



EYE OPENER

TALLAHASSEE SUNRISE ROTARY CLUB



November 4, 2022

Meeting Speaker -- Dr. Timothy Parsons

Dr. Timothy Parsons is an archaeologist and cultural resource management professional with 20 years of research and applied experience in the United States and Europe.

He is currently a Senior Project Manager for SEARCH, Inc., an archaeology firm specializing in the full spectrum of cultural heritage services above ground and underwater.

Tim received his MA and Ph.D. from Florida State University and his undergraduate degree from Millsaps College in Jackson, Mississippi. Previously, Tim served as Florida's State Historic Preservation Officer, serving under Governors Rick Scott and Ron DeSantis and Secretaries of State Ken Detzner, Laurel Lee, and Cord Byrd.



The Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Inspiration

- Nov. 8
Stephen Caldwell
- Nov. 15
Georgia Seliga
- Nov. 22
Open
- Nov. 29
Open

Birthdays

- Elise P. Smith
November 5
- Rick Owen
November 18
- Kathryn Arrant
November 20
- Valerie J. Hubbard
November 21
- Bob Wilgus
November 25
- Pamella J. Butler
November 28

Save the Date: Spirits for Sunrise Fundraiser

Spirits for Sunrise
Tuesday, December 6 6:30 - 8:00 pm

If you are only giving to one special event this holiday season please give to Sunrise Rotary. Why? Lives will be reshaped for Good! Your donations go to *Hang Tough Foundation, First Reader, ReFire, Connection First* and other charities.

Drawings will be held from tickets purchased for premium liquors, wines and craft beers.
You do not need to be present to win.

Drawing Location
 Holiday Inn Tallahassee
 E Capitol-Univ, an IHG Hotel
 2003 Apalachee Pkwy,
 Tallahassee, Florida

Buy tickets at
<https://bit.ly/3SS5P1n>
\$25 each or 5 for \$100
 plus Eventbrite fees

Sponsorship Level
Frog's Leap Vino Level: Donate your own vintage bottle(s) of wine
Sangria Throwdown Level: \$100
Magnum Level: \$300, plus a Napa Valley bottle of wine
Bacchus Level: \$550, plus 2 connoisseur bottles of wine
Champagne Level: \$750, plus 3 signature bottles of wine
 All sponsors will be recognized at the event and in the *Eye Opener*. During raffle you will be named for each donated bottle of wine.

Contact Dan Campbell at 850-339-7466 for sponsorship information.

Interested in Joining Sunrise Rotary?
 Contact Lori Swenson at swenlori3@yahoo.com or 850-933-6829 for more information.

Serve with Sunrise: Weekly Update

Watch this space in Eye Opener each week to discover how you can Serve With Sunrise.



Mentoring Initiative for Rotary Scholarship House: Led by Champion Betty Jensen, the women of Sunrise are invited to

meet, again, with the student residents on Sunday, Nov. 13, 6-7:30 p.m. This time, we will enjoy getting to know one another during a fun Speed Mentoring activity. Rotarians, please bring a snack to share. Our Club's Mentoring Initiative will culminate in April with Sunrise awarding two \$500 scholarships to residents with outstanding service to Rotary.

Bond Elementary Partnership: Champion Linda Nelson will soon announce the school's wishlist and volunteer opportunities as Sunrise continues our Club's three-year support of the faculty, staff and students.

Meals on Wheels (delivery Tuesdays 10:15 am-noon January, March, May): Champion Melanie Quinton. Volunteer now at [Signup Genius](#).

CART Coins for Alzheimer's Research Trust: Champion Crystal Curvey. Contribute to the blue buckets on tables each week at the Sunrise meeting. Donations fund grants at US research hospitals seeking to cure Alzheimer's Disease.

Boystown Birthday Buddies: Champion Dee Wellman, our liaison with Boystown, to recruit a Sunrise Rotarian to celebrate the birthday of a resident as needed.

Red Kettle Bell Ringers Dec. 5-6: Champion Christopher Campbell, Publix Village Square

Sleep in Heavenly Peace Bed Build (District Grant): Champion Danielle Irwin. 2023 Sunrise Bed Builds scheduled on Jan. 21 and March 18.

