

Rotary

Club of Orange County East-Winter Park



Birthdays

No Birthdays Found

Years of Service

Paul C. Furey
06-01-1989
35 Years

Hal Larkin
05-27-2004
20 Years

Craig Hutchinson
06-10-2010
14 Years

Joe Chavara
06-06-2017
7 Years

Christopher T Koenig
06-13-2023
1 Year

Club Contact Info

Rotary Club of
Orange County East - Winter
Park
Meeting at 7:30am every
Thursday
Winter Park Presbyterian Church
400 South Lakemont Ave
Winter Park, FL 32792
<https://rotaryocewp.org/>
Mail us at:
PO Box 1566
Winter Park, FL 32790

OCEWP Weekly Meeting 04252024

Meeting held on April 25, 2024

The invocation and pledge was led by Hafeez A.

No guests or visiting Rotarians this week.

The 50/50 drawing was \$74 and Molly A. had the winning ticket!

Announcements:

Rotary of Orlando's golf tournament is May 6, 2024 at Falcon's Fire and they need volunteers!

The American Legion Auxiliary was presented a check for \$1,000 from our Foundation. Nell spoke about how our donations are used to send a young lady to Tallahassee for a week to learn first hand how our State government works!

Happy/Sad:

P Lee was happy for his oldest son and wife who is pregnant! They are having a boy!

PP Bob H. was happy to be home after traveling 9 days through 5 states!

PP John G. was happy to bring in a load of glasses for the jail ministry, and was also happy for our club's Zoom meetings that spoiled him from having to come to a meeting!

PP Bob M. was happy to return from traveling also, though Cheryl did get a sinus infection.

Mary T. was happy that the NFL draft starts today!

Program:

P Lee introduced Akai Jackson of Beyond Limits. Akai spoke about how he moved to Florida after a devastating knee injury just before his 18th birthday. He managed large health clubs for years before starting his non-profit. Beyond Limits helps individuals and groups understand their self-limiting barriers. They focus on mental or emotional blocks that limit goals or growth. He said one way of learning to change habits is daily words of affirmation and setting realistic achievable goals, or SMART goals; Specific, Measurable, Achievable, Realistic, Timebound. For more info check out IXL.today!

