

# Rotary

## Club of Orange County East-Winter Park



### Birthdays

Joseph E. Regner Jr.  
January 18th  
Jeanette Richmond  
January 26th  
Matthew K. Williamson  
January 28th  
Andria Clark  
February 5th  
Kevin E. McDonald  
February 9th  
Paul C. Furey  
February 16th

### Years of Service

Joseph E. Regner Jr.  
02-01-1980  
44 Years  
Jeanette Richmond  
01-29-2009  
15 Years  
Billy Rodriguez  
02-16-2012  
12 Years  
Marie C. Smith  
02-07-2019  
5 Years

### Club Contact Info

Rotary Club of  
Orange County East - Winter  
Park  
Meeting at 7:30am every  
Thursday  
Winter Park Presbyterian Church  
400 South Lakemont Ave  
Winter Park, FL 32792  
<https://rotaryocewp.org/>  
Mail us at:  
PO Box 1566  
Winter Park, FL 32790

### OCEWP Weekly Meeting 01112024

Meeting held January 11, 2024

The invocation and pledge was led by PP Lynne G.

No guests or visiting Rotarians this week.

There were 2 drawings for 50/50: \$50 Sonny's gift card basket, won by PE Mike E. \$79 pot also won by PE Mike E.

Announcements:

P Lee presented Shannon W. with his 20 year anniversary pin!

The club received thank you notes from Quest Philanthropy Team with Camp Thunderbird for our donations and from Winter Park National Bank thanking us for our business!

PP Geri E. is looking for an additional Ways and Means committee member! We currently have 14 grant applications to review for 2024!

Happy/Sad:

PP Bob H. was happy to discover Wild Florida Safari, about 40 minutes away. He took his grandson on a driving safari and had a great time!

PP Geri E. was happy for the Green Bay Packers season so far, and their house finally sold!

Mary T. was happy her great nephew was doing great! Also go Bills! She is flying to see her granddaughters next week!

Jim P. is happy he can drive now! Also happy his wife is being published in a peer reviewed PT journal!

PP Merv H. was happy to recognize DJ for selling \$8,200 worth of ads for the 2023 Tip-Off!

Program:

PP John Ingram introduced Althea Sterns, owner of The Athlete Recovery Room. Althea spoke about living in the area since 1991, how she followed her grandfather to Florida when he was in the Navy. She opened in February 2020, during Covid lockdown and it was a scary time. She took advantage of the time to update the space and get new equipment. They are looking forward to their 4th anniversary next month! The Athlete Recovery Room offers assisted stretching, massage therapy, whole body cryotherapy, infrared saunas, red light therapy, and compression therapy. They offer memberships and gift packages for services! For more info please visit [orlandoathleterecover.com](http://orlandoathleterecover.com).

