

The Wheel



Rotary Club of Charlottesville

April is

Maternal and Child
Health Month

APRIL 5, 2022



Saving mothers and children

Nearly 6 million children under the age of five die each year because of malnutrition, poor health care, and inadequate sanitation. We expand access to quality care, so mothers and their children can live and grow stronger.



HEALING SCARS OF WAR

In the mountains of Poland, 26 children traumatized by violence get a chance to be kids again at Rotary camp where psychologists mix escape and therapy.



KEEPING CHILDREN ALIVE DURING THEIR FIRST YEAR

Rotary members teach mothers how to breast-feed, promote immunizations and regular checkups, and distribute insecticide-treated bed nets.

VACCINES WORK. THE FIGHT TO END POLIO IS PROOF.

WORLD IMMUNIZATION WEEK
24-30 APRIL 2022

endpolio.org | [#endpolio](https://twitter.com/endpolio)



SERVE TO CHANGE LIVES

UPCOMING SPEAKERS

April 12 – Jane Colony Mills Loaves and Fishes Exec. Director and our Rotary Citizen of the Year!

April 26- Richard Prins, Advancing Native Missions- Provisions for Families in Afghanistan



Rotary Citizen of the Year



Jane Colony Mills

Executive Director at Loaves & Fishes Food Pantry, Inc.



Loaves & Fishes Food Pantry's mission is to give food with kindness and compassion to anyone who seeks assistance while providing an opportunity for volunteers to help their neighbors.

As Executive Director of Loaves & Fishes, a local food pantry, Jane Colony Mills has had a significant impact on hundreds of thousands of lives in Charlottesville and the surrounding areas, feeding 1.6 million people in 2018, – and significantly more families in 2019 and 2020. Her vision, leadership, generosity, and creativity benefit the local and regional community, - and help ensure that families have a source of free nutritious food.

Jane's arrival as Executive Director in 2017, with her significant management and fundraising experience, has changed the organization in so many ways for the better. She commented that the mission of Loaves & Fishes resonated with her: "I never thought I'd have a job where I get paid to help people. I am so grateful to be part of this strong organization and look forward to leading Loaves & Fishes to the next level." And she's done this with her wonderful sense of humor, her local relationships and her ability to motivate staff and volunteers to go the next steps with her.

We will be honoring Jane at our April 12 meeting and will also be donating to Loaves and Fishes in her honor. Donations are now open on our website; you can also send a check to Celia!



FOOD PANTRY

2050 Lambs Road, Charlottesville VA 22901 · 434-996-7868 · cvilleloaves.org

Food Wish List

We happily accept donations from our community! If you would like to donate food to Loaves & Fishes, please check the list below for what we currently need. If you'd like to make a contactless donation, please place your donations on the picnic table or in the cart at the front door and ring doorbell. Donations are accepted MON, THURS & FRI 9:00 AM - 4:00 PM and TUES 9:00 AM - 2:30 PM.

Please consider donating low sodium or low sugar items - Loaves & Fishes wants to provide healthy food!

Pantry	Other
Baking items: baking powder, baking soda, oil, rice flour, (we have wheat and corn flour), sugar, brown sugar, cornstarch. Cake mix and frosting.	Gift cards for Grand Market or Medina Market to purchase halal meats
Spices in SMALL plastic containers	Diapers in all sizes
Condiments* - ketchup, mustard, relish, salad dressing	Baby wipes
Shelf stable microwaveable meals or pull top cans of chili, beef stew, ravioli etc.	Baby formula
Pouches or pull top cans: tuna, salmon or other meats	Baby food
Peanut and other nut butters	Ensure
Dried garbanzo beans and lentils	Feminine sanitary supplies
Individual sized items: granola bars, fruit cups, dried fruits, nuts, cereal, oatmeal	Can openers
Shelf stable milk and other dairy alternatives (nut, soy, oat)	Dish detergent
Green and black tea and coffee	
Dried fruits and nuts	

We do not provide meals and we mostly provide groceries for smaller families.

Please NO glass jars or items sized for a commercial kitchen. We would LOVE to receive food already sorted into "like items" to make them easiest to give out to everyone visiting the pantry.

Please bring items from this list to our next meeting to help recognize Jane Colony Mills and re-stock their Pantry. The press is invited to the award ceremony and I would love to see a huge pile of donated supplies as a back-drop to the ceremony!! We will also be making a monetary donation to Loves and Fishes— if you want to add to the club's budgeted donation, send a check to Celia!!

Save the Date



**Rotary District 7610
Conference
April 29-May 1, 2021
DoubleTree By Hilton
Charlottesville, VA**



Rotary District 7610
includes 57 clubs and over
1,960 members in
Northeast Virginia

We will be participating as one of the Host and Welcoming Committee Clubs!!

District Gov. Pat Borowski
invites you to

District 7610 Conference

Learn, Fellowship and Fun after Two Years of Zoom

House of
Friendship with
Friday Reception

Friday Night:
Wear your best COVID
Zoom outfit for our
In-person Zoom Party!

