

OPENING & INVOCATION

- *President Tim Dean* called the meeting to order.
- *Chaplain Richard Howard* offered the invocation and led the pledge.

VISITING ROTARIANS & GUESTS

- Visiting Rotarians:
- Guests:

Monthly Themes: **Rotary Foundation Month**

Programs: Ocala Hears Audiology



Dr. Pemba presented a comprehensive speech about hearing loss. He mentioned there are several reasons for hearing loss: age, heredity, brain injury, loud noise exposure, wax build-up, certain illnesses, tumors and even some specific

prescription medications.

Hearing loss can cause conversations to seem muffled, causing the need for repetition of speech, TV or radio may have to be loud to be able to hear it.

If you experience ringing, buzzing, hissing, or clicking sounds in your ears that last five minutes or longer, you are probably suffering from tinnitus. Typically caused by damage to the cochlea or inner ear.

Symptoms of tinnitus may be sudden hearing loss in one's ear with ringing or buzzing, bad enough to keep you awake at night which can cause anxiety, depression, and other illnesses. Untreated hearing loss may affect cognitive abilities, leading to the risk of falling and other problems.

Dr Pemba recommends getting a hearing test to determine the severity of hearing loss if any. A comprehensive hearing assessment will help identify the type of hearing loss and will determine the treatment options available.



“Rediscover the joys that you’ve missed”



THE MINUTARIAN
November 06, 2023 - Issue 19
John Tabor 2023-24 Rotary
District 6970 Governor
Rotary Foundation Month

The Rotary Foundation helps Rotary members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

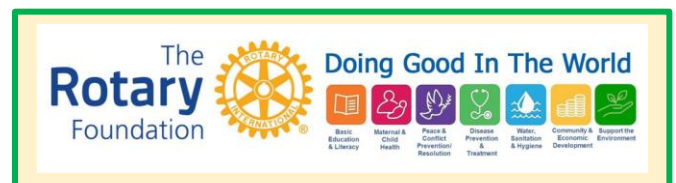
The Foundation is a not-for-profit organization supported solely by voluntary contributions from Rotary members and friends of the Foundation who share its vision of a better world. This support is essential to make possible activities, funded with Foundation grants, which bring sustainable improvement to communities in need.

The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world.

Since it was founded more than 100 years ago, the Foundation has spent more than \$4 billion on life-changing, sustainable projects.

And as further testimony to its strength and effectiveness The Foundation just received the highest possible rating from Charity Navigator for the 15th consecutive year.

Throughout this month, we will be highlighting various aspects of the Foundation, including District resources and information that can assist you and your club in increasing your community impact.





President Tim Dean presented Dr. Pemba with our certificate denoting ten polio Immunizations to be given, in appreciation of his comprehensive presentation.

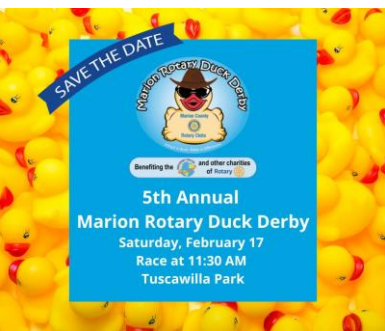
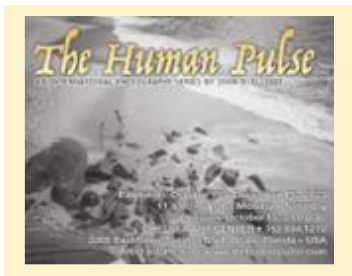
District Calendar

- October 7, 14 or 21 PETS 1
- November 17 District Social at the Iceman
- January 13, 24 RLI in Deland
- January 27, 24 Membership, Summit
- March 1-3, 24 PETS 2
- May 3-4, 24 District Assembly and Conference

50/50: Suspended for today

From member J. D. Elliott - I am excited to announce my photography exhibits next month at the Chelsea Art Center.

Exhibition: October 15 - December 15, 2023, Monday to Saturday 11 am - 3 pm. Opening October 15 at 2 pm. Chelsea Art Center - 3305 E Silver Springs Blvd Ocala FL 34470. Artist information: www.thehumanpulse.com.



FUTURE PROGRAMS

- November 6 – Dr Evans Pemba, Ocala Hears
- November 13 – Sean Thomas, Ocala Steek Orchestra
- November 20 – Robin Ford, Ocala Marion County Office of Homelessness
- November 27 – Barbara Fife, Chelsea Art Center

All meetings are adjourned with the recitation of

