

The Northern Light A publication of the Rotary Club of Dunedin North



Issue 22: January 31, 2024



Find out more about our club: **DunedinNorthRotary.org**

DunedinNorthRotary.org 2023-2024 LEADERSHIP

- President: Doug Campbell
- · PP/Vice President: Gary Coughlin
- · President-Elect: Candice Kelly
- President-Nominee: Rob Walker
- Secretary: Angie Eisele (meeting)
 Sherrie Davis Kinkead (recording)
- · Treasurer: Rob Walker
- Directors: 1-Yr: Alan Gustafson, Jay LeFebvre, Dick Spong; 2-Yr: Candice Kelly, Bill Huntley, Kris Gray; 3-Yr: Mel Ora, Jaquelin Nuila, Teresa Cordova O'Dea
- · Sergeant-at-Arms: Tom Miller
- · Foundation Chair: Steve Schwartz
- Admin Chair: Sherrie Davis Kinkead
- · Membership Chair: Mark Middleton
- · Service Chair: Becky Stein
- PR Chair: Candice Kelly
- Programs: Jay LeFebvre

MEETING TIME/LOCATION:

7:30-8:30 am on Wednesdays Dunedin Golf Club, 1050 Palm Blvd.

MAILING ADDRESS:

PO Box 307, Dunedin, FL 34697

All visitors are welcome for Wednesday meetings, 7:30-8:30 am, either on Facebook Live or in-person. Friends and family are welcome to volunteer.

Meeting Notes from January 23 - Sherrie Davis Kinkead

DUTIES: Greeters:Alan Gustafson; Invocation: Priscilla Hoag; *Pledge of Allegiance* and "5"-Way Test:Jay LeFebvre; "Emcee": Prez Doug C





VISITORS: Dee Dee Fusco and Theresa White (Speakers) Dr. Jacob "Jake" Schalles (Mark Middleton) who began work at Back 'N' Balance and came to Dunedin from Philly and Daytona, Kerry & Bob Higginbotham (Doug Campbell), volunteers at Dunedin Cares

HAPPY BUCKS: George Ann B - Thank you, Dee Dee, for making the drive from Bradenton and to Theresa, who came from St. Pete. Therea W - welcome all and glad to get a good breakfast. Dr. Bill -- members safe for

a while from slightly dirty jokes from him. Mary Beth C - great day to be here and have guests. JoAnn R - thank you to Candice and Mel for organizing the turkey giveaway; after 2 days of keeping the grandson, her head is still moving from side to side watching him go. Jay L - Salty Science, the 4-woman rowing team who rowed from the Canary Islands to Antigua, came is first for women, 4 for 4-crew rowers and 7th overall when they finished on 1/21/24; went with his wife to Pinellas Cty. Sheriff's training facility in Largo for a concealed carry permit class, which lasted 5 hours, 50 rounds of shots and personal instruction...for FREE! Priscilla H - welcome, guests; happy for the rain and happy it stopped. Teresa CO - slept through the meeting last week but glad she made it this week. Jay P - if we are half as good as Teresa at 88, we're OK; glad to see Welch; made arrangements to see Jimmy in Japan this year. John T - on a golf course, it's warm and glad to see Dr. Jake here on behalf of Dr. Pat.

TOM'S GROAN: We got a reprieve as Tom was absent. While Gary filled in as Sgt-at-Arms, he didn't fill in with a groan.

50-50: Gary C, filling in for Tom, also brought a new deck of cards. Deciding those who participate need more chances to win, assigned a value of \$25 to each Joker, if drawn. Bill Huntley got a chance to draw for the second time in a row, but only came up with a 7, worth \$7, a little less than the pot he won in December.

PROGRAM: Theresa White, executive director of the Community Dental Clinic (CDC), and Dee Dee Fusco, a board member of the 502(c)(3), explained the free services provided by the clinic to those in need of dental care, age 18 and older. While many services are provided, they don't do implants or orthodontic work. They are moving to a new building soon, financed by the J O Stone Foundation, and raising money for a 4D printer that will enable them to make onsite dentures.

