

Club Meeting

Rich-Mar (Valencia) Meets at Treesdale Country Club One Arnold Palmer Drive Gibsonia, PA 15044 Time: Wednesday at 12:15 PM

In This Issue

May 3 Program: Inspire Hearts and Hands, Plus Club Assembly

<u>Don't Miss the May 1st</u> <u>Deadline</u>

Mars High School Interact Club Supports March of Dimes

Rich-Mar Satellite Club

Mars Shred-It Day

HARD TO RECYCLE COLLECTIONS: June 3rd 9am-1pm

Mars Applefest: October 7th

<u>District 7280 Keystone</u> <u>Rotary International</u> <u>Eclub</u>

Rotary Stands With Ukraine

Other Items of Interest

Four Way Test

Upcoming Events

May 3rd
Rich-Mar (Valencia)
Weekly Club
Meeting
Speaker: Mindy
Schrnitgen

May 3 Program: Inspire Hearts and Hands, Plus Club Assembly

Join us at Treesdale Country Club at Noon on Wednesday May 3rd, when we will have a club assembly plus a presentation about one of the most dynamic and impactful organizations in our community... Gibsoniabased:



Loving With Our Hearts: Giving With Our Hands

Inspired Hearts and Hands (IH2) is a community-wide coalition of inspired hearts and hands collectively focused on addressing economic hardship and food insecurity through food box distributions, community events, holiday angel trees, educational enrichment programs, and student appreciation activities. Together, we are serving those who are less fortunate, not just because it is a good thing to do, but rather because it is our hearts' desire to share our blessings with others

Grass-Roots Inspired Program

Inspired Hearts and Hands (IH2) was founded in 2012 and fully incorporated in 2019. The inception of the mission began in 2012 as Mindy Schnitgen sought to provide food to families facing poverty in her local neighborhood of Mars and surrounding communities. As friends, neighbors, and community members joined her, the initiative grew rapidly to also include holiday gifts. It was no longer feasible to run the program from her garage, home, and borrowed office space. In 2019, after incorporating as a 501(c)(3), IH2 leased a 2500 sq. ft. facility in Gibsonia. As the program grew in reach and scope, space once again presented an issue. In 2022, IH2 expanded within the same facility, bringing total footprint to 5000 sq. ft, procuring the equipment necessary to operate more effectively, efficiently, and safely.

"As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others." — Audrey Hepburn

MEALS2 PROGRAM

Inspired Hearts and Hands (IH2)'s Meals Squared Program addresses food insecurity and nourishment in the local community through the distribution of non-perishable food boxes, each containing family-friendly meals, kid-friendly snacks, and a grocery gift card for fresh proteins and ingredients. IH2's food boxes are distributed several times throughout the year, particularly during the holidays when expanded support is most needed. Each food box contains both a \$10 grocery shopping card for fresh ingredients/proteins as well as the components necessary to prepare 5-6 essential meals.

HEARTS GIVE HOPE PROGRAM

IH2 hosts an annual gift-giving program for children, veterans, and individuals facing poverty. The mission centers on proactively sharing joy, hope, and love for the holidays. The program also helps alleviate the financial and emotional

Subject: Club Assembly & Inspired Hearts and Minds

May 10th Rich-Mar (Valencia) Weekly Club Meeting

May 17th Rich-Mar (Valencia) Weekly Club Meeting Speaker: Coach

LaDonne Subject: Pine-Richland High School Football

May 24th Rich-Mar (Valencia) Weekly Club **Meeting** Speaker: Amy Smith Subject: MHY Family

Birthdays

Services

Joe Schmitt May 3rd Mary E Lord May 10th Charles D Berry May 13th Richard Mangel May 21st Jim Meighen May 27th

Club Officers



Mary E Lord Presid<u>ent</u>



Thomas Kvederis President-**Elect**



Mac F Purvis Jr. Secretary



Weston Treasurer



Seth David <u>Prentice</u> **Public** Relations Chair



Joe Schmitt Rotary Foundation Chair



Amy J Smith Membership Chair

Scott Acree Club Service Chair

stress that many in poverty face at the holidays. IH2 collects wish lists from each beneficiary, and with the help of an extensive team of individuals, corporate partners, and community groups, angels set to work collecting and wrapping gifts for needing families in our area. In 2022, we provided more than 1000 children, veterans, and subsidized individuals with a holiday gift.

EMPOWERED SCHOLAR PROGRAM

IH2's Empowered Scholar Program (ESP) is focused on providing children in poverty with nourishment, resources, and opportunities that promote rich, active learning and positive child development while setting a trajectory for continued growth and achievement. IH2's ESP is comprised of three main efforts, namely Kidz Equipped, After School Program, and Scholar Recognition. Rising inflation, surging food costs, and decreased governmental assistance is having a devastating impact, and as a result, the number turning to IH2 for much needed assistance is growing dramatically. IH2 programs focus primarily on low-income and circumstantially challenged youth, families, and individuals, veterans' programs, and subsidized housing communities.

