



EYE OPENER

TALLAHASSEE SUNRISE ROTARY CLUB



February 3, 2023

Meeting Speaker -- Ben Fox

Ben Fox is the founder and president of the Blind CAN Film Festival, with headquarters in Tallahassee.

Ben was told to prepare for blindness, having surgeries in both eyes at the age of 18.

That was the same year he had a short film premiere at the GEN-Y Theatre of the Sundance Film Festival.

Previously, Ben worked professionally as a journalist and is now dedicated to seeing that anyone with a dream to make films has the opportunity.



The Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Inspiration

February 7:

Brittney Aucutt

February 14:

Stephanie Schwartz

February 21:

John Curry

February 28:

Colleen Castille

Mentoring Initiative for Rotary Scholarship House

Birthdays

Terri Jackson

February 6

Tyler J. Huston

February 6

Danielle H Irwin

February 7

Kathy Reardon

February 10

Bonnie Fowler

February 19

Donald M. Wilham

February 27

Betty Jensen

February 28

Carlos Aulet

March 3



Champion Betty Jensen and the Women of Sunrise met with the **student residents in fun interactive Speed-Mentoring event Friday, Jan. 27 at 3 p.m.** Our Club's Mentoring Initiative will culminate in April with Sunrise awarding two **\$500 scholarships** to residents with outstanding service to Rotary.

Serve with Sunrise: Weekly Update

Watch this space in Eye Opener each week to discover how you can Serve With Sunrise.



Bond Elementary

Partnership: Champion Linda Nelson is seeking classroom volunteers for Bond

Elementary. Each volunteer must be certified in advance (once each school year) by Leon County Schools. It takes just a few minutes to complete the online form: <https://volunteers.leonschools.net/> Once a Bond volunteer is certified, s/he will get an email from Mrs. Brenetta Lawrence, Bond's Volunteer Coordinator. Mrs. Lawrence will work with each volunteer to choose days/times and how you will assist a classroom teacher to help students with reading, math and other classroom activities.

Bond Elementary can use 10 six-foot white folding tables. Each table on the Bond's Amazon Gift List costs \$69.13 and can be shipped directly to Bond Elementary School – no shipping cost with Prime membership. When you

checkout at Amazon, double-check that the Bond Elementary School/Principal DelShaunda Jackson gift registry address is selected. Your generosity provides students, teachers, parents and volunteers tables for learning together.

<https://www.amazon.com/registries/custom/SX1T67PELLV/guest-view>

Classroom Connection at Hartsfield Elementary: Champion Colleen Castille will soon seek Sunrise volunteers to read to kindergarten students at Hartsfield. Each volunteer must be certified in advance (once each school year) by Leon County Schools. It takes just a few minutes to complete the online form. Please complete the form now, even if you think you might volunteer at Hartsfield OR Bond Elementary even one time this school year.

<https://volunteers.leonschools.net/>

Meals on Wheels (delivery each Tuesday 10:15 am-noon in March, May, July): Champion Melanie Quinton. Sign up NOW at SignUp Genius

<https://www.signupgenius.com/go/4090949a5ab2fa1fd0-meals1>

Florida Department of Corrections Book Drive: Champions Stephanie Schwartz and Brad Janowski plan to collect books/media for FDC again in February 2023.

Rotary Scholarship House Pack the Pantry: Champion Dan Nelson says to stay tuned for our next Pack the Pantry donation opportunity – coming February 2023.

Camp Jam (April 8, 2023): Champion Brett Wellman. Mark your calendar now for Saturday, April 8, to rock Camp Jam, our Sunrise fundraiser in memory of Fred Addonizio to support Rotary Youth Camp. NEW LOCATION: Dreamland BBQ!

Rotary Youth Camp (July 30, 6 p.m. CT) Champion Palmer Williams. Serve dinner and entertain campers and counselors on a Sunday afternoon at the Camp in DeFuniak Springs. Mark your calendar now and plan to spend the day filling your heart with joy.

Boystown Birthday Buddies: Champion Dee Wellman thanks all the Sunrise members who have provided a Happy Birthday for a Boystown resident this year. Stay tuned for your opportunity to be a Birthday Buddy.

Ramp Build (November 2023): Champion Pam Doffek. Stay tuned to learn when Sunrise will partner with FL Cares Inc. to build a ramp to provide a local resident safety, mobility and freedom.

CART Update

Coins for Alzheimer's Research Trust

Thank you, Sunrise, for funding US-based research seeking a cure for Alzheimer's and other dementia.

When you toss your small change into the blue bucket on your table at each Sunrise meeting, you make a big difference.

CART started in 1996 with Rotarians



A Project of the Rotary Clubs of North America

voluntarily emptying their pockets and purses of change at weekly meetings. As of May 2022, CART had awarded \$11.2 million in 64 grants to recognized US research institutions.

100% of donated funds go to Alzheimer's Disease research. All administrative expenses of CART are paid from interest earned from invested contributions.

The CART Fund is governed by a Board of Trustees composed of representatives from the Rotary districts that support the program. It is a 501(C)3 organization, Federal ID #31-1466051. The Fund is chartered as a nonprofit organization under the laws of the state of South Carolina.

1/31/2023: \$6.00

Sunrise CART total **2022-2023: \$268.51**

Sign up for an Inspiration

Have something inspiring to share? Sign up for your day here:

[https://www.signupgenius.com/go/10c0c44a9aa2fabfac52-inspirations2#/#/](https://www.signupgenius.com/go/10c0c44a9aa2fabfac52-inspirations2#/)

Sponsor of the Month -- Bob Gosselin



Bob Gosselin and his wife Carolyn are the owner/operators of the two Chicken Salad Chick restaurants here in Tallahassee. One of the original five franchisees to sign on with the then unknown concept which had only one location in Auburn, Alabama, the Gosselins will celebrate their 10th Anniversary in February.

The Market St location opened in 2013. The Apalachee Parkway store has been open since 2015. Chicken Salad Chick offers a dozen different flavors of this Southern favorite. Whether you like your chicken salad spicy, savory or traditional they have a taste for everyone. The menu also features sides like broccoli salad, grape salad, fresh fruit, mac n' cheese and two soups a day.

Hours are 11am – 6pm Monday through Saturday. A lunch-only location with a limited number of flavors and sides opened recently in the cafeteria at HCA Florida Capital Hospital. Hours are 11am-2:30pm Tuesday through Thursday.



Sunrise: tallahassee.sunriserotary.org

District: rotary6940.org

International: rotary.org