



Wednesday, July 16, 2025, Buffet Breakfast at Bay Hill Country Club, 7-8 am Meeting Minutes

7-7:35 pm: Opening Prayer by Bethany Stone; Pledge of Allegiance led by Dr Alan Fickett.

Welcome Remarks by Pres. Lori McCord, Introduction of Guests and Happy Dollars
by Erik Glen

7:35 pm – 8:00 am Program

Guests: STEP Exchange Program Students America Jaspon and Claudia Costa (from Sardinia, Italy), guests of Mary Ellen Kerber; and Rajinder Kartam (visiting for 3 weeks from India), guest of Braham Aggarwal

Happy Dollars:

STEP Student Claudia recalled her time in Florida. She misses her Italian food, but as she can make it herself, "it is no big deal". She also told us of her shopping for a dress at Mall at Millenia. That shopping trip changed her style of clothing. She even mentioned that in America, one can wear their PJs at the airport.

Lori spoke about her Calgary, Canada Rotary Conference and apologized to the Janssens for making them leave early and miss the wagon races and other fun stuff.

Ann Moy had the Happy Birthday attire ready for Tom Meena (actual birthday day) and Jon Clifton. Ann is also looking for assistance in obtaining adult beverages at a "sponsor-a hole golf fund-raiser for the YMCA. Mimosas maybe? Please consider helping Ann!

Braham was very happy his friend from India joined him for our breakfast this morning. Rajinder lives in Delhi. He is vice president of an educational institution that is probably the largest in India, 12,000 schools, and he is always helping so many different institutions.

Crystal Jenkins Jones thanked everyone for the calls, messages, etc, on the loss of her father.

Calvin Wimbish told of his amazing parents turning 101 (Dad on Saturday), Mom, 98.

Jacob Lee has moved into Dr Phillips. Now that he's "local" he's looking for a hobby, golf maybe? Anyone want to give him lessons?

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Guest Speaker: John Stiteler speaking on "Caring for the Caregiver"

- The Myth of the caregiver
- Burnout side effects (e.g.: pain the neck, thyroid issues)
- Self-Care Strategies

- Contributing factors.
- Q & A period

President Lori ended the meeting with the 50-50 drawing. Lyndi announced the pot was \$287.50. And guess what? Dave Winslow WON!

#### **Upcoming Birthdays:**

- Tom Tukdarian (Impact Club)
- David Van de Velde ( Active Club)
- Daniela Pivadori (Active Club)
- Edith Tienken (Active Club)
- Judy Callan (Impact Club)
- Ken Peach (Active Club)\

#### **Rotary Membership July Anniversaries As a member of our Club:**

- Steve Dinka 2 years
- Dave Van de Velde 2 years
- Dan Walters 12 years
- Dan Greene 15 years
- Dave Klega 21 years

#### **Upcoming Club Events**

- August 8, 2025 Breakfast Meeting will be held at the YMCA **not** Bay Hill.
- Board Meeting August 19, 2025 at YMCA (date subject to change)
- Taste of Dr Phillips November 9. 2025
- Holiday Christmas Party December 10, 2025

## Speakers

Jul 23, 2025

#### **Club Meeting**

#### **Speaker: Club Business**

Richard Harris, District Governor, Guest

Jul 30, 2025

#### **Club Meeting**

#### **Speaker: U.S. Congressman Dan Webster**

Aug 06, 2025

#### **Club Meeting**

**Speaker: MEETING AT THE YMCA (Not Bay Hill Today)**

Kurt Westbrook

**TLC Corner**

- Michael Hanley has “Rung the Bell” having completed his round of chemo. He is happy to be home
- Rudy Tapia fell at home about a month ago. He spent a week in the hospital. He is now home and feeling better
- Robin O’Donnell was diagnosed with pneumonia this week.

**FUTURE SECTIONS FORTHCOMING**

end