

THE TRIANGLE



Members:

- Mark Anderson *
- Paul Arrowood * (Honorary)
- John Baxter*
- Leona Bennett
- Scott Biondi *
- Jason Blanchard *
- Patti Boxeth *
- Tom Bozek *
- Tom Cahill (Service Corps)
- Albert Cancia
- Andre Cherebin *
- Tom Clark (Service Corps)
- John Cornett
- Elisabeth Daley*
- Mac Deekens*
- Joe DiNuzzo
- John Dues*
- Nick Fairbanks*
- Dave Griffiths
- Swanson Grizzard *
- Mitchell Harry*
- Jack Hostetter *
- Mike Jallo *
- Dick James
- Tony Jones* (Honorary)
- Dave Kleppinger *
- Fran Kleppinger*(Service Corps)
- Jeff Marston *
- Clay McEldowney *
- Will McElfresh *
- Efren Olivo *
- Andy Robinson *
- Maggie Rogers
- Bob Tassone *
- Mark Tisone *
- Gale Treiber * (Honorary)
- Mike Williams (Service Corps)
- Dennis Wool * (Honorary)
- Nolan Yelich * (Honorary)

*Paul Harris Fellow

The Rotary Four-Way Test of the things we think, say or do:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

2023-2024 Club Officers

- President: Liz Daley
- Past President: Dave Kleppinger
- President Elect: Tom Bozek
- VP/Sgt.at Arms: Nick Fairbanks
- Secretary: Andre Cherebin
- Treasurer: Mitchell Harry
- Newsletter Editor:Andre Cherebin



The Rotary Club of The Historic Triangle

VOLUME 11 No 27 "Service Above Self" February 14, 2024

Weekly meetings, Wednesdays, 12:00 noon - Colonial Heritage Clubhouse, 6500 Arthur Hills Drive, Williamsburg, VA 23188

Visit: HistoricTriangleRotary.org

Rotary Club Calendar: February – Peacebuilding and Conflict Prevention Month

- Feb.7-Guest Speaker-Carolyn Keurajian-Pres/CEO-Williamsburg Symphony
- Feb.14-St.Valentines Luncheon
- Feb.15-Salvation Army Food Pantry 1PM-4PM
- Feb.20-Board Meeting
- Feb.21-Club Assembly
- Feb.28-Guest Speaker-Jack Gary-Director Archaeology-Colonial Williamsburg Foundation
- Feb.29-PETS-Marriott Chantilly



Our Guest Speaker on Feb.7was Carolyn Keurajian-Pres/CEO-Williamsburg Symphony, a world class orchestra which was founded in 1984.She gave us a full outline of the group's concerts and events. Seen at left receiving her plaque from Pres Liz, and raffled a gift certificate for one of their performances which was won by Mark A at right.



John Dues won the weekly draw.

Jeff and his guest Lee Barnes



BIRTHDAYS THIS MONTH Feb.1-Efren Olivo.Feb.8-Tom Bozek. Feb.11-Mike Williams.Feb.25-Swanson Grizzard

ROTARY ANNIVERSARIES

Feb.1.-Bob Tassone Feb.3-Jason Blanchard.Feb.22-Tony Jones

REMINDER:FISH COLLECTION ON WED.14

ORGANIZATIONS SUPPORTED BY THE ROTARY CLUB OF THE HISTORIC TRIANGLE

- *Elf's Corner
- *The Arc of Williamsburg
- *Williamsburg Youth Baseball League
- *Friends of the Williamsburg Regional Library

- *The Salvation Army
- *Dream Catchers
- *Angels of Mercy
- *FISH
- * EDMARC

Club Directors

- Foundation: Clay McEldowney
- Membership: Dave Kleppinger
- Public Image: Jeff Marston
- Service Projects:Mike Jallo
- Administration: John Baxter

ROTARY





JACK'S ROTARY MOMENT

Rotary Moment Feb 7 Mental Health Minute

The RI President has asked us to pay attention to Mental Health this year.

