



EYE OPENER

TALLAHASSEE SUNRISE ROTARY CLUB



November 18, 2022

Meeting Speaker -- Kassaga James Arinaitwe

Kassaga James Arinaitwe is CEO and Co-founder of Teach For Uganda, a locally-led and globally informed leadership organization developing Uganda's emerging leaders to address institutional and systemic challenges facing the education and social sectors in Uganda and across the continent.



Prior to Teach For Uganda, Kassaga had gained eight years of international development experience working with The Carter Center in the United States, the non-profit organization founded by former U.S. President Jimmy Carter. He was also a 2012-13 Global Health Corps Fellow in New York City, and a School Partnerships Manager at Educate!

In 2014, Kassaga was selected as one of twelve Acumen Global Fellows, selected from across six continents. As an Acumen Fund Global Fellow, he spent a year in Bangalore, India, with a work-readiness social enterprise providing on the job training and work-readiness skills to two million underserved youth.

Kassaga is also the Co-founder and Chief Strategic Advisor (CSA) at Accompanied Health Initiative (ACHI) whose mission is to advance access to quality and affordable healthcare for Africa's rural and low-income elderly without insurance or social security.

He holds a Bachelor's degree in Biomedical Mathematics and a Masters of Public Health and Policy from Florida State University, as well as a Masters in Sustainable Development and International Policy from the SIT Graduate Institute, in Washington DC.

Rotarians Do Good and Have Fun at 2022 Walk to End Alzheimer's

The Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Inspiration

- Nov. 22
CJ Aulet
- Nov. 29
Leanders Harvey
- Dec. 6
Dave Fiore
- Dec. 13
John Curry
- Dec. 20
Open

Birthdays

- Rick Owen
November 18
- Kathryn Arrant
November 20
- Valerie J. Hubbard
November 21
- Bob Wilgus
November 25
- Pamella J. Butler
November 28
- Alex F. Falb
December 13



Team Sunrise!

Sunrise Rotary raised **\$1,125** for the 2022 Walk to End Alzheimer's. Five Rotarians joined Saturday's Walk in Cascades Park.

Applause for donors Brittney Aucutt, Donna Smithey, Rick Owen, Tyler Houston, Gale Workman, and Northside Rotary President Shirley Campbell. The Rotary Club of Tallahassee Sunrise matched **\$500** of the donations.

ALZ walkers on Saturday included Manju Kundra, Donna, Tyler, Gale and Shirley.

Thanks to our 2022 Walk Champions Rick Owen and CJ Aulet.

You can still donate to our Rotary District 6940 team through **December 30, 2022**, at https://act.alz.org/site/TR/Walk2022/FL-CentralandNorthFlorida?team_id=728650&pg=team&fr_id=15473#team-roster.

Spirits for Sunrise Tickets and Sponsorships Available Now!

Please purchase today to help with planning and budgeting. This is a primary fundraiser that allows us to do good in our community. Let's go, Sunrise!

Spirits for Sunrise
Tuesday, December 6 6:30 - 8:00 pm

If you are only giving to one special event this holiday season please give to Sunrise Rotary. Why? Lives will be reshaped for Good! Your donations go to *Hang Tough Foundation, Ferst Reader, ReFire, Connection First* and other charities.

Drawings will be held from tickets purchased for premium liquors, wines and craft beers.
You do not need to be present to win.

Drawing Location
 Holiday Inn Tallahassee
 E Capitol-Univ, an IHG Hotel
 2003 Apalachee Pkwy,
 Tallahassee, Florida

Buy tickets at
<https://bit.ly/3SS5P1n>
\$25 each or 5 for \$100
 plus Eventbrite fees

Sponsorship Level
Frog's Leap Vino Level: Donate your own vintage bottle(s) of wine
Sangria Throwdown Level: \$100
Magnum Level: \$300, plus a Napa Valley bottle of wine
Bacchus Level: \$550, plus 2 connoisseur bottles of wine
Champagne Level: \$750, plus 3 signature bottles of wine
 All sponsors will be recognized at the event and in the *Eye Opener*. During raffle you will be named for each donated bottle of wine.

