

COGS

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Rotary 
Club of Kingsport

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**THE MAGIC
OF ROTARY**



September 04 Meeting Preview

Lisa Christian—Sullivan County Drug Coalition



Lisa Christian retired from the Sullivan County Sheriff's Office in 2018 after 35 years of dedicated service. During her tenure, she served in various roles, including Records Clerk, Dispatch, Patrol, Civil Process, Criminal

Investigations, Internal Affairs, Captain in Charge of SROs and Vice/Narcotics, Administrative Major, and spent the last 12 years as Chief Deputy. Public service has always been her passion.

Since retiring, Lisa has been actively involved in the nonprofit sector, working with organizations such as MyRide Kingsport, Appalachian Mountain Project Access and the Sullivan County Anti-Drug Coalition, where she continues to make a positive impact.

Lisa graduated from Bethel University in McKenzie, TN, and the FBI Academy. She is a former member of the Kingsport Downtown Optimist Club and the Lions Club, and a graduate of Leadership Kingsport.

Lisa and her husband, Reece, have a daughter, a son, three grandsons, one granddaughter, and three Shih Tzus.

Her program, "Vaping and Keeping Kids Safe," will cover topics such as: What is Vaping? Why Are Young People Vaping? Tips on how to start the conversation, creating an "Exit Plan" in case a child is offered a vape, and making good choices.

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August 28, 2024 Meeting Summary

Attendance was 57%

Paul Gray opened the meeting and introduced Ken Calvert, who led the invocation and Pledge of Allegiance. Isaac Webb provided the week's Mystery Member Moment, which turned out to be out himself!

Don't forget that we still need two volunteers to work at the registration desk for the RLI class being held in Kingsport on September 14. If you can help for a few hours that morning, please see Leslie Lynch.

There will be a club social event on September 27. More details will follow.

Area 13 Membership Advocate Milt Carter announced that Model City Tap House will host a Pints Against Polio event on October 16 from 4:00 pm till closing. Proceeds from sales that evening will be donated to Rotary's Polio Plus program, so come out and support the fight against polio while enjoying great drinks and food with great people! (See Flyer on Page 4).



Paul introduced this week's speaker, Sarah Fagerburg, who recently started a local Acton Academy franchise. She has nine children who all spent time in both public schools and being home-schooled but felt that neither system met her family's particular needs. When she heard a podcast featuring the founder of Acton Academy, she believed that this system was one that she could support. After learning that the closest location was 200 miles away, she decided to open her own locally.

Ms. Fagerburg provided a brief overview of the school's philosophy, in which the teachers are guides and only ask questions of the students, requiring them to come up with their own answers. There are no divisions by grade—instead, there are four groups of 36 students, each featuring age ranges that roughly correspond to preschool/ kindergarten, elementary school, middle school, and high school. Acton Academy adherents believe that students benefit from having a range of ages and abilities in the same groups.

Paul closed the meeting with a recitation of the Four-Way Test.

Area 13 Pints for Polio Event



Enjoy Food, Drink and
Fellowship while Supporting
Rotary's Polio Eradication
Project

Reunion of past members renews Rotary bonds

Rotary Voices

By Nitin Kapur, 2024-25 president of the Rotary Club of Chandigarh Midtown, India

One of the most rewarding experiences I've had as club president was our recent Alumni Meet. It was all about reconnecting with the past to build an even brighter future for our club.

As I took on the role of president, I thought a lot about the incredible legacy of our club. Over the years, we've had many amazing members contribute their time, energy, and passion to our shared mission. But as life goes on, some of our members have had to step away. I've long thought about finding a way to bring them back into the fold. I wanted to remind them of the Rotary spirit that first brought us all together.



Several former members of the Rotary Club of Chandigarh Midtown are welcomed back during a special event in their honor.

I decided to reach out to every former member, personally calling them and inviting them to our Alumni Meet. I knew these were the people who had once been the heart and soul of our club. I believed that, deep down, the Rotary spirit still burned within them. Those phone conversations were some of the most fulfilling I've ever had. It was clear that many former members missed the camaraderie, fellowship, and sense of purpose that Rotary offers.

Former members recall Rotary's magic

When our Alumni Meet finally came around, I was thrilled to see eight former members walk through the doors. The room was filled with familiar faces, and it felt like no time had passed at all. This gathering gave the alumni a chance to connect again – not just with the club, but with each other. As they shared their stories, it was clear that the essence of Rotary had never left them.

One member talked about the fellowship they longed for and the friendships Rotary nurtured. Despite the demands of a busy life, they were eager to revive those relationships. Another member, who had taken a break due to work commitments abroad, expressed how much they missed being part of our projects. Their passion was palpable.

By the end of the evening, I was overjoyed to welcome six alumni back into our Rotary family. Seeing them rejoin was a powerful affirmation of the enduring impact Rotary has on all of us. The excitement in the eyes of our returning members suggested that together, we would achieve even greater things.

But that's not all: Our Rotary family grew from 84 to 90 members in just one day! It was a milestone that filled me with pride and hope for the future. I could see the excitement in the eyes of our returning members. I know that we're going to achieve even greater things together.

