



Please enjoy this edition of the Sunrise Rotary Club newsletter. Sunrise Rotary is an active club of about 50 members who take pride in our community. Through our service projects and fellowship, we are changing lives and making a positive difference. If you would like to subscribe a friend to our newsletter, please send their mailto-borothy-zimmerman and we will add their name.

Speakers

November 07, 2024 Phil Kabler

November 14, 2024 Brad Gamble CEO Cade Museum

November 21, 2024 Paul Broadie

Santa Fe College President November 28,

2024 No Meeting Thanksgiving

December 26, 2024 No Meeting Christmas Week

November 13th

Our Meeting This Week: Phil Kabler Speaks to Us About CDS

We're so pleased this week to be able to hear from our own Phil Kabler, who is excited to share updates on the recent growth of his organization, CDS Family & Behavioral Health Services, Inc.

CDS offers youth and families a safe place to talk and learn, giving everyone a chance to calm down and gain perspective. Its new construction, the Interface Youth Shelter, was built with Wild Game Feast funds, and gives CDS much more room to provide residence to teens who might need a break from their families.

With individualized programs and a compassionate team, CDS works to empower families and improve youth well-being, fostering healthier relationships and brighter futures for Gainesville's community. We look forward to hearing about the program.



Events

Board Meeting November 21st <u>Seafood</u> **Spectacular** December 6th **Sunrise Holiday Party** December 18th **Board Meeting** January 15th **Board Meeting** January 23rd **Dueling Pianos** <u>Fundraiser</u> March 6th Wild Game Feast April 26th District 6970 **Assembly** June 6th District 6970 Conference

Bring Your Hotel-sized Toiletries for the St. Francis House Beginning This Week

By Rick E. Medina



As is our club's tradition, begun by Rick Massmann more than 20 years ago, it's time again for us to gather our sample and hotel-sized toiletries and share them with local homeless families through the St. Francis House.

Rick Medina will be collecting your donations over the next three meetings -- at our Nov. 7, Nov. 14 and Nov. 21 meetings (no meeting on Thanksgiving!). Please give them to Rick in the Hilton parking lot right after our meetings, and he will deliver them during Thanksgiving week.

Thanks as always for your kind giving, which makes such a difference in our community.



These Sunrisers will not let anything get in their way of having a fun time. The OMO7 Hotel in Osaka, Japan, provided kimonos and obi to wear while in the hotel. Many guests wore them to breakfast, and BarBee, Bobbi and Jim were no exception. Jim was ticked because Becky made him wear clothes under the kimono.



For a couple of days after leaving Osaka, we have been under a mini-typhoon. No wind, but huge rain bands. Near Hiroshima, we visited Miyajima Island to view the 12th century, UNESCO-listed Itsukushima Shrine. Only seven of our group of 18 decided to go and we enjoyed getting throughly drenched during the visit. The three Sunrise Rotarians made the trip. This island is touted to be one of the three most scenic areas in Japan. There is a short ferry ride to get to the island. On the way, driving along Japan's inland sea, we saw major oyster farming, and were told that 60% of Japan's oysters come from this region.

Sunrisers are Experiencing the Food Culture of Japan

Bobbie, BarBee, Becky and Jim are eating their way across Japan. We started in Osaka, made it to Hiroshima and are in Kyoto at the time of this writing.





This was at our welcome dinner in Osaka. It was called a bbq, but was actually cooking various thin slices of pork and beef and vegetables over a grill. Our guide Chika, showing how to order, which was then brought for you to cook your own. You are seated almost floor level, with your shoeless feet in a hole under the table.



We got to eat lots of interesting food. One popular dish is octopus balls, which is a small piece of octopus in the center of a gooey ball of stuff, passed through a deep fryer quickly, the topped with shaved bonitofish. Yummy! Not a crowd favorite, but I ate all six of my octopus balls at lunch. The beer helped.





Another fun meal was a "hot pot" or locally known as shabu-shabu. Same routine, floor level table, feet and legs in a hole. You have various thin meats or parts and pieces, plus vegetables, and you cook them quickly in the pot of boiling water using your chopsticks. We could go on forever, but this gives you an idea of the fun food experiences we are having. The street food is pretty cool, also.







There's nothing better for breakfast than chilled octopus, boiled mackerel and ice cream. The ice cream was in Kyoto. The chilled octopus and boiled mackerel were available every day, everywhere.

The tour we are on is "Japan: Kyoto, the Japanese Alps and Tokyo." We are seeing lots of other towns and places in between. We are seeing lots shrines, temples, castles, cities and towns. Check out some of these. The Great Buddha is 15 meters high and is the largest bronze Buddha in the world.









Nominations Open for Rotary's 2025 Ethics in Business Award

The Rotary Club of Gainesville, in collaboration with the Greater Gainesville Chamber of Commerce, invites nominations of individuals or companies for the 2025 Ethics in Business Award.

