

Rotary



Club of Daytona Beach

Club Leaders

Michael R Leonard
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John R Guthrie
President - Elect

Scott Weidman, CFP®
President - Nominee

DJ Lebo
Secretary

Timothy Smith
Treasurer

Renny Miles Jr.
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Club Director

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Club Director

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Club Director

Joyce Shanahan
Club Director

Linda Webster
Club Director

Rosaria C. Upchurch
iPast President

Edward D. Paterniti
Asst Treasurer

Charles Miller
Assistant Governor

Account Leaders

Michael Thomas
Bruce
Lt. Governor

Niels Hansen
Legal Counsel

Jeffrey Eliot
Michelman
District Governor

Speaker for Monday September 26, 2022

Meaghan Sutter, Port Orange Acupuncture



Meaghan Sutter is a Licensed, Board Certified Acupuncture Physician with a Master's of Science in Oriental Medicine and Bachelors in Professional Health Studies. Meaghan began her education at the University of Central Florida earning her degree in Health Care Administration.

After traveling to Chiang Mai, Thailand to study massage she attended the Florida College of Integrative Medicine and graduated Magna Cum Laude. She has been in the integrative health field for over 12 years and is the owner of Port Orange Acupuncture. She is currently an active member of the Florida State Oriental Medical Association working to inform the needs of the Acupuncture profession locally and nationally.

Meaghan received the award of "Excellence" in her profession of acupuncture and oriental medicine by The Florida College of Integrative Medicine

[Zoom Login](#)

Rotary Zoom Login



Meeting ID: 665 859 4040
Passcode: 349127

John D. Tabor
DG-Elect
Kelly Altosino-
Sastre
Assistant
Governor
Steven Crump
Assistant
Governor
Cindy Dalecki
Assistant
Governor
Chessie
Flanders
Assistant
Governor
Lavonia Fore
Assistant
Governor
Alvin J.
Formella
Assistant
Governor
Rusty Hall
Assistant
Governor
Ron M.
Heymann Jr.
Assistant
Governor
Preston Mangus
III
Assistant
Governor
Charles Miller
Assistant
Governor
Gerald Charles
Watson
Assistant
Governor
Gary Williams
Assistant
Governor
Mickey Ulmer
DG-Nominee
Richard Cooper
II
iPDG
James D.
Kocmoud
District
Communications
Officer
Katherine
Batenhorst
District
Membership
Chair
Bill Griffin
District
Membership
Chair
Mary Stutts

Minutarian Week 12 - September 19, 2022

THE Minutarian
Jeff Michelman
District Governor
P.O. Box 47195
Jacksonville, FL 32247
Dr.Jeff.RotaryD6970@gmail.com

IMAGINE ROTARY

Rotary
District 6970

As I travel around the district, it is so rewarding to visit your club meetings and social events. I particularly love to induct new members (three this week) and attend social events as it gives me the opportunity to have dialogue with many of you. Please continue to ask and if my calendar is free, I (we) will happily join you.

Friday September 16th was a particularly bad day as I learned that a long-time neighbor who had moved away, had died of cancer. The day got markedly worse when I received a call that my dear friend and long-time Rotarian from the Rotary Club of Crescent City, Jim Stege had died from Leukemia. Jim was a fixture in District 6970 but not because of his 6ft.+ stature,

District Membership Chair
 Jeanette M. Loftus
 District Rotary Foundation Chair
 Amy Workowski
 District Public Image/PR Chair
 Karen Lickiss Weiss
 District Secretary
 Beth Ann Taylor
 District Treasurer
 Billy D Larson
 Sgt. At Arms
 Marie R. Turnbull
 Training Coordinator
 Edward Lombard
 Sgt. At Arms

Birthdays

Todd C. Richardson
 September 27th
 Mica D Lill
 October 3rd
 Bev Johnson
 October 3rd
 Cheryl Coxwell
 October 8th
 Timothy G. Carnago
 October 12th
 Renny Miles Jr.
 October 17th

but because of his long-term commitment to youth in our district. Jim Stege's name is synonymous with RYLA. Jim was a previous member of both the South Jacksonville and St. Augustine Rotary clubs before he moved to Satsuma and opened up Stegbone's Fish Camp. Jim was a humanitarian as big as his stature as he was currently providing pro-bono architectural services to churches in Crescent City. Our hearts go out to both Jim's family and the Rotarians of Crescent City. We will share details as we get them. Go with the wind, my friend.