Contact Dan Campbell at 850-339-7466 for sponsorship information.

Interested in Joining Sunrise Rotary?
 Contact Lori Swenson at swanlori3@yahoo.com or 850-933-6829 for more information.

[Download PDF](#) | [RSVP Online](#)

Volunteers Needed NOW for Bed Build January 21



You are invited to volunteer for the Sunrise Rotary Bed Build with Sleep in Heavenly Peace:

Date: Saturday, January 21, 2023

Time: 9 a.m. - 2 p.m. EST – Possibly later for those delivering constructed beds.

Location: Southern Flooring, 1940 Thomasville Road, Tallahassee, FL 32303

Join us to construct 25 bunk beds destined for homes in our community where kids are in need. Each bed needs three volunteers to build. We need volunteers to construct beds and deliver the constructed beds to their forever homes. Trucks needed!

LOTS of volunteers (**75!**) are needed to support this important community service event, so recruit a friend. Volunteers younger than 17 must be accompanied by an adult. Sign up to volunteer at

<https://www.signupgenius.com/go/10C0F4AAEA82DA6FB6-sunrise>.

The Sunrise Rotary Club of Tallahassee is pleased to sponsor this bed build with Sleep in Heavenly Peace through a District Grant and Club fundraising.

Champion Danielle Irwin is our Club Grants Chair.

We'd like to see volunteers from all our area Rotary Clubs, so please share the invitation with your Rotary friends from other clubs.

Serve with Sunrise: Weekly Update

Watch this space in Eye Opener each week to discover how you can Serve With Sunrise.



Salvation Army Bell Ringers

Dec. 5-6: Thanks, Sunrise, for volunteering for all the Dec. 5 hours. Champion Christopher Campbell seeks Sunrise Rotarians to volunteer one hour, Dec. 6, 10 a.m.-7 p.m., to ring the bell at the Salvation Army Kettle in front of Publix Village Square. To **sign up now for Dec. 6**, go to <https://www.signupgenius.com/go/10C0B4BA8AD2CA0FF2-sunrise2>.

Sleep in Heavenly Peace Bed Build, Jan. 21: Champion Danielle Irwin seeks 75 volunteers to build and deliver beds to area children who don't have beds. This is Sunrise's District Grant project with Sleep in Heavenly Peace <https://shpbeds.org/about-sleep-heavenly-peace/>. Our first Bed Build is **Jan. 21, 9 a.m.-2 p.m.** at Southern Flooring, 1940 Thomasville Road. To sign up now, go to <https://www.signupgenius.com/go/10c0f4aaea82da6fb6-sunrise>.

Florida Department of Corrections Book Drive: Champions Stephanie Schwartz and Brad Janowski delivered 150 books to the FDC Nov. 9. Sunrise plans to collect books/media for FDC again in February 2023.

Rotary Scholarship House Pack the Pantry: Champion Dan Nelson delivered lots of supplies to the House Oct. 27 when he attended the Open House to celebrate the two-year renovation of the Rotary Scholarship House by the Southern Scholarship Foundation. Sunrise Rotary (thanks to Palmer Williams) donated **\$4,000** to renovate Bedroom No. 4 in the Rotary Scholarship House.

Boystown Birthday Buddies: Champion Dee Wellman and Brett Wellman

celebrated the birthday of a Boystown resident in October. Thanks to all the Sunrise members who have provided a Happy Birthday for a Boystown resident this year. Stay tuned for your opportunity to be a Birthday Buddy.

Mentoring Initiative for Rotary Scholarship House: Champion Betty Jensen represented Sunrise at a House dinner last week with student residents. Betty will reschedule our interactive Speed-Mentoring event with the Women of Sunrise for January 2023. The event was postponed because of TS Nicole. Stay tuned. Our Club's Mentoring Initiative will culminate in April with Sunrise awarding two **\$500 scholarships** to residents with outstanding service to Rotary.

