



EYE OPENER

TALLAHASSEE SUNRISE ROTARY CLUB



May 19, 2023

Meeting Speaker – Kevin Renfroe

Location: Four Points by Sheraton

A native of Tallahassee, Kevin has returned to his hometown after enjoying a multifaceted cooking career in South Florida.

Trained at the Baltimore International Culinary College in Maryland, Kevin had the great fortune of working with a number of very talented Chefs in Baltimore and South Florida, absorbing priceless culinary knowledge along the way.

In addition to running fine dining kitchens and co-owning a high end catering company, Kevin has extensive front-of-house experience.

Some of you may recognize him, as he was Maitre'd here in the early years of The Club.



The Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Inspiration

May 23:
Scott McLuckie

May 30:
Linda Nelson

June 6:
Gary Ware

June 13:
Open

Serve with Sunrise: Weekly Update

How can you Serve With Sunrise? Read below for dates and links to our Club projects.

Classroom Connection at Hartsfield Elementary:

Champion Colleen Castille seeks volunteers to help with the End-of-the-Year Pizza Party at Hartsfield Elementary. If you are a certified Leon County Schools Volunteer, please join us Tuesday, May 23, 10:30-11:30 a.m. We will celebrate with 63 kindergarteners and three teachers with whom Sunrise has volunteered during the past year.



4th Annual Bowling FUNrai\$er (Sunday, June 11, 4-6 p.m., Capital Lanes)

Co-Champions Stuart Chandronnet and Scott McLuckie seek at least 12 more people to buy a lane! 50/50 raffle tickets are available at Sunrise meetings and at the Bowling FUNrai\$er; \$10 donation suggested. You may pay by check or PayPal. Instructions are at the bottom of the [Registration Form](#).

Meals on Wheels (delivery Tuesday 10:15 am-noon Tuesdays in May and

Birthdays

Brittney Aucutt
May 19

Gregg B. Patterson
May 22

Rachel Hill Borntreger
June 1

Bob Gosselin
June 4

John Welden
June 6

Todd Hallowell
June 14

Deborah Ann Keck
June 16

July): Champion Melanie Quinton thanks everyone who delivered MOW this Rotary year. Laurie Jordan and Scott McLuckie have signed up for our final two weeks in May. Sunrise will deliver again in July, as we deliver meals only in alternate months. Sign up now for a Tuesday in July at <https://www.signupgenius.com/go/4090949a5ab2fa1fd0-meals1>

Rotary Youth Camp (July 30, 6 p.m. CT) Champion Palmer Williams. Serve dinner and entertain campers and counselors on a Sunday, July 30, at the Camp in DeFuniak Springs. Mark your calendar now and plan to spend the day doing good and having fun.

Ramp Build (October 28, 2023): Champion Pam Doffek. Sunrise will partner with FL Cares Inc. to build a ramp to provide a local resident safety, mobility and freedom.

Walk to End Alzheimer's (November 5, 2023): Champion Rick Owen asks you to mark your calendar and stay tuned for details about how Sunrise Rotarians will mobilize walkers and donations for our District 6940 Team.

Mentoring Initiative at the Rotary Scholarship House: Champion Betty Jensen thanks the Women of Sunrise for giving generously of their time to mentor students this year. Sunrise awarded three \$500 scholarships to student residents of the Rotary House at our April 25 meeting. Sunrise will resume the Mentoring Initiative in the fall semester. Betty will continue as our Champion.

Bond Elementary Partnership: Champion Linda Nelson thanks Rotarians for their generous support of students, faculty and staff at Bond this school year.

Rotary Scholarship House Pack the Pantry: Champion Dan Nelson thanks Rotarians for donating generously this year to Pack the Pantry. Sunrise will collect supplies again in the fall to Pack the Pantry for Back to School.

Florida Department of Corrections April Book Drive: Champion Stephanie Schwartz thanks everyone who donated media to our prison book drives this year. Sunrise donated nearly 250 books, CDs and DVDs to state prison libraries.

Boystown Birthday Buddies: Champion Dee Wellman thanks Rotarians who volunteered to be Birthday Buddies this year. A Birthday Buddy buys a card, a cake, basic decorations, and one or more gifts from the child's list. The cost, including everything, is about \$125. The Birthday Buddy communicates with the group home leaders and delivers the goodies to the party.

CART Update

Coins for Alzheimer's Research Trust

Thank you, Sunrise, for funding US-based research seeking a cure for Alzheimer's and other dementia. When you toss your small change into the blue bucket on your table at each Sunrise meeting, you make a big difference.

CART started in 1996 with Rotarians



A Project of the Rotary Clubs of North America

voluntarily emptying their pockets and purses of change at weekly meetings. As of May 2022, CART had awarded \$11.2 million in 64 grants to recognized US research institutions.

100% of donated funds go to Alzheimer's Disease research. All administrative expenses of CART are paid from interest earned from invested contributions.

The CART Fund is governed by a Board of Trustees composed of representatives from the Rotary districts that support the program. It is a 501(C)3 organization, Federal ID #31-1466051. The Fund is chartered as a nonprofit organization under the laws of the state of South Carolina.

5/16/2023: \$2.00

Sunrise CART total **2022-2023: \$401.51**

Sign up for an Inspiration

Have something inspiring to share? Sign up for your day here:

<https://www.signupgenius.com/go/10c0c44a9aa2fabfac52-inspirations2#/>

Sponsor of the Month: Dan Nelson



Dan Nelson is pleased to sponsor the May Eye Opener on behalf of PayOut USA. Dan has been an agent for PayOut since 2016.

PayOut serves clients from Texas to Tennessee to Key West and everywhere in between! No client is too big or too small, we can service them all. We provide the same level of personal, quality service whether you have 1 employee or hundreds! PayOut is a Tallahassee-based company and has been serving customers since 2001.

Dan, originally from Frewsburg, NY, retired from teaching in Florida Public Schools after 38 years. He soon joined the Middle School faculty at Trinity

Catholic School where he remains as a Math Teacher.

He joined Tallahassee Sunrise Rotary in 2018, but served the Rotary Youth Exchange program from 2016 until 2021 as a coordinator and District Chair. Dan continues to serve Sunrise as the Rotary New Generation Program.



Sunrise: tallahassee.sunriserotary.org

District: rotary6940.org

International: rotary.org