



EYE OPENER

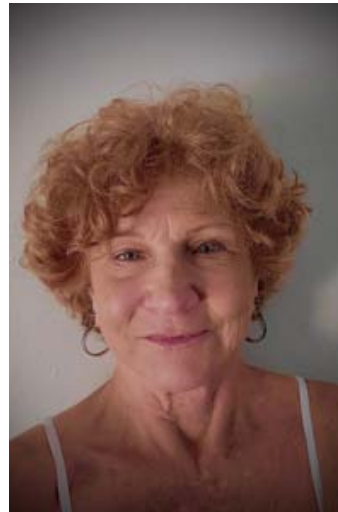
TALLAHASSEE SUNRISE ROTARY CLUB



April 7, 2023

Meeting Speaker – Jan Brown

Jan Brown has a bachelor's degree from the University of Toledo and a master's degree from Marshall University in Special Education. Her career choices have created a lifetime of wonderful experiences. She spent a total of 12 years working for Special Olympics, including serving as Resource Development Director for Special Olympics Florida, which landed her in Tallahassee in 1986.



Before moving back to the Toledo area to be close to family in 2009, she also served as Assistant Vice President for University Relations at FSU for nine years and opened her own staffing and recruiting firm for seven years.

While in Ohio, she was executive director of Assistance Dogs of America, providing service and therapy dogs to people with disabilities. She retired as assistant to the program chair for the Master's of Public Health at the University of Toledo. She has served on many nonprofit boards and is considered an expert in board governance.

Through Road Scholar, Jan has been able to realize her dreams of international travel to her "bucket list" countries: going on safaris in Africa and seeing wildlife in Costa Rica, rare species on the Galápagos Islands and whales in Baja Sur California.

Jan Brown joined Sunrise Rotary in 1998, is past president (2006-2007) and past Sunrise Rotarian of the Year (2005). In her retirement she is serving as an instructor for FSU's Osher Lifelong Learning Institute (OLLI) and as volunteer ambassador for Road Scholar.

The Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Inspiration

April 11:

Open

April 18:

Danny Shrine

April 25:

Open

May 2:

