

COGS

NOVEMBER 11, 2024

VOLUME 102

ISSUE 19

Rotary 
Club of Kingsport

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**THE MAGIC
OF ROTARY**



November 13 Meeting Preview
Santa Train

WHAT DOES THE
KINGSPORT SPIRIT
MEAN TO YOU?

*Putting aside self-interests to
help friends and neighbors
facing homelessness, addiction,
uninsured medical needs, or
financial struggles.*



KINGSPORT'S
Best
2024

Don Royston

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November 06 , 2024 Meeting Summary

Attendance was 46.7%

Paul Gray opened the meeting and introduced Ken Calvert, who led the invocation and Pledge of Allegiance. Sharon Moore provided the week's Sunshine.

Please note that there will be no meetings on 11/20 or 11/27. However, on November 20 at 4:30 pm, the club will help Girls Inc. to serve their annual Thanksgiving dinner. More details will be provided closer to the event.

Throughout November the club is collecting money for Rotary International's Polio Plus campaign in honor of World Polio Day. Cash, check or Venmo payments will be accepted through November, or members can request billing. Happy Dollars in the amount of \$131 were collected today on behalf of Polio Plus and the club received a check for \$84 as our share of the Pints for Polio event last month.



Dr. Judy Fischer introduced this week's speaker, Dr. Stacey McKenzie-Means, an infectious disease specialist with the Providence Medical Clinic in Kingsport. She provided an update on the state of polio infections around the world as part of the club's recognition of World Polio Day.

Polio is currently believed to be ninety-nine percent eradicated around the world, but there are several strains still circulating, including the wild strain and an escaped strain from the live vaccine utilized everywhere except the Americas. Only killed vaccines are used in North and South America because there are no strains that exist in this region and the protection can be slightly less effective and yet still completely protect the populations. Live-strain vaccines are still used in other regions of the world where the disease is still existing in various hot spots.

Dr. McKenzie-Means also discussed the news that a new vaccine that can better fight the escaped strain of polio has been developed, as well as the use of Vitamin A drops alongside the oral polio vaccine to improve its effectiveness in children.

Paul closed the meeting with a recitation of the Four-Way Test.

Poinsettia/Wreath Fundraiser



FUNDRAISING CAMPAIGN 2024

One of the club's fundraising campaigns over the last few years has been the sale of Poinsettia Plants at Christmas. This year we would again like your support for this major fundraising campaign with a target of exceeding the previous year's sales. The more we raise, the more we can put back into our community projects. We will offer Fraser Fir Wreaths to supplement our fundraising campaign.

This year there will be 4 alternatives of pot/basket size with the usual choice of red, white or marbled flowers (except for the 1 plant pot which will only be available in red or white). We will also offer 3 sizes of Fraser Fir wreaths.

The following is the cost of the various options available for plants and wreaths.

	Donation	Color Options
1 Plant Pot	\$10	Red or White
2 Plant Pot	\$15	Red, White or Marbled
3 Plant Pot	\$18	Red, White or Marbled
4 Plant Basket	\$20	Red, White or Marbled

**Add \$1.25 to price of poinsettia for a bow.*

12" Fraser Fir Wreath	\$16
16" Fraser Fir Wreath	\$21
20" Fraser Fir Wreath	\$29

**Add \$3.00 to price of wreath for a bow.*

An order form for recording your orders is attached. Please return the completed order forms to John Fleming. An electronic version of the form will be sent out by email and return by this method is preferred if possible. Members are being asked to pick up plants and wreaths at the greenhouse. **Curbside pickup is available.** If a member is unable to pick up their order, see John Fleming to arrange another delivery alternative. Keeping the plants and wreaths at the greenhouse allows us to offer a higher quality product.

Key Dates

- | | |
|--|--|
| Friday, November 22, 2024. | - All orders must be submitted as we must confirm our requirements with our supplier, late orders need to be in by Saturday November 30, 2024 |
| Monday December 2 – Saturday December 7, 2024 | - Plants & Wreaths available for delivery and pick up at FJ Torbett Greenhouse located at 6181 Hwy 11E Piney Flats Phone 423-538-8492 (Curbside pickup available.) |

THE TARGET IS FOR EVERY MEMBER OF THE KINGSPORT ROTARY CLUB TO SELL A MINIMUM OF \$180 WORTH OF PLANTS AND WREATHS. BUT LET'S SEE IF WE CAN ALL EXCEED THIS FIGURE IN ORDER TO MAKE IT A SUCCESSFUL FUND-RAISING CAMPAIGN.

(NOTE: Any club members who don't opt to sell poinsettias/wreaths for the fundraiser can instead make a donation to the club in lieu of sales. The suggested donation amount is \$75, but donations of any size are welcome!)

Rotary club's plastic cleanup leads to new benches

Rotary Voices

By Martin Cohn, Rotary Club of Springfield, Vermont, USA



Tracey Craft, adult services coordinator for the Springfield Library, and Tracy Obremski, a technical services librarian, read on two of the benches earned by the Springfield Rotary Club through the plastic film recycling challenge.

Last year, I read about a project conducted by the Capital City Sunrise Rotary Club in New Hampshire, USA. The club collected plastic film and received a recycled bench. Since I enjoy learning about successful club projects and figuring out ways to replicate them, I contacted the club's president, who readily agreed to give a presentation to our club.

That was the beginning of our own community recycling initiative.

Beginning in February of 2023, we entered the NexTrex Recycling Challenge on behalf of our community. Through its recycling program, Trex, a manufacturer of wood-alternative decking products, encourages the public to recycle grocery bags, bread bags, produce bags, cereal bags, ice bags, case

overwrap, bubble wrap, dry cleaning bags, Ziploc and other re-sealable bags, and wrap for other objects. For every 1,000 pounds of plastic film a sponsoring organization collects, Trex donates a four-foot long composite bench through its furniture line. The benches are made out of milk jugs and water bottles, while the collected plastic waste is used in other Trex decking products.