When we reflect on yesterday's Jaguars game with the Indianapolis Colts, I hope this makes you realize that you had better buy your tickets now! Even though, I want to remind you that our partnership with the Jaguars is about more than Football, it is great to celebrate a win. First and foremost, it is about contributing to [Polio](#) and second, it is an opportunity to enjoy fellowship with your fellow Rotarians. If the Jaguars are having a great season, that is an added benefit, but try not to make this an expectation. If you already have tickets or cannot go when your club is going, think about giving a ticket to a Veteran, a Rotaractor or Interactor. Most importantly, sign up now before the seats you want are gone. Several of the options have already become limited. For now, it is really great to be in 1st place in the AFC South.

Perhaps the most fun I had this week was my interaction at the Rotary Club of Ocala with Past District Governor Frank Rasbury's wife Naida. Is that a million dollar smile or what?



[Ring the Bell]

Pictures of the Week

This week was a great opportunity to see the district, starting with the Rotary Club of Ocala where Assistant Governor Stan Plappert and I were welcomed by Past District Governor Frank Rasbury and president Manal Fakhoury.



After Assistant Governor Stan Plappert let me use his office for the afternoon, we returned to the Rotary Club of Ocala Brick City where we were hosted by president Christian Clarke and her lovely daughter.



District Governor-Elect John Tabor joined me at the Rotary Club of Northeast Florida with a warm welcome from president Sandra Hartley as we were joined by Assistant Governors Susan Hill and Preston Mangus.



Assistant Governors Gerry Kelley and Bea Fore joined Lt. Governor-Elect Dean Scott and Past District Governor Mike Darragh as I caught up with many old friends at the Rotary Club of South Jacksonville including president Charlie Cofer.



Assistant Governor Rusty Hall attempted unsuccessfully to keep me in line as Carolyn Mudgette helped me to induct new member Jay Smith at the Rotary Club of St. Augustine Sunrise with president Jake Parham.



Assistant Governors Ron Heymann and Theresa Shuster as well as president-elect Pedro Tamaya and president Tonya Baudek of the Rotary Club of Fernadina Beach joined me as we inducted Frances Morbell and Martin Wilson as the newest members of Rotary.



What a fun evening at Assistant Governor Gary Williams' home as we joined the Rotary Club of Bartram Trail/Julington Creek for an Adam Ezra Concert club fundraiser/social. Thanks for including us, Jack Murray.



Assistant Governor Rusty Hall and I ended the week at the small but mighty Rotary Club of Hastings. Although president Amanda Bergamasco was sick, it did not stop her from leading the meeting through zoom.



Building Peace in a Fractured Land

During a meeting of about 50 teenagers in Israel's western Galilee region, students were grouped in pairs and asked to identify how they were similar and different. Although half of them were Jewish and half were Arab, none of them mentioned that seemingly obvious distinction. When asked why, they told a moderator, "We are all human."

The meeting, involving students from four schools in Jerusalem and the western Galilee, was part of a peace education program designed and led by Arik Gutler Ofir, a former Rotary Peace Fellow. It was supported by a 2016 Rotary Foundation global grant and implemented by the Rotary Club of Jerusalem, just one of the club's many peacebuilding initiatives.

The students stayed at each other's homes and learned about each other's food, music, and cultures. The project was so successful that when the grant money ran out, a local education board integrated the initiative — which had been co-sponsored by the Rotary Club of Mönchengladbach, Germany, and supported by Rotary clubs and districts in Australia, Germany, and the United States — into the civics curriculum.

"When you bring children from both sides to get to know each other, you create a situation where the other is not an enemy," says Dan Shanit, a former medical clinician, researcher, and program developer who has served as the Jerusalem club's president twice, most recently in 2021-22. "Enemies are anonymous. They don't have a face. What you want is to know the face."

Since its beginning, the Rotary Club of Jerusalem has focused on peace. The club was chartered in 1929 during a period when the region, including the future state of Israel and what would become the occupied Palestinian territories in Gaza and the West Bank, was under British colonial rule. Most of the charter members were from the city's British elite. Today, the club continues to hold meetings in English.