Our District Mental Health Task Force encourages us to take a Mental Health Minute.

February's theme is learning about mental health and illness.

Four individuals in my world are currently dealing with mental health issues. Three are in their 30s.

Is someone in your world suffering?

An article in the February District Newsletter contains links to online resources. Take a MINUTE to check it out.

Mental Health Minute: By Susanna Calvert DG Rudy Garcia and the District 7600 Mental Health Task Force encourage Rotarians to take a Mental Health Minute each month to build resilience and awareness about mental and emotional health and well-being. Here are some ideas for February's theme of learning about mental health and illness. Explore some of the resources available on the District's suggested activities for better understanding mental health, which includes a mental health self-assessment, assessing the need for mental health support, or to participate in a Mental Health First Aid training on your own or with your club. Share with your club and/or spend a moment reflecting on mental health and illness struggles in your community. Fact: Did you know that 1:5 adults are suffering from a mental illness? However, if you add in substance misuse disorders, that goes up to 1:3. If you look at young adults ages 18-25, that number is nearly 1:2. Fact: Mental health and illness are on a spectrum. At some threshold, it crosses into a clinical syndrome defined by the DSM. Since the Surgeon General reported that 76% of adults are suffering from a symptom of a mental illness, mental and emotional wellness matters to all of us. Check out all the District's calendar and activities table to develop your resilience skills, on your own or with others in your community.

ROTARY CLUBS AT THE END OF THE WORLD

There are Rotary clubs in more than 200 countries, including some of the world's most remote locations:

St. John's, Newfoundland and Labrador, Canada

St. John's has five Rotary and Rotaract clubs. Founded in 1921, the 60-member Rotary Club of St. John's is the oldest in this Canadian province.

Fairbanks, Alaska. The Rotary Club of Fairbanks, Alaska, USA is now 84 years old. The 95-member club's lunch meetings are always well attended.

Helgoland, Germany. Members of the Rotary Club of Helgoland, Schleswig-Holstein, Germany must travel at least two and a half hours by ship to visit another club.

Tarawa, Kiribati. District 9920 includes half of Auckland, New Zealand, as well as the American territory of American Samoa and the Pacific nations of the Cook Islands, Fiji, French Polynesia, Samoa, Tonga, and Kiribati. There are 53 Rotary clubs in the district, a third of which are located in the Pacific countries.

Saint Pierre and Miquelon, France. The 21-member Rotary Club of Saint Pierre and Miquelon was chartered in 1989 on a small archipelago of 6,000 inhabitants, 25 kilometers south of Newfoundland that is part of France.

Shetland, United Kingdom. In 1972, the Rotary Club of Shetland, Shetland Islands, Scotland, took root on this archipelago which lies between Orkney and Norway where the North Sea meets the rugged North Atlantic.

THIS WEEK IN HISTORY

Feb.14.1929. Members of [Al Capone's](#) gang of bootleggers [massacred a rival gang](#) run by [George Moran](#) in Chicago during the [Prohibition](#) era.

Feb.12.1554. At age 16 [Lady Jane Grey](#), titular queen of England, was executed in London by order of [Mary I](#).

Feb.13.1689. William and Mary crowned. Following the [Glorious Revolution](#), William and Mary were proclaimed king and queen of England this day in 1689.

HUMOR CORNER

-Little Danny Cahill asked his dad, "Dad, what's an alcoholic?" Mr. Cahill thought about it for a moment and replied, "Do you see those four trees? Well son, an alcoholic would see eight." Danny replied, "But Dad, I only see two."

-Sign in a pub: "This establishment closes at 11 o'clock sharp. We are open from 10 a.m. until 11 p.m. and if you haven't had enough to drink at that hour the management feels that you haven't really been trying."

-Paddy said, "It's not about how many times you fall, it's about how many times you get back up!" The police office replied, "That's not how a field sobriety test works".