Open

Birthdays

Gale A. Workman

April 5

Colleen M Castille

April 9

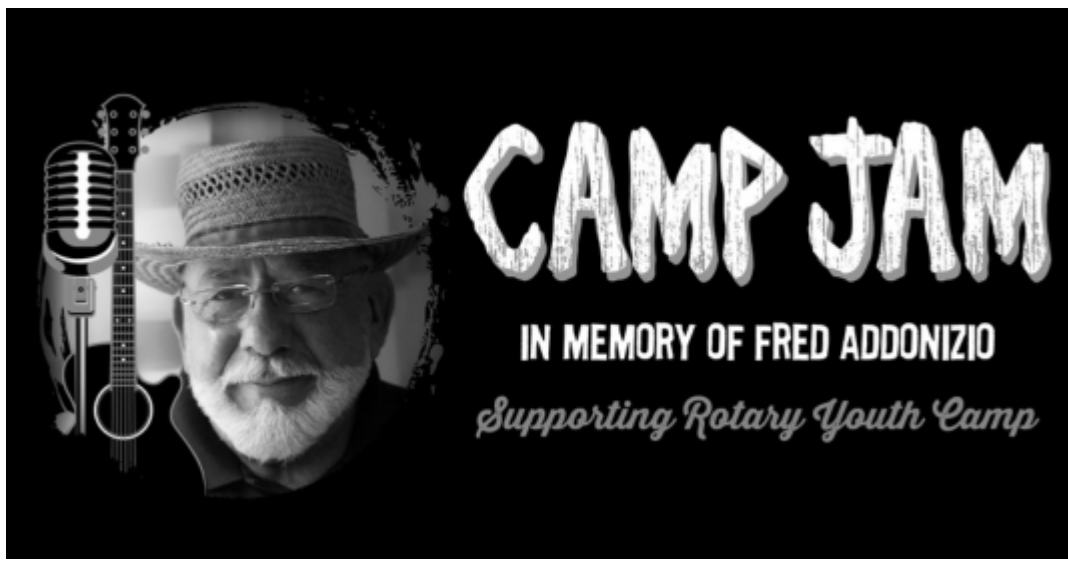
Dave Fiore

April 19

Randy Nicklaus

April 30

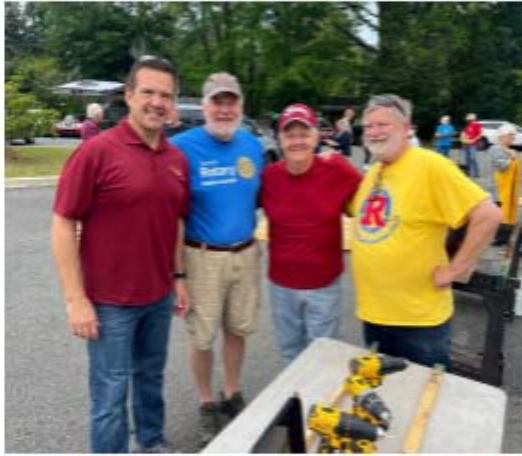
Camp Jam is Tomorrow!



You can still be part of the 3rd Annual "Camp Jam" in memory of Rotarian Fred Addonizio. Join us tomorrow, **Saturday, April 8, from 1-4 p.m.** at Dreamland BBQ (2415 N Monroe St #508). Let's do good and have fun!

Bed Build a Success!





Thank you to all who came out last week to build and deliver beds for families who need them! We are proud to partner with Sleep in Heavenly Peace and grateful for the impact we can make together!

Classroom Connection Plants Zinnas with Students



Champion Colleen Castille led Sunrise members and other school volunteers on Thursday to help 55 Hartsfield Elementary kindergartners to sow zinnia seeds in a school flower bed. It's part of Sunrise's Classroom Connection at Hartsfield. Volunteers visit classrooms monthly to read to kids and facilitate learning activities.

Rotary House Ladies Hear from Attorney Elizabeth Ricci



Serve with Sunrise: Weekly Update

How can you Serve With Sunrise? Read below for dates and links to our Club projects.

Camp Jam 2023: Champion Brett Wellman. Join Sunrise **Saturday, April 8, 1-4 p.m. at Dreamland BBQ**, to rock Camp Jam, our Sunrise fundraiser in memory of Fred Addonizio to support Rotary Youth Camp.



Meals on Wheels (delivery Tuesday 10:15 am-noon **Tuesdays in May and July**): Champion Melanie Quinton asks you to sign up **NOW** at SignUp Genius <https://www.signupgenius.com/go/4090949a5ab2fa1fd0-meals1>

Classroom Connection at Hartsfield Elementary: Champion Colleen Castille seeks volunteers to meet **Friday, May 5, 1:45-2:45 p.m.**, Sunrise volunteers will help kindergarteners pot a flower in a cup to take home for Mother's Day. A

volunteer must be certified in advance (once each school year) by Leon County Schools. It takes just a few minutes to complete the online form.

<https://volunteers.leonschools.net/>

4th Annual Bowling FUNrai\$er (Sunday, June 11, 4-6 p.m., Capital Lanes)

Co-Champions Stuart Chandronnet and Scott McLuckie will – new this year -- seek sponsors to buy lanes and refreshments for kids in youth organizations to bowl at our event. Mark your calendar. A Registration Form is printed in this newsletter. You may pay by check or PayPal. Instructions are at the bottom of the [Registration Form](#).

Bond Elementary Partnership: Champion Linda Nelson asks Rotarians to plan to shop the Teacher Appreciation Wishlist for small gifts/rewards to be delivered to Bond during Teacher Appreciation Week, which is in May. Sunrise Rotarians can select items from the Wishlist to donate to Bond teachers. Linda will publish the Wishlist soon.