Members of the Rotary Club of Jerusalem, including (from left) Carry Polak, Louis Polak, Dan Shanit, Ruth Harris, and David

Seligman, promote peace through their projects, with a particular focus on bringing together Jewish and Arab youth.

Photograph: Yadid Levy

Peacebuilding tips for clubs

The Rotary Club of Jerusalem focuses its energy and fundraising on peace education for Arab and Jewish youth, and humanitarian aid for Palestinian children. "It's our specialty," says Dan Shanit, past club president and a former deputy director general and medical director of the Peres Center for Peace and Innovation. "I hope it continues to be." Shanit has this advice for clubs in places of conflict that are looking to make an impact in peacebuilding:

- Partner with health care organizations to provide medical help to people on the other side of the conflict. Medical aid is an excellent instrument to bridge divides because it is difficult for either side to refuse it.
- Expose children to the ideas and values of peace and coexistence from a young age, before they develop prejudices.
- Support projects that bring together children from both sides of the conflict to get to know each other.

For decades, its members have met at the Jerusalem International YMCA. With its elegant arches, domes, and tower, the building is a city landmark and a place for finding common ground. Arab and Jewish members were quick to join and within five years, the club had its first non-British president, D.G. Salameh, an Arab who had been vice mayor of Jerusalem. The following year Leon Roth, a Jewish professor of philosophy, became president.

The club's ability to serve as a place where people of all faiths, ethnicities, and political views could find common ground was tested during the war that surrounded the withdrawal of the British and the creation of the state of Israel in 1948. The fighting split the city between Israeli and Arab control, with Arabs to the east and Jews to the west and barriers between them. The YMCA was on the Israeli side of the city.

"When the war ended, Jerusalem was divided," Shanit says. "Most of the Arab members had lived in the wealthy neighborhoods in the west side of the city and were expelled or fled." As a result, the club lost its Arab members.

War returned in 1967 when Israel attacked neighboring Arab states and conquered East Jerusalem, along with the Arab territories of the West Bank, the Gaza Strip, and the Golan Heights, and put Palestinians under military occupation. Jerusalem was whole again, and people could travel freely. But the Rotary club that had formed in East Jerusalem soon dissolved, and the Palestinians there did not want to join the Rotary Club of Jerusalem, located on the Israeli west side of the city.

Rizek Abusharr, 86, who first learned of Rotary while working at the YMCA as a youth director in the 1950s, says he was one of the few Arab members of the Jerusalem club when he joined it about 40 years ago. He felt welcomed and became both president of the club (in 1987-88) and the director general of the YMCA, an oasis amid the conflict between Israel and the Palestinians. "Outside there was anger and inside there was peace," he recalls. "We kept the YMCA and the Rotary club above politics, so that Jews, Christians, and Muslims could all stand on equal footing. That's what Rotary is about."

But it wasn't easy.

"The hardest job of the club was being the program director," says Abusharr, who remained a member until moving to California and joining the Rotary Club of Claremont in 2007. "You had to find a speaker who didn't speak about something divisive. We were living Rotary's Four-Way Test as much as humanly possible."

For many years the YMCA has been home to what it calls a "peace kindergarten," where it teaches Israeli and Palestinian children about each other's holidays in both Hebrew and Arabic. The Jerusalem club became a key supporter of the school, providing scholarships to the children's families and building a playground on the roof.

Amid the Israeli-Palestinian conflict, the club currently has no Palestinians among its 22 members, but it remains international, reflecting the presence of nongovernmental organizations and other global institutions in the region to address conflict. In addition to native-born Israelis, the club has American, Dutch, German, and Nigerian members. One member joins meetings online from her home in Hawaii.

And the club's focus remains peace. In recent years, it has implemented its peace education initiative for Jewish and Arab youth as well as a project that provided medical assistance to Palestinians. With the help of a global grant, the club arranged for Palestinian children with congenital heart problems to receive heart surgery at a hospital in Jerusalem.

This year, the club participated in a project that provides training in advanced trauma life support to Palestinian and Israeli surgeons at Israeli hospitals. The initiative, which is supported by a global grant, is a partnership with [Project Rozana](#), which helps ill Palestinian children and trains Palestinian health care professionals. The grant is sponsored by the Rotary Club of Holon, Israel, and the Rotary E-Club of District 7610, Virginia, and is supported by other clubs in Israel, Australia, Canada, and the United States.

