

# Rotary



## Club of Orange County East-Winter Park

### Club Business July 11, 2019

Invocation/ Pledge: Bob Munn  
Make Ups: 0  
Guests: Justin Harvey, Molli Ali  
Visiting Rotarians: 0  
50/50: John Ingram  
Perkins Gift Cards: Gene Colley and Lisa Gorkovskaya  
CBD Starter Kit: Lee Wright

### Announcements:

Rising Rotarians, be it known that Scott Callaway (sponsored by PP Dave Hood) and Justin Harvey (sponsored by Bob Harvey) have completed three visits as ♦guest of the club♦, have completed and submitted applications and will proceed to the next step for membership. A fireside chat will be arranged between August 8 and August 15, 2019 (announcement of time and place will be published).

We are still seeking speakers to fill some upcoming dates for the remainder of the year.

OCE board meeting will be July 16th at WP Presbyterian

District Governor's meeting will be July 20th, mandatory attendance for incoming board members and officers.

OCE received a very nice thank you letter from Limbetless at UCF for our donation.

### Program:



John Ingram introduced Dr. Patty Duffy of Dr. Duffy's Dispensary. Dr. Duffy sells all types of over the counter CBD products locally and through their website. CBD is part of the cannabis plant while hemp is the non-psycho-active part of the plant with less THC than the marijuana plant. CBD is available over the counter and is not yet regulated by the FDA. The CBD oils work in the body by helping maintain the endo-cannabinoid system of the human body and achieving homeostasis through regulation of this system. CBD is neuro-regenerative, protective, and anti-inflammatory. After her cancer diagnoses a couple years ago Dr. Duffy looked into natural solutions to help her fight her disease. She searched but could not find the exactly what she needed so she created her own solution. CBD marketing has been stymied by the big pharmacological corporations because of the low cost and ease of use matched with a greater availability for ordinary people. Research is ongoing but has already proven useful for many ailments including pain and anxiety relief, anti-inflammatory, anti-bacterial, and reductions in seizures and convulsions. Dr. Duffy's CBD is vegan and 100% THC free. No one taking these products can test

### Happy Sad July 11, 2019

Marie Smith is happy to have tickets to Back to Nature dinner with wine pairing, September 12 from 6-9pm please let her know if you would like to go also. Happy as well for her new puppy, Lulu is a white standard poodle. Hal Larkin got his first Hole-in-One last week and a visit from his grandson. Hafeez Ali traveled to Europe, saw a statue of former President Obama at a convenience store in Ireland. Said Scotland was beautiful, clean and a nice place to visit. Lee Wright played golf with Bob Harvey and tied his personal record.

### Birthdays

Cheryl E. Munn  
July 21st  
Bennette ( Ben ) Whisenant  
July 22nd  
Ernie Dinkel  
August 1st  
Hal Larkin  
August 2nd  
Shannon Winters  
August 10th  
Robert L. Munn  
August 15th

### Years of Service

Mary Tooles  
07-12-2007  
12 Years  
James A. Podschun  
07-24-2014  
5 Years  
Dorothea M. Fox  
07-15-2015  
4 Years  
Hafeez Ali  
08-06-2015  
4 Years  
Cheri Lynn Hobbs  
07-28-2016  
3 Years

positive for THC in a work drug test. CBD is also great for your pets health. Dr. Duffy's CBD is from hemp grown organically in the USA, and is a Veteran and woman owned business. Please visit them at [DuffyCBD.com](http://DuffyCBD.com)

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## Club Meeting

Orange County East-Winter Park  
Meets at Winter Park Presbyterian Church  
400 South Lakemont Avenue  
Winter Park, FL 32792  
Time: Thursday at 07:30 AM