Anyone can make a nomination – Rotary membership is not required. This award honors local businesses and leaders who exemplify Rotary's values and consistently uphold ethical practices across all facets of their work. Nominees should demonstrate:

- High ethical standards, honesty, and integrity in all interactions.
 Community engagement and contributions to the local economy.
 Leadership and innovation recognized within their industry.
 Adherence to the Four-Way Test and fair business principles.
 Consistent commitment to ethical standards.
 Clear communication of ethical values to employees.
 Involvement in and encouragement of community service.

Each nominee will participate in a screening interview with students from UF's Warrington College of Business. Submissions are due by Friday, November 8, at 5:00 p.m. To submit a nomination, complete this form and email it to the Award Chair, Philip Crutchfield at

Past recipients are:

2011 - 1) Perry McGriff 2) The Cousins - Southeast Car Agency

2012 - 1) Jon Thomas 2) John Pastori and Randi Elrad - Crime Prevention Security

2013 - no award as presentation was moved from December to January

2014 - 1) Ivan Solbach 2) Rory Causseaux

2015 - 1) Doug Wilcox 2) Tony Barr

2016 - Tom Rothrock 2017 - Hawes Adams

2018 - Brian Scarborough

2019 - Davis Rembert

2020 - 1) Joel and Jim Islam 2) Ed Ellett

2021 - Darin Cook and Rich Blaser

2022 - Mike Warren

2023 - 1) Alan Hitchcock 2) Koss Olinger

2024 - 1) Scorpio Construction 2) Hoch Shitama

Download the nomination form.

How to Propose a New Member Using DACdb

By Pamela A. Gretter

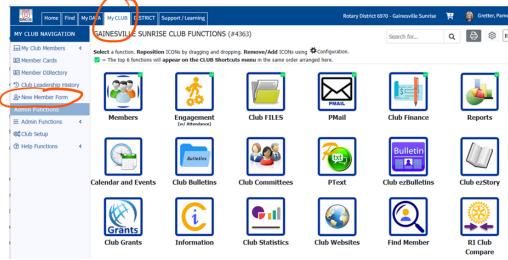
(Another in the series of how to use DACdb)

There is a proposed new member form available directly within DACdb. This allows you to either:

- Complete the information about the prospective member online, OR
 Email a link to the prospective new member for them to complete the information online, OR
- 3. Download a paper form for you or the prospective member to complete

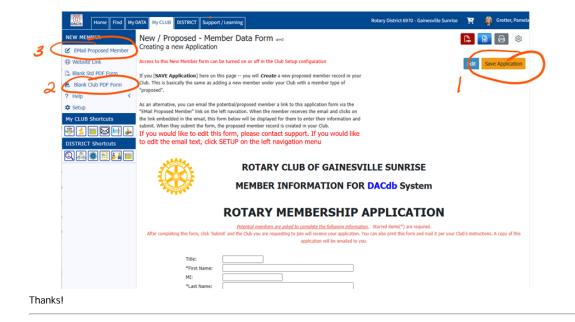
Instructions are as follows. Please note that your screen and icons may look slightly different than mine.

- · Log into DACdb
- On the My Club tab, click the New Member Form link.



EITHER

- 1. Complete the information about the prospective member and click the Save Application button, OR
- 2. Click Blank Club PDF Form to open a form that you can download and print for you or the prospective member to complete, OR
- 3. Click Email Proposed Member to email a link to the prospective new member for them to complete the information online.



Greater Gainesville Rotary



The Rotary Club of Greater Gainesville is hosting a fundraiser for the month of November up to the 21st. They will be taking orders for smoked turkeys, which will be smoked by club member Jan Bendik. Delivery will happen on Nov 24 or Nov. 26.

All turkeys are 12-13 pounds plus and cost \$60 each. Proceeds will go to the club's charitable giving fund. See the above picture for details. If you'd like to order one, email ggrotary67@gmail.com. Enjoy!





You may remember our wonderful breakfast meeting at the Gainesville Opportunity Center, provided as a small thanks for helping make possible the Wild Game Feast funds that GOC used to upgradeits kitchen.

The GOC now invites us to attend their 4th annual Fall Festival on Nov. 15 from 11 am to 5 pm at their facility, 1210 NW 14th Avenue. This is a free event open to everyone in the community. Enjoy a cookout (suggested \$10 donation for the meal) along with music and fun activities.

The GOC is a nonprofit agency which helps people with mental illness get back to work while providing access to services and supports that help them succeed. Don't miss this opportunity to see the impact the GOC is making together and to show your support.

Join Us

Gainesville Sunrise Meets at Hilton University of Florida Conference Center Gainesville 1714 SW 34th Street Gainesville, FL 32607 Time: Thursday at 07:00 AM



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