



**IMAGINE
ROTARY**

Speakers

May 04, 2023

[Todd Golden](#)

Gator Basketball

May 11, 2023

[Shane Andrew](#)

School Board of
Alachua County
Update

May 18, 2023

[Liam McClay](#)

Santa Fe College
Update

May 25, 2023

[Joe Walker](#)

Virtual Design
Technology in
Construction

June 15, 2023

[Will Frazer](#)

America's Greatest
Math Team

Events

May 5th

[Cedar Key
Weekend](#)

May 12th

[District 6979](#)

[Training Assembly](#)

May 13th

[District 6970](#)

[Conference 2023](#)

May 27th

[2023 Rotary
International
Convention](#)

June 14th

[Gainesville Sunrise
Rotary Joint Board
of Directors
Meeting](#)

Please enjoy this edition of the Sunrise Rotary Club newsletter. Sunrise Rotary is an active club of about 70 members who take pride in our community. Through our service projects and fellowship, we are changing lives and making a positive difference. If you would like to subscribe a friend to our newsletter, please send their [email to Dorothy Zimmerman](#) and we will add their name.

This Week's Speaker--Head Strength Coach Mark Hocke

Thursday, April 27, 2023



Conditioning. So, switch your thinking from roundball to the oval pigskin, and learn how the Gators develop endurance and strength. Coach Hocke has coached at Texas A&M, Florida State, Georgia, Alabama and spent four seasons at Louisiana Tech with Coach Napier before making the transition to Gainesville and the Gators. He has worked with 60 players that have been selected in the NFL Draft.

We have a bit of a switcheroo for this week's speaker. Coach Todd Golden was to fill us in about Gator Men's Basketball, but had to make a quick trip to Las Vegas for a recruiting visit. Let's hope he brings home a good one from the transfer portal. We owe a huge thank you to Coach Mark Hocke (pronounced Hockey), for stepping in at the last minute. Coach Hocke is Associate Head Coach and Director of Football Strength and

Firefighter Appreciation A Big Success

Saturday, April 29, 2023

Last Saturday's Annual Lois and Jim Hensel Firefighter's Appreciation was well attended by Sunrise Rotarians and Alachua County Fire Rescue in the breezeway at Santa Fe College. Serving the BBQ catered by David's BBQ were Sherry Houston, Mike Walsh, Bobbie Robinson, Yvonne Gilbert and Wayne Smith. The BBQ was a big hit with the firefighters.





Firefighters of the Year

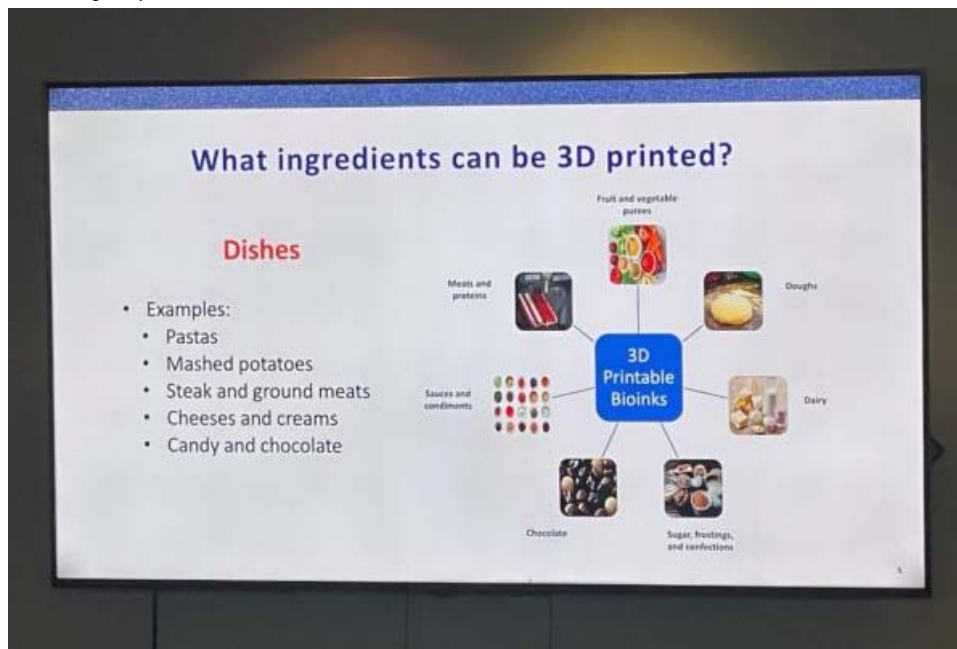
Saturday, April 29, 2023

Saturday, April 29, 2023 was our Annual Lois and Jim Hensel Firefighter Appreciation Picnic, held in the breezeway at Santa Fe College. Jordan Bacon was recognized as the ACFR Firefighter of the year, and is pictured with Deputy Chief Jeff Taylor, Sandy Hensel Austin and Sunrise President Pam Gretter. Also receiving recognition this year were Wesley Beardslee of the Micanopy Fire Department and Adam Hudson of the High Springs Fire Department.



3D Food Printing--Revisited

Thursday, April 27, 2023



Last week we listened to a fascinating presentation about the 3D printing of food, started off by the trivia question by Trivia Master Schmidt, about printed cheesecake at Columbia University. Unbeknownst to Schmidt, one of the slides in the presentation was about this cheesecake caper. Dr's. Watson and Boz from the University of Florida led the discussion. The questions were lively, particularly about the Foodini 3D food printing machine. Jim Cato wanted to know, do your students eat the

food they print, at the end of class? Michael Turner reminded us all that we've had 3D printing at home for years; a cookie press. Mitzi Austin still has one. Al Cockrell wanted to know if Dr. Watson knew Sherlock Holmes. Larry Christian wanted to know which companies made 3D food printers, so he could buy stock in them. Well, you get the idea about the capacity of Sunrisers to absorb intellectual content.