The latest Jerusalem club initiative is a traveling theater show by five Jewish and five Arab actors who perform at schools and in the street, in both languages. A sister club, Wiesbaden-Kochbrunnen in Germany, supported the effort by raising money. "Theater is the perfect platform through which you can convey a message about how to deal with the conflict," says Shanit.

This story originally appeared in the September 2022 issue of [Rotary](#) magazine.

Disaster Supply Checklist from Volusia County Emergency Management

Disaster supply kit checklist



Your disaster supply kit should include a three- to seven-day supply of water, non-perishable food, medication, and other necessity items per person. To calculate the amount of water and food, consider:

- Drinking water: Have at least one gallon per person per day for five to seven days (preferably for two weeks). To store, use clean, airtight containers, such as two-liter soda, but no milk, containers. If you use re-usable plastic bottles, change them each month.
- Water for pets: Have at least a half-gallon per pet per day for five to seven days.
- Food: Have at least enough for three meals per day per person for five to seven days. Food should be nonperishable, packaged or canned and should include canned or shelf milk, cereal and snack foods. Foods should meet the dietary needs of infants, the elderly and those with special needs.
- Medication/special needs: Have a five- to seven-day supply of special items such as food, formula, diapers and wipes for infants and those with special needs; toiletries and extra toilet paper. Have at least a two-week supply of medication.



Below are suggested food items. Selections should be based on family needs and preferences. When possible, choose low-salt, water-packed varieties.

Food:

- canned vegetables, fruit
- peanut butter, jelly
- bread
- sugar
- cereal
- canned soups
- cookies, crackers, snacks
- infant food, formula
- canned meats
- drinks (bottle, can, powder)

Personal items:

- medications, vitamins
- extra hearing aid batteries
- toothpaste, brush
- extra baby bottles
- wet wipes
- sanitary napkins
- assorted safety pins
- comb
- denture care
- toilet paper
- hand sanitizer
- matches in a waterproof container
- soap, shampoo
- extra eyeglasses
- saline solution and contact lens case
- razor, shaving cream
- cash (bills, change)
- sewing kit
- diapers
- change of clothing
- extra bedding such as pillows, blankets and sleeping bags
- hand sanitizer
- two cloth face masks per person

First aid supplies:

- Aspirin/ acetaminophen
- 2 pairs of latex gloves
- mosquito repellent with DEET
- rubbing alcohol, peroxide
- first aid tape
- water purification tablets

- Q-tips, cotton balls
- gauze/adhesive bandages
- sun screen
- anti-diarrhea medicine
- thermometer


- tweezers, scissors
- ointment for cuts/ insect bites
- compresses
- ipecac syrup and activated charcoal (for accidental poison)

Other necessary items:

- flashlights
- extra batteries
- masking/duct tape
- portable AM/FM
- radio/ batteries
- ABC fire extinguisher
- non-electric clock
- whistle
- napkins or paper towels
- large plastic bags
- rubber boots
- Fix-a-Flat for tires
- ice chest
- chlorinated bleach
- manual can opener
- hammer, nails
- heavy work gloves
- dust masks
- weather radio w/alarm
- plywood
- screwdriver, screws
- pillows, blankets
- aluminum foil
- portable folding cot
- bungee cords
- camera/video/film
- plastic sheeting
- disposable dishware/utensils
- mop, bucket, broom
- plastic wrap, foil
- sleeping bags
- all-purpose
- cleaner/disinfectant
- wash cloths, towels
- utility knife
- pliers, vise grips
- plastic safety goggles

- time occupiers (books, magazines, games, cards)
- waterproof portable plastic container w/lid for important papers

Quote for the Week



“[The Rotary ideal] is that within us that makes us know that when we are serving others we are building ourselves.”

~Harry H. Rogers
Rotary Club of San Antonio, Texas, USA
1927 RI Convention

www.rotary5910.org



Club Meeting

Daytona Beach
Meets at Palmetto Club
1000 S Beach St
Daytona Beach, FL 32114-6202
Time: Monday at 12:15 PM