ANNOUNCEMENTS: The Cornhole Tournament is Feb. 4, 10am, at HOB. Tickets are available for the Royal Caribbean cruise for two. Peace Pole Celebration on 2/23.

FL MINUTE W/DR. BILL: None

DNREF voting on officers for 2024-25 board

Dunedin North Rotary Endowment Foundation (DNREF) is a separate entity from our Rotary club. In the past year, DNREF received the money back from the St. of FL Unclaimed Funds and transferred the majority of the money (approx. \$132,000) received to the Tampa Bay Foundation to be used for vocational/nursing scholarships under our direction, as per the intent of the original endowment benefactor. We left a portion (approx. \$12,000) in our checking for tax filings and any legal work or fines incurred in the future.

Many have expressed an interest in using the Foundation to receive donations made to our club so that the donations are tax-deductible for the donors. To do that, two things need to happen. First, we need to expand the scope of what the money can be used for beyond the vocational/nursing scholarships. Second, we need to be sure the Foundation retains its designation as a 501(c)(3), which may entail paperwork and fees.

It's time to elect officers and directors for 2024-25. The board is composed of 6 directors who are members in good standing of the RC of Dunedin North. The officers include a president, vice-president of budget & finance, corresponding secretary, and treasurer. Any

member of the RC of Dunedin North can be a member of the DNREF. The board meets when the president or another member needs to address an issue. This next year may require quite a few meetings if we decide to keep the Foundation open and reinstate the 501(c)(3) designation. If you are interested in serving as a member, officer or director, please email President JoAnn Rooney (jrooney@nfmlending.com) and/or Secretary Sherrie Davis Kinkead (dnrc.fl@verizon.net) before the scheduled meeting on Feb. 7 at 8:30am after our regular meeting.

Saint Leo University offers First 30 Seconds Program for free

All Rotarians who are past or present law enforcement officers or first responders, or those who may be interested in being part of the First 30 SecondsSM project need to take note.

In partnership with Saint Leo University, we are now offering - at no cost - a four-week Peace & Conflict Resolution micro-credential course. Graduates from this 4-week course will receive credential "badges" that will allow them to teach the First 30 SecondsSM method at participating high schools in the area. Graduates will be placed in teams of three as per the instructional methodology. Most non-law enforcement Rotarians would perform as the observers/evaluators of their three-member teams.

The classes start on Tuesday, April 2, with a four-hour live, in-class session at the Saint Leo University campus. The second and third weeks of the training are held online and remotely via Zoom. The training concludes back on campus for the fourth week of the training. I have attached a PDF titled, "Responsibilities of the Certified First 30 Seconds Trainers" so that those who are contemplating participating in this project will know ahead of time what the expectations are for them.

For more information, interested Rotarians can email Eloy Nunez at <u>eloy.nunez@saintleo.edu</u> or call at (352) 464-3105.

Time to Step Up and Volunteer!

We have entered a busy time that requires all members to volunteer. Our **CORNHOLE TOURNAMENT** is this Sunday, Nov. 4, and I'm sure we need help with registration and selling cruise tickets. Plan to come early for set-up and directions. Warm-ups begin at 10am, so registration will open before that.

HIGHWAY PICKUP is the second Saturday in February, which is Feb. 10. To make it easy and fast, we need at least 12 volunteers. This is the perfect time of year not to work up a sweat, and most are back home by 9:30.

Then we have pour and serve duties at **MARDI GRAS** from 3:30 - 6:30 that night on Feb. 10. We've committed to 12 but can always use more to keep those lines moving quickly.

HEP can always use a couple of servers on the first Friday of the month. Ask if servers are needed on Feb. 2 or Mar. 1.

