
- Numerous activities and entertainments are provided.
- System is designed so, if there is an emergency, there is always a plan of action. It gives live data to the family.
- 3 meals a day are provided; have access to cooking if they would like.



Stephon Hill with President Carmen Wu



Marty Peak Helman, RI Trustee
Boothbay Maine
7-25-23

Marty Peak Helman is a member of the Rotary Club of Boothbay Harbor, Maine and a Trustee for The Rotary Foundation. Marty began her talk with a few questions for our club members. How much of the Rotary International dues that you pay goes to the Rotary Foundation? Answer: Zero.

What is the minimum amount that the Rotary Foundation would like every Rotarian to donate every year? Year Answer: \$25.00. Who dictates how the money in the Rotary Foundation is used? Answer: The club members Where does the money in the Rotary International Foundation go? Answer: Global and District grants,

Polio Plus has been helpful with Covid and Ebola in strategic planning as well as the tactics of vaccine distribution. Our club's District grant for clean water and sanitation mentioned and Pamela Danner mentioned our club's global grant for the Michelo Project in eSwatini (formerly Swaziland) Africa. Marty mentioned The Rotary Foundation awards Peace fellowships

in two ways to qualified candidates.

Rotary International currently funds seven Peace Centers located in Thailand, England, Australia, Uganda, Sweden and the USA. An additional center will open next year in Turkey. Rotary's hope is for a Peace center to be located in the Middle East, preferably in Turkey. The cost of the fellowships can be up to \$175K.

Marty was asked, "What does a Rotary Foundation Trustee do? Her answer, "We bring topics to vote on, we do a lot of public speaking and traveling to Rotary Club to speak on the work of The Rotary Foundation. She was asked, "How do you get chosen to be a Trustee for the Rotary Foundation? Her answer, "The Board Of Directors represents the Rotary Zones and elects the Trustees for the Rotary International Foundation to a 4 year term. The number of Board of Directors is based on the total number of club members in each zone. One Board Member for approximately every 32K club members.

She was asked, "How much of the financial commitments actually come into the foundation and how much money does the Rotary Foundation have? Her answer, "More than 100% of money promised by Rotarians to the Foundation comes into the foundation because most Rotarians are not going to break their word, they are very caring people. There is currently about \$1.6 billion in the Foundation."

