



Speakers

August 08, 2024

[District Governor Mickey Ulmer](#)

Annual District Governor Visit

August 22, 2024

[Howard Berg](#)

World's Fastest Reader

September 05, 2024

[Brian Jose](#)

Director of UF Performing Arts

October 10, 2024

[Jeffrey Forbes](#)

Alachua Conservation Trust

October 17, 2024

[Kevin Golden](#)

The Magic of Rotary-Club Update

Events

August 14th

[Board Meeting](#)

September 11th

[Board Meeting](#)

October 16th

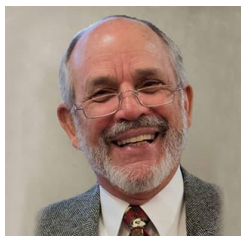
[Board Meeting](#)

January 23rd

[Dueling Piano's Fundraiser](#)

Please enjoy this edition of the Sunrise Rotary Club newsletter. Sunrise Rotary is an active club of about 50 members who take pride in our community. Through our service projects and fellowship, we are changing lives and making a positive difference. If you would like to subscribe a friend to our newsletter, please send their [email to Dorothy Zimmerman](#) and we will add their name.

Mickey Ulmer--Rotary District 6970 Governor



District Governor Mickey Ulmer . . . began his career as an "old school" retailer. For 25 years, he developed his skills in advertising, promotions and strategic planning. While helping lead an advertising agency, he expanded his focus to hospitality and customer service, which led him to 25 more years with a large regional barbecue restaurant chain, first as VP of Marketing and then as a franchisee serving and satisfying customers every day.

Among his professional and civic honors, Mickey is most proud of being awarded the Silver Medal For Lifetime Achievement from the American Advertising Federation, twice being named Business Of The Year by the Amelia Island Chamber of Commerce, and being honored as a Professor Honorarius by the University of Florida College of Journalism and Communications for years of service to the college and its students. As a restaurateur, Mickey fine-tuned his community service skills supporting the Boy Scouts, the Girl Scouts, the Navy League and more. Seeing a serious need in the community, he helped organize a Cold Night Shelter and donated food to the relief effort; and for 15 years, the Ulmers opened their restaurant each Thanksgiving Day to provide over 200 people in need a hot holiday meal and a bit of encouragement. For a couple summers, he even convinced Santa Claus to vacation in North Florida and help Toy For Tots raise money and toy donations for needy children.

As a member and president of the Rotary Club of Amelia Island Sunrise, he found new avenues for his passion for service and became a Paul Harris Society member. Moving on to District responsibilities, Mickey helped start two new Rotary clubs, served as an Assistant Governor, was a member of the Fund & Procedures Committee and the RLI Director for District 6970.

Native Floridians, University of Florida Graduates and life-long Gators, Mickey and his wife, Gale, moved to Palm Coast at the end of 2020 where he is currently a member of the Rotary Club of Flagler Beach. With his expanded District responsibilities, Mickey is committed to service being his focus for his next 25 years!

Mirror Image Students Share Inspiring Ghana Trip Experience





At last week's meeting, we were so pleased to hear from the young men participating in the recent trip that Mirror Image Leadership Academy organized to the African nation of Ghana.