Together Again:
Saturday Gala

Silent Auction

Parade of Banners

District Awards

Major Donor Reception



Guest Speaker:
RI Past Director
P. T. Prabhakar

Membership Summit
with Facilitator
Patrick Eakes

On-site Group
Service Project

Smartphone
Event App!

Sunday Brunch:
Annual District
Business Meeting

April 29 - May 1, 2022

**DoubleTree by Hilton
Charlottesville VA**



Peace is Possible
One community at a time

**Friday: Peace
Conference**

Door Prizes & Grand Prize:
Must be present to win!



#7610DisCon22

Schedule & Conference Registration:

https://bit.ly/3C2T50L_Discon22

Hotel Rooms at Special Rotary Rate: Use Code RDC

Rotary
District 7610



Camp Holiday Trails

A Camp for Children with Medical Needs



Bring items to Barbecue
at District Conference
on Friday, April 29!

Outrageous and Odd Wish List

Paper Towels, Paper Towels, Paper Towels!

Powder dye for tie dye (we love procion brand)

Latex-free gloves for tie dying

Plain white tees for tie dying (youth S-XL)

Friendship bracelet embroidery thread

Masking tape for labeling

Bathing suits - youth S-XL

Sharpies—all colors, especially darker colors

Soft dodgeballs

Latex-free gloves & Band-Aids

Over-the-counter allergy, cold & flu, and pain medications

General 1st Aid supplies

Youth and adult (age 7-17) socks and underwear

Travel-size toothpaste, deodorant, & personal hygiene items

(especially toothpaste)

Drying racks

Colorful duct tape

Whistles for lifeguards

"Magic Erasers"

Cotton rag mops

LED lightbulbs

Eco-friendly all-surface cleaners

COMMERCIAL washers and dryers

Gas BBQ grill with six burners

Flat-top gas grill for kitchen

Gas gift cards to get our families to camp!

Gravel, gravel, gravel...did we mention gravel?

Fence boards

Sawmill and planer (36")

Lightweight, durable canoes

Fishing poles, especially tangle-free versions

Dried lima beans-for the slingshot range!



CLUB UPDATE

We are now meeting in person at the Omni on the 2nd and 4th Tuesday of each month, starting with Happy Hour at 5:30 PM

We will have a Zoom option for those who can't attend starting at 6:00 PM

The Zoom link is: <https://zoom.us/j/4866555172?pwd=QVJGTmRoUU1jWExiakEyMkdhVTFyZz09>



Rotary Club of Charlottesville

Established 1921

PRESIDENT'S CORNER

Chris and Milenahave been hard at work keeping our website up to date and I encourage you to visit it as well as to send him items of interest to be posted on the website. The link to our website is <https://charlottesvillerotary.org/> and to our Facebook page is <https://www.facebook.com/RotaryCville/>

Spring has sprung!! Our club and other District clubs have been active all year, but I sense a quickening of energy and spirit with the onset of spring!

We will recognize Jane Colony Mills, our Rotary Citizen of the Year, at our next meeting. You can augment our donation to Loaves and Fishes by sending a check to Celia or by bringing requested items to the meeting.

Our District Conference is at the Doubletree April 29-May 1. We will celebrate the 100 year clubs (Charlottesville and Fredericksburg) at a reception on Saturday April 30 at 6:15 PM. I'd love to see a big turnout from our club!!

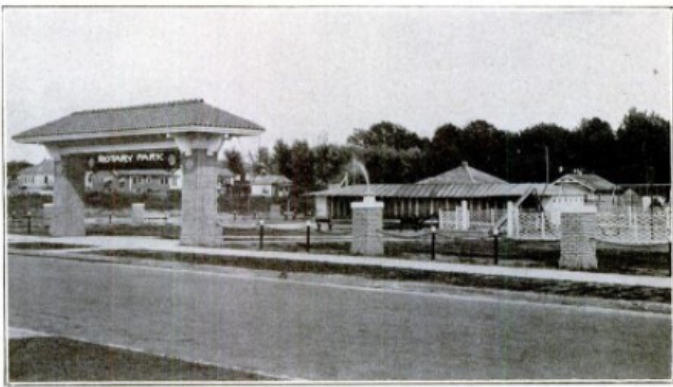
Leone's Literary Nook

Staying close to this month's theme of maternal and child health would yield a trio of books about health issues. The books below focus on motherhood in general, with a memoir, a literary novel and a mystery novel (I love mysteries and sneak them in whenever possible).

Mom & Me & Mom, by Maya Angelou. A legendary author reveals the highs and lows of her relationship with her mother. When Vivian's marriage crumbled, she sent three-year-old Maya and her older brother to live with their grandmother in Arkansas. Feelings of abandonment stayed with Angelou, though she eventually reconciled with the mother she called "Lady."

The Ten-Year Nap, by Meg Wolitzer. Four New York friends went to good colleges and began impressive careers, but after marriage and babies, they stayed home to raise their children. Ten years later, they are still at home, unsure how they ended up leading lives so different from what they expected—until events change their lives yet again.