Mentoring Initiative at the Rotary Scholarship House: Champion Betty Jensen thanks the Women of Sunrise for giving generously of their time to student residents at the Rotary Scholarship House. Our Club's Mentoring Initiative for this year will culminate in mid-April with Sunrise awarding two \$500 scholarships to residents with outstanding service to Rotary.

Rotary Youth Camp (July 30, 6 p.m. CT) Champion Palmer Williams. Serve dinner and entertain campers and counselors on a Sunday afternoon at the Camp in DeFuniak Springs. Mark your calendar now and plan to spend the day filling your heart with joy.

Ramp Build (October 28, 2023): Champion Pam Doffek. Sunrise will partner with FL Cares Inc. to build a ramp to provide a local resident safety, mobility and freedom.

Florida Department of Corrections April Book Drive: Champion Stephanie Schwartz thanks everyone who donated media to our prison book drives this year. Sunrise donated nearly 250 books, CDs and DVDs to state prison libraries.

Boystown Birthday Buddies: Champion Dee Wellman thanks Rotarians who volunteered to be Birthday Buddies this year. A Birthday Buddy buys a card, a cake, basic decorations, and one or more gifts from the child's list. The cost, including everything, is about \$125. The Birthday Buddy communicates with the group home leaders and delivers the goodies to the party.

Rotary Scholarship House Pack the Pantry: Champion Dan Nelson thanks Rotarians for donating generously this year to Pack the Pantry. Sunrise will collect supplies again in the fall to Pack the Pantry for Back to School.

CART Update

Coins for Alzheimer's Research Trust

Thank you, Sunrise, for funding US-based research seeking a cure for Alzheimer's and other dementia. When you toss your small change into the blue bucket on your table at



A Project of the Rotary Clubs of North America

each Sunrise meeting, you make a big difference.

CART started in 1996 with Rotarians voluntarily emptying their pockets and purses of change at weekly meetings. As of May 2022, CART had awarded \$11.2 million in 64 grants to recognized US research institutions.

100% of donated funds go to Alzheimer's Disease research. All administrative expenses of CART are paid from interest earned from invested contributions.

The CART Fund is governed by a Board of Trustees composed of representatives from the Rotary districts that support the program. It is a 501(C)3 organization, Federal ID #31-1466051. The Fund is chartered as a nonprofit organization under the laws of the state of South Carolina.

4/4/2023: \$4.00

Sunrise CART total **2022-2023: \$350.01**

Sign up for an Inspiration

Have something inspiring to share? Sign up for your day here:

<https://www.signupgenius.com/go/10c0c44a9aa2fabfac52-inspirations2#/>

Sponsor of the Month -- Gregg Patterson

Gregg is the CEO of IMS Business a 20+ year old company who provides Accounting, Controller and CFO services on a part-time and interim basis. These services are provided to businesses and non-profits with a local, regional, and international presence. His employees include bookkeepers, staff accountants' controllers and professionals with CPA and MBA designations. To learn more about IMS Business go to www.imsbusiness.net



Gregg is also the Executive Director of Choose Tallahassee. Choose Tallahassee is an Economic Development organization whose mission is to encourage people to relocate to Tallahassee. This is accomplished by communicating a positive window to the world for our quality of life in Tallahassee. This site includes relocation guides for Young Professionals, Working Professionals, Students and 55+ folks. Check out our website at www.choosetallahassee.com

He also a past President of Sunrise Rotary. He is a proud graduate of Leadership Tallahassee LT39.

Gregg is a guest columnist for the Tallahassee Democrat – USA Today Network. You may have followed him on their treks across Spain, Scotland, Portugal, and England.

In addition, he leads Move Tallahassee which organizes community walks in our parks and on our greenways.

Gregg has been married to his wife Morgan for 34 years and they are both very proud of their 4 children and 5 grandchildren. They both enjoy the outdoors and have hiked across several countries around the world.



Sunrise: tallahasseeunriserotary.org

District: rotary6940.org

International: rotary.org