



THE ROTARY CLUB  
OF SHEPHERDSTOWN

# Rotary Club of Shepherdstown

## Weekly Router

October 22, 2019

shepherdstownrotary.org | fb.com.shepherdstownrotary



Michelle Casuccio  
President



Terry Anderson  
Vice President



Karen Kinnett  
Treasurer



Rick Caruso  
Secretary



The Appalachian National Scenic Trail, also known as the A.T., is a marked hiking trail traversing through 14 states in the Eastern United States, extending between Springer Mountain in Georgia and Mount Katahdin in Maine. Many outdoor enthusiasts choose to hike all or part of the trail beginning in early Spring through the Fall to monopolize on the favorable weather conditions while enjoying the scenic views and camping opportunities afforded by the Appalachian Mountains.

Pamela Caruso and Donovan Bregg are Berkley County residents and medical care professionals living and working in our local community with a shared passion for hiking and the great outdoors. In fact, both have recently completed the 2,200 mile 'thru-hike' of the Appalachian Trail. They will be sharing their journey and adventures with us through their presentation this morning.

Pamela is a Columbia, MD native and Shepherd University graduate with a BSN in Nursing. She is currently a practicing RN in the Intensive Care Unit at Winchester Medical Center. Donovan is a WVU graduate hailing from Wardensville, WV, and a CRNA, Nurse Anesthetist, at Berkeley Medical Center. Both Pamela and Donovan have chosen to pursue their careers locally and established their residence in Bunker Hill for its proximity to their respective work places and their love for hiking and camping. *[Photo above at McAfee Knob in Virginia - 702 mile marker from Springer Mountain/northbound, April 28.]*



THE FOUR WAY TEST  
OF THE THINGS WE THINK, SAY OR DO

FIRST

IS IT THE TRUTH?

SECOND

IS IT FAIR  
TO ALL CONCERNED?

THIRD

WILL IT BUILD  
GOODWILL  
& BETTER FRIENDSHIPS?

FOURTH

WILL IT BE  
BENEFICIAL  
TO ALL CONCERNED?

## District and Club Dates

### October 23

Satellite Club-Evening

### October 26

One Rotary Summit  
Shepherd University

District 7360 Foundation  
Dinner, Williamsport, MD

Tree Planting, Elmwood  
Cemetery

### October 29

Canal Trust, Canal Town  
Partnership

### November 2

Fly-over and Shepherd Rams  
Football Game

### November 5

Club Assembly

### November 6

Satellite Club-Evening

### November 9

Adopt-a-Highway Cleanup



The **Carla Hardy WV CommuniTree** project promotes tree plantings on **public lands** through volunteerism and education in several WV counties, including Jefferson. As was done in 2018, the **Shepherdstown Rotary** is **partnering with the Cacapon Institute** to plant a mix of 16 trees at the Elmwood Cemetery. There is no cost for the trees, just a commitment to meet an equivalent of \$1500 in volunteerism work to plant and care for the trees. Planting will **begin at 9:00 am on October 26, 2019**. Similar to last year, those interested may participate in grounds beautification by weed eating around some of the tombstones. If you are interested, please bring fuel and your weed-eater. Last year, about 40 individuals, which included Rotarians, members of the Elmwood board and the local area Scouts assisted with planting trees and weed eating around tombstones.

It is vital to have as many volunteers as possible to meet the commitment. Holes will be bored using a tractor and an auger and the volunteer simply places the tree in the hole and mulched, so it is a one to two-hour effort per volunteer, depending on the number of volunteers. **Please consider volunteering for this project** and leave a legacy that you have improved a Shepherdstown historical site. Please contact Steve Campbell, Community Service Chair for more details.

### Club News

**Tom Miller** announced that a fly-over has been approved for the Shepherd University Rams football game on November 2nd.

**Rick Caruso** reminded everyone of the **highway clean-up** that will be on Saturday, November 9th. Stay tuned for details on this and tree planting.

**Terry Anderson** announced that Pop Corn for Polio raised \$357.00 in funds for the fight against Polio. He thanked everyone that made this successful.

**Dana Orsini** thanks everyone that registered for the One Rotary Summit and District 7360 Foundation Dinner. See you there!

#### **Last Week's Guests**

Lily Kessler- Rotaract  
Paul Espinosa, WV House of Delegate and Charles Town Rotarian

**50/50 Winner**  
Ken Mann

**Birthday**  
David Gross 10/26

**Anniversary**  
None

**rotary**  
**youth**  
**exchange**



#### **SUPPORT OUR YOUTH**

The club is still looking for a **Chair Person** to be the point of contact for the **youth exchange**. If you are interested, please see Terry, 304-268-0377.

Submit your news to David Gross via [david@radius.plus](mailto:david@radius.plus) by 6pm Saturday for inclusion in the following Tuesday's Router.