Where'd You Go, Bernadette, By Maria Semple. Bernadette Fox is both best friend and mother to 15-year-old Bee. Then Bernadette disappears, after Bee's good grades earned her the promised reward of a family trip to Antarctica. Bernadette has become so agoraphobic that a virtual assistant runs her errands, so the promised trip is unthinkable. When Bernadette vanishes, Bee compiles emails, official documents, and secret correspondence to find her mother.



Rotary Park—"Donated by the Rotarians of Okmulgee, Okla., and dedicated to the children of the city."



THIRTEENTH ANNUAL ROTARY CONVENTION
Los Angeles, Calif.—June 5th-10th

THE ROTARIAN

The Magazine of Service



APRIL 1922

Chicago
U. S. A.

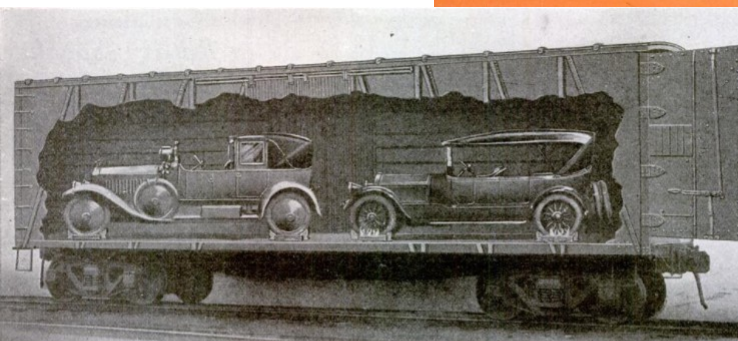
20¢



The "personal touch" is being emphasized in this Rotary Home for underprivileged boys, supported by the Rotary Club of Lancaster, Pa. Mr. and Mrs. Harry Martzell, "dad" and "mother" to the boys, are seen standing in the back row.



This will introduce to you the "Sunshine Committee" of the Rotary Club of Sacramento, Cal. Although the committee's exact duties are undefined, nevertheless it has developed into one of the liveliest and busiest committees of the club. On hand at every meeting, visiting members and guests are given a hearty welcome, members who have such poor judgment as to get sick find the Sunshine Committee on their trail with an encouraging word and flowers, and the Committee has just recently begun to function in connection with the boys work activities of the Rotary Club.



SPECIAL TO ROTARIANS Attending The Los Angeles Convention
THE attention of Rotarians who take their automobiles to the Los Angeles convention is directed to the special facilities provided for their cars by THE TRANS-CONTINENTAL FREIGHT COMPANY; by means of which their cars can be shipped and returned to their homes at a cost and with the greatest safety.

"Also to the fact that our offices" in the Van Nuys Building, Los Angeles, and the Monadnock Building, San Francisco, are prepared to give a heartiest welcome to all Rotarians. Drop in, call for Rotarian E. A. Sears at Los Angeles, or Rotarian Jos. W. Stretch at San Francisco, as office facilities are at your disposal.

TRANS-CONTINENTAL FREIGHT COMPANY

Consolidators of Automobiles, Household Goods, Machinery, and General Merchandise for Domestic points, and everything everywhere for export

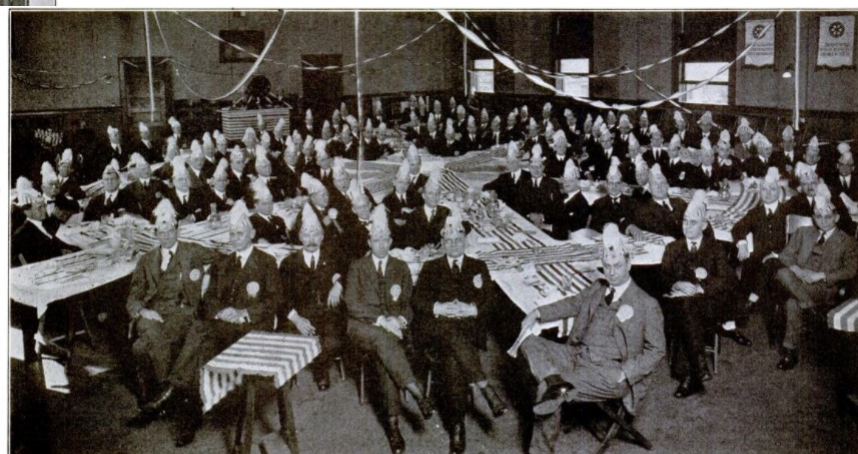
Van Nuys Bldg., Los Angeles

Monadnock Bldg., San Francisco

NEW YORK
CINCINNATI

203 Dearborn St., Chicago
BOSTON
CLEVELAND

BUFFALO
SEATTLE
PHILADELPHIA
PORTLAND, ORE.



The very appropriate arrangement of the tables in the shape of a Rotary wheel was one of the features of the anniversary meeting of the Rotary Club at Knoxville, Tenn. The club adopted a rather unique stunt in order to portray the growth of Rotary during seventeen years. During the meeting one of the members, disguised as a negro "mammy", appeared carrying

another member of the club as a new-born babe representing Rotary in its infancy seventeen years ago. After an address calling attention to the growth of the organization, the negro mammy again appeared; this time leading into the room one of the largest members of the club, thus emphasizing Rotary's great development during the past seventeen years.