

# Rotary



# Club of Cranberry Township - Sunrise

## Speakers

**May 06, 2023**

Visit the Rotary table at Cranfest

Visit :

<https://www.cranberrytownship.org/1420/CranFest>

**May 19, 2023**

Hosting District 7280 District Conference

Club member and District 7280 Governor Jack Cohen, Presiding

## Events

April 28th

[Cranberry Township Sunrise Weekly Club Meeting](#)

May 5th

[Cranberry Township Sunrise Weekly Club Meeting](#)

May 12th

[Cranberry Township Sunrise Weekly Club Meeting](#)

May 19th

[Sunrise Weekly Meeting - Speaker Sara McMahan to talk about CORE](#)

May 26th

[Cranberry Township Sunrise Weekly Club Meeting](#)

## Birthdays

Daniel Santoro Sr.

May 15th

## Wedding Anniversaries

David R. Capan

April 30th

Brian M. Kile

May 27th

## Club Leaders



[Karen S. Newpol](#)  
President



[Michael J. Ozdinec](#)  
President-Elect

[Timothy D. O'Brien](#)  
Secretary

## Club Bulletin

By Timothy D O'Brien on Friday, April 28, 2023

Club Bulletin 4/28/23

### Happy Bucks

Chris Williams is happy about the Pirates being in 1<sup>st</sup> place and Steelers!

Tim O'Brien put a happy buck as Jack Cohen announced his retirement for 2024!

**Membership** – Nothing new per Elayne, Ron Antinucci is traveling but we will be scheduling an induction. Jon Murray will be turning in his paperwork soon.

**Communication with Denise Etter** – Working closes with district conference coming up and no updates for community service at this time. Karen asked Denise to get an email out on Dick Hadley Bench – Sat June 10<sup>th</sup> – just got grant money for the bench and Chris Williams helped pick out the space for the bench.

### Community Service with Rich Vozel

May 6<sup>th</sup> is Cranfest – Elayne spearheading the effort – still need a few volunteers – email Rich Vozel – 11 to 1pm and 1pm to 3pm. Elayne shared she will have a table, highlight things that Rotary does and might interest the international community. The goal is get speakers from other organizations attending CranFest to come speak to the club per Rich Vozel.

May 14<sup>th</sup> – Mother's Day – Flowers for Widows – Nancy Iglesias- Cranberry Place – 72 women there and many loners that don't have family who visit – going to drop off 25 things of flowers that day and sign up next day – if someone would like to do it Saturday or Sunday to drop it off that would be helpful – Rich is hoping to do it that day.

May 18<sup>th</sup> – Rowan Student of the Month in person at ROWAN

May 21<sup>st</sup> – Best Buddies Friendship Walk in Pittsburgh

June 6<sup>th</sup> Clean Water Workshop with Tom Norton, Ben Heinlein and Mike B.

June 10<sup>th</sup> Richard Hadley's Bench Ceremony

October 1<sup>st</sup> – VOICE 5K

October 7<sup>th</sup> – tentative Gleaners Summer Food Drive

### Fundraising with Chris Williams

Ale Garden Partner when it comes to beer and going to settle that tomorrow. Back up plan as well. Working on sponsorships with Cranberry township and Cranberry Township doesn't have enough sponsorships left so 1 or 2 moving over to the Ale Garden. Chris Williams is looking for a committee to help.

July 15<sup>th</sup> – BINGO – Community Days – decided at board meeting that Sunset club will run BINGO and we will focus our folks the Ale Garden and Parking. Tim Hester confirmed he is off the hook on volunteering, but confirmed supplies needed are in storage and it was discussed Mark Segar put the items in storage recently. Karen will ask Mark about the supplies.

July 15<sup>th</sup> – Community Days Parking – Carl Heinlein leading this effort.

Karen asked about the noon club coordination and no update yet with Chris Williams.

### District Conference Update with Jack Cohen.

125 people signed up per Jack Cohen – everyone is checked in and more people signed up 4 more. Everyone is coming together. Everything else is pretty well set. Elayne asked about the schedule for the packing of the meals – that is 230pm in the afternoon Saturday – that is when Jack needs a minimum of 125 people to pack 25,000 meals and folks will pick them up and deliver them to Butler Hospital and CCR – they are the folks who deliver food to food shelters.

Go into the website per Jack to sign up for volunteer spots for coverage – thanks to Matt Fiore.

**Speaker – Elizabeth (Betz) Danko from Sound Advice and Entertainment**  
Betz is an entertainer – she does all sorts of different things – she likes to get folks to get to know one another.

We did calisthenics and woke our bodies up – all enjoyed and bodies were awoken.



[Kimberly Reuss](#)  
Rotary Foundation Chair  
Vice President



[Shawn Firster](#)  
Treasurer



[Jerry A. Andree](#)  
Club Director  
Webmaster



[Christopher J. Williams](#)  
Club Director



[Andrew J. Wilson](#)  
Public Relations Chair



[Elayne P. Wilhelm](#)  
Interact Club Sponsor  
Membership Chair



[Matthew S. Fiore](#)  
Webmaster



[Mark W. Segar](#)  
iPast President



[Linda M. Clautti](#)  
Assistant Governor

Next we moved on to an activity with boom wackers – Michael Ozdinec asked Betz to clarify if Boom Wackers was the official term and Betz confirmed it is indeed. The club was thoroughly engaged with Betz and each other. Some highlights were Brian Donatellis variations of the cadence, Chris Williams enthusiasm for the boom chacka lacka. Betz highlighted this exercise is meant to highlight how we can create connection amongst individuals who may not already know each other to break down the barriers and get involved with one another laugh and have a good time. Betz shared she usually leads drum circles as well as breathing exercises. Betz also shared there is a change that happens for a group that works together in our rhythms, but also in a scientific way – we play a rhythm that we communicate on the same level and that is why it's a great team building activity as a drum circle. The walls go down in the first 45 to 60 minutes of a drum circle to get folks to open up and communicate together.

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