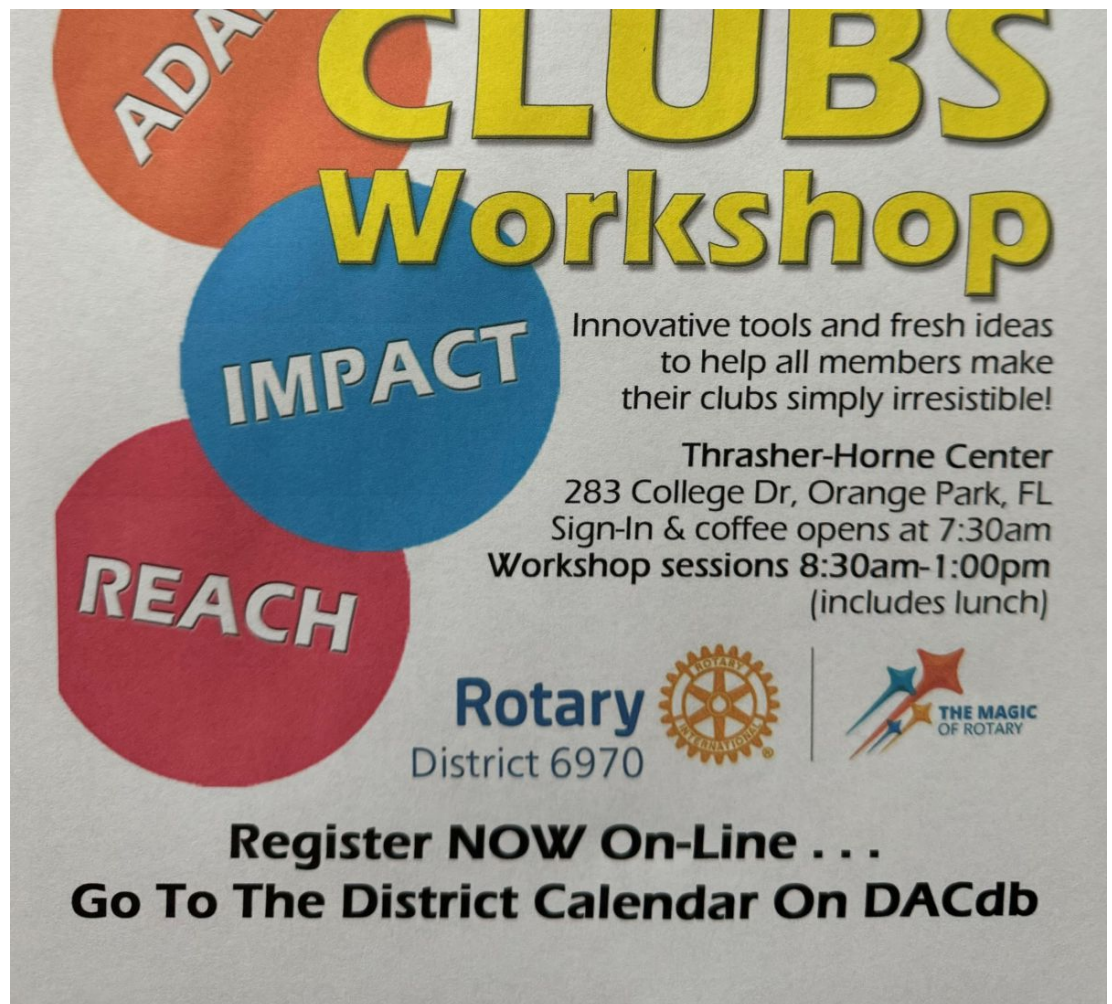
Mirror Image, founded by our own Greg Bradley in 2021, develops leadership skills within our community's young black men through unique programs focused on personal growth and community service. This trip offered a rich cultural immersion experience that left a lasting impact on them, as they each described in brief remarks and answers to many of our members' questions.

The speakers shown with Greg (left) were (from left) Garyn 'Ace' Nealy; Andre Walker, Kaleb Gordon, and Mirror Image executive director James Miller. Ace will be entering ninth grade at GHS later this month. Andrew and Kaleb will be attending Eastside High.

James discussed how Mirror Image's curriculum emphasizes mindset transformation, encouraging participants to build self-worth and resilience. The approach is meant to equip them with the skills and confidence needed to become effective leaders and responsible citizens who will have a positive impact on their community. If you'd like to read more about their good work or perhaps donate to the program, visit their website at <https://www.mirrorimageleadership.org/>

Vibrant Clubs Workshop





CLUBS
Workshop

Innovative tools and fresh ideas
to help all members make
their clubs simply irresistible!

Thrasher-Horne Center
283 College Dr, Orange Park, FL
Sign-In & coffee opens at 7:30am
Workshop sessions 8:30am-1:00pm
(includes lunch)

Rotary
District 6970

THE MAGIC OF ROTARY

Register NOW On-Line . . .
Go To The District Calendar On DACdb

The poster features three overlapping circles on the left: an orange one with 'ADAPT', a blue one with 'IMPACT', and a red one with 'REACH'. The main title 'CLUBS Workshop' is in large, bold, yellow letters. The text is arranged in a clean, professional layout with a mix of bold and regular fonts.