District governor nominee Dr. Rita Kalra shared inspiring updates on our current projects and initiatives. Her words resonated deeply with everyone in the room, reminding us that being a Rotarian is more than just a title – it's a lifelong commitment to service and community.

Returning members bring renewed energy

This Alumni Meet was about more than just reconnecting with the past; it was about building on our legacy and looking forward to the future. It reaffirmed the power of Rotary – its ability to bring people together, inspire us to make a difference, and always feel like home.

As we move forward, we carry with us the renewed energy and expanded perspectives our returning members bring. Their homecoming strengthens our club and enriches our collective ability to serve our community and fulfill the Rotary mission.

This reunion stands as a beautiful reminder of the lasting connections nurtured through Rotary and the timeless appeal of our organization's core values. It reinforces the idea that once you're a Rotarian, you're always a Rotarian – a sentiment transcending time and distance.

Regularly seek feedback from members and act on it to show openness to change. Use the [Member Satisfaction Survey](#) to ensure members are enjoying their experience.

CALENDAR OF EVENTS

SEPTEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Lisa Christian— Sullivan County Drug Coalition	5	6	7
8	9	10	11 Laura Cross—Health Extension for Diabetes	12	13	14
15	16	17	18 Shantell Bogle—Oasis of Kingsport	19	20	21
22	23	24	25 Alderman Betsy Cooper—Friends in Need Health Center	26	27	28
29	30	1	2	3	4	5

MEMBER BIRTHDAYS

Sept 04—Jeff Fleming
 Sept 13—Lynn Tully
 Sept 16—Pam Rehart
 Sept 17—Jerry Lukach
 Sept 22—Bill Argabrite

WEDDING ANNIVERSARIES

Sept 05—Bill Kirk—63 Years
 Sept 19—Deborah Adams—32 Years

MEMBER ANNIVERSARIES

Sept 01—Gary Bridges—37 Years
 Sept 01—Paul Gray—10 Years
 Sept 07—Isaac Webb—8 Years
 Sept 08—Sharon Moore—3 Years
 Sept 24—Jeff Fleming—27 Years

Upcoming Events

September 07—District 7610 Conflict Resolution Workshop—Laurel Ridge Community Collage, Warrenton VA
 September 14—Rotary Leadership Institute—Part 1—Colonial Heights Presbyterian Church, Kingsport, TN

HOW TO FIND US

Rotary Club of Kingsport

District 7570 | Area 13 | Club 5739

Meets every Wednesday at Noon
at

The Crown Center inside Food City
1205 N Eastman Road | Kingsport, TN



facebook.com/RotaryClubofKingsport/



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RI PRESIDENT:

Stephanie Urchick

DISTRICT 7570 GOVERNOR:

Bret Hrbek

AREA 13 GOVERNOR:

Joseph (Joe) Ley

DISTRICT SECRETARY:

Nancy Whitlock

DISTRICT TREASURER:

Jacob Higginbotham

DISTRICT FOUNDATION CHAIR:

Tim Carter



THE FOUR-WAY TEST

OF THE THINGS WE THINK, SAY, OR DO

- 1 | Is it the **TRUTH**?
- 2 | Is it **FAIR** to all concerned?
- 3 | Will it build **GOODWILL & BETTER FRIENDSHIPS**?
- 4 | Will it be **BENEFICIAL** to all concerned?

Local Clubs for Make-ups

MONDAY

Noon | Tri-Cities—Northeast State Community College, Pierce Admin Bldg., Room P309, Blountville, TN

6:00 PM | Johnson City Evening—Howard Hunt's Edward Jones Office, 4018 Roan St. Johnson City, TN

TUESDAY

7:15 AM | Scott County—Scott Co. Park & Golf Course Clubhouse, 247 Fore Drive, Gate City, VA

7:30 AM | Bristol Morning VA-TN—The Summit Co-Work Space (Expedition Meeting Room) 1227 Volunteer Pkwy, Bristol, TN

Noon | Bristol VA-TN—Bristol Train Station, 101 Martin Luther King Jr Blvd Bristol, VA

Noon | Johnson City—Johnson City Country Club 1901 E Unaka Ave, Johnson City, TN

Noon | Greeneville—Tusculum University, Niswonger Commons Pioneer Café, 60 Shiloh Road Greeneville, TN

WEDNESDAY

7:00 AM | Greeneville-Morning—Laughlin Memorial Hospital Cafeteria Conference Room, Greeneville, TN

7:30 AM | Kingsport-Sunrise—Food City Press Room, Suite 300, 200 Clinchfield St., Kingsport, TN

Noon | Unicoi County—Town Hall, 211 N.Main St., Erwin, TN

Noon | Elizabethton—First Christian Church of Elizabethton, Fellowship Hall, 513 Hattie Ave, Elizabethton, TN

THURSDAY

7:15 AM | Johnson City Morning—Food City Community Room, 920 N. State of Franklin Rd., Johnson City, TN

Noon | Kingsport-Downtown—Food City Crown Center, 1205 N Eastman Road, Kingsport, TN

AVAILABLE 24/7—

www.RotaryClubOne.org