

# Rotary



## Club of Prince George County

Tuesday, January 3, 2023

### Club Meeting

Prince George County Meets at The club has regular hybrid meetings on the 1st & 3rd Wednesday at Luca Italian Restaurant. Zoom link can be requested at [pgrotary23875@gmail.com](mailto:pgrotary23875@gmail.com). 6411 Courthouse Rd Prince George, VA 23875 Time: Wednesday at 07:30 AM



## IMAGINE ROTARY

### Club Leaders



Cynthia Walker Mitchell  
President



Mark S Creech  
President - Elect



Brian K. Manning  
iPast President  
Membership  
Chair



Dana Lewellyn Rieves  
Secretary



Karen A. Skipper  
Treasurer

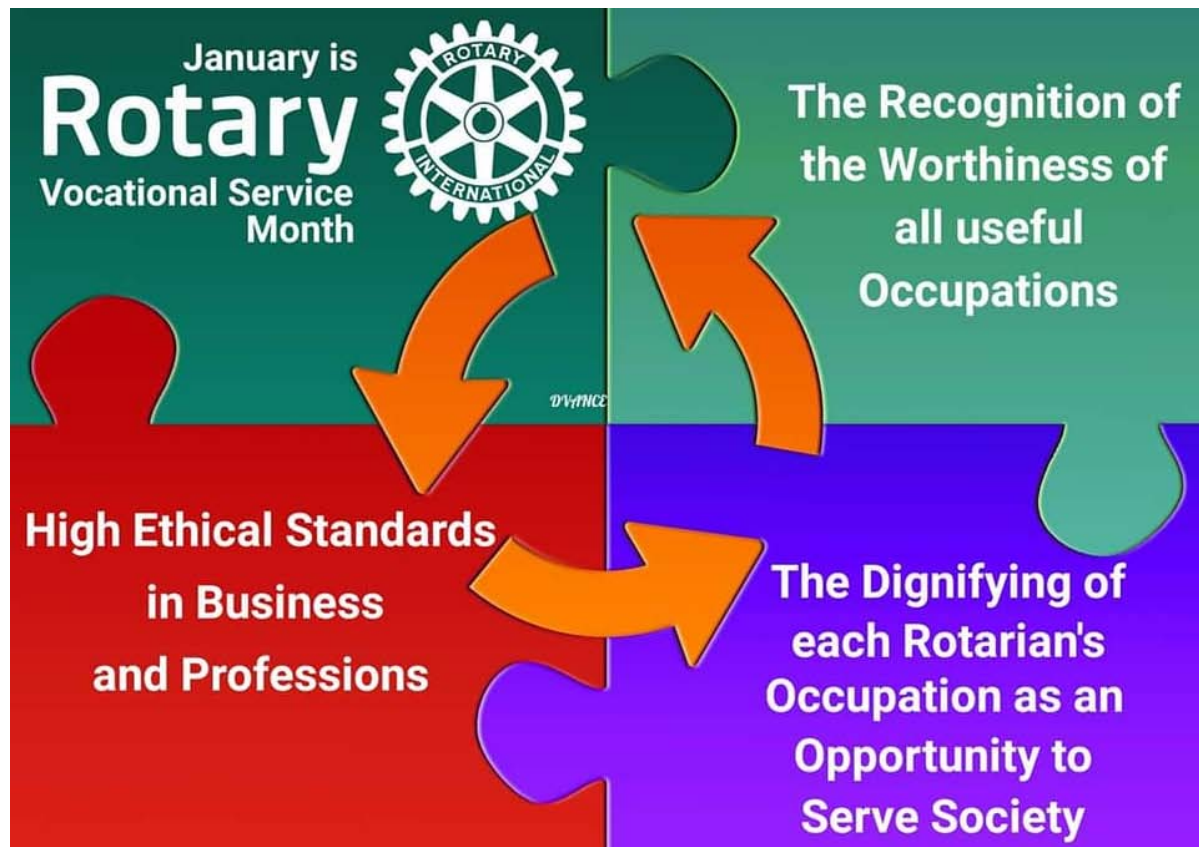


Chana Ramsey  
Public Image  
Chair

Donna D. Street

## January is Rotary Vocational Service Month

By Carol Dois Woodward on Tuesday, January 3, 2023



Our Bee, Jan Rowley, shared this graphic on our Facebook page. It was created by a wonderful long distance Rotary friend in British Columbia, Canada, Debbie Vance. Debbie is a recognized professional graphics artist and also a loved Rotary graphics artist, who shares her Rotary designs freely across the Rotary World. Debbie is also a survivor of domestic violence. Despite having brain injury (which she is conquering), she volunteers with elderly residents of nursing homes in her leisure time. We are not invading her privacy. She has shared her journey with all. Look her up on [Facebook](#) and follow her. She and her dog, Frank, will appreciate it.