2022 KIDZ EQUIPPED SUMMERFEST

In 2023, IH2's Kidz Equipped SummerFest program will expand to include more than 650 students in Butler, Allegheny, and new this year, Beaver Counties. The program will reach subsidized families from four (4) Butler Area School District elementary schools, the entirety of the Freedom Area School District, as well as students in a variety of school districts and subsidized housing developments in Allegheny County.

In August, IH2 will host the annual SummerFest Resource Day, a one-stop place for families and students to stock-up on much needed clothing, supplies, and resources. The popularity of this annual resource day has steadily grown. In 2022, IH2 hosted more than 750 individuals comprised of 350 students, their siblings, and family members, up from just 250 total attendees in 2021. In 2023, SummerFest is expected to serve 650+ students in grades K to 12th, their siblings, and their guardians, representing a 35%+ increase over the prior year. As the academic year progresses, IH2 maintains stocked resource closets at each of the schools, while satisfying ongoing requests.





Don't Miss the May 1st Deadline

Just a friendly reminder that the cut-off date for registration for the District Conference is Monday, May 1st! Time is running out to get your RSVPs in.

Please visit: 2023 District Conference Registration to get yourself registered, if you haven't yet! Can't wait to see everyone there!

Sincerely, Jack M. Cohen District 7280 District Governor 2022-2023

(724) 272-1248





Brandon Barg Community Service Chair



Roger Barna Club Programs Chair



Robert Louis Sigmund International Service Chair



<u>David Hein</u> Youth Services Chair



Dan Goss iPast President



<u>Linda M.</u> <u>Clautti</u> Assistant Governor

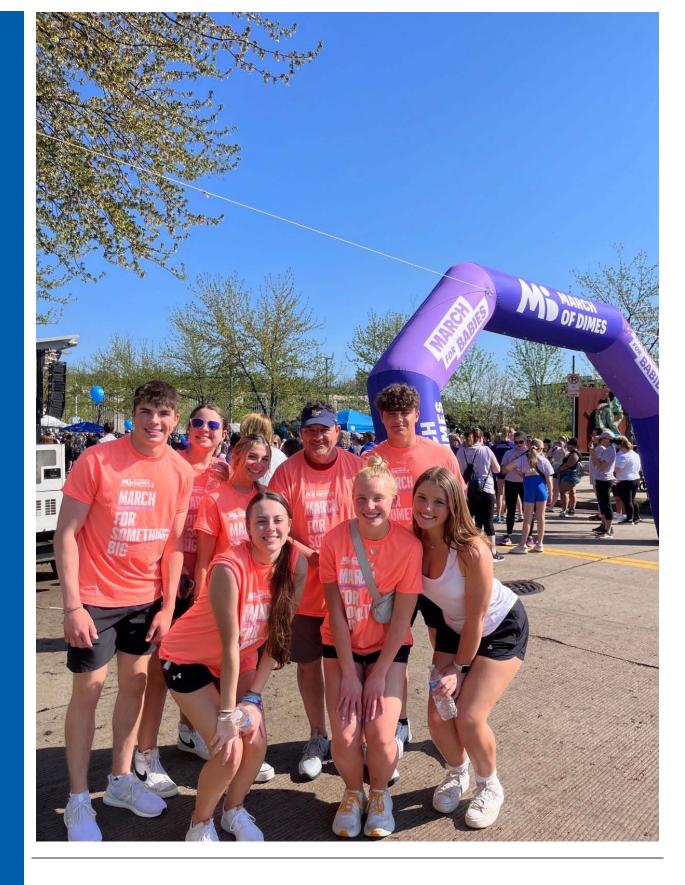




Mars High School Interact Club Supports March of Dimes

The Mars HS Interact Club volunteered at and participated in the Pittsburgh March Of Dimes walk on April 15.

They raised donations (including a RichMar contribution) to help make the overall day a success.



Rich-Mar Satellite Club

The Satellite Club of Rich-Mar Rotary invites everyone to attend one of their meetings on the second Tuesday of the month, at 6:30pm at Willees Tavern in Valencia. and/or to help out at one of their service projects or fundraising events.

Volunteers are needed to help with the following events:



May 6, 2023

Shred-It Fundraising Event!!! Mars High School parking lot 8:30-11:30am

May 13, 2023

Clean the Lighthouse Food Pantry

June 3, 2023

PA Resource Council "Hard to Recycle" Event, Pittsburgh Mills

July 9, 2023

Serving lunch with Harvest Street Mission, 11:30am, 50 Montgomery Place, Pittsburgh

September 9, 2023

Clean the Lighthouse Food Pantry

November 3, 2023

Shine for Shelterbox Gala. https://shelterboxshine.square.site/

For more information:

Contact Bill Ruhe at william.ruhe@gmail.com, or Cindy Fleeson at cfleeson@gmail.com.



Mars Shred-It Day



Mars Shred-It Day



Shred Your Documents on May 6th to benefit your neighbors

What: Bring your paper documents, bank statements, credit card statements, confidential reports, paper, newspapers, magazines, mail, photos, file folders to be safely destroyed by Shred-it Document Destruction's mobile shredder without having to leave your vehicle. No need to remove staples, paper clips, rubber bands or binders. You can watch the shredder.

