# **The Wheel**



# **Rotary Club of Charlottesville**

January is Peacebuilding and Conflict Prevention Month!

February 7-11 International Assembly (Virtual)

February 23 Rotary's Anniversary

**FEBRUARY 5, 2022** 



#### EDUCATE REFUGEES

A university president and Rotary club fight Boko Haram to educate refugees in Nigeria.



### **EMPOWER YOUTH**

Young people from Rio de Janeiro's infamous favelas find an outlet for their energy – and a chance at Olympic gold – through Rotary.



#### **BREAK MYTHS**

Hunted for body parts and isolated by fear, Tanzanians with albinism are finding new futures through Rotary programs that fight pervasive myths and stigmas.





## **UPCOMING SPEAKERS**

February 8 – Dr Frank Friedman
What's Happening at PVCC
February 22- Cain Turner
International Neighbors



# **SERVE TO CHANGE LIVES**





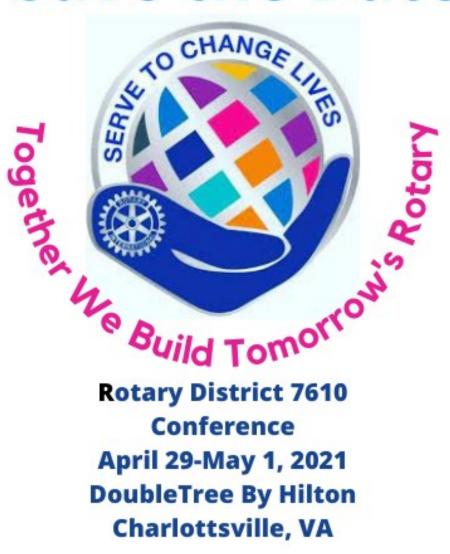
Loaves & Fishes Food Pantry's mission is to give food with kindness and compassion to anyone who seeks assistance while providing an opportunity for volunteers to help their neighbors.

As Executive Director of Loaves & Fishes, a local food pantry, Jane Colony Mills has had a significant impact on hundreds of thousands of lives in Charlottesville and the surrounding areas, feeding 1.6 million people in 2018, – and significantly more families in 2019 and 2020. Her vision, leadership, generosity, and creativity benefit the local and regional community,- and help ensure that families have a source of free nutritious food.

Jane's arrival as Executive Director in 2017, with her significant management and fundraising experience, has changed the organization in so many ways for the better. She commented that the mission of Loaves & Fishes resonated with her: "I never thought I'd have a job where I get paid to help people. I am so grateful to be part of this strong organization and look forward to leading Loaves & Fishes to the next level." And she's done this with her wonderful sense of humor, her local relationships and her ability to motivate staff and volunteers to go the next steps with her.

We will be honoring Jane at an upcoming meeting and will also be donating to Loaves and Fishes in her honor. Donations are now open on our website; you can also send a check to Celia!

# **Save the Date**









Rotary District 7610 includes 57 clubs and over 1,960 members in Northeast Virginia

## CLUB UPDATE

We are now meeting in person at the Omni on the 2nd and 4th Tuesday of each month, starting with Happy Hour at 5:30 PM

We will have a Zoom option for those who can't attend starting at 6:00 PM

The Zoom link is: <u>https://zoom.us/</u> j/4866555172? pwd=QVJGTmRoUU1jWExiakEyMkd hVTFyZz09

Chris has been hard at work keeping our website up to date and I encourage you to visit it as well as to send him items of interest to be posted on the website. The link to our website is <u>https://</u> <u>charlottesvillerotary.org/</u> and to our Facebook page is <u>https://</u> <u>www.facebook.com/</u> <u>RotaryCVille/</u>



## PRESIDENT'S CORNER

#### Happy February!

We will be doing trail maintenance at Ivy Creek once the ice has completely melted. We haven't set a date yet, but we will spread the word once we have a firm date.

We continue to grow enrollment in Dolly Parton Imagination Library. Delegate Matt Fariss (59<sup>th</sup> House of Delegates District) has introduced a budget amendment for the State of Virginia to fund Dolly Parton's Imagination Library (DPIL) on a 50/50 basis for all communities in Virginia. (Item 136 #22h – Direct Aid to Public Education). We encourage you to support this by emailing our legislators.

If adopted, this would be huge!

# ROTARIAN

The Magazine of Service

AUSTRALIA ARGENTINA CANADA CUBA CHINA ENGLAND FRANCE

SEVENTEENTH

A IRELAND IA INDIA JAPAN MEXICO NEWFOUNDLAND NEW ZEALAND

PANAMA PORTO RICO PHILIPPINE ISLANDS SPAIN SCOTLAND URUGUAY WALES

ANNIVERSARY

UNITED STATES OF AMERICA

FEBRUARY 1922

Chicago U. S. A.