It's time to plan the **DNR CHARITY GOLF SCRAMBLE**, which is scheduled for May 29 at Innisbrook's Copperhead course. Plans are underway to find out the course fees and meal costs so we can set a price for players and sponsorships. Candice Kelly is co-ordinating with Kert Rhodes and sure to call on all of us to make sure everything goes smoothly.

Rotarians – Making a Difference in the Opioid Crisis

As overdoses skyrocket, naloxone is becoming a critical tool to help stop these deaths. Known by the brand names Narcan or Kloxxado, the drug reverses overdoses by binding to opioid receptors in the brain, blocking the opioids in the bloodstream from having an effect. A study in Pennsylvania published in 2022 found that people who received at least one dose of naloxone following an opioid overdose were 11 times more likely to survive. And contrary to concerns that its availability would encourage people who use drugs to take more risks, it does not lead to increased opioid use, studies have found.

This is why, over the last two decades, state policies and community-level programs have worked to put naloxone within reach of people who may need it. Most states have some version of laws allowing pharmacists to provide naloxone on request without a doctor's prescription. And in 2023, the U.S. Food and Drug Administration approved Narcan to sell over the counter — a "big game changer," according to Cerdá.

One of Project Smart's most active initiatives so far is an effort to expand naloxone access by teaching Rotary

members and others to lead training sessions in their communities. Larry Kenemore, a retired paramedic and a Rotarian who helped launch the initiative, estimates more than 1,000 people in a dozen states have been taught how to use naloxone. People who attend are given kits to take home and asked to report in when they use one so the action group can track the impact. In one recent report, a police officer in Arkansas whose department was trained through the project said that he used the medicine twice, to revive a pregnant woman and a teenager, Kenemore says.

Naloxone can now be found in U.S. supermarkets, convenience stores, and gas stations, on shelves like ibuprofen or aspirin. People can even buy it online. That change is in addition to the wide-ranging efforts to make naloxone accessible across communities. School nurses' offices carry it. Service plazas along the turnpike in Ohio stock it. Many restaurants and bars keep naloxone on hand. Music festivalgoers at Lollapalooza in Chicago were handed doses this year, and New Hampshire distributes overdose-response kits to businesses. Some cities are even placing naloxone alongside defibrillators used for cardiac arrest in public places such as libraries and community centers.

In a parking lot tucked behind a building on a busy street in Cincinnati, white letters glow on a vending machine 24 hours a day: "Stay safe." Drivers can pull their cars alongside it, roll down their window, punch in a code, collect their items, and drive away. The machine doesn't offer sodas and candy bars. Instead, it's stocked with naloxone, strips that test substances for the presence of fentanyl, safer sex kits, pregnancy tests, and more.

The Cincinnati HIV-prevention organization Caracole placed the vending machine outside its office in 2021 as a midpandemic effort to support vulnerable residents when in-person services weren't possible. The organization takes an approach known as harm reduction, which tries to lessen negative outcomes for people who are not ready or able to completely stop engaging in risky behavior. That idea is controversial, with critics concerned that it could encourage drug use. But some elements of the strategy are being more widely embraced. Fentanyl test strips, for instance, have been considered illegal drug paraphernalia in some states. Now, they're increasingly recognized as lifesaving tools, and at least 20 states have decriminalized them since 2018. They're also becoming more widely available on college campuses and elsewhere amid an increase in counterfeit pills meant to resemble popular medications.

Visit https://www.rotary.org/en/first-response-opioid-crisis?source=rotaryorg_frontpage_features to learn more about what is being done to help the opioid crisis.

UPCOMING MEETING DETAILS					
Date	Invocator	Greeters	Pledge & 5-Way Test	Speaker	
1/31	Tom Miller	Jaquelin Nuila, Sherrie Davis Kinkead	George Ann Bissett		y, College and Career Center Dunedin High School
2/7	Gary Coughlin	John Tornga, Teresa Cordova O'Dea	Douglas Oppenheimer		