Ramp Build (Spring 2023): Champion Pam Doffek.

CART Update

Coins for Alzheimer's Research Trust

Thank you, Sunrise, for funding US-based research seeking a cure for Alzheimer's and other dementia. When you toss your small change into the blue bucket on your table at



A Project of the Rotary Clubs of North America

each Sunrise meeting, you make a big difference.

CART started in 1996 with Rotarians voluntarily emptying their pockets and purses of change at weekly meetings. As of May 2022, CART had awarded \$11.2 million in 64 grants to recognized US research institutions.

100% of donated funds go to Alzheimer's Disease research. All administrative expenses of CART are paid from interest earned from invested contributions.

The CART Fund is governed by a Board of Trustees composed of representatives from the Rotary districts that support the program. It is a 501(C)3 organization, Federal ID #31-1466051. The Fund is chartered as a nonprofit organization under the laws of the state of South Carolina.

11/1/2022: \$11.00

Sunrise CART total **2022-2023: \$169.51**

Donate NOW to the Walk to End Alzheimer's. Walk with Sunrise on Nov. 12.



Join our Walk to End Alzheimer's Team
Rotary District 6940

Saturday, Nov. 12 at Cascades Park



To join or
donate,
scan here.



Tallahassee Rotary Clubs Team

We are inside one month until the Walk to End Alzheimer's -- **Nov. 12, 10 a.m.** -- in Cascades Park. This less-than-2-mile walk is a great opportunity to catch up with other Rotarians, while supporting an incredibly important cause.

Also, this is a great opportunity for students to gain service hours. If you are walking, or even if you cannot attend, please donate now.

Sunrise will match donations up to **\$500**. [Donate Online Now.](#)

Sign up for an Inspiration

Have something inspiring to share? Sign up for your day here:

<https://www.signupgenius.com/go/10c0c44a9aa2fabfac52-inspirations1>

Sponsor of the Month -- Linda Nelson

District 6940 Rotary Leadership Institute Director



Rotary Leadership Institute (RLI) Sunshine Division Mission Statement

The mission of the Rotary Leadership Institute's Sunshine Division is to provide an up-to-date, practical, and user-friendly educational opportunity in convenient locations for Rotarians. Courses foster leadership skills and Rotary knowledge with the intent to motivate the participant to be enthusiastic, creative, and dedicated Rotarians.

RLI is offered online and in person throughout the Rotary Year

- As a member of Tallahassee Sunrise, you are reimbursed for RLI registration costs. You will be presented a certificate upon completion of each Course Level.
- RLI Course descriptions are listed in the following. You can register by logging into DACdb, District Calendar or connecting to the RLI Sunshine Division website.

RLI Sunshine Online

- Live presentations
- Interactive program, discussion-based training
- Convenient online format
- Each part presented in one to two hours sessions
- Session days and times vary for convenience
- Individual sessions are \$15 each

Part 1 -The Rotarian - 5 sessions (1.1, 1.2, 1.3, 1.4, and 1.5)

Part 2 – The Rotary Club - 6 sessions (2.1, 2.2, 2.3, 2.4, 2.5, and 2.6)

Part 3 – The Rotary Journey - 5 sessions (3.1, 3.2, 3.3, 3.4, and 3.5)

RLI Sunshine In-Person

- Each part is all-day
- Sessions are offered on weekend days

- In-Person events run from about 8 am to 3:30 pm
- You must take the Parts in sequence
- In-person sessions are \$100 and include breakfast, mid-morning snack, and lunch!

Part 1 -The Rotarian - 5 sessions (1.1, 1.2, 1.3, 1.4, and 1.5)

Part 2 – The Rotary Club - 6 sessions (2.1, 2.2, 2.3, 2.4, 2.5, and 2.6)

Part 3 – The Rotary Journey - 5 sessions (3.1, 3.2, 3.3, 3.4, and 3.5)

Contact Linda Nelson for additional details.

Linda Nelson
Rotary Leadership Institute District Director and Discussion Leader
Linda.nelson31@gmail.com
850.321.2586



Sunrise: tallahasseesunriserotary.org

District: rotary6940.org

International: rotary.org