#### MEMBERS THEN - MEMBERS NOW

The Rotary Club of Chicago-Club No, 1-was organized on February 20rd, 1905, by Paul P. Harris and three Chicago business men. To Paul Harris belongs the credit for originating the "Rotary idea." The first meetings were held alternately at different members' places of business. For the first few months the growth in membership was slow. In the autumn of 1905 a great event took place in the history of the struggling club. The first roster was printed! It contained the names of nineteen active and two honorary members. Of the nineteen members in this roster, the nine Rotarians shown above are ttday active members of Chicago Rotary. As the membership increased, other rosters were printed, and finally the illustrated roster was suggested—the idea of Silvester Schiele. Later, Harry Ruggles introduced "song" into Rotary and he is today still one of the official song leaders of the club. From a small nucleus of nineteen loyal members in 1905, Rotary has grown in seventeen years to a strong, virile movement of 80,000 members with clubs in more than a thousand cities embracing twenty-two countries of the world.



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The Insugural Luncheon of the Rotary Club of Weilington, New Zealand, at which the organization of the new club was completed with thirty-three charter members present. Just back of the speakers' table (standing) is a native Maori who presented one of the native weapons of the Maoris to Layton Raiston of Halifax, N. S., who was one of the special commissioners to organize Rotary clubs in Australia and New Zealand. The presentation was in commemoration of the organization of the first Rotary Club in New Zealand. Reading

from left to right, sta president of the club, at the right of the missioner. The oth among the most pror fessional men of Well typical also of the R shortly after the Wi membership of the c



Looking down Water Street, St. Johns, Newfoundlandone of the principal business streets of the city.



UTSIDE Shin Ling, the South Gate of Canton, China, lies the grave of Chen Chang Sen, who died for America on the battle fields of France.

The significance lies not in the fact that Chen gave the only thing of value that he possessed—his life; but in the fact that his sacrifice gives new evidence that the world has finally been discovered. Here's a man, Chen Chang Sen, who was an American soldier and something more, he was one of the world's first citizens.

Rotary, seventeen years of age, has made itself at home within the boundaries of twenty-two nations, and Rotarians have thereby been brought to a sense of the broader patriotism.

After all has been said and done, this is in fact our world, our own good old world. Whether we are white, black, red, brown, or yellow, we may all well be proud of its hills and valleys, lakes and rivers, clouds and sunshine. It must be the very best world that God ever made. It is not granted us to know what other worlds are like, but what can they possibly have to compare with friendship, compassion, or mother love?

A brother of Chen Chang Sen, according to the Chinese custom, has placed a cake upon Chen's grave that his spirit need not suffer hunger. Would that Rotary might strew flowers along his celestial path that Chen might know that the world can remember.

Peace be with you, Comrade, World Citizen-Chen Chang Sen.

and

Prezident Exercities of International Relay and fanisher of the first Rotary Club at Chicago, February 25, 1905.

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The Colonial Building, St. Johns, Newfoundiand, where the affairs of government are administered.

Newfoundland for Rotary By C. FRED BOND

Another country is welcomed into Rotary's "family of nations," with the organization of the Rotary Club of St. Johns, Newfoundland, on November 23rd, 1921

# Leone's Literary Nook

This month's theme is peace and conflict prevention. An important step in achieving these goals is dealing with underlying trauma, such as the trauma of the COVID pandemic, so this month's books focus on that theme.

<u>Restart</u>, by Doreen Dodgen-Magee, looks at what a "normal" post-pandemic future may be, how grief caused by the pandemic can be processed and overcome, and how to change unhealthy habits developed during the pandemic. The book draws on the Buddhist concept of the Beginner's Mind (maintaining an open attitude) and the Dutch practice of Niksen (the art of doing nothing) to offer suggestions for post-pandemic life.

<u>The Body Keeps the Score</u>, by Dr. Bressel van der Kolk, shows how trauma reshapes body and brain, and explores treatments including neurofeedback, meditation, sports, drama, and yoga. As the opening sentence states: "One does not have to be a combat soldier, or visit a refugee camp in Syria or the Congo, to encounter trauma." Reviewers caution that it's a tough read.

<u>The Madness of Crowds</u>, by Louise Penny. A mystery novel set immediately post -pandemic, a critical plot element is how people react to pandemic trauma. The head of homicide for the Surete du Quebec, Armand Gamache, is asked to provide security for a visiting Professor of Statistics lecturing at a nearby university. He discovers an agenda so repulsive he begs the university to cancel the lecture. They refuse. Before long, the professor's views seep into conversations, discussions turn into fights, and a murder is committed.