Run from water, Hide from wind". This is an important reminder from Chris Evan – Director of Emergency Management for Citrus County. We had the opportunity to hear this and so much more advice from someone who is in the trenches every day, making decisions about the well-being of his fellow Citrus County residents. Chris also brought to our attention the need to stay connected and informed. In today's over-stimulated communication world, people are beginning to filter what they will tune into and pay attention to. Because this is happening, many are becoming less engaged, less informed, and less prepared. And, because it is the 21st century, we use technology to convey information which meets with resistance from our older generations who may need the most assistance in a disaster. His message is clear: pay attention to alerts, check in to various sources for updated information, be prepared for 7 days of disaster downtime, respond as directed if you are in a danger zone and DON'T be complacent and think you are not in the threat. Sometimes it is the unexpected that changes everything. Eloy has developed an emergency preparedness and response phone tree. Take advantage of this opportunity to stay connected. Chris also mentioned how hard-hit Sarasota was, and that it was not ground zero. Karen Aultman shared that she was in Sarasota during the storm that left 15 inches of rain in her location. She said that the disaster was in the fact that so much rain came down so intensely and for so long that the drainage system became overburdened. The primary river that sends the water to the gulf completely filled and spilled over into streets and neighborhoods. Central sewer system lift stations failed due to power outages and a small dam broke. No one had anticipated this would be that storm. His message, her message, the message......plan for the worst, hope for the best, regardless if you are in the "weather cone" or not!

Other News:

- *Aug 28 -Tom Monroe Fireside Chat 12 noon on Zoom
- *Aug 29 Ed Koch Fireside Chat 12 noon on Zoom
- *Sept 21 Coastal Cleanup Cooter Pond 8:30 (Sign up and turn in your Hold Harmless) with Michael Dandurand
- *Oct 12 Habitat Home Build Citrus Springs, 8am (can we get 10 people to sign up???) See Lace
- *Oct 29 Next Boot Camp 12 noon at WTC Greg Hamilton to advise as we get closer

CART Update – Dr. Ana Gricuic, of Massachusetts General Hospital and Harvard Medical School, was the recipient of a \$300,000 grant to explore a new way to tackle Alzheimer's disease by focusing on a gene called CD33. This gene seems to interfere with the brain's cleanup process. By controlling this gene, she hopes to develop a treatment that could arrest or at least better control the development of this disease. We certainly hope so! And a special "Thank You" to everyone who continues to donate to this fund through coins and cans.

Happy/sad - \$66 50/50 -\$20 to Laura Grady