Not everything can be shredded such as plastics, batteries, metals, or clothing.

When: Saturday, May 6th 8:30am to 11:30am (Rain, Hail, Snow or Shine)

Where: Parking lot of Mars High School 520 PA- Rt. 228, Mars, PA 16046

Why: Benefits Rotarian projects for the needy of Butler and Allegheny counties and helps you get rid of unwanted documents www.rich-mar.org

Cost: By Donation - cash or check for the value of this service you feel is meaningful. Help us, help others in need.

For more info on Shred-it Document Destruction, visit: www.shredit.com

See also the letter following from Cindy Fleeson.

The Satellite Club of Rich-Mar Rotary is getting ready to host its 3rd annual Shred Day Fundraising Event. This year's event will be held on Saturday, May 6th from 8:30 to 11:30am in the Mars High School parking lot on Rt. 228. In the

past, we have held this event at the Richland Twp. Municipal Building. The decision was made to move to a more visible and centrally located venue this year in the hopes of raising more money.

This is an opportunity for people in the community who might not own a personal shredder or have a large amount of documents that require secure destruction. A Shred-it truck will be on-site and documents will be shredded immediately. Participants will not need to leave their car and can stay and watch the shredding process. No charge is required, but we obviously are grateful for any and all donations.

Besides the Mars Applefest, this is our only fundraising event of the year. We feel that these two events are service projects for the community as well as our means of providing funds for our other service projects during the year. Our club is very "hands-on" with projects to help the needy and homeless in Butler and Allegheny counties. We assist The Lighthouse Foundation, Orchard Street Mission, Hosanna Industries, PA Resource Council, Pittsburgh Homeless Ministry, Butler Human Services and others. In addition to helping the Rich-Mar Club with their projects, we also have contributed to Foster Love Project, Crutches4Africa, Habitat for Humanity, Million Meal Packing, MHY Family Services, Southwest Butler Food Pantry, West View Pantry Partners and Mars New Year. We contribute to ShelterBox and other international missions.

We could really use your help to make this a successful event. Please consider being a sponsor to help us defray the cost of the shredding company equipment and publicity signage. Your organization will be listed in all our advertising (flyers, signage, posts, newspaper articles, etc.) Attached is a letter you can use if your company or any other affiliations need documentation. You'll also see a preview of our flyer. Please help us publicize the event by sharing this information with your customers, clients, family, friends and social media contacts. Finally, we'd love to see you on May 6th either as a helper or with your documents that need shredded! Thanks in advance for any and all your help to make Shred Day a great event for the community and our club!

Cindy Fleeson Secretary, Satellite Club of Rich-Mar Rotary



HARD TO RECYCLE COLLECTIONS: June 3rd 9am-1pm



We are committed to adding 3-5 people to the rolls of the Satellite Club in helping the PRC with this event at Pittsburgh Mills Shopping Area.

Contact Dave Hein who will get in touch with Bill Ruhe in the Satellite Club

Mars Applefest: October 7th



We are beginning to plan for Mars Applefest 2023. We would love to have you participate this year. Please contact me if you would like to participate as a vendor. I will provide you with a copy of the rules and regulations and a vendor application. Please let me know if you have any questions.

Thank you, Brian Fleeson Rich-Mar Rotary Satellite Club

> c/o Rich-Mar Rotary, P.O. Box 951, Mars, Pa. 16046 marsapplefest@yahoo.com

District 7280 Keystone Rotary International Eclub

Keystone Rotary International E-Club



KeystoneRotaryClub.org

Are You unable to make the Rich-Mar Meeting?

Are you interested in connecting with other Rotarians from around the world?

Do you want to find out more about what Rotary is doing in other locales?

May 4th Program: Angel Gibson, Rotarian and Director of Philanthropy, will join us from ...



Join the District 7280 Keystone Rotary International Eclub on Thursdays at 2 pm.

Click below to join via Zoom. https://us02web.zoom.us/j/89457260709 Meeting ID: 894 5726 0709

Passcode: 7280

Rotary Stands With Ukraine



PEOPLE OF ACTION





Other Items of Interest

Please keep Brian Fleeson in your prayers as he recovers from surgery.
Brian's address is 922 Anderson Ave., PO Box 951, Mars, PA 16046

Please keep Amy Smith and her mother, Patricia, in your prayers. Patricia is currently under hospice care.

Amy's address is 646 Water View Drive, Cranberry Township, PA 16066.

Please pray for Jim Meighen's wife, Melinda, who is recovering from a broken ankle. Melinda's address is 80 Mystic Harbor, Bradford Woods, PA 15015.

Please keep President Mary in your prayers as she continues her battle against cancer.

Mary's address is 117 7th Avenue, Valencia, PA 16059.

"Happy Dollar" items?
Health concerns or hospitalizations?
Other Announcements?
Please email any items to Gary Weston
glweston65@gmail.com

Four Way Test

OF THE THINGS we think, say or do:
1) Is it the TRUTH?
2) Is it FAIR to all concerned?
3) Will it build GOODWILL and
BETTER FRIENDSHIPS?
4) Will it be BENEFICIAL to all concerned?

