



Club Meeting

Homestead
Meets at Capri
Restaurant - Gallery
Room
Capri Restaurant 935 N
Krome Ave
Florida City, FL 33040
Time: Wednesday at
12:15 PM



Club Officers



Roxanne Jeghers
President
President-Elect
Rotary Foundation Board



Larry Diehl
Secretary
Club Director
Secretary-Elect
Webmaster



Richard S. Glosser
Rotary Foundation Board
Club Director
Treasurer-Elect
Membership Chair



Dale Machesic
Public Relations Chair
Rotary Foundation Board
Club Director



Louis R. Malara
Club Director
Sergeant-at-Arms



Benito Robaina
Club Director



Anna Rita Alvarez
Rotary Education Chair



Steven D. Losner
Rotary Foundation Board



Phil Marraccini
Rotary Foundation Chair
iPast President



Dennis J. Callagione
Area Governor

Events and Speakers

No Events Found

Birthdays

No Birthdays Found

Years of Service

Robert S. Harris
11-01-1979
42 Years

Michael J. Marcus
11-01-1988
33 Years

Erik D. Tietig
11-15-2000
21 Years

Craig Pearce
10-01-2014

Invocation/Pledge/Song

INVOCATION by Phil Marraccini

PLEDGE led by Dale Machesic

BIRTHDAYS: Mayor Steve Losner, March 2

Call to Order

March 3, 2021

President Roxanne Jeghers called the Rotary meeting to order, in person and on ZOOM at 12:15 pm at the Capri. Twelve Rotarians attended in person.

ZOOM calls are being suspended starting March 10 unless reserved ahead of time. They can be used for speakers as needed.

<https://us02web.zoom.us/j/83768715337?pwd=Zmdhb050TjBVWUJONiU3U2ZkdWlpUT09>

Meeting ID: 837 6871 5337
Password: 457708



Introductions/Guest/Visiting Rotarians

No guests or visitors today.

Our speaker was Rotarian Lisa Galvez from Libre Physical Therapy.

Announcements

ANNOUNCEMENTS:
Rotary Executive Board meeting minutes of February 25 are available on request.

President Roxanne Jeghers announced that March is being dedicated to the Children's Alliance of Florida. They take in children from bad situations temporarily, feeding and clothing them, until foster homes are found. Capri allowed Rotary to place a box for badly needed items: socks,

7 Years
M. Jeannette Varela
11-06-2019
2 Years
Marcel Zangger
10-07-2020
1 Year
Katherine Rubio
12-02-2020
1 Year

snacks, toys, clothing in all sizes, wipes, and especially DIAPERS! Phil Marraccini started off the campaign with a \$100 check. Quinton Dobbins also donated a \$100. An additional donation came from raffle winner Dale Machesic.

Homestead's civic clubs including Rotary meet the 1st Friday of the month at Texas Roadhouse at 6 pm on March 5 for a social hour.

Homestead Rotary is a supporter of the Seminole Theatre. Its non-profit group is sponsoring its Annual Gala on April 17, in front of the theatre. The theme is Masquerade in Venice. Full bar, catered food, raffles, and silent auction items + live entertainment. Tickets are \$100 each; limited tickets; available at the theater.

Tickets for the Million Dollar Rotary District dinner on April 17 now available for \$150 each, limit of 200 seats featuring Rotary's international stars. Substantial donors receive priority on seating. Check on DACdb to purchase through PayPal.

CITY NEWS:

Rotarian Mayor Steve Losner announced that on March 8, Miami-Dade fire department will open a vaccination site at the Sports Complex. Eligibility rules are in flux and appointments are to be worked out, but the site will do 1,000 doses a day. The Homestead police will provide security, that the City pays for.

Presentations

PRESENTATIONS:

Anna Alvarez gave the Rotary Minute. Rotarians in Cuzco Peru donated \$10,000 to an association to provide 288 small business loans to low-income women. Participants learned to use and administer financial credit, lifting them out of extreme poverty, and improving their self-esteem. ROTARY - Giving is hope in action!

A second round of Paul Harris Fellow awards to be announced soon. Homestead Rotary matches member donations of \$500 with Club points for the required \$1000 donation to be a Paul Harris Fellow. The goal is for every member to become a PHF;

[Read More](#)

Happy Dollars

Happy Dollars:

Happy dollars reasons are given by the Rotarian contributing - but in the hustle of lunch, its hard to hear. Come to lunch & share happy events!

The following members contributed: Dale Machesic \$2, Anna Alvarez \$4, Steve Losner \$2 and Phil Marraccini \$2

Today's Speaker/Program

Rotarian Lisa Galvez shared the story of her business, Libre Physical Therapy. She has two offices in Homestead and Kendall serving pediatric and adult patients, with 20 physical therapists. One of her latest treatments is for post-COVID recovery. Libre treats with deep tissue lasers, and treats surgical rehab, chronic & acute pain, back pain, lymphedema and sports injuries. Lymphedema is swelling in arms and legs due to cancer, surgery, radiation, or infection. Her latest therapy is for pelvic disorders. 34 million Americans are incontinent. Lisa shared myths about the bladder and incontinence. The bladder holds 16 oz, is a trainable organ, and normal voiding should be every three to four hours; otherwise there are symptoms of incontinence which is NOT normal with aging. Lisa emphasized the educational component of treatments to improve, providing personalized exercise plans and diets. Pelvic therapy for men and women is very specialized and something she's studied over the last six years. The office assists with insurance issues for treatment programs. [Read More](#)

Fines

Fines : No fines this week in the absence of the Sgt-at-arms.



Today's Raffle

Dale Machesic won the raffle on the first draw! He donated the \$156 pot to The Children's Alliance of Florida.

Adjournment

The meeting adjourned at 1:11 pm with recitation of the Four Way Test.

Next meeting: Wednesday March 10 at 12:15 pm. There is a speaker.



[Homestead Rotary Loves Your Business](#)

[South Dade Community Links](#)

[New/Events From Our Interact Clubs](#)

[Where Clubs Meet in District 6990](#)

District 6990 Meetings updates at:
<http://rotary6990.org/index.php/club-locations/>

Also Worldwide Club Finder at Rotary International website for history, causes, programming, news, and membership issues (like Club Finder):
<https://www.rotary.org/en/get-involved/rotary-clubs>