



Today's Speaker: Aaron Tolson, Prince William Food Rescue

By harnessing the power of volunteers and new technology, Prince William Food Rescue is linking food that would be wasted directly with organizations that can quickly get it to those in need. They partner with food retailers, nonprofit organizations, and food rescue heroes to bring healthy food directly to those experiencing food insecurity. Each day, PWFR will pick up fresh produce and cooked food from farms, wholesalers, grocery stores, restaurants, caterers, and other food outlets, to make scheduled and on-demand deliveries to non-profit community partners. They are committed to helping break the link between poverty and poor health by bringing healthy options to the table for families in need.

Upcoming Speaker: 14 May, Ajashu Thomas, Fairfax County Office of Human Rights and Equity

Ajashu Thomas, Outreach and Communications Specialist at Fairfax County Office of Human Rights and Equity Programs will speak. The county Office of Human Rights and Equity Programs (OHREP) investigates complaints filed by any person who believes they have been discriminated against in Fairfax County. Details at: <http://www.fairfaxcounty.gov/humanrights>

Upcoming Speaker: 21 May, Bob Martel, Hypnotist, Author (And Hot Air Balloon Pilot)

Bob has combined decades of experience as a writer and marketing consultant, as a performance coach to small business owners and as a professional hypnotist! Each requires exceptional (self) influence and persuasion skills. He has found a unique blend of skills and experience that can help you to influence your own minds (and the trajectory of your life), as well as influence the minds of others.

Welcome to Our New Blue Badgers



Recently, our red badge members successfully completed their requirements and were awarded the coveted Rotary blue badge. This week, Curtis presented blue badges to Mustafa and Kathleen. Glad to see these and the others who received their blue badges progress in their Rotary careers.



Wedding Bells are Ringing



This past weekend saw a joyous blessing of marriage for our BXRC family. Past President Susan's daughter Elaine tied the knot with her husband, Jamie. The wedding was a bittersweet moment. Susan could not attend the wedding because her husband (and honorary Rotarian) Bob is in the hospital and couldn't attend the wedding. Knowing that this club was a group of "Can Do" members, Susan turned to us to help. Thanks to Dennis, Sarah, K, and Steven for their flower pick-up and delivery services for the destination wedding in Lake Anna, VA. Because Bob and Susan were unable to physically attend the ceremony, Elaine's sister Elizabeth walked her sister down the aisle. I was told that Elizabeth carried a picture of her parents with her, in order for them to "be there" at this momentous moment. As you can see from the photos, it was a beautiful day for a wedding. Best wishes to the happy couple.



<u>Today's Program</u>		<u>Rotary Birthdays</u>	<u>Rotary Anniversaries</u>
Pledge of Allegiance	Announcements	Pat, 8 May	None
Invocation	Program / Speaker	David, 9 May	
Birthdays / Songs	4-Way Test		
Guests			

Speaker Schedule

7 May	Aaron Tolson, Prince William Food Rescue
14 May	Ms. Ajashu Thomas, Fairfax County Office of Human Rights & Equity
21 May	Bob Martel, Hypnotist, Copywriter, Author (And Hot Air Balloon Pilot)
28 May	Walter Rudy, Wheels of Hope Campaign
4 Jun	Kathryn Krenn from Northern Virginia Beekeepers Association, "The Secret Life of Bees"

Mustang News

The annual Mustang Raffle is up and running. Current online sales are \$2,950 as of 6 May and our overall total is approximately \$3,500. Recently, our winner from 2019, Arthur Reyes reported that the money he received (he took the \$20,000 instead of the car) helped many people. With the cash, he bought land for his father to build a home in the Philippines. He was also to buy large amounts of beans and rice that were distributed to destitute people in the Philippines. This is a great thing. It shows that the people who win our Mustang raffle are truly givers. While that is obvious when they buy tickets (most people know that they are not going to win the car but are supporting our charities), the charity shown by our winners goes far beyond what we could imagine.

AAC Donation Challenge

A few weeks ago, Meesh made a presentation and spoke about an initiative that she and Tijani started, Aspire African Communities (AAC). Meesh has spoken to several Rotary Clubs about AAC. McLean Rotarian Pam Danner has issued the challenge to personally match, dollar-for-dollar, up to \$5,000, donations made by BXRC members to AAC. Please mail donations made out to The McLean Rotary Foundation, PO Box 561, McLean, VA 22101. Please include a note acknowledging BXRC membership. Note: an online payment option is not currently available. Let's accept the challenge.

Editor's Prerogative: Nationals Update

This week, the Nationals returned home from a road trip. I was able to attend the game on Sunday against the Miami Marlins. It was a beautiful day for a ballgame (or a wedding happening at the same time in Lake Anna). Max Scherzer was pitching with (I think) a goal or two in mind. When the game started, he was 10 strikeouts away from tying former Detroit Tigers pitcher Mickey Lolich for 20th place on the all-time strikeouts leader board. With every strikeout, he got closer to the goal. At the end of the game (a complete game for Max), he finished with 9 strikeouts, one strikeout away from cracking the top 20. Obviously, the Marlins did not want to face a two-strike count against Scherzer and many were swinging on the first pitch, not striking out. Of the 27 outs in the game, 7 were put out with only one pitch. That helped Scherzer have a low pitch count and move quickly through the game. That may have been something Scherzer wanted the Marlins to do instead of striking out. Why? Immediately after the game, Scherzer rushed to the hospital because his wife was in labor with the couple's third child. "For him to go a complete game and pitch the way that he did, then go over and have a baby with his wife, that's a pretty cool day," Ryan Zimmerman said.