Meals on Wheels (delivery Tuesdays 10:15 am-noon in November, January, March, May): Champion Melanie Quinton. Volunteer now for 2023 at SignUp Genius <https://www.signupgenius.com/go/4090949a5ab2fa1fd0-meals1>.

CART Coins for Alzheimer's Research Trust: Champion Crystal Curvey. Contribute to the blue buckets on tables each week at Sunrise meeting. Donations fund grants at US research hospitals seeking to cure Alzheimer's Disease. Donations this year: **\$178.16**.

Bond Elementary Partnership: Champion Linda Nelson will soon announce plans to continue our Club's three-year support of the faculty, staff and students.

Classroom Connection at Hartsfield: Champion Colleen Castille will soon announce plans to continue our Club's community commitment to Sophia Perkins' kindergarten class.

Ramp Build (Spring 2023): Champion Pam Doffek

CART Update

Coins for Alzheimer's Research Trust

Thank you, Sunrise, for funding US-based research seeking a cure for Alzheimer's and other dementia. When you toss your small change into the blue bucket on your table at each Sunrise meeting, you make a big difference.



A Project of the Rotary Clubs of North America

CART started in 1996 with Rotarians voluntarily emptying their pockets and purses of change at weekly meetings. As of May 2022, CART had awarded \$11.2 million in 64 grants to recognized US research institutions.

100% of donated funds go to Alzheimer's Disease research. All administrative expenses of CART are paid from interest earned from invested contributions.

The CART Fund is governed by a Board of Trustees composed of representatives from the Rotary districts that support the program. It is a 501(C)3 organization, Federal ID #31-1466051. The Fund is chartered as a nonprofit organization under the laws of the state of South Carolina.

11/15/2022: \$5.35

Sign up for an Inspiration

Have something inspiring to share? Sign up for your day here:

<https://www.signupgenius.com/go/10c0c44a9aa2fabfac52-inspirations1>

Sponsor of the Month -- Linda Nelson *District 6940 Rotary Leadership Institute Director*



Rotary Leadership Institute (RLI) Sunshine Division Mission Statement

The mission of the Rotary Leadership Institute's Sunshine Division is to provide an up-to-date, practical, and user-friendly educational opportunity in convenient locations for Rotarians. Courses foster leadership skills and Rotary knowledge with the intent to motivate the participant to be enthusiastic, creative, and dedicated Rotarians.

RLI is offered online and in person throughout the Rotary Year

- As a member of Tallahassee Sunrise, you are reimbursed for RLI registration costs. You will be presented a certificate upon completion of each Course Level.
- RLI Course descriptions are listed in the following. You can register by logging into DACdb, District Calendar or connecting to the RLI Sunshine Division website.

RLI Sunshine Online

- Live presentations
- Interactive program, discussion-based training
- Convenient online format
- Each part presented in one to two hours sessions
- Session days and times vary for convenience
- Individual sessions are \$15 each

Part 1 -The Rotarian - 5 sessions (1.1, 1.2, 1.3, 1.4, and 1.5)

Part 2 – The Rotary Club - 6 sessions (2.1, 2.2, 2.3, 2.4, 2.5, and 2.6)

Part 3 – The Rotary Journey - 5 sessions (3.1, 3.2, 3.3, 3.4, and 3.5)

RLI Sunshine In-Person

Each part is all-day

- Sessions are offered on weekend days
- In-Person events run from about 8 am to 3:30 pm
- You must take the Parts in sequence
- In-person sessions are \$100 and include breakfast, mid-morning snack, and lunch!

Part 1 -The Rotarian - 5 sessions (1.1, 1.2, 1.3, 1.4, and 1.5)

Part 2 – The Rotary Club - 6 sessions (2.1, 2.2, 2.3, 2.4, 2.5, and 2.6)

Part 3 – The Rotary Journey - 5 sessions (3.1, 3.2, 3.3, 3.4, and 3.5)

Contact Linda Nelson for additional details.

Linda Nelson
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Sunrise: tallahasseesunriserotary.org

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