



# EYE OPENER

TALLAHASSEE SUNRISE ROTARY CLUB



September 23, 2022

## Meeting Speaker -- Jocelyne Fliger

Jocelyne Fliger is a graduate of Tulane University in New Orleans with a BA in Sociology and Women's Studies. She received her Master of Social Work degree from Florida State University with a certificate in Gerontology. Jocelyne has worked in the arenas of crisis counseling, suicide prevention, and victim advocacy, and was named 2015 Victim Advocate of the Year by Florida State University for her response to the Strozier Library shooting. She is also the recipient of the prestigious 2022 Grad Made Good award honoring Florida State alumni who have made outstanding contributions in their community or chosen field.



In 2014, Jocelyne found her home at Elder Care Services, Inc., Leon County's lead aging services non-profit, where the mission is to improve the quality of life for seniors and their caregivers by providing support for independent living. At Elder Care, Jocelyne managed three federal programs working to engage active seniors in meaningful volunteer service, before becoming the CEO/President at the beginning of 2020.

In her spare time, she enjoys visiting scenic North Florida via canoe with her husband Jeremy Deese and their daughter Morgyn; being the President of her Neighborhood Association and a volunteer with Morgyn's Girl Scout troop; and loving on their dog Koda, and 2 guinea pigs, Toast and Hamilton.

**DO GOOD. HAVE FUN.**  
**That's how Sunrise rolls!**

## The Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

## Inspiration

Sept. 27:

Gary Ware

Oct. 4:

Allen DeWolf

Oct. 11:

Bill Reardon

## Birthdays

Stephanie J Schwartz

October 1

Beth Tedio

October 4

Daniel N. Shrine

October 18

Doug Fisher

October 25



Our Third Annual Bowling FUNrai\$er raised **\$4,500** for Sunrise to invest in community service projects. The Club sold 20 lanes and bowling to three individuals. We collected **\$412.65** in donations plus sold **84 tickets** in the 50/50 raffle. Kathy Reardon won \$420 in the 50/50 raffle. View all event photos on our Facebook page by [clicking here](#).

## Sunrise Mentors Needed for Student-Residents of Rotary Scholarship House



Champion Betty Jensen met with the 20 student-residents of the Rotary Scholarship House on Sept. 18 to launch the Sunrise Mentoring Initiative. The residents learned what Rotary is and how Sunrise will provide the residents Mentors who will share career and life knowledge and experience.

In October, Betty will begin reaching out to Sunrise Rotarians to share their knowledge and experience with the residents. Also, the Sunrise Board approved two \$500 scholarships to be awarded at the end of this academic year to student-residents who demonstrate Service Above Self with Rotary.

## Serve With Sunrise: Weekly Update

Watch this space in the EyeOpener each week to see how you can Serve With Sunrise.

### **Classroom Connection/Hartsfield**

**Elementary:** Champion Colleen Castille seeks five volunteers to participate Thursday, Sept. 29 (1-3 p.m.) to help 20 kindergarten students with a science lesson. Students will learn how to make ice cream, then we will all eat the ice cream. Each volunteer must complete a brief online application to be eligible to work with schoolchildren. The form is at <https://volunteers.leonschools.net>. To volunteer for our Sept. 29 science lesson at Hartsfield (1414 Chowkeebin Nene), RSVP to [colleen@colleencastille.com](mailto:colleen@colleencastille.com).



**Bond Elementary Partnership:** Champion Linda Nelson will soon announce plans to continue our Club's three-year support of the faculty, staff and students.

**Florida Department of Corrections Book Drive:** Champion Stephanie Schwartz will kick off the Book Drive at our Sunrise meeting Oct. 4. This is a new project for Sunrise, but the second year the FDOC has collected books/media for prison

libraries statewide.

**Walk to End Alzheimer's** Nov. 12: Co-Champions Rick Owen and CJ Aulet. Northside Rotary will participate on our team. Details and Donations at [https://act.alz.org/site/TR/Walk2022/FL-CentralandNorthFlorida?team\\_id=728650&pg=team&fr\\_id=15473](https://act.alz.org/site/TR/Walk2022/FL-CentralandNorthFlorida?team_id=728650&pg=team&fr_id=15473)

**Meals on Wheels** (delivery Tuesdays 10:15 am-noon in November, January, March, May): Champion Melanie Quinton. Volunteer now for November and 2023 at SignUp Genius <https://www.signupgenius.com/go/4090949a5ab2fa1fd0-meals1>

**CART Coins for Alzheimer's Research Trust:** Champion Crystal Curvey. Contribute to the blue buckets on tables each week at Sunrise meeting. Donations fund grants at US research hospitals seeking to cure Alzheimer's Disease.

**Rotary Scholarship House/Pack the Pantry:** Champion Dan Nelson. Sunrise hosts a Pizza Party to Pack the Pantry once each semester. This year, Rotarians will have the opportunity to visit the House and residents to deliver the Pack the Pantry items.

**Boystown Birthday Buddies:** Champion Dee Wellman, our liaison with Boystown, to recruit a Sunrise Rotarian to celebrate the birthday of a resident as needed.

**Red Kettle Bell Ringers** Dec. 5-6: Champion Christopher Campbell, Publix Village Square

**Sleep in Heavenly Peace Bed Build** (District Grant) Champion Danielle Irwin. 2023 Sunrise Bed Builds scheduled on Jan. 21 and March 18.

**Ramp Build** (Spring 2023): Champion Pam Doffek.

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## CART Update

### Coins for Alzheimer's Research Trust

Thank you, Sunrise, for funding US-based research seeking a cure for Alzheimer's and other dementia. When you toss your small change into the blue bucket on your table at each Sunrise meeting, you make a big difference.



A Project of the Rotary Clubs of North America

CART started in 1996 with Rotarians voluntarily emptying their pockets and purses of change at weekly meetings. As of May 2022, CART had awarded \$11.2 million in 64 grants to recognized US research institutions.

100% of donated funds go to Alzheimer's Disease research. All administrative expenses of CART are paid from interest earned from invested contributions.

The CART Fund is governed by a Board of Trustees composed of

representatives from the Rotary districts that support the program. It is a 501(C)3 organization, Federal ID #31-1466051. The Fund is chartered as a nonprofit organization under the laws of the state of South Carolina.

9/20/2022: \$34.00

Sunrise CART total 2022-2023: \$1111.28

## Save the Date - Walk to End Alzheimer's 2022



## Sign up for an Inspiration

Have something inspiring to share? Sign up for your day here:

<https://www.signupgenius.com/go/10c0c44a9aa2fabfac52-inspirations1>



Sunrise: [tallahassee.sunriserotary.org](http://tallahassee.sunriserotary.org)

District: [rotary6940.org](http://rotary6940.org)

International: [rotary.org](http://rotary.org)