President Kevin and Family Enjoy Lake Toxaway

By Kevin L. Golden

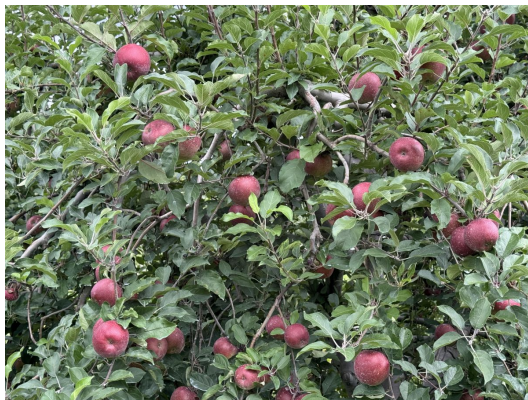
Our family has spent the last two weeks at Lake Toxaway, NC. This photo is at a restaurant called Canyon Kitchen at Lonesome Valley in Sapphire, NC, which is about 30 minutes away from Lake Toxaway. It is one of our favorite restaurants due to its wonderful food and beautiful location! We visit it every July.





Jim and Becky Return from Cool Weather to Hot

Jim and Becky finished up the trip to Maggie Valley and Waynesville, NC. The temperatures were highs around 80 to the low 60s. Our VRBO was at 3,500 feet on the top of a ridge. Returning to Gainesville on Saturday reminded us of our 95 degree normal temperatures.



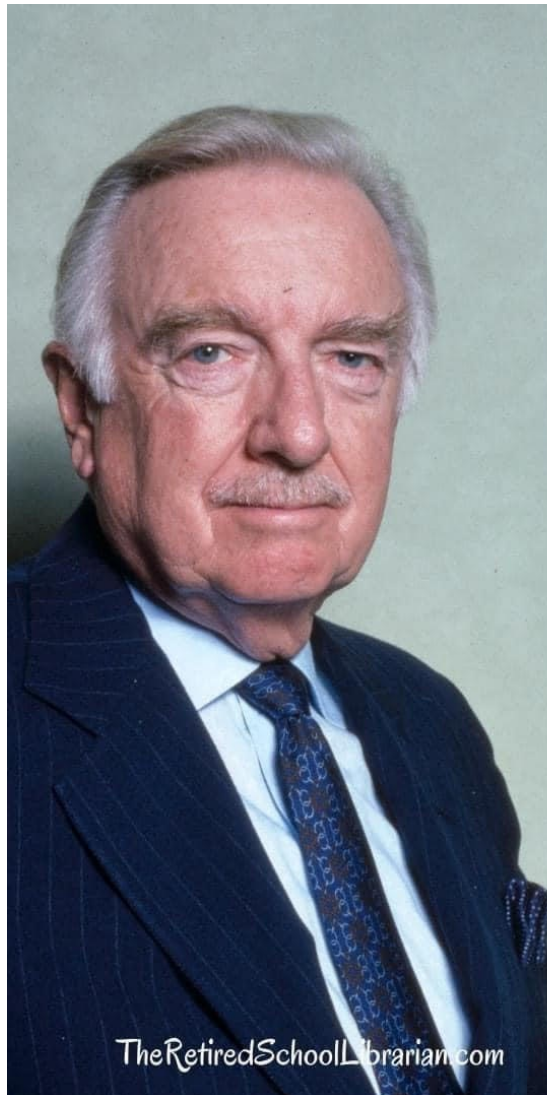
We visited the world-famous Barber's Orchard and Fruitstand in Waynesville, NC, and loaded up on apple pie, apple loaf, apple turnovers and apple donuts. We are on a sugar high. On the right, we stopped at the Farmview Market in Madison, GA, both coming and going for chicken fried steak. Jim is shown with a cock or cockerel. Know which?





On the left, we tried to solve an archeology puzzle in the Maggie Valley Puzzle Rooms. The sign held by the editor shows how much he contributed. We got to Level 3 of 5 in our allowed hour. Above: Does anyone need a gator head with gold teeth? I know where you can get one.

Quote of the Week August 8, 2024



“Whatever the cost of our libraries, the price is cheap compared to that of an ignorant nation.”

--Walter Cronkite

TheRetiredSchoolLibrarian.com

Join Us

Gainesville Sunrise
Meets at Hilton University of Florida Conference Center Gainesville
1714 SW 34th Street
Gainesville, FL 32607
Time: Thursday at 07:00 AM



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