Another Sunrise Rotary Gift!

Thursday, April 27, 2023

At last week's meeting, President Pam made a presentation to Sherry Houston, Sunrise Member and Executive Director of the Ronald McDonald House Charities of North Central Florida. The gift was \$10,000 to purchase furniture for the family suites in the new Ronald McDonald House and an additional \$1,000 for meals for families in the house. Sherry reports that she continues to be humbled by the generosity of Sunrise Rotary.



Poet Laureates--Again

Thursday, April 27, 2023



As reported two weeks ago, Gainesville Sunrise Rotary awarded prizes of \$250 to the winner of the competition, and \$50 each to the remaining 6 finalists, in the North Central Florida Youth Poet laureate Program. Five of the seven winners were able to attend the award ceremony. Thank you to Sunrise member Lorie Keegan for attending the event, speaking about Rotary and our mission, and awarding the prizes. We're looking forward to hearing some of the poems at a breakfast meeting in the future. For more information on the North Central

Florida Youth Poet Laureate Program and ARTSPEAKSgnv Inc, visit their website at <https://www.artspeaksgnv.org/youth-poet-laureate>.

The Big Reveal--This Thursday

Monday, May 1, 2023

Hold on to your seats, Sunrisers! Not only will Coach Todd Golden be speaking to the club this week, there will be a "Big Reveal." Sunrise Rotary of Gainesville has a reputation among area Rotary Clubs for being a "fun" club, a club where all the members really like each other, a club that holds great events, and a club that works together among other things. This week there will be an announcement that Sunrise has risen to a new level, a first for the club. Come one, come all, to hear about this significant achievement. To top that off, all Rotarians attending this week will be eligible to win a "Cinco de Mayo Custom Basket."



Reminder--Cedar Key Weekend May 5-7, 2023

Wednesday, April 19, 2023



Cedar Key Weekend is this coming weekend, May 5-7, 2023.

The agenda in brief:
Friday
Happy Hour: 5-8PM.

Saturday

Program and Lunch: 9:45AM-2PM

Fish Fry and Dinner: 5-8PM

Sunday:

Breakfast on your own and depart

Latecomers welcome. Just let us know. jcato1033@gmail.com

District Governor Jeff Has The World On His Mind

Monday, May 1, 2023

On Saturday I had the opportunity to attend a webinar on Turkey with Past Rotary International Director

Safak Alpay, Rotary Foundation Trustee Geeta Manek and District Governor Emre Ozturk (District 2430 was the epicenter of the earthquake). Your participation in a \$182,900 grant for helping recovery efforts after the Turkey earthquake (\$155,000 is going toward helping a mobile daycare center to be available for children in temporary housing) made me very proud. We received almost \$25,000 from Rotarians across the District and we combined that with \$20,000 of our District Designated funds from the Rotary Foundation to make our contribution \$45,000. Please share this heartwarming news with your members.

We are monitoring two major humanitarian disasters—Haiti and Sudan. In Haiti, Rotary has been actively involved in [HANWASH](#) (Past District Governor Cynde Covington from the Rotary Club of South Jacksonville is the Board Chair) to provide clean water to the entire country of Haiti. We are looking for additional ways to help with the uncontrolled violence. We will be sending more information as part of a call to action when we have a plan.

[Read More](#)

The Sprangers are in the Galapagos and on the Amazon

Monday, May 1, 2023

Mike and Karen Spranger are in South America and on a tour of Ecuador and the Galapagos Islands, the Upper Amazon River and the Amazon rain forest, where they'll enjoy a few nights in the cloud forest. The trip is in support of the Climb for Cancer Foundation. They have already had a great trip despite being only four days into the trip. They spent a day in historic Quito, and are now touring the Galapagos Islands where they have seen many, many varieties of birds and fish. They had a special visit from an orca pod and a big school of dolphins dancing as the small ship cruised by. They have also seen sea lions, marine iguanas, and, of course, land tortoises over 150 years old. This writer wonders if they have seen Lonesome George, who lived to the ripe old age of 102. They are trying to learn their secrets for a ripe old age. They will be back on May 15.



Kevin Golden Takes on Disney

Monday, May 1, 2023



Kevin Golden and family took on Disney last week, but in a different way than another distinguished citizen of our state. They spent the week on a Disney cruise that traveled to three different ports (Castaway Cay, Bahamas; Costa Maya, Mexico; Cozumel, Mexico). They are pictured on a glass bottom boat tour they took in the Bahamas. Way to go Kevin!

Francois Roulet Goes to Germany--TO PAINT!

Monday, May 1, 2023

Francois Roulet reports that he made a trip to Germany--TO PAINT! His artistry was not exhibited on an easel; he painted the south front of his vacation home at Heiligensee in Berlin. At least Francois was able to enjoy the sunset view over the lake, which is being shared with all Sunrise Rotarians.



Join Us

Gainesville Sunrise
Meets at Hilton University of Florida Conference Center Gainesville
1714 SW 34th Street
Gainesville, FL 32607
Time: Thursday at 07:00 AM



[Follow Us on Facebook](#)



[Flickr Online Photo Album](#)