Service Projects  
Chair



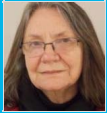
Janice L.  
Rowley  
Rotary  
Foundation  
Chair



Lillian K. Boyd  
Club Admin  
Chair  
Past President



Sasha Reynolds  
Youth Services  
Chair



Carol Doi  
Woodward  
Bulletin Editor  
Club Executive  
Secretary  
Webmaster



Janice L.  
Rowley  
Assistant  
Governor

## Chuck Arnason Speaking to the Club on January 4

By Carol Doi Woodward on Tuesday, January 3, 2023



Chuck Arnason, the Endowment and Major Gifts Advisor for Zones 33-34, will be our speaker on Wednesday, January 4, 2023, thanks to our program chair, Mark Creech. Chuck is a well known friend of the Prince George Club and has visited it frequently over the years. Chuck is a Past District Governor and Past District Rotary Foundation Committee Chair for District 7600. He and his wife, Rebecca, reside in Blackstone, Virginia and he is a member of the Blackstone Rotary.

### Events/Speakers

No Events found

### Birthdays

Shel M. Douglas  
January 4th  
Janice L. Rowley  
January 17th

### Wedding Anniversaries

No Wedding Anniversaries  
Found

### Club Member Anniversaries

Katie Harlow  
01-03-2022  
1 Year

## A Rotary Heart and Determined Mind

By Cynthia Walker Mitchell on Monday, January 2, 2023

My Prince George Rotary family has shared in the journey of my daughter Kara from Julie Palmer Overall Bikini Champ in 2018 to now a Wellness IFBB (International Fitness and Bodybuilding Federation) Pro in 2022. Kara has been on a mission to earn her professional bodybuilding status. Through diligence and discipline, she can now say, "Mission accomplished"!

Since graduating from Ball State University with a Bachelor of Arts in Advertising and a minor in both French and Dance studies, she has demonstrated a servant's heart in all aspects of her life. She has been a mentor, coordinator for the United Way Campaign at her job, regular participant in philanthropic opportunities within her sorority, has lead a service project for her 30<sup>th</sup> birthday with Feeding South Florida, and been an awesome Auntie to my granddaughters!



As an IFBB professional athlete, Kara is now afforded the opportunity to compete among the most elite aesthetic athletes world-wide, earn money, sponsorships and endorsements and remain an example for youth everywhere.



Kara plans to jumpstart her professional career in 2024 and take the industry by storm. You can follow her on Instagram @karamitch.



## Grant Management Seminars

By Carol Dois Woodward on Tuesday, January 3, 2023

The 2023 Grant Management Seminars have been scheduled for 2023. Any club which wishes to apply for or partner in a Rotary grant must have at least one member attend one of the GMS sessions. Again, this year, the District 7600 GMS sessions are virtual and free. A GMS takes only about 2 hours of a person's time and there is so much to learn, especially if one is new or newer to Rotary or to Rotary grants.


Currently, our club is a partner in a multi-club district grant with Hopewell, Colonial Heights, Petersburg, and Petersburg Breakfast Rotary Clubs to install permeable, erosion mitigating parking materials at the Rotary Park on Pocahontas Island and at the Appomattox River Regional Park (ARRP). The involvement of Rotary with ARRP began in 2011 with a district grant the club was awarded to install the first public canoe/kayak launch on the Appomattox River. Since then, in partnership with other clubs, we have installed a comfort stations, landscaping, signage, and other amenities at the park.

# Grant Management Seminar 2023

**1st Session**  
**Saturday, February 4th**  
**9-11 a.m.**

**2nd Session**  
**Monday, March 20**  
**6-8 pm**

Attendance at a GMS is required for a club to qualify to apply for or partner in a Rotary grant. The virtual zoom sessions are free and anyone may register to attend both sessions. Simply register on the dacdb calendar



So, while we still have work to do on the 2022 district grant, we need to be assessing what project for which we might apply for a district grant in 2023. If you would like to learn more about Rotary grants consider attending at least one GMS session. If you would like to attend, but you don't have access to dacdb to register, contact Dana Rieves or Carol Woodward,

## Prince George Rotary in 2022

By Carol Dois Woodward on Tuesday, January 3, 2023

The first half of the 2022-23 Rotary year has ended. Does it now seem like a blur? Here are a few reminders of what we did.





**PRINCE GEORGE COUNTY**  
**BUSINESS SHOW AND JOB FAIR**

Friday, November 4, 2022  
 Job Seekers: 1PM - 3PM  
 Central Wellness Center,  
 11023 Prince George Drive Disputanta, VA 23842

This event will be free and open to the public.  
 Job seekers are encouraged to attend to connect in-person with  
 recruiters from over 20 Prince George based businesses!

Visit our website for a list of attending businesses and open positions:  
[https://www.princegeorgecountyva.gov/business/  
 business-show-and-job-fair.php](https://www.princegeorgecountyva.gov/business/business-show-and-job-fair.php)

Contact: Stacey English, Economic Development Specialist  
 804-722-8609 or [senglish@princegeorgecountyva.gov](mailto:senglish@princegeorgecountyva.gov)







These photos only skim the surface. We didn't mention our support of the Back to School Fair, sponsoring a hole at the county's





Disc Golf Course, providing seasonal accessories and sundries for the Rotary Tree at the Community Health Center, supporting Juneteenth, supporting our sister organizations, and so on, and so on. We can hardly wait to share what we do in the second half of the 2022-2023 Rotary year.



## The Four Way Test

By Carol Dois Woodward on Monday, June 8, 2020

