



Club of **Prince George County**

Wednesday, August 21, 2024

Club Meeting

hybrid meetings on the 1st & 3rd Wednesday at Luca Italian requested at pgrotary23875@gmail.com. 6411 Courthouse Rd Prince George, VA 23875 Time: Wednesday at 07:30



Club Leaders



Brian K. Manning President



Mark S Creech President-Elect Membership Chair



Cynthia Walker Mitchell iPast President



Janice L. Rowley



aren A. Skipper



Katie Harlow Administration Chair Club Programs Chair



<u>Chana Ramsey</u> Public Image Chair



Donna D. Street Service Projects



Sasha Reynolds nteract Club Youth Services



Carol Dois Bulletin Editor

Events/Speakers

No Events found

Membership Program on August 21st Hybrid Meeting

Wednesday, August 7, 2024

Mark Creech, President-Elect of the Prince George Rotary, will be speaking to the club on the importance of membership recruitment and retention. He will be sharing some techniques to enhance membership and share our dynamic Rotary experience. Mark, who also serves as our Membership Chair, has been participating in Zone 33/34 Membership Zoom training and webinars.



Mark has worn many hats in the club, including having been President for almost two years, when our then President was incapacitated by a devastating accident. A bit about Mark's background.

He began his IT life (for Bill Billing's sake ... IT stands for Information Technology) as an avionics airman in the US Air Force. After his honorable discharge, he went on to serve at many levels in a number of senior management and executive level roles at global telecommunications and technology companies. Among those corporations were ITT, IBM, MCI, British Telecom, WorldCom, and Dyamics Research Corporation. He holds of Bachelor of Science in Business with honors from the University of Phoenix.

Birthdays

Tracy Patterson III August 26th Mable C Farris August 26th Deloris Jefferson August 27th

Wedding Anniversaries

Dana Lewellyn Rieves September 7th Shel M. Douglas September 16th

Club Member Anniversaries

Patricia C. Hale 08-22-1996 28 Years

Margaret T. Whipple 08-22-1996 28 Years

Carol Dois Woodward 08-22-1996 28 Years

William F. Gandel 08-26-1998 26 Years

Strong Interest Shown in the PGHS Interact Club

Wednesday, August 14, 2024



The Prince George High School Interact Club was supported by the club at the school's initial school orientation for students and parents.

Sasha Reynolds, Club Youth Services Chair, and Brian Manning, Club President, attended the Prince

George High School Student orientation during which students and their parents had the opportunity to visit all the extracurricular clubs and activities offered to students at the school. Sasha reports that about 50 students have expressed an interest in participating in Interact, which is Rotary's chartered public school level affiliate chartered organization. She expects this number to decrease as there are many school organizations competing for interested students.





Sasha and Brian were on the Rotary Open Mic and noted that

they stood back, and the returning Interacters described the activities and advantages Interact membership provides for their members. RYLA (Rotary Youth Leadership Awards) was a hot topic in the discussions. This leadership training conference every year over the President's Day holiday, is a sought out experience. This peer-led conference focuses on leadership, conflict resolution, project planning, and other topics.

Traditionally, the club has sponsored three Interact delegates to the conference. This year the price is rising to \$275 per delegate. In February 2024, we had 3 Interact delegates and two group leaders (for which there is no charge). The club will

explore increasing the number of delegates the club will sponsor.

In the photo above from a couple of years ago are Antoine Ford (L) school Interact Advisor, Past Distrrict Governor Kenny Janes, and Brian Manning, current club President.

Vegetarian Recipes Galore

By Chana Ramsey on Wednesday, August 14, 2024

I love to share a good recipe! Though not vegetarian, k I often enjoy making vegetarian sides, or

even main meals. I've included a link below to introduce you to some flavorful vegetarian recipes. These are as fun to make as they are tasty. These vegetarian recipes are excellent templates if you enjoy experimenting with flavors. If you prepare any of these vegetarian recipes, please share pics and your thoughts, easy to make, taste as expected? Would you make it again?

Anyone else have recipes to share? You can email recipes to chanaamaro218@qmail.com. Here is the link to an assortment of vegetarian recipes.



Club Schedule Through August

Wednesday, August 21, 2024

As we enter the Dog Days of Summer, it is time for us to get these dates on our calendars. District

activities require registration on dacdb.com. Don't be afraid. Jan and Carol can walk you through the registration process in real time. Buckle your seat belts. BTW ... MOW is our shorthand for Meals on Wheels.





AUGUST:

August 22: MOW Donald Hunter and Katie Harlow

August 26: Happy Birthday to Tracy Patterson & Mable Farris

August 27: Happy Birthday to Deloris Jefferson

August 28: Rotary Open Mic

August 29: MOW Carol Woodward and Mable Farris

FeedMore Meals on Wheels Schedule for July

By Donna D. Street on Wednesday, August 21, 2024



It is hard to believe that the $\ensuremath{\mathsf{Dog}}$ Days of Summer are almost over. Where has the

summer gone? Below is the September Meals on Wheels delivery dates. As always, thank you, you caring Rotarians, Last week Deloirs, her daughter Malinah, and I had the pleasure of delivering the meals on a totally beautiful day. Thank you again.

If you haven't joined in the fund yet of the Meals on Wheels Deliveries, it requires only a couple of hours a month. You have the pleasure of another Rotarian's company, and you have the pleasure of serving our community.

There is an orientation video which we will link to from time to time, and instructions on how to use the FeedMore app which navigates the route for the deliverers.

August 22- Donald & Katie

29- Carol & Mable

September 5 - Bill J. and Deloris

12 - Jan and Katie

19 - Carol and Donna

26- Donald and Cynthia

The Four Way Test

By Carol Dois Woodward on Monday, June 8, 2020



Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be **BENEFICIAL** to all concerned?