We placed a bin in our town library, and also collected plastics from a local manufacturer, hospital, and food co-op. Residents gladly pitched in, diverting more than 6,143 pounds of plastic film from the waste stream.

Weekly posts on social media keep the community apprised of the progress. To date, eight benches have been installed around the Springfield community, with a ninth underway. Each bench has a plaque that acknowledges our club and is dedicated to our 95th anniversary.

One of the most significant benefits of the challenge has been increased awareness. I have become more mindful of the pervasive presence of plastics in everyday life. This has sparked me to have conversations with friends, family, and colleagues, igniting a ripple effect throughout our community that has increased awareness of plastic waste.

This has truly been a rewarding project, as we reduce plastic waste, promote financial savings, empower personal responsibility, and foster community engagement. We are helping people embrace sustainable practices in our daily lives.

As we strive towards a cleaner, healthier planet, each of us has the power to make a difference – one plastic-free choice at a time.

CALENDAR OF EVENTS

Rotary Foundation Month
NOVEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30 	31	1	2
3	4	5	6 World Polio Day— Dr Stacey McKenzie	7	8 Club Social at 6ix Grist and Grind Taphouse	9
10	11	12	13 Santa Train—Don Royston	14	15	16
17	18	19	20 No Meeting—Service Project at Girls Inc.	21	22	23
24	25	26	27 No Meeting— Thanksgiving Week	28	29	30

MEMBER BIRTHDAYS

Nov 01—Rebekah Rockett
Nov 14—Leslie Lynch
Nov 14—John Fleming
Nov 24—Linda Coffey
Nov 30—Judy Fisher

WEDDING ANNIVERSARIES

Nov 06—Paul Montgomery—48 Years
Nov 07— Bill Lewis—39 Years
Nov 17— David Randolph—12 Years
Nov 30— Jeff Fleming—39 Years

MEMBER ANNIVERSARIES

Nov 01—Luther Cain—36 Years
Nov 01—Al Crymble—38 Years
Nov 01—Terry Cunningham—29 Years
Nov 01—Kitty Frazier—34 Years
Nov 04—Deborah Daugherty—9 Years
Nov 17—David Randolph—3 Years

Upcoming Events

November 20—Assist Girls Inc. serve their Annual Thanksgiving Dinner

HOW TO FIND US

Rotary Club of Kingsport

District 7570 | Area 13 | Club 5739

Meets every Wednesday at Noon
at

The Crown Center inside Food City
1205 N Eastman Road | Kingsport, TN



facebook.com/RotaryClubofKingsport/



@RotaryClubofKingsport



KingsportRotaryClub@gmail.com



KingsportRotaryClub.com

CLUB OFFICERS:

PRESIDENT:

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Leslie Lynch | 520.425.2259

VICE-PRESIDENT:

Kandi Douthat | 423-620-0281

TREASURER:

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SECRETARY:

Heather Cook | 423.502.0541

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IMMEDIATE PAST PRESIDENT:

Heather Cook | 423.502.0541

INTERNATIONAL & DISTRICT OFFICERS:

RI PRESIDENT:

Stephanie Urchick

DISTRICT 7570 GOVERNOR:

Bret Hrbek

AREA 13 GOVERNOR:

Joseph (Joe) Ley

DISTRICT SECRETARY:

Nancy Whitlock

DISTRICT TREASURER:

Jacob Higginbotham

DISTRICT FOUNDATION CHAIR:

Tim Carter



THE FOUR-WAY TEST

OF THE THINGS WE THINK, SAY, OR DO

- 1 | Is it the **TRUTH**?
- 2 | Is it **FAIR** to all concerned?
- 3 | Will it build **GOODWILL & BETTER FRIENDSHIPS**?
- 4 | Will it be **BENEFICIAL** to all concerned?

Local Clubs for Make-ups

MONDAY

Noon | Tri-Cities—Northeast State Community College, Pierce Admin Bldg., Room P309, Blountville, TN

6:00 PM | Johnson City Evening—Howard Hunt's Edward Jones Office, 4018 Roan St. Johnson City, TN

TUESDAY

7:15 AM | Scott County—Scott Co. Park & Golf Course Clubhouse, 247 Fore Drive, Gate City, VA

7:30 AM | Bristol Morning VA-TN—The Summit Co-Work Space (Expedition Meeting Room) 1227 Volunteer Pkwy, Bristol, TN

Noon | Bristol VA-TN—Bristol Train Station, 101 Martin Luther King Jr Blvd Bristol, VA

Noon | Johnson City—Johnson City Country Club 1901 E Unaka Ave, Johnson City, TN

Noon | Greeneville—Tusculum University, Niswonger Commons Pioneer Café, 60 Shiloh Road Greeneville, TN

WEDNESDAY

7:00 AM | Greeneville-Morning—Laughlin Memorial Hospital Cafeteria Conference Room, Greeneville, TN

7:30 AM | Kingsport-Sunrise—Food City Press Room, Suite 300, 200 Clinchfield St., Kingsport, TN

Noon | Unicoi County—Town Hall, 211 N.Main St., Erwin, TN

Noon | Elizabethton—First Christian Church of Elizabethton, Fellowship Hall, 513 Hattie Ave, Elizabethton, TN

THURSDAY

7:15 AM | Johnson City Morning—Food City Community Room, 920 N. State of Franklin Rd., Johnson City, TN

Noon | Kingsport-Downtown—Food City Crown Center, 1205 N Eastman Road, Kingsport, TN

AVAILABLE 24/7—

www.RotaryeClubOne.org